



15TH ANNUAL CATAWBA RIVERFEST

SATURDAY, SEPTEMBER 15, 2018

It's the day we've all been waiting for; the 15th annual Catawba RiverFest will take place Sept. 15. It's going to be a fantastic day highlighting conservation, community and economic organizations celebrating the park system and the Catawba River Basin and its critical importance to the quality of life we all enjoy.

The festival will take place in and around the lower parking lot near the concession stand at the Paddy's Creek Area, between the hours of 10 a.m. and 3 p.m. Information and interactive booths of area conservation, outdoor recreation and historic organizations will help visitors understand and appreciate the story of the river, how it has shaped the region and the many challenges it faces today.

There will be opportunities to demo kayaks, canoes and paddleboards free of charge. The all-day raffle will feature prizes that include park posters, t-shirts, framed art, and the much-anticipated 9-foot kayak package. Raffle tickets are available now for purchase at the Lake James State Park concession stand and during the event. Just attending the festival will earn you an entry into



a raffle for Lake James State Park merchandise giveaways.

Festival goers will also be able to participate in a host of free educational programs throughout the day including junior ranger programs. Starting with a live bird demonstration and rehabilitated hawk release at 10:30 a.m., the events continue throughout the day with paddle eco-tours organized by the Catawba Riverkeeper Foundation or take a trip on a ranger-led boat tour - just visit the N.C. State Parks booth when

you arrive and fill out the sign-up sheet. In addition to scheduled activities, throughout the day there will be craft tables set up for take-home kid's crafts.

Some of the scheduled exhibitors include the N.C. Wildlife Resource Commission, Lake James Area Wildlife and Nature Society, McDowell Trails Association, Catawba Riverkeeper Foundation, Catawba Valley Heritage Alliance, Lake James Environmental Association and many more. Musical entertainment will occur throughout the day, courtesy of Alan Darveaux with Slight Departure and Jack Town Ramblers. Local food vendors will have a variety of lunch options available and the park concession stand will be open throughout the day, selling snacks, ice cream and refreshments to the masses.

The Catawba RiverFest is sponsored by Lake James State Park, Catawba Riverkeeper Foundation, Catawba Valley Heritage Alliance and the Friends of Lake James State Park. More information can be found at <https://www.facebook.com/FriendsOfLakeJamesStatePark> or call (828) 584-7728.

AUTUMN BOAT TOUR – FRIDAY, SEPT. 7

Lake James is an important waystation for all sorts of animals, birds and insects as the summer winds down. Past experience has proven to the park staff that there's no better way to explore the lake and its abundant wildlife than by boat. Park Ranger Earl Weaver will be your captain and guide aboard the park patrol boat as we search for terns, beavers, eagles and scenic vistas. The weather could be hot and muggy or cool and drizzly, so be sure to watch the forecast and dress appropriately for the day (remember it's always cooler out on the water) if you are one of the eight lucky participants. Registration is required and available on a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy's Creek Area East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 a.m. departure.

FALL BIRDWATCHING HIKE – SATURDAY, SEPT. 8

Bird migration is in full swing and it's time to go watch the spectacle. The Paddy's Creek parking area offers just the right mix of open water, shoreline woods and fields to see lots of species in a morning. Join Ranger Jamie Cameron for an exciting morning. We'll start at 8 a.m. from the Paddy's Creek Area bathhouse breezeway. Bring binoculars and a field guide if you have them.



ASTRONOMY FOR EVERYONE – SATURDAY, SEPT. 8

Lake James State Park Superintendent Nora Coffey will be co-hosting with the Catawba Valley Astronomy Club for a night of star gazing. Learn some basic star gazing tips and take home your own star chart. There will be telescopes and binoculars set up for viewing the night sky, but feel free to bring your own if you have them. Folding chairs and bug spray are also recommended. We will meet in the upper parking lot of the Paddy's Creek Area at 7:45 p.m. and get started as soon as it's dark enough to see the first shining star or planet. Register by calling the park office at 828-584-7728.

