

MENTAL HEALTH

Missing the signs of something wrong

College can overshadow mental health warning signs

By Sara Salinas  
Senior Writer

Editor's note: This story is the first in a series chronicling mental health issues on a college campus through a central character, a UNC junior who asked to keep her real name private. Sara Salinas, a reporter for The Daily Tar Heel who knows "Charlotte" personally, is following her as she navigates her diagnosis and takes steps to find help throughout the semester.

Charlotte never realized her anxiety level wasn't normal. The panic attacks, the obsessive studying, the physical illness brought on by performance anxiety — it's how she'd always been. And when college courses and her first year at UNC amplified the behaviors, Charlotte still wasn't convinced she had a problem that needed addressing. Now a junior at UNC, Charlotte began to see her anxiety and attention challenges as mental health concerns and has started seeking help. "I noticed it in work this year, that I would be staring at the computer screen for like 10 minutes and not even realize that I was just, like, staring at something," Charlotte said. "And that's when I decided to get serious about getting tested (for attention deficit disorder)." In early February, Charlotte was diagnosed with ADD and anxiety, putting her in the company of 35 percent of UNC students who have



DTH/CHICHI ZHU

Many of the warning signs associated with mental illness are often overlooked in a college environment. Charlotte, a UNC junior, has just begun counseling.

been diagnosed with a mental disorder, according to data from The Healthy Minds Study 2015 report. Fifty-seven percent of students reported their mental health has caused academic impairments. As a sophomore biology major, Charlotte was enrolled in advanced science classes and struggling to pass her exams despite days of preparation. "That's when I kind of knew,

alright, something's going on," said Regan Buchanan, a UNC junior and one of Charlotte's close friends. "The first indication was hearing her talk about being so freaked out about this class and being so stressed out about it that she wanted to go to a different school and study something completely different than what she's always dreamed of." The next indication, Buchanan

said, was seeing Charlotte study compulsively for days on end and recite material perfectly in practice and then fail the exams. "She's not a stupid person," Buchanan said. "That was the indication there's some disconnect here — this isn't normal to not be able to perform on a test after working so hard." Charlotte has since traded in her

biology major for studio art. While she's content with the change and thankful for the opportunity to formally study her artistic passion, Charlotte wonders where she'd be if her ADD had been caught earlier. "I would be in nursing school, probably," Charlotte said. "There would be a very big difference in my

SEE WARNING SIGNS, PAGE 5

Former NCAA athletes prosper post grad

Athletes reported higher levels of well-being in Gallup poll.

By Kelsey Mason  
Staff Writer

A recent Gallup survey shows former NCAA student-athletes are better off in terms of well-being than their non-athletic peers. J.D. DeFreese, a lecturer in the Exercise and Sport Science Department, researches the link between athletes' mental health and their physical and

social well-being. DeFreese said in an email the Gallup survey corresponds with already existing research. "Physical activity, of which collegiate athletes participate in a lot, is a protective factor for positive lifespan mental and physical health outcomes, which could help to explain these findings," DeFreese said. The survey divided well-being into five categories — purpose, social, community, physical and financial — and measured whether a former athlete thrived in each category. Athletes succeeded at the highest percentage in purpose,

social and community well-being, with 47 percent of former athletes thriving in three or more of the categories. Bryan Noreen, who graduated from UNC in 2015 and ran on the cross country team, is now in a masters program for business analytics at the University of Tennessee. He said he agreed with the results of the survey and said there are two factors that contributed to his success post-graduation — time management skills that come with being a student-athlete and the increased employment opportunities.

"Employers or schools looking at candidates see that you're a D1 athlete and respond very positively to that — and I think that opens up a lot of opportunities," he said. Noreen said while being a student-athlete often means missed opportunities due to the time commitment, there are also upsides. "I think it's a very different experience, but the team environment and the work ethic and all that comes along with that I think sets you up well for the future," he said. The Gallup survey also showed former student ath-

letes do well in social and community well-being — over half of former student athletes thrive in the previously stated categories. The survey did not include mental health, and DeFreese said there has been some research implying former student-athletes might have lower levels of mental health well-being than their peers. "Changes in athletic identity following retirement can lead to athletes struggling with outcomes of mental health (e.g., depression)," DeFreese said. He has not seen studies that explain a causal relationship

between student athleticism and mental health issues, but he said based on current research, athleticism is a positive factor for students. "I would say that receiving a college education debt-free, being in excellent physical shape — and having the knowledge to continue this across the lifespan — and being a member of a social network that can help with occupational and other goals puts collegiate athletes in a great position to achieve post-graduation," DeFreese said.

state@dailytarheel.com

Ethics report gets thumbs up

The Faculty Executive Committee will aid in implementation.

By Anna Freeman  
Staff Writer

On Monday, the Faculty Executive Committee voted unanimously to endorse the Ethics and Integrity Working Group report, which was released Feb. 4. After beginning the meeting with a 45-minute closed session to discuss personnel issues and a brief discussion led by Provost Jim Dean regarding basketball tickets and his take on "The Big Short," the group delved into the working group's report. Faculty Chairperson Bruce Cairns said the committee needed to support the efforts of the working group, whose report said the University should raise awareness about reporting ethical violations. A vote by the committee confirmed Cairns' sentiment.

Cairns said faculty need to act soon to help make sure the working group's recommendations are carried out, and shared governance between the faculty and the administration is necessary. Committee member Michael Gerhardt agreed faculty need to play a role in implementation. "The hope and the expectation is that it would be in the faculty's hands," Gerhardt said. Dean expressed his approval of everyone's efforts. "I appreciate the thoughtfulness that went into all of this, and I appreciate the outcome," Dean said. The committee touched on the hiring of the new dean of the School of Education, because the final candidate was interviewed Monday. Dean said all three candidates were very good, and the University was lucky to be in the business of hiring. The committee also discussed its progress in addressing the concerns raised by

SEE FACULTY, PAGE 5

Millennials choose experiences over possessions

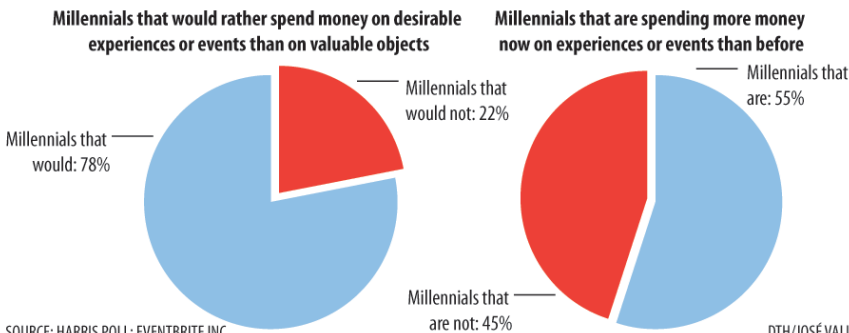
To avoid FOMO, millennials spend money on experiences rather than belongings.

By Morgan Vickers  
Senior Writer

In the month of February alone, UNC senior Conner Frank estimates that he spent \$2,600 on experiences rather than on things. Instead of buying a car or saving his money for rent, Frank, who majors in economics and romance languages, spent his money on a trip to Cuba for spring break, tickets to a Beyoncé concert and a backpacking trip around Europe this summer. Frank said he decided to spend his money on experiences because he could get more out of an experience than he could out of an object. "Belongings don't carry a lot of sentimental value for me," he said. "But if I can look back on a memory or an experience or something of that nature, then that does carry a lot of sentimental value for me." According to a survey conducted by Harris Poll and Eventbrite Inc., pursuing experiences rather than buying objects is a generational trend. Seventy-eight percent of millennials said they would rather spend money on desirable experiences over desirable things.

How is the millennial generation spending its money?

As America's largest generation by population, millennials will have a large impact on the economy based on their spending in years to come. As things stand, millennials will fuel an economy largely through consuming experiences.



