

Learning around addiction



DTH PHOTO ILLUSTRATION/ALEX KORMANN

UNC business student Elizabeth Crenshaw helps illustrate how struggling with addiction can interfere with students' academic performance.

Students dealing with addiction face classroom trouble

By Jenni Ciesielski
Senior Writer

It was spring of 2013, and UNC student Elizabeth Crenshaw was ecstatic. At the time, she was a first-year at the University of Maryland, starting classes at the business school, getting involved with her sorority and going out with friends almost every night.

"I was so pumped," Crenshaw said. "I had a great group of friends, I was so happy and I was doing more and more partying."

That spring, Crenshaw was also struggling with an alcohol addiction — she just didn't know it yet.

That all changed a few weeks into the semester, when she and three friends from a math class went to a social together. Because they had a quiz the next morning, the group made a decision to leave the event early. The next thing Crenshaw remembered was waking up in her bed the next day — at 3 p.m., hours after her math quiz.

"Everything came crashing down," she said. "I'd done this a million times where I told myself not to do this, and I just could

not control this."

Two days later, Crenshaw had withdrawn from her classes and gone back to her home in Charlotte. Instead of heading back to school, she headed to a rehabilitation center.

Poor class performance

When Crenshaw first started at Maryland, she intentionally befriended multiple groups of people, so she would have somebody to go out drinking with every night of the week.

"The first semester I was 100 percent, real heavy in my active addiction," she said. "But I got a 3.1, so it was okay."

Soon, she realized spending time in the library interfered with going out. As soon as a teacher assigned work during syllabus week, Crenshaw would switch to a new class.

Constantly changing and skipping classes caught up to Crenshaw, and by February, she had D's and F's in multiple classes.

"In a three week, or maybe a month span, my grades were beyond repair," she said. "Had

I stayed that semester, it would have tanked my GPA."

Crenshaw's struggle to handle the pressures of college courses while living with addiction is not an unusual one. Frank Allison, a program coordinator for UNC Student Wellness, said the outside time and energy courses require can make dealing with substance abuse during college more difficult than a routine, 9-to-5 job.

"You have a schedule, but your schedule varies from day to day," he said. "You have things you have to do outside of the class to be effective in the class."

UNC psychology professor Todd Thiele said heavily using substances can also negatively alter short- and long-term memory, as well as cause sleep deprivation, threatening classroom performance.

An issue of learning

Some believe addiction is not a disease or moral failing, but a learning disorder. Maia Szalavitz, in a column published in The New York Times in June, noted the differences in the brain that affect one's decisions when strug-

gling with substance dependence.

While the American Society of Addiction Medicine defines addiction as a chronic disease, Szalavitz's column — along with other ones like it — has caused debate over how addiction should be classified.

Thiele said that although he believes drug and alcohol addiction is a brain disease, he sees the learning disorder argument as valid, due to the habit-forming components of addiction.

"As we regularly go to our friend's house or favorite bar and drink alcohol, as we grow to maybe misuse alcohol in those familiar environments, the environments and those stimuli associated with the consuming experience come to trigger the memory of drinking and the event," Thiele said.

Over time, the brain sees it as a habit instead of a reward, Thiele said, and decision-making changes in a way that jeopardizes academic performance.

The habits that came with Crenshaw's addiction were the reason she chose not to go back

SEE ADDICTION, PAGE 4

Minorities, women see few tenure positions

Budget cuts have limited the number of tenure appointments.

By Kent McDonald
Assistant State & National Editor

Tenure is a goal many professors strive for — but it remains further out of reach for women and underrepresented minorities, according to a recent research study from the Teachers Insurance and Annuity Association Institute.

Martin Finkelstein, a professor at Seton Hall University and one of the co-authors of the study, said the number of faculty positions offered to people from diverse backgrounds has increased, but mostly in part-time, non-tenure positions.

"(Tenure) is what we would call a career ladder opportunity," he said. "It's an opportunity where there is a timetable and a procedure for getting promoted."

Finkelstein said part-time or adjunct faculty positions lack the structure and stability that tenure or tenure-track positions have.

From 1993 to 2013, there was also an 84.3 percent increase in the number of full-time positions offered without any tenure or tenure-track opportunity, he said.

"It's really only the last twenty years where we see this non-tenured track, full-time phenomena mushrooming," Finkelstein said.