AUTUMN BOAT TOUR – SUNDAY, SEPT. 9

Lake James is an important waystation for all sorts of animals, birds and insects as the summer winds down. Past experience has proven to the park staff that there's no better way to explore the lake and its abundant wildlife than by boat. Park Ranger Earl Weaver will be your captain and guide aboard the park patrol boat as we search for terns, beavers, eagles and scenic vistas. The weather could be hot and muggy or cool and drizzly, so be sure to watch the forecast and dress appropriately for the day (remember it's always cooler out on the water) if you are one of the eight lucky participants. Registration is required and available on a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy's Creek Area East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 a.m. departure.

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TOADSTOOL TREK/MUSHROOMS 101 – FRIDAY, SEPT. 14

Have you ever wanted to know more about mushrooms? There are hundreds of varieties of fungus growing around Lake James with all sorts of fabulous fun facts associated with them. Human beings have a complicated relationship with wild mushrooms – some have medicinal uses, some are prized edibles and some are deadly. Join Karen Johnson, Lake James State Park's resident mushroom enthusiast for a leisurely stroll along the Fox Den Loop to discuss what constitutes a fungus and identification techniques. Karen is a member of the Asheville Mushroom Club and the park's office administrator. Meet her at the Catawba River Area breezeway at 10 a.m.

FISHING 101 – SUNDAY, SEPT. 16

One of the main attractions to Lake James State Park is the quality fishing opportunities that can be found in the lake. Have you ever wanted to fish, but didn't know where to start? Here is a great opportunity. Meet Maintenance Mechanic and master angler Justin Allen at the Paddy's Creek Area East Picnic Shelter at 9 a.m. and be prepared to wet a line! All of the fishing gear will be supplied so all you need to do is show up. Since gear will be provided, participation is limited to 6. Please call 828-584-7728 to sign-up for this program.

AUTUMN EVENING BOAT TOUR – TUESDAY, SEPT. 18

Lake James is an important waystation for all sorts of animals, birds and insects as the summer winds down. Past experience has proven to the park staff that there's no better way to explore the lake and its abundant wildlife than by boat. Park Ranger Clay Veasey will be your captain and guide aboard the park patrol boat as we search for terns, beavers, eagles and scenic vistas. The weather could still be hot and muggy or cool and drizzly, so be sure to watch the forecast and dress appropriately for the day (remember it's always cooler out on the water) if you are one of the eight lucky participants. Registration is required and available on a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy's Creek Area East Picnic Shelter at 5:45 p.m. for a briefing and prompt 6 p.m. departure.

CREEK EXPLORATION – THURSDAY, SEPT. 20

Experiencing a peaceful mountain stream is something most everyone enjoys, but have you ever wondered what lives below the surface? From the creepy crawlies to the slimy swimmers, we will take a walk down to Paddy's Creek to discover what calls Lake James' streams home. Meet Ranger Kevin Bischof at the Holly Discovery Trail Parking Area for a short walk down to Paddy's Creek. Bring sturdy footwear that you don't mind getting dirty or wet. The creek discovery starts at 2 p.m. and will last about an hour.



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TAKE A CHILD OUTSIDE WEEK: SEPT. 24 THROUGH 30**T.A.C.O. EXPLORING THE RIVER SECTION – THURSDAY, SEPT. 27**

Most tours of Lake James State Park stick to well-worn trails and lake overlooks. This field trip promises to be different, as Park Ranger Clay Veasey leads an intrepid group of explorers down into the inaccessible “River Section” of the park. Scouting forays have shown the area to be a haven for birds, reptiles and amphibians, mammals and all other manners of wildlife. There’s no telling what we’ll turn up. There are no trails so be prepared for a challenging, but potentially rewarding experience. Meet at the Canal Bridge Boat Access parking area at 9 a.m.

