Community

Community Calendar

THURSDAY FEB 23 Lunchbox Series — Presents Joe Woodson. Carrboro Century Center, I2pm Free

OCDW Meeting — OCDW celebrates Black History Month with a program about Fairview, a historically black community in Hillsborough. Orange County Head Start Training Center, Hillsborough, 7pm 593-1904

Shani Watson — To present a play adaptation of the film and book Imitation of Life. Continues through Feb. 26. Swain Hall, Studio Six 7pm Free imitationoflife.weebly.com

Shawn Rocco — To discuss his work in "Cellular Obscura – The Cell Phone Photographs of Shawn Rocco.'' Ackland Museum Store, 7pm 962-0216

Friends of Downtown — Steven Norton, editor, will speak on the 119th anniversary of The Daily Tar Heel, Franklin Hotel, 10am Free

FRIDAY FEB 24

Organ Concert — Alexander Anderson presents Buxtehude, Bach and Liszt. United Church of Chapel Hill, 7:30pm Donation requested

Last Friday's Artwalk — Historic Downtown Hillsborough, 6-9pm lastfridaysartwalk.org

David Gold — To speak about the different types of memory, changes in memory and strategies to improve memory. Celebration Assembly of God Church, 114 Weaver Dairy Road, 11am

Art Reception — For "Ebb and Flow," new artwork by 22 local artists. Hillsborough Gallery of Arts, 121 N. Churton St., 6-9pm hillsboroughgallery.com

The Vagina Monologues — This production is a part of a V-Day initiative to stop violence against women and girls, with proceeds benefiting the Orange County Rape Crisis Center. Continues through Feb. 26. Hanes Art Center, 7pm unc.edu/ company

Wayne Pacelle — The President and CEO of the Humane Society of the United States to discuss his book, The Bond: Our Kinship with Animals, Our Call to Defend Them. Flyleaf Books, 5:30pm flyleafbooks.com

Kid's Night Out — Carrboro Recreation & Parks staff provide an evening of games, crafts and pizza for ages 7-12. Carrboro Century Center, 6-9pm \$15

Art Opening — Opening reception for Dorothy Whitmore's "Personally Yours: Portraits and Cottagescapes," sponsored by the Hillsborough Arts Council Gallery.

220-B S. Churton St., 6-9pm hillsboroughartscouncil.org

Totems and Talismans - Opening reception for the work of eleven artists that evoke a spiritual meaning. Eno Gallery, 6-9pm enogallery.net

SATURDAY FEB 25

Legal Conference — UNC School of Law's 16th Annual Conference on Race, Class, Gender and Ethnicity to present a critical analysis of the role of class in the United States. UNC Law School Rotunda, 9am Free studentorgs.law.unc.edu/crcge

Dance Revue — The Second Annual NC Percussive Dance Revue, with the Cane Creek Cloggers, Footnotes Tap Ensemble, STANCE, the NC Youth Tap Ensemble and the Inis Cairde School of Irish Dance. The ArtsCenter, 8pm artscenterlive.org

Dance Festival For AIDS — The Triangle Dance Festival for AIDS benefits global and local HIV initiatives. Memorial Hall, 7pm \$5 suggested donation 843-3333

Invasive Plants — Opening of "Plant This, Not That – Alternatives to Invasives," an educational exhibit. N.C. Botanical Garden, Ipm 962-0522

SUNDAY FEB 26

Howard Machtinger — To speak about his work on an anthology of Vietnamese writings during and since the Vietnam War. Chicle Language Institute, 5pm chi-cle.com

Race to Nowhere — The documentary film investigates the increasing demands on students to perform and the possible negative consequences. Carrboro High School, 6:30pm \$10

Jazz Concert — Ryan Hanseler to perform for the Jazz Parlor Concert, hosted by the Hillsborough Arts Council. 4pm \$18 hillsboroughartscouncil.org/Concerts

MONDAY FEB 27 Time Management Seminar

— Lori Bruhns to hold workshop on time management. Orange County Main Library, 6pm Free 245-2537

Time Out — With host Bill Hendrickson and Guest Dr. Patrick Rhodes, Superintendent of Orange County Schools. WCOM 103.5FM, 5pm

Bird Club — Francis Ferrell will speak about monitoring bald eagles on Jordan and Falls Lakes. Binkley Baptist Church, 7:30pm Free

Spring Renewal — Free workshop, sponsored by the Health Center of Hillsborough, on cleansing body, mind, and spirit. 5pm 241-5032

TUESDAY FEB 28

Shared Tables — The first of a two-day conference, exploring issues related to food and sustainability from a global perspective. Hyde Hall, 8am-5pm sharedtablessymp.wordpress.com/registration/

Panel Discussion — Taylor Branch, William Friday and Charles Clotfelter to discuss "Big-Time College Sports: What Needs to

Change?" Sonja Haynes Stone Center Theatre, 5:30pm Free 548-1203

WEDNESDAY FEB 29

Scar Tissue and Klutz — Two new short plays by Gabriel Rivas Gomez with director Jorge Huerta. Continues through March I. Kenan Theatre, 7:30pm Free

Howard Craft — Teaches a workshop in "Stories in the Air: Writing radio drama." Hitchcock Multipurpose Room, Sonya Haynes Stone Center, 6:30pm 962-9001