The growing number of positions without tenure is damaging higher education, said Maria Maisto, president of New Faculty Majority, a national adjunct faculty advocacy organization.

"Essentially, tenure as we know it is evaporating before our eyes and that is to the detriment of higher education," she said.

Maisto said tenure is often misunderstood and does not prevent faculty members from getting fired.

"Tenure is nothing more than a guarantee of due process — which means you cannot be fired for an arbitrary reason," she said. "There has to be a process by which your termination is reviewed, if necessary, and overturned, if necessary."

Tenure allows professors to practice academic freedom and encourage difficult and challenging conversations, Maisto said.

"When faculty are not respected, not supported, not given the institutional support they need, it has a detrimental effect on students no matter how wonderful the faculty are," she said.

Altha Cravey, a UNC geography professor and member of the Faculty Forward Network, said it is discouraging to see how the lack of tenure positions has undermined the classroom.

"Putting people in such insecure jobs with low pay and almost nonexistent benefits

SEE TENURE, PAGE 4

Police dogs remembered for service

Kilo and M.J. died the same day after lifetimes of police work.

By Rebecca Ayers
Staff Writer

After training together when they were young, police service dogs Kilo and M.J. passed away on the same night after dedicating the majority of their lives to the Carrboro and Chapel Hill police departments, respectively.

The two dogs, who were both German Shepherds, passed away on Aug. 18.

M.J. lived with her handler, Officer David Funk of the Chapel Hill Police Department after her retirement. Funk worked with M.J. until 2013. Later, M.J.'s older brother, Mickey, also a German Shepherd, moved into Funk's home, too.

Funk sometimes took M.J. to local schools to meet with kids. She was a popular guest.

"M.J. was a sociable enough dog that we could go out there and catch the bad guy and play with the kids later," Funk said.

M.J. was about 18 months old when she started her training program.

During the training program, M.J. and Kilo both learned obedience apprehensions, evidence searches, how to track, to detect narcotic odors and how to search a building.

"(M.J.) could do everything but drive a car," Funk said.

Kilo, a former Carrboro police service dog, retired in 2014 and continued to live with his handler, Sgt. Jim Walker of the Carrboro Police Department.

"Kilo was my partner," he said. "If I came to work, he came to work."

Walker, Kilo's second handler, received Kilo in 2007, when Kilo was four years old. Kilo's first handler changed departments.

Walker said Kilo once tracked a suspect from a vehicle break-in and located him under an apartment building.

"That was the last time that we had before he retired," he said.

Both dogs had a difficult transition into retirement.

Funk said the canines are retired once they begin to slow down.

"(Retirement) was a little tough for (Kilo) at first," Walker said. "I'm working my second dog and he knew when I left work with another dog; he was a little upset he wasn't going."

M.J. had arthritis in her back legs and knees, which led to her retirement in 2013.

Funk said when police dogs retire, they usually stay with their handlers.

Like Kilo, M.J. was also stressed when she wasn't around her handler, Funk. They spent well over 10 hours a day together while working on the force.

"If she wasn't around me she did a whole lot of whining," Funk said. "We went to our vet, and they get pretty sick when they're not around daddy."

M.J.'s condition worsened when she was not around Funk and she developed separation anxiety.

"The K-9 community is tight-knit," Funk said. "Nobody really knows how we do it."

Eventually, M.J. found further companionship with her older brother, Mickey, and she began to feel better during her last few years.

Kilo, 13, died Aug. 18 due to an unexpected case of cancer.

"Kilo was like any canine: very obedient,



PHOTO COURTESY OF DAVID FUNK

M.J., a former Chapel Hill Police dog, barks alongside her handler, Officer David Funk.

hard working and very good at what he did," said K-9 unit Commander Cornell Lamb of the Carrboro Police Department.

"He was a very active dog and he enjoyed life," Lamb said.

M.J., 13, also passed away peacefully the night of Aug. 18.

"These dogs are pretty much like family," Funk said.

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Athletes at UNC do not have the right to unionize

Recent decisions by the NLRB will not affect public colleges.

By Belle Hillenburg
Senior Writer

A recent ruling by the National Labor Relations Board will allow collective bargaining rights for graduate students at private universities. This comes one year after the NLRB effectively said student-athletes at private universities cannot unionize.

Both NLRB decisions dealt specifically with students at private universities.