Professor Arne Kalleberg, who teaches the first-year sociology seminar "The Pursuit of Happiness: Social Science Approaches to Well-Being," said many millennials are focused on relationships and experiences because they can't guarantee what the economic future holds, and thus want to be in charge of the experiences they can control in present time. "I think people realize that stuff doesn't really satisfy those concerns about the future, but having experiences now while you can, enjoying life — especially meaningful relationships with other people — is much more satisfying," Kalleberg said. "I think that speaks to the uncertainty of our time." According to the Harris Poll, 69 percent of millennials experience FOMO

— fear of missing out — a feeling often discussed on social media. Sociology professor Andrew Perrin said this fear of missing out drives many millennials to pursue experiences because they see their friends pursuing experiences, and they don't want to miss out on the fun. "From a technology and cultural standpoint, one of the things that we have observed is the ability of people to connect into social networks that are very similar to themselves," he said. "You look at your 10 friends (on social media) and see they're all doing fun trips, and then you want to take one." Kalleberg said many millennials, particularly college-aged students, are pur-

SEE MILLENNIALS, PAGE 5



**Business and Advertising:** Kelly Wolff, director/general manager; Rebecca Dickenson, advertising director; Lisa Reichle, business manager; Emma Gentry, student advertising manager; Alex Walkowski, special projects manager

**Assistant Editors:** Ryan Schocket, arts & entertainment; Rachel Bridges, Molly Jordan, city; Jessica Coston, Courtney Jacobs, Ellie Scialabba, copy; Megan Morrison, Langston Taylor, design & graphics; Dottie Blyth, digital; Tyler Fleming, opinion; C Jackson Cowart, Logan Ulrich, Jeremy Vernon, sports; Marisa Bakker, Corey Risinger, Benji Schwartz, state & national; David Doochin, Acy Jackson, Victoria Mirian, university; Veronica Burkhart, Kyle Hodges, photo

**Arts & Entertainment:** Sindhu Chidambaram, Morgan Vickers, Erin Wygant, senior writers; Cate Alspaugh, Rashaan Ayeshe, Elizabeth Baker, Elizabeth Barbour, Anish Bhatia, Jenni Ciesielski, Rebekah Cockram, Paige Connelly, Megan Cross, Marisa Dunn, Ziyad Habash, Zoe Hazerjan, Morgan Howard, Connie Jin, Rachel Jones, Krupa Kaneria, Bridley Kelly, Chloe Lackey, Trevor Lenzmeier, Audrey Leynaud, Carina McDermed, Nicola McIrvine, Leah Moore, Maggie Moutat, Peggy Mullin, Maria Mullis, Emily Perry, Madeline Rael, Kacey Rigsby

**City:** Benjamin Albano, Alexis Allston, Rebecca Ayers, Janna Childers, Matt Couch, Sarah Crump, Hugo Fernandez, Brooke Fisher, John Foulkes, Nicole Gonzalez, Matthew Hardin, Alexis Hinnant, Lindsey Hoover, Burhan Kadibhai, Jane Little, Matt Lopez, Zachary Lovell, Lauren Miller, Camila Molina, Marie Muir, Megan Royer, Olivia Schaber

**Copy:** Claire Ebbitt, Madison Flager, Rachel

**Customer Service:** Hailey Hazard, Caitlinn LaScala, Cole Stanley representatives

**Display Advertising:** Erin Bissette, Ashley Cirone and Victoria Karagiorgis, senior account executives; Mary Louise Bolt, Hannah Burnette, Claire Burns, Madison Call, John

**Editorial Staff**

**Opinion:** Ishmael Bishop, Chris Dahlie, Trey Flowers, Cameron Jernigan, Jack Largess, Gabby Nair, Zach Rachubas, Vishal Reddy, Jacob Rosenberg, Kate Stotesberry, Justina Vasquez, editorial board; Evana Bodiker, Chiraayu Gosrani, Jalynn Harris, Mejs Hasan, Jaslina Paitel, Gwendolyn Smith, Alex Thomas, Brian Vaughn, Alice Wilder, columnists; Kenneth Proseus, Jamal Rogers, Ellen Shibley, Andrew Shoemaker, Calvin Ulrich, Emily Yue, cartoonists

**Sports:** David Allen Jr., Ben Coley, Carlos Collazo, Mohammed Hedadj, Brendan Marks, senior writers; David Adler, Luke Akinsola, John Bauman, Ethan Belshe, Will Bryant, Kiley Burns, Nicole Caporaso, Chandler Carpenter, Brandon Chase, Evan Chronis, Jordanna Clark, Houston Clements, Sam Doughton, Niadiquay Everette, Jack Frederick, Michael Freije, Noah Grant, Jonah Lossiah, Kevin Mercer, Kirk Meyer, Kayleigh Payne, Christian Phillips, Blake Richardson, James Tatter, Brandon White, Jane Zorowitz

**Design & Graphics:** Zach Walker, senior designers; Michael Cannizzo, Lauren Farrington, Danny Federici, Mary Glen Hatcher, Joseph Held, Gabe Hubbard, Lydia Lee, Zac Lowell, Ashlyn Steelman, Dylan Tastet, Sarah Whitmore

**Digital:** Tiana Attridge, Elizabeth Barbour, Tess Bettinsoli, Bromwyn Bishop, Cassandra Cassidy, Meggie Crusier, Alli Ehrman, Madison Flager, Alexandra Gailey, Zackary Green, Mary Glen Hatcher, Alexis Hinnant, Lindsey Hoover, Qieara Lesesne, Hannah Macie, Megan Mallonee, Jordan Mareno, Amanda Marley, Kylie Marshall, Sarah McCulla, Lydia McInnes, Ashlen Renner, Callie Riek, Will Schoeffler, Kameron Southerland, Adrianna Stallworth, Callie Williams, Brett Zeck

**Investigations:** Alexis Allston, Liz Bell, Claire Collins, Lauren Kent, Grant Masini, Sara Salinas, Cain Twyman

Collier, Payton Collier, Ellie Danenberg, Maya Dandier, Gray Dorsett, Kate Fleming, Savannah Gillespie, Jordan Hinson, Olivia Honeycutt, Katie Little, Caroline Magod, Josh Neal, Kayla Reali, Kevin Rosato, Sabrina Singh, Lizzy Sirkin, Lindsay Thompson,

**University:** Sofia Edelman, Kelly Jasiura, Colleen Moir, Anyssa Reddix, Katie Reeder, Sara Salinas, senior writers; Piper Anderson, Felicia Bailey, Alexis Bell, Savannah Britt, Olivia Browning, Maggie Budd, Natalie Conti, Jack Davis, Cailyn Derickson, Anna Freeman, Erin Friederichs, Keeley Gay, Sophie Golden, Rebekah Guin, Jamie Gwaltney, Belle Hillenburg, Blake Hoarty, Terrance Hudson, Karli Kransipol, Brinley Lowe, Beni Mathieu, Amy Nelson, Jonathan Ponciano, Maria Prokopowicz, Nic Rardin, Katie Rice, Aaron Redus, Megan Stout, Dylan Tastet, Emily Wakeman, Photo: Kendall Bagley, Claire Collins, senior photographers; Nick Bafia Samantha Dikolli Sarah Dwyer, Chris Griffin, Kasia Jordan, Julia Klein, Alex Kormann, Katy Lee, Addy Lee Liu, Louise McDonald, Gabi Palacio, Cori Patrick, Lydia Shiel, Beren South, Katie Stephens, Allie Strickland, Nina Tan, Emma Tobin, Alexandra Young, Zhenwei Zhang, Chichi Zhu

**Multimedia:** Andrew Allen, Abby Igoe, Kasia Jordan, Stephanie Lamm, Casey Moore, Elaine Zhang

**Newsroom Adviser:** Erica Perel

**Editorial Production:** Stacy Wynn, manager

**Printing:** Triangle Web Printing Co.

**Distribution:** Stacy Wynn, manager; Edna Mayse, Charlie Mayse

Kathleen Van Gorp, Emily Wilkenson, Sam Yoo, account executives

**Marketing Team:** Joe Daley, Cici Du, Pavle Jeremict, and Julia Meder

**Advertising Production:** Gwendolen Blackburn, creative manager

**Police Log**

- Someone committed a noise violation on the 100 block of N.C. 54 at 12:42 a.m. Sunday, according to Carrboro police reports.
- Someone committed larceny on the 300 block of East Main Street at 1:08 a.m. Sunday, according to Carrboro police reports. The person stole \$1018 worth of items.
- Someone committed a noise violation on the 2700 block of Homestead Road at 12:02 a.m. Sunday, according to Chapel Hill police reports.
- Someone committed a drug violation on the 100 block of South Columbia Street at 2:02 a.m. Sunday, according to Chapel Hill police reports.
- Someone committed a noise violation on the 100 block of East Longview Street at 3:38 a.m. Sunday, according to Chapel Hill police reports.
- Someone trespassed on the 1800 block of East Franklin Street at 10:05 a.m. Sunday, according to Chapel Hill police reports.

The Daily Tar Heel is published by the DTH Media Corp., a nonprofit North Carolina corporation, Monday through Friday, according to the University calendar. Callers with questions about billing or display advertising should call 962-1163 between 8:30 a.m. and 5 p.m. Classified ads can be reached at 962-0252. Editorial questions should be directed to 962-0245.

**OFFICE AND MAIL ADDRESS:**  
151 E. Rosemary St.  
Chapel Hill, NC 27514



ISN #10709436

Member

### CORRECTIONS

- The Daily Tar Heel reports any inaccurate information published as soon as the error is discovered.
- Editorial corrections will be printed on this page. Errors committed on the Opinion Page have corrections printed on that page. Corrections also are noted in the online versions of our stories.
- Contact Managing Editor Mary Tyler March at managing.editor@dailytarheel.com with issues about this policy.