T.A.C.O. AUTUMN BOAT TOUR – SATURDAY, SEPT. 29

Lake James is an important waystation for all sorts of animals, birds and insects as the summer winds down. Young naturalists will love this unique tour exploring the lake and its abundant wildlife by boat. Park Ranger Earl Weaver will be your captain and guide aboard the park patrol boat as we search for terns, beavers, eagles and scenic vistas. The weather could be hot and muggy or cool and drizzly, so be sure to watch the forecast and dress appropriately for the day (remember it’s always cooler out on the water) if you are one of the eight lucky participants. Registration is required and available on a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy’s Creek Area East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 a.m. departure.

T.A.C.O. POLLINATOR GARDENS TOUR – SATURDAY SEPT. 29

Over the last 7 years the staff at Lake James State Park has been diligent in landscaping with native plants that are attractive to insect pollinators. Those efforts are paying off and the pollinator gardens around the day use portion of the Paddy’s Creek Area are a showplace for butterflies, bees and a host of other insects that are critical to the health of our flowering and fruiting plant communities. Park Ranger Jamie Cameron will lead this tour of the gardens geared especially for young people. Meet at the Paddy’s Creek Area bathhouse breezeway at 2 p.m.

OVERMOUNTAIN VICTORY TRAIL HIKE – MONDAY OCT. 1

Hike back in time along a section of the Overmountain Victory National Historic Trail with Park Superintendent Nora Coffey. In honor of the Annual March commemorating the historic trek of the Overmountain Men we would like to offer our visitors the opportunity to walk in the footsteps of these brave men and learn a little bit about the history along the way. Meet at the Holly Discovery Trail parking lot at 5 p.m. This will be an easy hike, but please note the trail is narrow and rocky in areas.

FISHING 101 – FRIDAY, OCT.5

One of the main attractions to Lake James State Park is the quality fishing opportunities that can be found in the lake. Have you ever wanted to fish, but didn’t know where to start? Here is a great opportunity. Meet Maintenance Mechanic and master angler Justin Allen at the Paddy’s Creek Area East Picnic Shelter at 6 p.m. and be prepared to wet a line! All of the fishing gear will be supplied so all you need to do is show up. Since gear will be provided, participation is limited to 6. Please call 828-584-7728 to sign-up for this program.

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ASTRONOMY FOR EVERYONE – SATURDAY, OCT. 6

Lake James State Park Superintendent Nora Coffey will be co-hosting with the Catawba Valley Astronomy Club for a night of star gazing. Learn some basic star gazing tips and take home your own star chart. There will be telescopes and binoculars set up for viewing the night sky, but feel free to bring your own if you have them. Folding chairs and bug spray are also recommended. We will meet in the upper parking lot of the Paddy's Creek Area at 7 p.m. and get started as soon as it's dark enough to see the first shining star or planet. Register by calling the park office at 828-584-7728.

FALL FOLIAGE BOAT TOUR – WEDNESDAY, OCT. 10

Experience the fall foliage season from a unique perspective by boating around beautiful Lake James. Join Ranger Earl Weaver aboard the park patrol boat as we seek out the reds, golds, purples, and oranges of autumn. Only eight spaces are available and pre-registration is required. Call the park office at 828-584-7728 to save your spot. Meet at the East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 o'clock departure.



FALL FOLIAGE BOAT TOUR – SUNDAY, OCT. 14

Experience the fall foliage season from a unique perspective by boating around beautiful Lake James. Join Ranger Earl Weaver aboard the park patrol boat as we seek out the reds, golds, purples, and oranges of autumn. Only eight spaces are available and pre-registration is required. Call the park office at 828-584-7728 to save your spot. Meet at the East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 o'clock departure.