FRIDAY MARCH 2

Book Sale — Sponsored by The Friends of the Chapel Hill Public Library. Continues through March 4. University Mall, 3-6pm 968-2780

SATURDAY MARCH 3

Juan Flores — To present "The Top 20 Things You Need To Know About Social Security Disability." Orange County Main Library, Ipm Free 245-2537

ONGOING

Cancer Support — Support groups at Cornucopia Cancer Support Center for cancer patients and their families. Cancersupport4u.org 401-9333

Cancer Support — Support groups and wellness programs sponsored by N.C. Cancer Hospital. unclineberger.org/patient/support/ supportgroup.asp

Free Tax Preparation — For low-to-moderate incomes, prepared by IRS-Trained and Certified. For appointments at The Seymour Center or Central Orange Senior Center in Hillsborough call 968-2086; appointments at the Women's Center in Chapel Hill call 968-4610; appointments at Pittsboro Senior Center call 542-4512



"JUST GOT A JUG, AND BOUGHT A FISH, GYES FULL OF CLOUDY MOUNTAINS, UNROLLING LIKE A SCROLL"- MA CHIHYÜAN ILLUSTRATION BY PHIL BLANK

HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with The Carrboro Citizen to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to yourhealth@unc.edu

This week we respond to questions about syphilis and blood types.

Dear HOUSE Calls, My brother was recently diagnosed with syphilis. He was treated at a free clinic and got a prescription but did not get any better. He went back and had to get another prescription. Is there any difference in the quality of care given at a free clinic versus a private practice?

We generally feel that the level of care given at free clinics is excellent. They often have an impressive staff of volunteers to help with pharmacy needs, care management and other types of therapy. The clinicians usually work in private practice or are retired from private practice and are generally very skilled. There are some downsides to free clinics. Because they are staffed by a rotation of fillin doctors, it's very hard to develop a relationship with a primary-care physician. They sometimes are not well set up for continuity care but

offer excellent acute and episodic care. They may not have a full range of resources, such as medicines, and might have to settle for a second choice for a condition. The alternative might be filling a prescription at a drugstore, which many clients at a free clinic cannot afford. Specific to your brother's condition, syphilis has different stages, and in later stages can be harder to treat. It is usually best treated with injectable penicillin, and the number of injections varies with the stage. The free clinic might not have had the injectable penicillin, or perhaps your brother is allergic to it. If things don't seem right, the health department is another excellent resource for communicable diseases.

Dear HOUSE Calls, I give blood regularly. I'm told that I'm type O negative and the Red Cross loves it. What does that mean?

It is great that you give blood regularly, especially because you are O negative. This

means you are a universal donor. Basically, anybody can accept your blood. Most people have to be cross-matched to a specific blood type to receive blood, but your blood can be received by anyone, and in an emergency we'll use O negative to transfuse somebody we don't have time to type. The bad news about your blood type is that you are the most restrictive receiver of blood. You can only get blood from other people with O negative blood. We should say that blood is needed from people with all types of blood. Consider giving blood if you are in good health. Your body will build that blood back up in no time, and you may be saving a life. Check with your local American Red Cross for upcoming blood drives.

HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.

Send your Community Calendar submissions to calendar@carrborocitizen.com

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CitizenCryptoquote By Martin Brody For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two 0's, Y for the two W's, etc. Apostrophes, punctuation, the length and formation of the words are all hints.														
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Weekly SUDOKU

by Linda Thistle

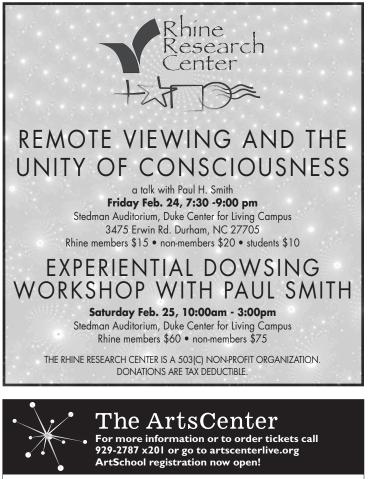
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: **

★ Moderate ★★ Challenging $\star \star \star$ HOO BOY!

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CONCERTS:

AMERICAN ROOTS SERIES

JOHN MCCUTCHEON • FRI FEB 24 NC PERCUSSIVE DANCE REVUE • SAT FEB 25 THE BOXCARS • FRI MAR 16 MOUNTAIN HEART • SAT MAR 17 LEO KOTTKE • TUE MAR 27 DARRELL SCOTT • SAT MAR 31

CELTIC CONCERT SERIES

SCYTHIAN • THU MAR 15 LUNASA • FRI MAR 23

OTHER CONCERTS:

KIMYA DAVVSON - TUE APR 3

ARTSCENTER STAGE:

ACTS OF WITNESS • MAR 2-11 AND 19-20 TRANSACTORS IMPROV: SPRING FLING • FRI MAR 23

SUPERFUN FAMILY SHOWS:

PUSS IN BOOTS • SAT FEB 25 AT 11AM

AMERICAN ROOTS SERIES SEASON TICKET PACKAGES AVAILABLE - CALL FOR DETAILS ARTS CLASSES FOR ALL AGES STILL ENROLLING FOR SPRING!

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