**Like:** facebook.com/dailytarheel **Follow:** @dailytarheel on Twitter **Follow:** dailytarheel on Instagram

### COMMUNITY CALENDAR

#### TODAY

**Paths to Public Health Panel:** University Career Services will host a panel of recent graduates to discuss public health careers and organizations. They will discuss how they found the positions they're in and offer ad-

vice for breaking into the public health profession. This event is free and open to students.  
**Time:** 4 p.m. to 5 p.m.  
**Location:** Hanes Hall, Room 242

**Class: Italian Winter:** Southern Season will host a cooking class focusing on the various flavors of Italian cuisine, particularly those lending themselves to winter weather.  
**Time:** 6 p.m.  
**Location:** 201 S. Estes Drive

#### WEDNESDAY

**Diversity Career Fair:** University Career Services hosts this career fair to connect students and employers who value a diverse workforce, including factors such as ethnicity, race, religion and gender identity. There will be employers from nonprofits, for-profits and government jobs. Bring multiple copies of your resume. Professional attire is recommended.  
**Time:** 3 p.m. to 6 p.m.  
**Location:** Great Hall, Student Union

#### THURSDAY

**Appropriating Asia: The Depiction of the Exotic in European Art:** This event is the 22nd Mary Stevens Reckford Memorial Lecture in European Studies. It will explore the trade networks that brought knowledge of

### The Daily Tar Heel

www.dailytarheel.com

*Established 1893*  
*122 years of editorial freedom*

**PAIGE LADISIC**  
EDITOR-IN-CHIEF  
EDITOR@DAILYTARHEEL.COM

**MARY TYLER MARCH**  
MANAGING EDITOR  
MANAGING.EDITOR@DAILYTARHEEL.COM

**KELSEY WEEKMAN**  
ONLINE MANAGING EDITOR  
ONLINE@DAILYTARHEEL.COM

**BRADLEY SACKS**  
ENTERPRISE DIRECTOR  
ENTERPRISE@DAILYTARHEEL.COM

**SAMANTHA SABIN**  
DIRECTOR OF INVESTIGATIONS  
SPECIAL.PROJECTS@DAILYTARHEEL.COM

**DANNY NETT**  
COMMUNITY MANAGER  
COMMUNITY.MANAGER@DAILYTARHEEL.COM

**JANE WESTER**  
UNIVERSITY EDITOR  
UNIVERSITY@DAILYTARHEEL.COM

**KERRY LENGUEL**  
CITY EDITOR  
CITY@DAILYTARHEEL.COM

**HAYLEY FOWLER**  
STATE & NATIONAL EDITOR  
STATE@DAILYTARHEEL.COM

**SARAH VASSELLO**  
ARTS & ENTERTAINMENT EDITOR  
ARTS@DAILYTARHEEL.COM

**PAT JAMES**  
SPORTS EDITOR  
SPORTS@DAILYTARHEEL.COM

**JOSÉ VALLE**  
DESIGN & GRAPHICS EDITOR  
DESIGN@DAILYTARHEEL.COM

**KATIE WILLIAMS**  
PHOTO EDITOR  
PHOTO@DAILYTARHEEL.COM

**ALISON KRUG**  
COPY CHIEF  
COPY@DAILYTARHEEL.COM

**GABRIELLA CIRELLI**  
VIDEO EDITOR  
MULTIMEDIA@DAILYTARHEEL.COM

### TIPS

Contact Managing Editor Mary Tyler March at managing.editor@dailytarheel.com with tips, suggestions or corrections.

Mail and Office: 151 E. Rosemary St. Chapel Hill, NC 27514  
Paige Ladisic, Editor-in-Chief, 962-4086  
Advertising & Business, 962-1163  
News, Features, Sports, 962-0245  
Distribution, 962-4115

One copy per person; additional copies may be purchased at The Daily Tar Heel for \$0.25 each. Please report suspicious activity at our distribution racks by emailing dth@dailytarheel.com

© 2015 DTH Media Corp. All rights reserved

China and Korea to Europe and how Asian goods circulated into modern Europe.

**Time:** 7:30 p.m. to 9:30 p.m.  
**Location:** Hyde Hall, University Room

To make a calendar submission, email calendar@dailytarheel.com. Please include the date of the event in the subject line, and attach a photo if you wish. Events will be published in the newspaper on either the day or the day before they take place.

### inBRIEF

#### SPORTS BRIEF

**UNC men's basketball ranked No. 7 in AP poll**

After splitting two games against Duke and Miami a week ago, the North Carolina men's basketball team checked in at No. 7 in this week's AP Top 25 poll. The Tar Heels — who visit N.C. State on Wednesday before playing at third-ranked Virginia on Saturday — have been ranked in the top 10 for 15 of 16 weeks this season.

— staff reports

#### CITY BRIEF

**Vehicle crash results in driver charged with DWI**

At 1:47 a.m. Sunday, highway patrol responded to a single vehicle crash that resulted in one fatality. The driver was traveling on Dogwood Drive when the vehicle hit a tree.

The front seat passenger was killed and the driver sustained non-life-threatening injuries. The driver has been charged with driving while impaired.

— staff reports

***“Appropriating Asia:  
The Depiction of the  
Exotic in European Art”***

The 22nd Annual  
Mary Stevens Reckford  
Memorial Lecture  
in European Studies

Thursday, February 25, by  
Stephanie Schrader, Ph.D.  
*Curator, J. Paul Getty Museum,  
Los Angeles*


Free and Open to the Public

University Room,  
Hyde Hall  
7:30pm

Visit [iah.unc.edu](http://iah.unc.edu)  
for more details

THE GRADUATE PROGRAMS of  
THE UNIVERSITY OF NORTH CAROLINA at GREENSBORO



M.S. in Biology  
Ph.D in Environmental  
Health Science



THE UNCG DEPARTMENT OF BIOLOGY offers challenging masters and doctoral programs to prepare students for professional careers, integrating human health and the environment from the global to the cellular levels.

Applications are being accepted for Fall 2016.

For information, visit the website:  
[www.uncg.edu/ctr/graduate/prospective.html](http://www.uncg.edu/ctr/graduate/prospective.html).



THE UNIVERSITY OF NORTH CAROLINA  
GREENSBORO

WIN A \$75  
GIFT CARD  
FROM THE  
CAROLINA INN

CAROLINA'S  
FINEST CONTEST

THE BEST PLACES TO  
EAT • SHOP • HANG OUT • LIVE • PLAY • AND MORE!

VOTE NOW!

[dailytarheel.com/vote](http://dailytarheel.com/vote)



# Student’s podcast diffuses controversy

## UNC senior’s podcast focuses on musical fusion

By Nicola McIrvine  
Staff Writer

Senior Immy Schofield loves dropping the “F-word” — “The Musical F-word,” that is.

Musical fusion — the fusion of two genres — is not something those in the music world take lightly. In fact, it has sparked disagreement in the community in recent years.

Schofield, an Asian studies major and music enthusiast, said she became so interested in musical fusion that she researched and created a series of podcasts about the subject.

“Last summer I thought, ‘I should do something that joins my studies and academics,’” she said.

“It was really my attempt to join two different parts of my life while at the same time acquiring new skills.”

Schofield said she believes musical fusion can open doors to show the world that cultures may differ, but they have common ground and can still coexist.

But others are not as open to the idea.

Schofield said many people in the music community believe it is merely a trend that has little impor-

*“(Fusion music) can teach us that cultures do not always need to be separated.”*

**Claire Bennett**  
Friend of student podcaster Immy Schofield

tance. As a result, the idea has faced controversy, leading to the infamy of the “musical F-word.”

Starting roughly a year ago, Schofield said she realized a podcast would be the perfect outlet for her to get the word out about her fascination with musical fusion.

She began taking classes at Duke University on how to build a podcast. During the summer, she then went to Chennai and Delhi, India, interviewing and playing with musicians for her podcasts.

Now, she has launched two episodes of her podcast and plans to launch four to six more episodes before beginning her next phase of research.

Türker Bulut, a senior computer science and economics major, said he met Schofield the summer before their first year at UNC.

“I’m her housemate at the moment, and it’s really amazing to see how she’s taken it from the idea phase to this level,” he said.

“It takes a lot of determination and hard work.”

Bulut said he was introduced to musical fusion through Schofield after previously knowing nothing about it. Claire Bennett, one of Schofield’s closest friends, said she was also recently introduced. She said she learned about its impor-



DTH/EMMA TOBIN

Senior Asian studies major Immy Schofield is currently working on her own podcast called “The Musical F-Word.”

tance and the impact it might have.

“I think fusion music is important to learn about because it can teach us that cultures do not always need to be separated,” she said.

“Musicians have a special talent at taking vastly different styles of music that originate from perhaps

vastly different cultures and marrying the two to make really beautiful music.”

Even on a college campus, Schofield said she feels that the ideas behind her work can have an impact.

“We’re a liberal arts university

where everyone is studying different things,” she said.

“It’s encouraged to have a breadth of education here, and I think cross-culture music is one example of how it can all fit together well.”

*@nicola\_mcirvine  
arts@dailytarheel.com*

# Orange County moves to ban e-cigarettes indoors

## E-cigarettes can lead to secondhand exposure to aerosol.

By Megan Royer  
Staff Writer

Individuals who smoke e-cigarettes may not be able to do so inside bars and restaurants in Orange County much longer.

The Orange County Board of Health sent a memo to town governments, including the Chapel Hill Town Council, directing staff to prepare a policy that would prohibit the use of e-cigarettes in already smoke-free indoor areas of restaurants and bars.

Coby Jansen Austin, senior public health educator at the Orange County Health Department, said research from the Center for Disease Control may suggest negative health effects are not limited to only the users of e-cigarettes.