CANOE EXCURSION - MONDAY, OCT. 15

The tranquility of paddling a canoe on a quiet morning is one of life's simple pleasures. Discover the beauty of Lake James State Park from the water with Park Ranger Kevin Bischof. Whether you're an expert paddler or you don't know the difference between starboard and port, we'll provide the equipment and instruction to make it a memorable morning. Six park canoes are set aside for this free program and each is capable of carrying two adults and one child (must be 7 years of age or older). The program starts at 10 a.m. and meets at the Paddy's Creek Area bathhouse breezeway. You must pre-register and be prepared to share your journey with a new friend if you are a single and space dictates. Call 828-584-7728 and sign-up today.

EXPLORING THE RIVER SECTION – FRIDAY, OCT. 19

Most tours of Lake James State Park stick to well-worn trails and lake overlooks. This field trip promises to be different, as Park Ranger Clay Veasey leads an intrepid group of explorers down into the inaccessible "River Section" of the park. Scouting forays have shown the area to be a haven for birds, reptiles and amphibians, mammals and all other manners of wildlife. There's no telling what we'll turn up. There are no trails so be prepared for a challenging, but potentially rewarding experience. Meet at the Canal Bridge Boat Access parking area at 2 p.m.

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AUTUMN BIRDWATCHING HIKE – SATURDAY, OCT. 20

Bird migration is in full swing and it's time to go watch the spectacle. The Paddy's Creek parking area offers just the right mix of open water, shoreline woods and fields to see lots of species in a morning. Join Ranger Jamie Cameron for an exciting afternoon. We'll start at 8 a.m. from the Paddy's Creek Area bathhouse breezeway. Bring binoculars and a field guide if you have them.

CANOE EXCURSION– SUNDAY, OCT. 21

The tranquility of paddling a canoe on a quiet morning is one of life's simple pleasures. Discover the beauty of Lake James State Park from the water with Park Ranger Kevin Bischof. Whether you're an expert paddler or you don't know the difference between starboard and port, we'll provide the equipment and instruction to make it a memorable morning. Six park canoes are set aside for this free program and each is capable of carrying two adults and one child (must be 7 years of age or older). The program starts at 10 a.m. and meets at the Paddy's Creek Area bathhouse breezeway. You must pre-register and be prepared to share your journey with a new friend if you are a single and space dictates. Call 828-584-7728 and sign-up today.



CANOE EXCURSION– THURSDAY, OCT. 25

The tranquility of paddling a canoe on a quiet morning is one of life's simple pleasures. Discover the beauty of Lake James State Park from the water with Park Ranger Kevin Bischof. Whether you're an expert paddler or you don't know the difference between starboard and port, we'll provide the equipment and instruction to make it a memorable morning. Six park canoes are set aside for this free program and each is capable of carrying two adults and one child (must be 7 years of age or older). The program starts at 10 a.m. and meets at the Paddy's Creek Area bathhouse breezeway. You must pre-register and be prepared to share your journey with a new friend if you are a single and space dictates. Call 828-584-7728 and sign-up today.

FALL FOLIAGE BOAT TOUR – SUNDAY, OCT. 28

Experience the fall foliage season from a unique perspective by boating around beautiful Lake James. Join Ranger Earl Weaver aboard the park patrol boat as we seek out the reds, golds, purples, and oranges of autumn. Only eight spaces are available and pre-registration is required. Call the park office at 828-584-7728 to save your spot. Meet at the East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 o'clock departure.

FALL FOLIAGE BOAT TOUR – TUESDAY, OCT. 30

Experience the fall foliage season from a unique perspective by boating around beautiful Lake James. Join Ranger Clay Veasey aboard the park patrol boat as we seek out the reds, golds, purples, and oranges of autumn. Only eight spaces are available and pre-registration is required. Call the park office at 828-584-7728 to save your spot. Meet at the East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 o'clock departure.

NATURE NOTES

Was that it? Is the summer gone already?