Jonathan Weiler, director of undergraduate studies in the global studies department, said the rulings both use similar language about the employment of students.

"This parallel has been drawn before between college athletes and graduate TAs. In the past, the parallel was unhelpful to the athletes because TAs had not been recognized as legitimate collective bargaining units," he said.

Weiler said given the 2015 NLRB ruling, it is hard to say if the recent ruling will affect student-athletes interested in gaining collective bargaining rights.

Senior Ryan Switzer, wide receiver for the UNC football team, said the differences in

SEE UNIONIZATION, PAGE 4

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Co-founder’s passion fuels Paperhand’s puppet work

By Cate Alspaugh
Staff Writer

For Donovan Zimmerman, the co-founder and director of Paperhand Puppet Intervention, puppetry has power.

But power is not what comes to mind for junior Elle Xu when she thinks of puppets. Her first thought is of “Sesame Street.”

Senior Aaron Williams has a similar association.

“(When I think of puppets,) I think of sock puppets and possibly a creepy guy with a puppet on his hand,” Williams said.

Sock puppets and “Sesame Street” is not how Paperhand approaches puppetry. For Zimmerman, puppetry is a powerful artistic tool.

After studying fine arts and drama in high school

and going to art school for a year, Zimmerman started traveling. It was during these travels that he experienced the impact of puppetry in a life-changing way.

“I came across Bread and Puppet Theater in Vermont,” Zimmerman said. “I guess I saw really then, in their performance — to a degree that was earth-shaking and epiphany-generating.”

Zimmerman sees puppetry as a merging ground for the fine and performing arts. And it is this merger, he said, that makes the puppets come to life.

“Puppetry in a wider sense is about the many art forms coming together under one umbrella,” he said. “From drawing and designing and concept-creation, to painting and sculpting and sewing and decorating, to the theater and the movement and the music.”

With a studio in Saxapahaw, Paperhand Puppet Intervention incorporates a range of puppets that vary in size and type. But first-time audience members may not be expecting how large their puppets and masks can be.

“We can get multiple people to carry one puppet,” Zimmerman said. “Anywhere from one person wearing a backpack that’s quite large, or it can be as common as a three-person. Some of our designs are six people.”

But before the puppets go onstage, months of story building, design and creation are required to make Paperhand’s puppets and masks come to life. Zimmerman and Jan Burger, Paperhand’s other co-founder and director, begin brainstorming PPI’s next story in January for the summer and

fall production.

“Jan and I start in January just thinking about, dreaming up what sort of stories and themes we want to cover,” Zimmerman said. “This year we’re talking about monsters and beasts and are trying to tell their story from a different perspective.”

Each May, the construction process of the puppets and masks begins, a construction process which involves an entire community of people.

“We start in May with about five interns who work with us in the studio just about every day,” Zimmerman said. “We also have these big Saturday workdays where people in the community come out.”

About 190 members will help with these workdays. Local artists are involved in the specific details of the puppets and masks.

“Lots of things that need attention and that if they’re done well will look amazing,” Zimmerman said.

This community effort reflects the themes that drive Paperhand’s work. They see their art as an intervention of love.

“When Jan and I first got together, we wanted to make sure that we weren’t just making art for art’s sake — that we were speaking our hearts and minds about social justice and about equality and about oppression,” Zimmerman said.

“I imagine it as a giant papier-mâché hand coming out of a cardboard cloud and giving either a gentle slap or a little tap on the head saying, ‘wake up’ — that’s what our art is about.”

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Wine & Design presents new way to be creative

By Maria Mullis
Staff Writer

Arts and crafts aren’t just for kids. They can be for adults too — just add a little wine.

Wine & Design is a franchise that allows people to pay to take a class in which they paint a scene on a pre-sketched canvas. They are taught how to paint by artists — no prior experience needed.

Roslyn Sloop-Troutman is the owner of the Chapel Hill branch of Wine & Design, which opened in March 2012. She said she attended a class in Raleigh and had so much fun she approached the owners to ask if they would be willing to open up another location.

She settled on Chapel Hill.

“I thought it was a fantastic idea,” she said. “People have so much fun.”

There are currently 70 locations, with seven in the Triangle alone and more

coming soon.

The Wine & Design franchise offers regular two-hour studio classes as well as private parties, kids’ summer camps and team-building activities.