Austin said since e-cigarettes are relatively new products, they have not been around long enough to study long-term risks. Using e-cigarettes indoors can lead to secondhand exposure to the aerosol, which can irritate the lungs and eyes of people around smokers, Austin said.

“(This is) especially concerning for children with asthma

and other people with respiratory problems,” she said.

Austin also said some local high school students have expressed their concern regarding e-cigarette use by peers.

“(We have seen) an overall increase in tobacco use among youth due to novelty products such as e-cigs,” Austin said.

Mayor Pam Hemminger said in an email that the rise in e-cigarette use by middle school and high school students is equally as concerning as the potential health problems from secondhand exposure to e-cigarette aerosol.

Austin said places like the Chapel Hill Public Library, construction worksites and private businesses have already restricted e-cigarettes.

She said the Board of Health hopes to have a draft of the rule for public feedback by April, and implementation would happen by the fall.

“The county’s process to draft (the) policy will offer an opportunity to educate the public about the hazards and benefits of e-cigarettes for users and others nearby,” Hemminger said.

Hemminger said she anticipates people with strong opinions on both sides of the e-cigarette discussion.

Town council member George Cianciolo said he does not anticipate a lot of opposi-

tion to the potential policy, but that he is concerned about enforcing the policy once implemented.

“You can pass laws, but enforcement of some are more difficult,” Cianciolo said.

“We don’t have enough folks to enforce (all of them).”

Cianciolo said the county and Town Council would need to see if there are problems with enforcing an e-cigarette policy as opposed to a regular cigarette policy.

Town council member Jessica Anderson is also concerned about the enforceability for bars and restaurants.

“It’s on the business owner to enforce it, which is always hard,” she said. “It sounds like (the county is) going to have to take that into account.”

Justin Dreaver, manager of Hickory Tavern in Carrboro, said he does not anticipate problems that may come with a new e-cigarette policy.

Dreaver said he has not seen any customers smoke e-cigarettes inside the restaurant in the time he has been manager.

“I just moved from Florida, and I saw a lot more of that there,” Dreaver said. “Maybe (customers) choose not to (use e-cigarettes) in here. My stance is more neutral. I don’t really have a problem with it.”

*@MeganRoyer  
city@dailytarheel.com*

# Connections, structure key to education’s future

## The final School of Education dean candidate spoke Monday.

By David Doochin  
Assistant University Editor

In a forum Monday afternoon, the third and final candidate for the position of dean of the UNC School of Education, Carole Basile, emphasized the need for “responsive design” and the incorporation of multiple perspectives to address some of the most pressing challenges facing educators today.

Basile has served as the dean of the College of Education at the University of Missouri-St. Louis since 2011 and previously served as a professor of education and chairperson of the Advanced Urban Education program at the University of Colorado-Denver.

In her presentation to a nearly full Toy Lounge in Dey Hall, Basile said schools of education, namely UNC’s, need to be the driving force behind structural changes in education policy.

“I think at the heart of it lies this notion of, ‘How do we look at the systems, the structures and the models, and how do we become the impetus? How do we become the catalyst for how some of these things begin to change?’” she said.

Though Basile’s exposure to UNC has been minimal so far, she said she’s excited about forging connections within the University community by tapping into what she said she had already noticed was a vast array of faculty and resources.

“You have more here than I certainly have in St. Louis,” she said. “You have a medical school. You’ve got these incredible centers. You’ve got all kinds of things that are going on.”

“How do we look across campus to think about how to begin to put that together? You find the low-hanging fruit, and you see where

the people are who want to actually do this and just start to do it.”

Gary Marchionini, the dean of the School of Information and Library Science and chairperson of the search committee, said Basile was one of three candidates chosen from a wider pool of applicants for their superior qualifications and leadership potential.

“We looked at scores of applications,” he said. “We did interviews. We brought people to off-campus for some pre-interviews, and then based on that, we narrowed it down to three people who we thought were exemplary and got them here.”

The other two candidates for the position, Christopher Morphew and Fouad Abd-El-Khalick, gave presentations earlier this month.



**Carole Basile** is currently the dean of the College of Education at the University of Missouri-St. Louis.

Molly Sutphen, the Center for Faculty Excellence’s associate director and teaching and learning coordinator, said Basile’s message of making connections outside the School of Education was one she thought resonated with many people.

“I love her emphasis on creativity and convening and bringing people together,” she said.

Basile made it clear that the future success of any school of education lies in its ability to strengthen and maintain those external connections.

“I really, really believe that a school of education that can honestly and truly honor collective impact is the one that’s going to solve all these complex problems,” she said. “It’s just that simple.”

*university@dailytarheel.com*

# Man freed from Mississippi death row: ‘Racism is still around’

## He spoke as part of a lecture series on race and injustice.

By Blake Hoarty  
Staff Writer

After 23 years in prison and five years on Mississippi’s death row for murder, Gary Griffin is a free man.

But he admitted he is not innocent.

Gary Griffin and his lawyer, Ken Rose, senior staff attorney for the Center for Death Penalty Litigation, spoke Monday as part of the “Race, Innocence and the End of the Death Penalty” lecture series.

As of January 2016, capital punishment is legal in 31 states in the U.S. North Carolina hasn’t carried out a death penalty punishment since 2006.

“Today, racism is still around,” Griffin said in an interview.

“We see that with police shootings, gerrymandering, red lining of housing, so it seemed like we were worse off in 2016 than we was in 1985. We haven’t made any progress.”

Griffin said students are vital to the change he said society needs to see.

“It was the student movements of the ‘50s, the ‘60s and ‘70s that brought about change,” he said. “And we gonna need you guys to bring about change this time.”

Griffin said he wanted others to become

passionate about social change after hearing his lecture.

“I speak to inspire others to stand up, to reevaluate their values and their opinions of what they see in front of them,” he said.

Political science professor Frank Baumgartner said this lecture series has a theme of injustice in crime and punishment. The series is hosted by Baumgartner’s class of the same name and the political science department.

“The entire series is about the issues related to innocence, racial disparities in the criminal justice system, the death penalty in particular and whether the death penalty is really something that is worth it,” he said.

Baumgartner said the lecture was important to his class, but he said that was not the only reason he hosted it.

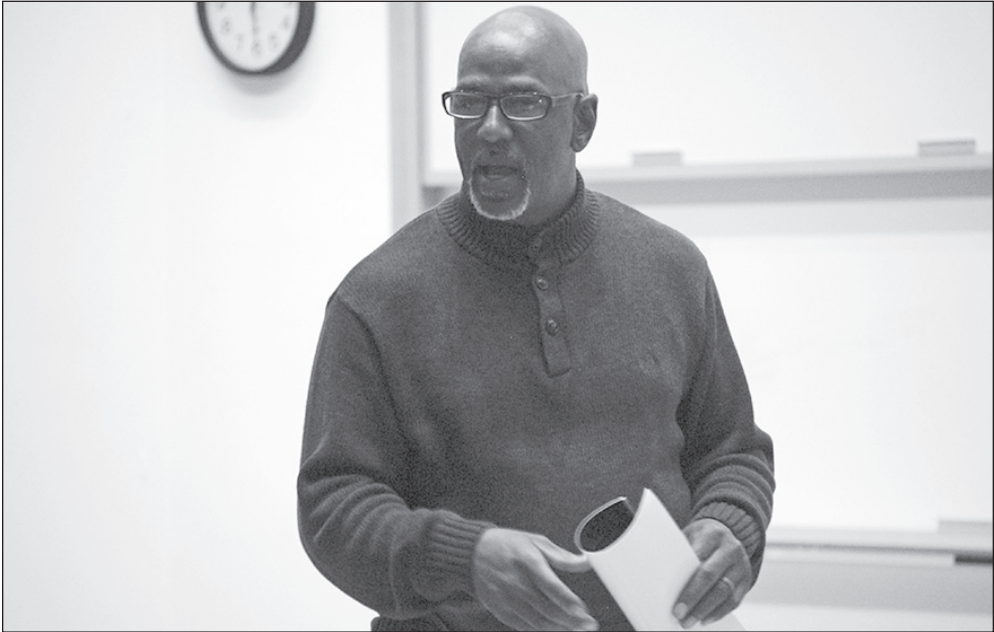
“I think that the people that come in with these personal stories can convey to the students in a way that I could never do,” he said.

Baumgartner said he respects different opinions on capital punishment.

“I am personally opposed to it in the absolute because I do not believe in killing. However, I understand that other people differ on that,” he said.

“I think what we can agree on is whether the system is worth the administrative problems, and I think that’s where we can reach common grounds on the facts and evidence.”

Rose said the lecture was about more than



DTH/VERONICA BURKHART

Gary Griffin spent five years on Mississippi’s death row before his death sentence was overturned.

the death penalty.

“It’s about prison (and) mass incarceration,” Rose said in an interview.

“It’s about the death penalty. It’s about the focus of society on incarceration over education, over childhood welfare, over other things we could be spending our resources on that would have a greater impact on the

health and welfare of many of our population.”

Griffin said he was well aware he could not undo the wrongs he has done.

“If I can’t help anybody, then I am surely not going to hurt them,” he said.

*university@dailytarheel.com*



Are you a millennial who drinks wine?