There will still be days that are hot and sticky, but the rotation of the earth, the angle of the sun and the diminishing day length are taking us unrelentingly into autumn. The fall is a fantastic season for wildlife viewing. Birds are migrating, the pollinator gardens are buzzing with activity and mammals are going about the business of putting on weight in anticipation of leaner times to come. In addition to the increase in animal activity, trees are starting to



lose their leaves, opening up the forest and making it easier to spot critters as they go about their lives.

Birdwatchers don't have to go far to be entertained. This is the season of greatest diversity in the park. Walking the perimeter of the parking area at Paddy's Creek is always a good choice, especially during the early morning as the sunlight first hits the tops of the trees. Colorful warblers, cryptic thrushes, high-flying hawks and a host of others will be using the habitats around Lake James to rest and refuel as they make their way south for the winter months.

The birds don't have exclusive rights on migration. Some insects conduct seasonal movements as well. Monarch butterflies are most famous for this and October is the month we'll see the biggest numbers of these boldly-patterned, orange and black beauties as they fly thousands of miles to a single mountaintop in northern Mexico.

During September we will start to get an idea of the amount of hard mast that will be available to resident animals and birds as they prepare for winter. Trees like oaks, hickories and walnuts produce these nuts annually, but the amounts vary widely from year-to-year. These hard-shelled power pills are important for white-tailed deer, black bears, wild turkeys, blue jays, gray squirrels, wood ducks and many others. The sound of acorns dropping onto the forest floor is the first indication that our animals will be healthy and happy when the bleakest winter days take hold.

We're still a long ways from that though, so make sure you walk the extra mile or two on the trails.

Hope to see you out there!

WHO WE ARE

A group formed in 2010, made up of dedicated people work together to help Lake James State Park meet its mission of providing opportunities for public enjoyment and education while still protecting the natural beauty and historic integrity of the State Park.

BOARD MEMBERS

Eric Jenkins - President

Robert Hunter - Vice President

Mike Sewell - Secretary

Annette Bryant - Membership Coordinator

Randall Conley - Member at Large

George Milner - Member at Large

Greg Norell - Member at Large

Molly Sandfoss - Member at Large

Jeff Stark - Member at Large

Jim Williams - Member at Large

To contact the Friends of Lake James State Park Group please email info@lakejamesstatepark.org

DRAGON BOAT FESTIVAL RETURNING TO LAKE JAMES OCT. 13TH

For the second year, the state park will be the site of the Lake James Dragon Boat Festival. This day-long event will have something for everyone; exciting competition, colorful boats racing across the water, camaraderie amongst paddlers, inspiring teamwork, food, music and fun – all against the beautiful backdrop of Lake James and its surrounding mountains. Come to the Paddy's Creek Area day use and swim beach, Oct. 13, from 9 a.m. until 4 p.m. and see for yourself.

The massive paddle-powered watercraft have a 2,500-year legacy going back to ancient China. Once used in ceremony and war, today's dragon boats are built for speed and competition. Racing festivals have become popular around the globe.

Spectating is one thing, but why not start a team of your own, or join an existing squad of like-minded adventurers and be

a participant? One of the great things about the festival is the open opportunity to take up a paddle and row, row, row. Teams of 20 can register to compete. The Healing Dragons of Lake James will provide a dragon boat, paddles, life preservers, an experienced helmsman to steer the boat and a practice session to get you ready for the race.

Registering a team is easy; just visit www.lakejamesdragonboat.com and sign up. There are no restrictions based on size, age, gender or experience.

You can feel great about paying your registration fee too. Proceeds will be donated to Carolinas HealthCare System Blue Ridge Cancer Center's patient service programs.

Whether you choose to join the pageantry or enjoy the sights and sounds of the competition from dry land, do not miss this terrific event!



A *lake* is the landscape's most beautiful and expressive feature. It is Earth's eye; looking into which the beholder measures the depth of his own nature.