Attendees are encouraged to bring their own beverages and snacks, and those who are of legal drinking age can bring wine or beer. All supplies, including the canvas, paint and paintbrushes, are included in the price.

Sloop-Troutman said the Chapel Hill location is very active in the UNC community. They have partnered with many different organizations, including sororities, UNC Health Care and the Carolina Union Activities Board.

The Old Well and Paint Your Pet are two of the most popular designs, which are usually scheduled every month.

Krystal Watters is a freelance illustrator who leads classes through their paint-

ings. She said it is important for the instructor to be able to break down the instructions in a simplified manner.

“Being able to paint is important, but it’s just as important to make it simple,” she said.

Taylor Libby, director of human resources at the UNC Eshelman School of Pharmacy, has attended about eight or nine Wine & Design classes.

“I’m not good at it, but it’s a great stress reliever,” she said.

Libby once took part in a team-building activity with her colleagues.

“None of us are artists,” she said. “We’re accountants and HR people.”

They decided to decorate their new office space with their paintings.

“It’s just fun,” she said. “I’m always proud of what I come out with.”

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PHOTO COURTESY OF ROSLYN TROUTMAN

UNC students partake in “Paint a Picture of Your Carolina.” This Week of Welcome event was led by the Wine & Design group.

POLICE LOG

• Someone trespassed on the 200 block of West Franklin Street at 4:04 p.m. Tuesday, according to Chapel Hill police reports.

The person drank a beer on the property after they trespassed, reports state.

• Someone reported an

abandoned vehicle at the Fordham-Raleigh Road Exit off of Raleigh Road at 4:12 p.m. Tuesday, according to Chapel Hill police reports.

• Someone disturbed the peace on the 100 block of West Rosemary Street at 6:42 p.m. Tuesday, according to

Chapel Hill police reports.

• Someone damaged property at the parking lot at 100 E. Rosemary St. at 9:00 p.m. Tuesday according to Chapel Hill police reports.

The person damaged a parking lot arm with their vehicle, reports state.

• Someone reported loud music and a party on the 100 block of South Estes Drive at 11:56 p.m. Tuesday, according to Chapel Hill police reports.

• Someone possessed marijuana and drug paraphernalia on the 400

block of North Columbia Street at 1:32 a.m. Wednesday, according to Chapel Hill police reports.

The person possessed less than half an ounce of marijuana and drug paraphernalia, reports state.

• Someone trespassed at

the Food Lion at 1129 Weaver Dairy Road at 9:43 a.m. Wednesday, according to Chapel Hill police reports.

• Someone reported a breaking and entering on the 300 block of Estes Drive at 2:37 p.m. Tuesday, according to Carrboro police reports.



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CORRECTIONS

Due to a editing error, Wednesday’s front page graphic misstated the locations of the University of California, Berkeley, and Texas A&M University. Texas A&M University is located in Texas and the University of California, Berkeley, is located in California. The Daily Tar Heel apologizes for the error.

Due to a reporting error, Wednesday’s page 3 story “Changing paths worth the weight” misstated the Olympic Weightlifting move performed by the subject in the photo. The move was a squat snatch. The Daily Tar Heel apologizes for the error.