Compiled by staff writer Megan Cross  
Photos by Zhenwei Zhang

According to NBC Chicago, millennials are responsible for drinking nearly half the wine consumed in the U.S. We asked students their thoughts on wine.

Rithi Sridhar

Junior, biology major



*"Have you seen those boxes of Franzia at Walmart? You get a bang for your buck. So, that's a big reason. Besides that, a lot of it is sweet, so I like that about wine."*

Laura Weng


Junior, biochemistry major



*"I think wine has a major social factor, you know, like something that you drink when you're among friends. It's like a facilitator. It helps people bond."*

Cara Schumann

Junior, journalism major



*"It's a really share-able drink. You can buy a bottle or two of wine and sit down with a group of friends, and you can all have a glass of wine, and it's really nice and enjoyable."*

Kirklin Smith


Junior, biology major



*"It's cheap, and it gets you where you need to be faster."*

Ben Eggleston

Junior, computer science major



*"... If you just want to sip on something, you've got basically a choice between beer and wine. I bet we drink a lot of beer too. It just comes down to personal preference."*

Hiren Gihwala

Sophomore, political science major



*"First off, I hear wine is far healthier than beer. Also, wine is classier. You know, if you go on a date you don't want to drink beer. You want to drink wine, right?"*

Nonprofit helps immigrants with possible DAPA program

By Camila Molina

Staff Writer

Chapel Hill nonprofit Immersion for Spanish Language Acquisition gathered Saturday to discuss potential new immigration policies for immigrant families.

The information session aimed to prepare families for the possible implementation of Deferred Action for Parents of American and Lawful Permanent Residents, known as DAPA, and expansion of Deferred Action for Childhood Arrivals, known as DACA.

The DAPA program, created by President Barack Obama in 2014, provides temporary relief from deportation and work permits to undocumented parents of U.S. citizens or lawful resi-

dents. Similarly, DACA allows people who meet certain qualifications, such as entering the U.S. before their 16th birthday, to acquire a valid U.S. work permit.

While students in the language program attended their three-hour Spanish class, about 40 parents gathered in another classroom at St. Thomas More Catholic School to discuss the requirements to qualify for DAPA.

Stefania Arteaga, a volunteer from the Latin American Coalition, urged the parents to have proof of identity and residency ready by June to apply for DAPA, with the expectation that the Supreme Court will support Obama's executive actions.

Undocumented immigrant parents must have proven con-

tinuous residency in the U.S. since before Jan. 1, 2010, and must pass a background check.

"Start building relationships with lawyers now," Arteaga said, repeating that an immigration lawyer was the best source to confirm eligibility for DAPA.

She also urged parents not to let U.S. Immigration and Customs Enforcement officials into their homes unless they present a search warrant with the correct name.

"I have more information to defend myself now," Chapel Hill resident Alberto Calderon said. "ICE needs to have a search warrant to enter a home. I didn't know that before."

Calderon first heard of DAPA at the meeting, a program he could qualify for

since his two youngest children were born in the U.S.

Jenice Ramirez, executive director of the language program, said this meeting was necessary because there are few immigration resources in the community for undocumented families.

"Many are afraid to ask questions," Ramirez said. "We wanted to have a space for the community to come forward to ask questions. What happens here, stays here."

Last year, the 5th Circuit Court of Appeals in New Orleans blocked the implementation of DAPA and expansion of DACA.

The Supreme Court will decide the constitutionality of Obama's immigration executive actions this June. If the Supreme Court reverses the



DTH/CAMILA MOLINA

The Chapel Hill nonprofit Immersion for Spanish Language Acquisition gathered to discuss immigration policies on Saturday.

lower court's decision, more than 3.9 million undocumented immigrants could be granted relief from deportation and work legally in the U.S.

Next month, the language program will host a discussion with an immigration lawyer, which will be open to the public.

city@dailytarheel.com

DTH Classifieds

DTH office is open Mon-Fri 9:00am-5:00pm

Line Classified Ad Rates

Private Party (Non-Profit)

Commercial (For-Profit)

25 Words.....\$20.00/week

25 Words.....\$42.50/week

Extra words...25¢/word/day

Extra words...25¢/word/day

EXTRAS: Box: \$1/day • Bold: \$3/day

BR = Bedroom • BA = Bath • mo = month • hr = hour • wk = week • W/D = washer/dryer • OBO = or best offer • AC = air conditioning • w/ = with • LR = living room

To Place a Line Classified Ad Log Onto

www.dailytarheel.com/classifieds or Call 919-962-0252

Deadlines

Line Ads: Noon, one business day prior to publication

Display Classified Ads: 3pm, two business days prior to publication

Announcements

NOTICE TO ALL DTH CUSTOMERS

Deadlines are NOON one business day prior to publication for classified ads. We publish Monday thru Friday when classes are in session. A university holiday is a DTH holiday too (i.e. this affects deadlines). We reserve the right to reject, edit, or reclassify any ad. Please check your ad on the first run date, as we are only responsible for errors on the first day of the ad. Acceptance of ad copy or prepayment does not imply agreement to publish an ad. You may stop your ad at any time, but NO REFUNDS or credits for stopped ads will be provided. No advertising for housing or employment, in accordance with federal law, can state a preference based on sex, race, creed, color, religion, national origin, handicap, marital status.

NEW MULTI CULTURAL CHURCH THE POWER OF RHEMA. STARTING FEBRUARY 28, 2016. SUNDAY WORSHIP 12:30PM, CARRBORO CENTURY CENTER. 100 North Greensboro Street (lower level). For info: 984-255-8626. powerofrhema@gmail.com. CASUAL ATTIRE WELCOME.

Child Care Wanted

LONG TERM AFTERSCHOOL and holiday CHILD CARE needed for 2 elementary school aged, sweet, loving, good natured boys (8 and 11). School term weekday hours 2:30-6:30pm. Essentially would take role of a part-time nanny. Prefer part-time graduate student or grad student spouse. Need to have car and drive, some cooking, but most of all fun and mature stable caretaker to develop lasting relationship with kids and family. Email: hroth@neurology.unc.edu or phone 919-968-8133.

CARRBORO FAMILY LOOKING for summer child care for 18 month-old and almost 6 year-old. Mid-June thru July (can be flexible about dates for right person). 9ish-Sish. Experience, references required. kimbrarian@gmail.com.

For Rent

FAIR HOUSING

ALL REAL ESTATE AND RENTAL advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention to make any such preference, limitation, or discrimination." This newspaper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis in accordance with the law. To complain of discrimination, call the U. S. Department of Housing and Urban Development housing discrimination hotline: 1-800-669-9777.

For Rent

4BR/2.5BA HOUSE NEAR CAMPUS. 3 blocks to Franklin Street, this house is located across from Chapel Hill town hall. Available June 1, \$2,340/mo. Text Fran Holland Properties at 919-630-3229 or email hollandprop@gmail.com.

MERCIA RESIDENTIAL PROPERTIES: Now showing and leasing properties for 2016/17 school year. Walk to campus, 1BR-6BR available. Contact via mercia rentals.com or 919-933-8143.

4BR, WALK TO CAMPUS. Charming 4BR/1BA cottage in the heart of Chapel Hill. Hardwood floors, parking, available. 2016-17 season. www.hilltopproperties.net or 919-929-1188.

STUDIO APARTMENT: Semi furnished, overlooking Morgan Creek Valley. Fireplace, full kitchen, gas range, bath, sleeping alcove, main deck. Ideal for graduate student or professional. Bike or drive to campus. Bus from Southern Village. \$625/mo. Includes water. Sorry, no pets. Leave message: 919-967-7603.

BEST LOCATION DOWNTOWN. 400 West Rosemary 3BR/2BA luxury condo, W/D, garage, rooftop deck. Available June 16. \$1,950/ mo 919-475-4246 call or text Bobbie, Tarheel Prime Rentals.

Help Wanted

PART-TIME OFFICE ASSISTANT

Chapel Hill company looking for weekly office help. Duties include moving boxes to from warehouses and other odd jobs related to a publishing business. Must have a valid NC driver's license and clean driving record. Interested candidates should email resume to personnel@journalistic.com...

IDEAL FOR STUDENTS: Summer job in Charlotte NC. Office assistant in SouthPark area. May thru July, M-F 8:30am-5:30pm. Call Susan, 980-335-1251, 704-365-8070.

LEGAL ASSISTANT: Carolina Student Legal Services is seeking candidates for its legal assistant position to begin July 1, 2016. Duties include typing, filing, reception, bookkeeping and legal research. Knowledge of Microsoft Office and Macintosh computers is a must. Experience with website development is helpful but not required. This is a full-time position, M-F 8:30am-5pm, requiring a 12 month commitment starting on July 1, 2016 and ending on June 30, 2017. Perfect for May graduate who wants work experience before law school. Salaried position includes generous benefits package. Mail resume with cover letter as soon as possible but no later than March 24, 2016 to Fran Muse, Director, Carolina Student Legal Services, Inc., PO Box 1312, Chapel Hill, NC 27514. CSLS Inc. is an Equal Employment Opportunity employer.