Henry David Thoreau



YEAR OF THE FISH: BLUEGILL

As you walk along the banks of Lake James, you will see park visitors fishing from the bank. Dangling small bait such as a worm or cricket below a bobber, anglers patiently wait for a jerk of the bobber to mark “the bite.” This scene plays out on the lake shore during the warm months of the year as anglers search for one of the most common freshwater fish species in the country - the bluegill.

If you have ever wet a line, you have inevitably sought the bluegill. Because they are so prolific, they can be one of the easiest fish in the lake to catch. If you fish, it is likely you started by fishing for bluegill. Because of their modest size, the fishing tackle needed to catch them can be purchased for a nominal cost, increasing their popularity with the weekend angler.

Also called brim or bream, bluegill can rival the coloration and patterns of some tropical aquarium fish. They are generally round, thin fish that can grow up to 15 inches, but more commonly measure between six and 10 inches; about the size of an average adult-sized hand. The bluegill is often brown to olive green in coloration with dark vertical bars adding camouflage against their compact bodies. Accenting their mouths and lower jaw, back toward the gill plate is marked with a beautiful



Bluegill

powder blue for which they get their name. One of the easiest characteristics to identify on the bluegill is the dark black circle, or “tag” located directly behind the eye on the upper portion of the gill plate.

Compared to other fish such as bass and catfish, the bluegill has a small mouth. But don’t let that fool you. Bluegills are accomplished predators, often feeding on whatever they can fit in their mouths. They’ve been known to eat macroinvertebrates such as crickets, worms, crayfish, dragonfly larva and various other types of small insects. Additionally, they will eat small fish, tadpoles and even aquatic plants.

Bluegills can be found in all 100 North Carolina counties. They prefer warm, slow-moving water, but can be found in streams, ponds, lakes, rivers and reservoirs. As you visit Lake James

and walk the trails around the lake, you can discover small circular indentations in the lake bottom. These occur in relatively shallow water, especially in areas the bottom is made up of sand or small gravel. These circular indentations are about the size of a trash can lid and are guarded by the male bluegills. As the water temperature rises in the spring, bluegill mating occurs when the temperatures exceed 70 degrees. Female bluegills

are capable of laying 2,000 to 60,000 eggs that are protected from predators by the males. They are known to lay eggs monthly until the water drops below 70 degrees. Even as adults, bluegill can fall victim to other predators such as larger fish, snakes, turtles, blue herons, osprey, eagles and other bird species.

The bluegill is often overlooked by seasoned anglers. But when you slow down to observe their beauty; they are one of the prettiest fish that can be caught out of Lake James. Coupled with their compact shape and voracious appetite, the bluegill is one of the most exciting fish to catch. Whether you’re a beginner or veteran, we hope to see you out on the lake, fishing rod in hand. And if you’re lucky, you may get to catch one of these pan-sized predators.

FRIENDS OF LAKE JAMES STATE PARK

SAVE THE DATE

- The first-ever Fonta Flora Barnburner 50-K mountain bike race takes place Sept. 29. The race will begin at the Fonta Flora Brewery Whippoorwill Farm and utilize trails both on the property adjacent to the park and within Lake James State Park. For more information, check out <https://fontaflorabarnburner50k.repodium.com>
- It may seem crazy to start planning so far in advance, but no crazier than actually participating in the 2nd annual SwimRun Lake James to be held on April 20, 2019. This endurance race pits teams of two competitors against the rest of the field and, more importantly, whatever weather is on tap for race day. Racers will navigate 2-3 miles of open water swimming and 13-14 miles of trail running (depending on final course layout). Athletes will be vetted for experience in endurance events and registrations must be received by April 1, 2019. For more information, go to <https://runsignup.com/Race/NC/Nebo/SwimRunNCLakeJames>



LJSP TRAILS



CATAWBA RIVER AREA:

- Fishing Pier Trail (0.3 mile, easy)
- Fox Den Loop Trail (2.25 miles, moderate)
- Lake Channel Overlook Trail (1.5 miles, moderate)
- Sandy Cliff Overlook Trail (0.5 mile, easy)