- The Daily Tar Heel reports any inaccurate information published as soon as the error is discovered.
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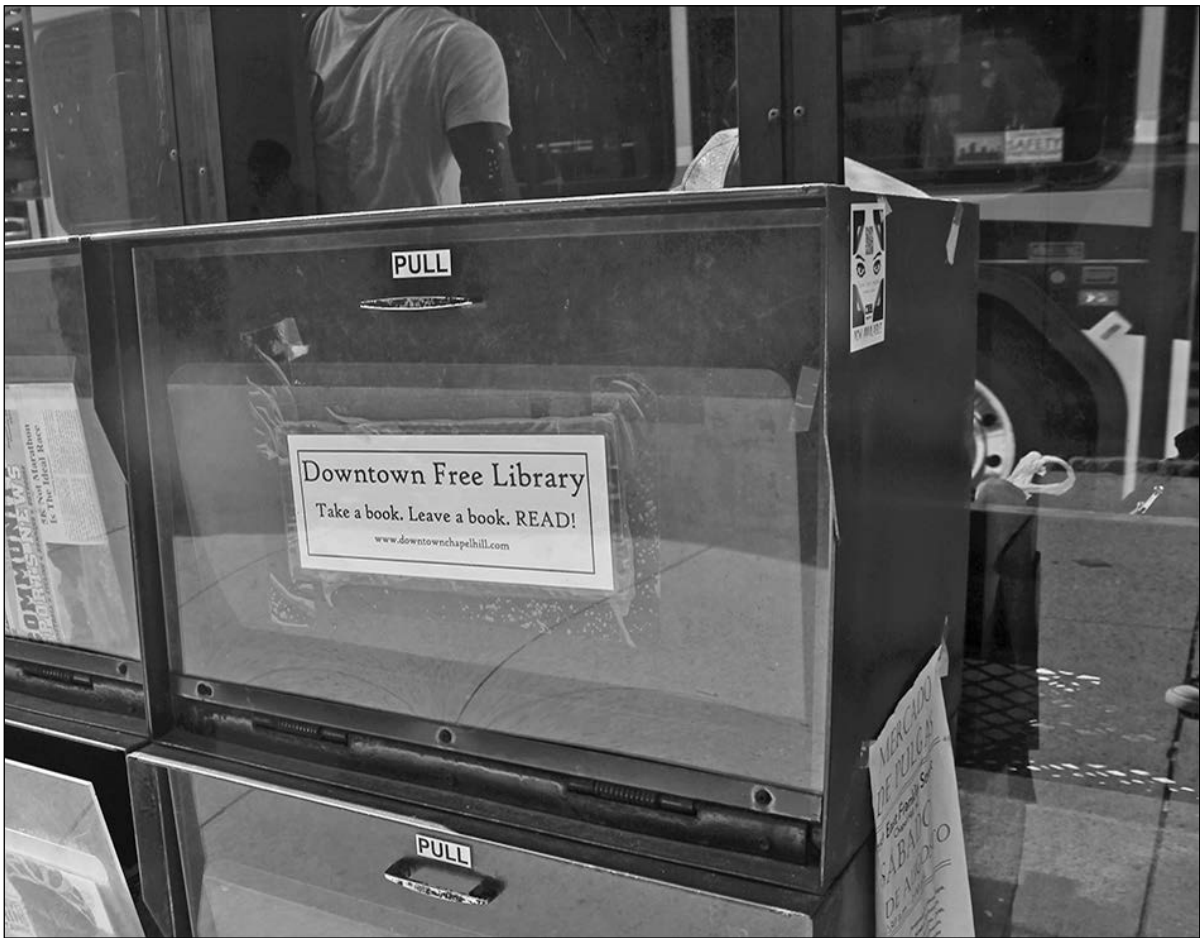
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Free libraries stocked by community

The libraries are located in newsstands on Franklin Street

By Sara Kiley Watson
Staff Writer

Three and a half years ago, Meg McGurk, the executive director of the Chapel Hill Downtown Partnership, thought of an idea to increase literacy in Chapel Hill. She'd heard of other communities setting up free small libraries in their downtown areas, and was driven to set up one in Chapel Hill. One of her friends suggested using some of the green newspaper stands around town that hold free periodicals. McGurk said she would take over the empty ones and turn them into free libraries. In the early stages of the free libraries, McGurk said she would buy books from library book sales, but she no longer needs to because of community participation. "I started off stocking them with books, but it wasn't long before I would go with a bag of books and it would already be full," McGurk said. "I think right away it caught on with the community to share books." The first two free libraries began in January 2013, and a third was added a year later, she said.



Three free libraries throughout downtown Chapel Hill provide easily accessible books for people to borrow and read.

They are located on West Franklin Street near Mediterranean Deli, by the bus stop on North Columbia Street and on East Franklin Street by Bevello. Since beginning the project, McGurk said she has seen an increase in community participation when it comes to book donations. "It's a pretty basic operation — it's

free books," McGurk said. "It's a little library where you take a book or leave a book." Last year in a press release, McGurk said she personally delivered about 500 of the books left through the Downtown Partnership. She said that she doesn't know how many books have been left by

locals. "Many other people are stocking books and taking books, so I really truly have no ability to know the number," McGurk said. The types of books in the library range from children's books to UNC students' textbooks left at the end of the semester. During the winter, an anonymous

"It's a little library where you take a book or leave a book."