BUSY EXECUTIVES NEED help with office activities, dog care. MS OFFICE essential. QuickBooks a huge bonus. Full-time or part-time M-F. Starting immediately as schedule permits. If you like Labs, this will be your best job ever. Email resume: judia@kroegerpr.com. t

SWIM CLUB MANAGER. Experience in summer camp and swimming programming, personnel management, facility maintenance and marketing are desirable. Lifeguard and Pool Operator Certifications required (or willing-ness to obtain). For detailed job description go to http://www.sssrc.org/Employment.html. Send cover letter, resume and 3 references to office@sssrc.org.

CAROLINA LIVERY HIRING full-time, part-time office assistants, event coordinators for spring, summer. Evening, weekend hours available. Excellent compensation. Minimum GPA 3.2. Email BeckyMcMorrow@CarolinaLivery.net with your availability to receive a more detailed job description.

Help Wanted

Want to earn extra money??

We have positions available immediately, no experience necessary- you just need to be excited about coming to work and helping others! Various shifts available 1st, 2nd and 3rd. Entry-level pay starting up to \$11 per hour. Visit us at jobs.rsi-nc.org!

Misc. Wanted

HAIR MODELS NEEDED: Male and female models needed for color and cut. Avant garde styles and color. Email urbanfringemodls@gmail.com for more info.

Summer Jobs

SUMMER EMPLOYMENT: The Duke Faculty Club is hiring camp, counselors, lifeguards, swim coaches and instructors for Summer 2016. Visit our website (facultyclub.duke.edu) for applications and information.

Travel/Vacation

BAHAMAS SPRING BREAK


\$189 for 5 DAYS. All prices include: Round trip luxury party cruise, accommodations on the island at your choice of 10 resorts. Appalachia Travel. www.BahamaSun.com, 800-867-5018.

Volunteering

HEALTHY VOLUNTEERS NEEDED. We are looking for individuals between the ages of 18-33 non-smokers and healthy. You will receive 1 free physical exam, blood drawn and breathing tests. This study requires 5 visits in 6 weeks. Compensation up to \$1,500. For more information please call FEFA EPA Recruitment at 919-966-0604 or visit www.epastudies.org.

QUESTIONS About Classifieds? Call 962-0252

HOROSCOPES



If February 23rd is Your Birthday...

Today's Birthday (02/23/16). Your career thrives this year with action. Make personal changes (after 3/8) and update shared financial accounts (after 3/23). Jupiter enters Libra (9/9), for a profitable two-year phase. New romance inspires a collaboration (after 9/1), leading to personal discovery (after 9/16). Play together.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries (March 21-April 19)

Today is a 6—Choose private over public responsibilities. Be patient with a resister. Make no assumptions. Something you try doesn't work. You don't need to respond. Wait and recharge. It takes discipline to refrain from automatic reactions. Listen.

Taurus (April 20-May 20)

Today is a 7—A turning point arises in your service, health and work efforts. Discover a structural problem. Handle responsibilities on time. Expect an emotional impact at work. Define the schedule carefully. Speak from the heart.

Gemini (May 21-June 20)

Today is a 5—Changes at home interrupt your routine. Don't strain the budget. Consider potential costs or ramifications before taking on new projects. Can you use something you already have? Ask family for ideas. Finish what you begin.

Cancer (June 21-July 22)

Today is a 7—Take on a challenge. Go for substance over symbolism in your report. Present the pros and cons. Don't skimp on fact checking. Include your discoveries in a larger conversation. Share with your networks.

Leo (July 23-Aug. 22)

Today is an 8—Review your finances. Consider and plan for big changes in the future. Tailor your budget to account for your plans. Determination works. Keep your word and business grows. Slow, steady steps reach the goal.

Virgo (Aug. 23-Sept. 22)

Today is an 8—What would you like to learn? Dream up a plan. Find out what it would take, and begin. It probably won't go as planned. Let people know what you're up to. Envision personal goals.

Libra (Sept. 23-Oct. 22)

Today is a 5—Slow down and think it over. Take time to absorb recent news. Rid yourself of a thorn. Old assumptions get challenged. A new conversation has your interest. Use your own good sense.

Scorpio (Oct. 23-Nov. 21)

Today is a 6—Group efforts take a new direction. Clarify priorities and goals, and then sort out who will do what. Create a fun game to play. Find commonalities and share resources. You can do more for less together.

Sagittarius (Nov. 22-Dec. 21)

Today is a 7—Doubts come to the surface. Your professional limits are being tested. Don't make expensive promises. Make things easy on yourself. Follow the money trail. Avoid stepping on toes. Ask nicely. Keep it respectful.

Capricorn (Dec. 22-Jan. 19)

Today is a 7—Travel calls. It doesn't need to be distant. Begin a new phase in an exploration. Outdoor recreation is in the realm of possibility. Gourmet dining is on. Keep your feet on the ground.

Aquarius (Jan. 20-Feb. 18)

Today is a 6—Work together on financial matters. Get the paperwork done and filed. Resolve priority differences. There's a conflict with the status quo... something needs to change. Determine best options. Look for hidden opportunities. Align on purchases.

Pisces (Feb. 19-March 20)

Today is a 7—Begin a new phase in a collaboration. A crazy scheme could work. Think it through before committing time or money. Get expert coaching. Think fast under pressure. Remain sensitive to another's feelings. Test theories.

(c) 2016 TRIBUNE MEDIA SERVICES, INC.

Closest Chiropractor to Campus!

919-929-3552

Voted BEST in the Triangle!

Dr. Chas Gaertner, DC



NC Chiropractic

304 W. Weaver St.

Keeping UNC Athletes, Students, & Staff well adjusted

Now in Carrboro! • www.ncchiropractic.net

UNC Community

SERVICE DIRECTORY



STARPOINT STORAGE

NEED STORAGE SPACE?

Safe, Secure, Climate Controlled

Hwy 151-501 South & Smith Level Road (919) 942-6666



# UNC fencing finds success at Philadelphia Invitational

## The men's and women's teams both went 3-2 on Sunday.

By Sam Doughton  
Staff Writer

For the North Carolina fencing team, the wait was more than worth it. The UNC men's and women's teams both finished 3-2 at Sunday's Philadelphia Invitational, which was postponed because of weather in January. The men's team defeated Lafayette (21-6), Haverford (17-10) and Drew (22-5), while falling to the New Jersey Institute of Technology (18-9) and Penn (17-10). The women's team defeated NJIT (20-7), Haverford (22-5) and Drew (25-2), while losing close meets to Cornell (16-11) and Penn (14-13). Coach Ron Miller said he was pleased with his teams'

performance, calling it one of the team's most complete performances this season, especially considering the competition. Miller said he was pleased to see each of the weapons groups pick up points in bouts and believed there was a really good balance between all three weapons; that no weapon had to carry another for points. "The main thing is consistency is starting to pick up," Miller said. "I really can't be disappointed with what we did this weekend." Top individual performances included those from women's sabre starters Noa Allen, Meredith Bozentka and Sarah Hanvy. Allen finished 13-2, while Bozentka and Hanvy went 12-3 and 11-4, respectively. These three formed the only UNC women's weapon class to beat Penn. First-year Sydney Persing led the way for UNC with a 9-4 record in women's foil, while sophomore Sara

Moreno and first-year Erin O'Neill both finished with 9-6 records in women's epee. On the men's side, first-year Matthew Garrellick finished with a 12-2 record with the sabre, while senior Alexander Burte compiled an 8-2 record with the foil. **Quotable** "Some of our weapons could challenge for the top two, definitely top three ... We're peaking at the right time." — Miller on his teams' expectations for the ACC Championships. **Notable** Miller said first-year foil Alicia Chen qualified to compete in regional competition after going 7-1 in her bouts. **3 numbers that matter** 6: UNC shut out an opposing team's weapon



DTH/ZHENWEI ZHANG

First-year sabre fencer Matthew Garrellick faces a Duke student in a match on Feb. 6.

class six times. 0: UNC wasn't shut out in any weapon class. 13: The Tar Heels competed in 13 events decided by

a single bout.

### What's next?

UNC competes in the

ACC Championships on Saturday and Sunday in South Bend, Ind. @sjdoughton sports@dailytarheel.com

## WARNING SIGNS

FROM PAGE 1

life I think ... I would have been able to focus, been able to achieve what I'm capable of achieving. But I'm just not at my full potential if I feel this way all the time." The challenges that drove Charlotte away from biology had been her norm for so long that identifying the warning signs became a personal hurdle. For many students who face challenges like Charlotte's, the warning signs of mental illness are likely to be swept in with the cultural norms of a college campus. Allen O'Barr, director of counseling and psychological services, characterizes warning signs of mental illness as a change of baseline — a change in attitude, in sleep patterns, sexual appetite, general disposition. "When sleep and appetite go off, it's generally an indication that something biologically has changed," he said. Warning signs that might be glaringly obvious under different circumstances are often dampened by a typical college environment, particularly at the beginning of a student's four years. Changes in sexual habits are written off as the college experience. High stress and changes in sleep patterns are attributed to more challenging academics. And close friends or family who could recognize the change in baseline are often back home and oblivious to emerging problems. "This is a place where the individual themselves is looking for their own change in baseline," O'Barr said. "If you're looking at your friends who've you known for only a month or two months, you're basically judging them on where they are at that point."