PADDY'S CREEK AREA:

- Holly Discovery Trail (0.75 mile, easy)
- Mill's Creek Trail (3.6 miles, moderate)
- Overmountain Victory Trail (2.0 mile, moderate)
- Paddy's Creek Trail (2.0 miles, moderate)
- Tindo beginners' mountain bike trail (4.0 miles)
- Wimba intermediate mountain bike trail (11.25 miles)

PARK GENERAL INFO

- Gate hours during September are 7 a.m. until 10 p.m. Starting Oct. 1 the gate hours change to 7 a.m. until 9 p.m.
- The Paddy's Creek Area swim beach will close Oct. 1. Until then the swim beach will be open from 10 a.m. until 6 p.m.
- The Paddy's Creek Area concessions stand is open WEEKENDS ONLY, from 10 a.m. until 6 p.m. until the end of October. Canoe and kayak rentals will be offered Saturdays and Sundays only until the end of October. Due to staffing shortages, we recommend calling the park office ahead of time to make sure the concessions stand and boat rentals will be available during your visit. The office number is 828-584-7728.

FRIENDS OF LAKE JAMES STATE PARK

HOW TO GET INVOLVED

Do you have an interest in Lake James State Park? Whether you enjoy hiking the trails, swimming at the beach or just picnicking with your family, there is some part of the park for everyone.

Join the Friends of Lake James State Park group and learn about all the opportunities to help make the park a better place for everyone to enjoy. The Friends of Lake James State Park focus on working together to help Lake James State Park meet its mission of providing opportunities for public enjoyment and education while still protecting the natural beauty and historic integrity of the State Park.

There are a variety of opportunities to get involved from trail work days, to volunteering at RiverFest and other festivals. Become a member of Friends of Lake James State Park, and know that you are helping to preserve the natural beauty and historic resources of Lake James for generations to come.

FRIENDS CONTRIBUTIONS

The Friends of Lake James State Park is proud to support the hardworking staff at Lake James State Park and contribute wherever we can to help improve park operations and offer new recreational opportunities to visitors. If you think these efforts are meaningful, please consider joining our group using the form at the bottom of this page.

- Boat Camping Project; partially funded, purchased equipment including rebar driver and auger
- Stand-up Paddleboards; purchased two for rental fleet and one for lifeguard use
- Funded instructor for Waterfront Safety training for lifeguards
- Linville Overlook picnic area
- Assisted with Overmountain Victory Trail 2 construction
- Holly Discovery Trail; partially funded and dedicated, annual funding for upkeep
- Park of the Year celebration
- Sponsored night rides on mountain bike trails
- RiverFest Sponsor

HOW TO JOIN THE FRIENDS OF LAKE JAMES STATE PARK GROUP

Become a member of Friends of Lake James State Park, and know that you are helping to preserve the natural beauty and historic resources of Lake James for generations to come.

For more information please visit www.lakejamesstatepark.org or email info@lakejamesstatepark.org.

FRIENDS OF LAKE JAMES STATE PARK - MEMBERSHIP INFORMATION

Be a Friend of Lake James State Park

Select class of annual membership:

- ☐ Individual \$10
- ☐ Family \$25
- ☐ Corporate \$50
- ☐ Patron/Industry \$100 - \$999 \$_____
- ☐ Lifetime \$1000 (or more) \$ _____
- ☐ I would like to be contacted about volunteer opportunities with the Friends of Lake James State Park

Where did you hear about us? _____

Name _____
Address _____
City _____ State _____ Zip _____
Email _____
Phone _____

Return to:
Friends of Lake James State Park, Inc.
P.O. Box 1327
Nebo, NC 28761

Friends of Lake James State Park, Inc. is a registered 501(c)3 charitable organization. Receipt of membership will be supplied upon request.