Intuition, education and communication are important tools for identifying warning signs in a college environment, O'Barr said. "If it's somebody you can talk to, you can say, 'I noticed you're kind of socially withdrawn,' or 'I noticed you're kind of edgy. You always been that way?'" he said. "In the risk-to-benefit ratio, it's way better to risk the over-diagnosis than it is to under-diagnose." But college campuses are often short on the key demographic to ask the necessary questions, O'Barr said. "Part of what we miss in this culture is mentors. We miss the elder," he said. "We have some of that, we don't have a lot of that." What you find instead are 20-somethings teaching 20-somethings, and not always to the collective benefit. That's where Tara Bohley and the Behavioral Healthcare Resource Program hope to enact change. Bohley directs the program aimed at training UNC staff and faculty to engage with students who come to them about mental health. "What we're trying to do with faculty and staff is be able to have them get more comfortable with asking follow-up questions," Bohley said. The program held its second round of training on Feb. 10 and has seen significant interest from library and

athletics staff, Bohley said. Though students can enroll in the course, the program right now is geared toward faculty and staff because they'll theoretically be at UNC longer. Early intervention is key to the successful treatment of a mental disorder, Bohley said, and college is the most important time to tackle it. People between the ages of 18 and 25 are most vulnerable to mental illness, she said, with 75 percent of all mental disorders already developed by age 24. But college can also be one of the most difficult times to address mental illness. "Unfortunately, or fortunately, it takes true face-to-face time," O'Barr said. "And yet the most costly thing we have in society right now is individual facetime ... How do we take a university of 30,000 students, basically, and God knows how many faculty and staff, and go back to the individual relationship?"

university@dailytarheel.com

## FACULTY

FROM PAGE 1

the Southern Association of Colleges and Schools Commission on Colleges in a letter about UNC's accreditation earlier this academic year. Dean said the way UNC is interpreting the letters shows it has met the concerns and is up to standards. "We've done all the things we've said we're going to do, and they're making a big difference," Dean said. Joe Ferrell, secretary of the faculty, raised concerns that many faculty seats are open on various committees. "People are not clamoring to serve on the (Faculty) Athletics Committee," Ferrell said. The final topic discussed by the committee was the implementation of chief integrity officers to monitor the academic environments in schools. "(It's an) open, transparent process to ensure nobody's above the law," Cairns said.

university@dailytarheel.com

## MILLENNIALS

FROM PAGE 1

suing valuable experiences in preparation for the time when they will enter the workforce. "Millennials realize that they're going to be more responsible for their own futures, and so they have to acquire the skills to make it in the labor market — they have to take control of their own lives," he said. "This also speaks to the issue of having meaningful experiences, which makes you a more well-rounded and skilled person." Frank said his hard work in school, his years of savings, and his desire to experience all he can before entering the workforce motivated his spending. "I'm about to go be a real person, and soon, I won't be able to take a summer off. I'm at a juncture in my life where I can go and pursue these things," he said. "I worked hard for four years — let me lean into the indulgence for a little bit." @mmorganpaigee arts@dailytarheel.com



# CAROLINA SPORTS RUNDOWN

Wednesday, February 17

**#9 M. Basketball vs. Duke**

9:00 PM - Dean E. Smith Center

Thursday, February 18

**W. Basketball vs. Pittsburgh**

7:00 PM - Carmichael Arena  +2

Friday, February 19

**Softball vs. Northwestern**

5:00 PM - Anderson Softball Stadium

Saturday, February 20

**#2 W. Lacrosse vs. #1 Florida**

11:00 AM - Fetzer Field

**#9 M. Basketball vs. #12 Miami**

1:00 PM - Dean E. Smith Center

**#5 M. Lacrosse vs. Hofstra**

2:00 PM - Fetzer Field

**Softball vs. Northwestern**

3:30 PM - Anderson Softball Stadium

**Softball vs. Illinois**

6:00 PM - Anderson Softball Stadium

Sunday, February 21

**Softball vs. Illinois**

12:30 PM - Anderson Softball Stadium

**W. Basketball vs. NC State**

1:00 PM - Carmichael Arena  +2

**#1 M. Tennis vs. Wofford**

1:00 PM - Cone-enfield Tennis Center



FREE ADMISSION FOR ALL UNC STUDENTS, FACULTY & STAFF WITH VALID UNC ONECARD (EXCLUDES FB/MBB FOR FACULTY & STAFF)

 FACEBOOK.COM/TARHEELS

 @GOHEELS

games



# SUDOKU

THE SAMURAI OF PUZZLES By The Mephem Group

© 2015 The Mephem Group. All rights reserved.

Level: **1** 2 3 4

						5	3
8			4	3	5		
	5	6				8	
		1	8	7			
7	4						9
							2
				4	1		
						9	8
			2	5	1		4
1	6						

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9.

Solution to Monday's puzzle

2	8	7	9	6	4	1	5	3
5	1	3	8	2	7	9	6	4
6	9	4	5	1	3	8	2	7
8	3	5	2	4	6	7	1	9
7	6	1	3	9	5	4	8	2
9	4	2	7	8	1	6	3	5
3	2	9	6	7	8	5	4	1
4	7	8	1	5	2	3	9	6
1	5	6	4	3	9	2	7	8



# dailytarheel.com/classifieds

find a job • buy a couch • sell your car

Los Angeles Times Daily Crossword Puzzle

Across

1 Egg-shaped tomato

5 Molecule part

9 Winter outerwear

14 Suit on a board

15 Plumber's piece

16 Playful trick

17 One raising a hand (TN)

19 Pedro's "I love you"

20 Answer (for)

21 More confident

22 Wedge-shaped arch piece (PA)

26 Byzantine or Roman (NY)

27 Many California wines

28 Motel charges

30 Hockey legend Bobby et al.

31 Milk: Pref.

32 Abbr. for some Garden State senators

35 Piled-high hairdo (UT)

38 Fictional Korean War surgeon Pierce (IA)

40 '60s radical gp.

41 Loved ones

43 Tribulations

44 Coeur d'\_, Idaho

45 One of the Musketeers

46 At an earlier date (OK)

49 Word in a fair forecast (FL)

52 Part of USDA: Abbr.

53 Top grade

54 Below, poetically

55 What seven puzzle answers are with reference to abbreviations in their clues

60 Clorox tropical fish

61 Genealogy diagram

62 Course with ratios

63 "Save me \_"

64 Ranch group

65 Seek divine intervention

Down

1 Sermon giver: Abbr.

2 Tic-tac-toe loser

3 Actor Gibson

4 Puncture prefix

5 Likely will, after "is"

6 Attach with string

7 Tennis period since 1968

8 Trivial

9 "Bee's knees" equivalent

10 Gets the better of

11 Video game pioneer

12 Microwave beeper

13 Composer's creation

18 Washington MLB team

22 Drawer openers

23 Dog\_ : folded at the corner

24 Belgian city where the In Flanders Fields Museum is located

25 Window framework

26 James of jazz

29 German cries

31 Tilt

32 Indian metropolis

33 Paintbrush bristles material

34 James of the Old West

36 Small talk

37 Change course suddenly

39 \_ and kin

42 Breathe

44 "Peer Gynt Suite" dancer

45 Part of NBA: Abbr.

46 Seasonal gift giver

47 Curved moldings

48 Deliver a speech

50 Stomach problem

51 Microwaved

53 Lit. collection

56 Band equipment component

57 Blemish

58 Pilot's prediction: Abbr.

59 Bashful

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
					20				21			
22	23	24	25					26				
27							28	29				
30							31				32	33
34							35				36	37
							38				39	
40							41				42	
							43				44	
46	47	48					49	50	51			
52							53					
54							55				56	57
60							61				62	
63							64				65	



PAIGE LADISIC EDITOR, 962-4086 OR EDITOR@DAILYTARHEEL.COM  
SAM SCHAEFER OPINION EDITOR, OPINION@DAILYTARHEEL.COM  
TYLER FLEMING ASSISTANT OPINION EDITOR

EDITORIAL BOARD MEMBERS

ISHMAEL BISHOP  
CAMERON JERNIGAN  
ZACH RACHUBA  
KATE STOTESBERY

CHRIS DAHLIE  
JACK LARGESS  
VISHAL REDDY

TREY FLOWERS  
GABY NAIR  
JACOB ROSENBERG



Alice Wilder  
Friends, Waffles, Work  
Junior women's and gender studies major from Baton Rouge, La.  
Email: awwilder@live.unc.edu

The Women's Center is for you

There are a couple of places I go on UNC's campus when the world feels overwhelming and I need some help handling what the day is throwing at me.

If my day is overwhelming and I need to get away, to feel safe, I walk down South Road toward the Sonja Haynes Stone Center. It's one of the most beautiful buildings on campus, and it holds one of my favorite places at UNC: the Carolina Women's Center.

On a normal day, I come into the Women's Center and collapse onto the couch, make myself a cup of tea and chat about my day with Cassidy, Shelley and Clare, the wonderful staff. They consistently affirm whatever feelings I'm having and encourage me to be brave and listen to my instincts.

On tough days I'll walk into the Women's Center and head straight to Cassidy Johnson's office. Cassidy is the gender violence services coordinator and one of my very favorite people on campus. Her entire job is to be a confidential advocate for anyone who is experiencing, or has experienced, gender-based violence. No matter what their gender identity.

When I experienced sexual violence and needed to push back an exam, she coached me through the entire process and assured me that everything I was feeling was valid. She's always the first person I recommend when a friend is dealing with any gender-based discrimination or violence because she always treats survivors with respect and warmth. UNC would be a much better place if we had, like, 20 of her. Seriously, everyone should be throwing money at the Women's Center because there is a great need for confidential advocates.

On busy days when I feel overwhelmed but I don't want to go to the library, I'll set up shop at the Women's Center. More often than not, I'm at the Women's Center not because I'm in crisis but because it just feels good to be there, among so many people who care deeply about making UNC a better place.

Clare Counihan serves as the program coordinator for faculty and staff — she works to make UNC a safe, equitable workplace. I'm especially excited about the work she does around expanding breastfeeding locations around campus and ensuring that staff have access to child care.

Shelley Gist is the program coordinator for students, and she's responsible for many of the amazing events that the Women's Center hosts, like their monthly coffee conversations, informal discussions focusing on the role that gender plays in the lives of college students. She also manages tons of interns and work-study students. If you've been to an amazing, gender-focused event on campus, Shelley was probably behind it.

It's really easy to take places like the Women's Center for granted because we see them as just another item on a list of campus resources. So if no one has told you before, I'll do it now — the Carolina Women's Center is a real place on campus, the staff is here for you and they want to help you and support you on good days and bad.

NEXT

It's Nothing Personal  
Chirayu Gosrani evaluates events with an eye toward race.

Opinion

QUOTE OF THE DAY

"If I can look back on a memory or an experience or something of that nature, then that does carry a lot of sentimental value for me."

Conner Frank, on prioritizing experiences over material objects

FEATURED ONLINE READER COMMENT

"I hope that one day we can get to place where everyone feels like they look like a leader and will be given a fair shot regardless of identity."

Katie M. Turner, on why women don't run for student body president

LETTERS TO THE EDITOR

Homelessness is not an appropriate costume

TO THE EDITOR:  
To the member of Kappa Delta that dressed as a homeless person for a party:  
Not even 40 feet outside of your sorority, there are people experiencing homelessness on Franklin Street.

Do you see them? Do you understand that they are victims of a racist and classist social structure that systematically oppresses them, and that by making a joke out of their situations, you're perpetuating that oppression?

A sign you held said, "Will twerk 4 topperz." We are disgusted.  
To the KD members who didn't wear the costumes, but were present at the party:

Your silence is complicity, and it equally perpetuates the structure that keeps people homeless.

The events at KD are not isolated (i.e., The incarceration-themed party, "Kappa Kops," held by Kappa Kappa Gamma and Delta Sigma Phi at Duke on Feb. 17). How is it that students can make it through four years of higher education without realizing the gravity and reality of homelessness, institutional racism and white supremacy?

These costumes and parties normalize and obscure a system that disproportionately targets and brutalizes low-income communities and communities of color.

The very systems that oppress people experiencing homelessness allow you to frivolously have fun on a Saturday night in your manicured house, surrounded by your comfort, money and whiteness. Take a moment to think about the immense privilege you have — you left the party, you went home and you left your "homelessness" as a bundle of clothes on the floor.

Regan Buchanan  
Junior  
Geography and global studies

Lauren Eaves  
Sophomore  
Biology

Campus Y Co-Presidents-elect

How to support the new archivist position

TO THE EDITOR:  
We in the Southern Historical Collection were delighted and gratified to read your editorial about efforts to make permanent the position of African American Collections and Outreach Archivist.

Your support and advocacy help bring us closer to that goal.  
There are so many

Le Ho  
First-year  
Philosophy

SPEAK OUT

WRITING GUIDELINES

- Please type. Handwritten letters will not be accepted.
- Sign and date. No more than two people should sign letters.
- Students: Include your year, major and phone number.
- Faculty/staff: Include your department and phone number.
- Edit: The DTH edits for space, clarity, accuracy and vulgarity. Limit letters to 250 words.

SUBMISSION

- Drop off or mail to our office at 151 E. Rosemary St., Chapel Hill, NC 27514
- Email: opinion@dailytarheel.com

EDITOR'S NOTE: Columns, cartoons and letters do not necessarily represent the opinions of The Daily Tar Heel or its staff. Editorials reflect the opinions of The Daily Tar Heel editorial board, which comprises 10 board members, the opinion assistant editor and editor and the editor-in-chief.

EDITORIAL CARTOON By Emily Yue, emyue@email.unc.edu

figure 1: me thinking about participating



figure 2: the subject changes



EDITORIAL

Mystical tourism

GAA-planned trips are neocolonial and wrong.

The General Alumni Association's advertisement of an 18-day trip to "Mystical India" is inappropriate.

The UNC General Alumni Association might have begun soliciting donations as early as your sophomore year at UNC, and soon after your graduation, it will ask for more money. Just a bit, careful not to make you feel trod upon, intent on getting you into the habit of giving, hoping you will make it big.

Some time after graduation, the powers that be will determine that by now you should have made it big, leveraging your diploma to provide for a "comfortable" lifestyle. Join us, the General Alumni Association, sounds the siren call. Relive the adventures of university life in the company of other Tar Heels. Make real on UNC's worldly promise; explore the globe! Be reminded of why you should give back to UNC!

The practice of arranging alumni junkets is commonplace; UNC is not alone in facilitating global tourism to retain wealthy alumni support.

"Mystical and spiritual," the advertisement gushes, "chaotic and confounding, India overflows with riches."

This language runs counter to the work of our

professors and ignores the efforts of the University to understand, dismantle and rise from the violent history of colonialism.

The GAA might reconsider the endorsement of a trip from which the University hopes to glean a hefty donation, among other memories, an alumnus' satisfaction with a "home-hosted dinner with a multi-generational Rajasthan family."

First, the GAA should rewrite the trip description. The current version profits from antiquated myths leftover from an imperial obsession with "The East." The description of a "Mystical India" erases the real experiences and history of people living in the space we now refer to as India.

UNC is not removed from colonialism. As with slavery, our history is intimately tied to it.

The work of three chemists is forever enshrined in our halls, landmarks and endowments. The capitalization by Morehead, Venable and Kenan of Morehead's accidental production of calcium carbide and acetylene gas proved a long-term financial and public relations windfall for UNC.

When we talk about UNC and India, we should remember the 1984 Bhopal gas catastrophe, an event the BBC called "the world's worst industrial disaster." An accident at the Bhopal plant of Union Carbide India Ltd., a spinoff company of John Motley

ADVICE COLUMN

You Asked For It

In which we deal with failure's sting and plan your perfect party.

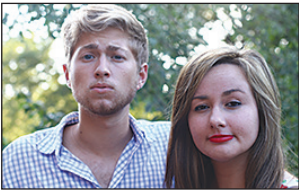
Kelsey Weekman (Make Twitter Great Again) and Drew Goins (Drew!) are the writers of UNC's premier (only!) satirical advice column. Results may vary.

You: I totally bombed that midterm. How can I recover?

You Asked for It: You are defined by more than your grades. But remember that grades are obviously more important than your sleep, social interaction and mental health. So looks like you actually really hecked up!

Know that at some point, everyone has failed. (This does not include Beyoncé, hopefully your doctor or Drew.)

To cheer up, do something you're good at, like maximizing your plate in the dining hall or neglecting your reading homework. Learn from your basic mistakes. Next time, save precious study time by breathing less. Offer your professor a more personalized bribe instead of the usual. Delete your Facebook account and demand people talk to



Drew Goins and Kelsey Weekman

Senior writer and online managing editor  
Submit your questions: bit.ly/dthyafi

you through StudyBlue.

Change your habits. Instead of buying into the myth of learning styles, study according to your horoscope. Flash cards are in your future, Leo. Try audio recordings of the lecture, Virgo. Drop the class, Gemini.

You: How do I throw the perfect rager?

YAFI: Picking a strong theme for your soiree is tantamount. You want something chic but not overbearing, along the lines of "Old World rustic," "earth-tone inspired" or "Beer Olympics 2016 plz plz BYOB y'all."

No matter what the theme, you're going to want to provide plenty of refreshments for attendees. Keep in mind that certain drinks accompany some foods better than others. Chips and Harris Teeter salsa pair wonderfully with a full-bodied Four Loko, and Crystal Light plays nicely with the light acidity of Aristocrat.

When making punch, as always, homemade Everclear adds a lovely authenticity, but store-bought will do.

Guests will appreciate a deftly arranged centerpiece, too. Consider fresh flowers bedecking the bucket everyone pours sips of their drink into for King's Cup. Festive and functional!

Finally, place cards are the extra touch that show your guests you've really thought ahead. Make a cute place holder for "The Person Who Wants to Talk Crap and/or Steal My Roommate's Beverages," and leave it in the kitchen. Put "The Person Who Drank Too Many Full-Bodied Four Lokos" on top of the toilet.