Meg McGurk
Executive director of the Chapel Hill Downtown Partnership

"yarn fairy" even left knitted scarves with the books for those in need, McGurk said. Camilla Rynkiewicz, a German exchange student studying at UNC, said she has heard of similar libraries but had never seen them on the street. "I've never noticed them before, but it seems like a cool idea," she said. McGurk said the Downtown Partnership doesn't directly partner with any other organizations on the project, but she has a steady flow of books donated by volunteers. Chloe Eastwood, who works at Chapel Hill Comics near one of the free libraries, said that while she has never used the free library here, she has seen it in Quebec and said it worked well there. McGurk said the libraries are an opportunity for those who love to read to share their love in a publicly accessible way. "We are a very well-read and academic community, so I think that it really resonates with a college town," she said. "There's no questions about the books you take, there's no cost, and certainly you can leave books for other people." @skileyy city@dailytarheel.com

Unified Flag Football sparks camaraderie

Special Olympics College now has their second intramural.

By Alexis Bell
Staff Writer

A new intramural sport unites local Special Olympic athletes and UNC students. Sport Programs Coordinator Tori Hooker and Assistant Director of Sport Programs Justin Ford worked with UNC's Special Olympics College chapter to bring about Unified Flag Football.

"The national governing body for the Special Olympics is taking an interest with working with college students in recreational programs across the country, and I think it is more of, just, building those relationships and sharing facilities," Ford said. Ford said the goal is to get nearly 100 students and Special Olympic athletes to participate, make four teams and compete with modified rules for a more inclusive experience. "(UNC students) are doing something different and

realizing the benefits of being a part of the community and doing something outside of the normal studying or just playing a sport, knowing that you are making a potential long-lasting impact on someone," Ford said. The makeup of each team will be similar. Half the players will be Special Olympic athletes and the other half UNC students. The Unified Flag Football league will give students the chance to compete and play with a more diverse group of people. "We want to make sure we

are creating a well-working environment for all people," Hooker said. "So we will be reaching out to people with diverse skill sets, both physically and mentally." UNC Intramurals had a similar league last semester for kickball. "We kind of labeled that as our pilot league," Hooker said. "We wanted to kind of gauge interest and ensure that the interest was there from both the Special Olympic athletes' side as well as the UNC community side." Ford said the kickball league in the spring had a

great turn out and brought a wide variety of Special Olympic athletes, especially since there was no age restriction which will remain the same this season. Alyssa Taflinger, president of the UNC Special Olympics College chapter, said she participated in the kickball league and felt the team spirit. "It was so awesome because everyone was encouraging (the Special Olympic athletes) and motivating them," Taflinger said. "Even the athletes that were playing against each

other and the athletes with disabilities were encouraging each other, and that was my favorite part." Taflinger said she is expecting the Unified Flag Football league to bring about the same kind of experience. Unified Flag Football will begin September 29 and will meet every Thursday at Hooker Fields from 6:30 p.m. to 7:30 p.m. The goal is for students to have an experience on the field they wouldn't have with other intramural sports. @just_relexx university@dailytarheel.com



A female red wolf from St. Vincent rests before being released at Alligator River on the northern Atlantic Coast of North Carolina.

Red Wolf Recovery Program faces extinction

If the program is cancelled, the world's last wild red wolves will lose protection.

By Olivia Slagle
Staff Writer

Before long, the endangered red wolf may no longer howl in eastern North Carolina, and the state is home to the last 40 to 60 red wolves left in the wild. The population, which currently lives in five counties in the northeastern part of the state, was introduced in 1987 as part of the U.S. Fish and Wildlife Service's Red Wolf Recovery Program. Now, after almost 30 years, the program may be dismantled. Because of a request from the North Carolina Wildlife Resources Commission, the Fish and Wildlife Service has been conducting a review of the program for the past two years, Pamlico-Albemarle Wildlife Conservationists President Attila Nemecz said, and a decision about the future of the program is expected in September. Tom MacKenzie, a spokesperson for the Fish and Wildlife Service's southeast region, cited the North Carolina coyote

population as one of the greatest challenges to the program. "Unlike larger gray wolves, coyotes and red wolves can intermingle," he said. "Without human intervention, sterilization or killing coyotes, it's hard to stop it — but it's a really complex situation." Hybridization isn't the only problem coyotes pose. Local farmers and landowners want to keep coyotes off their land — sometimes at the expense of wolves. "This is amplified because folks want to do night coyote hunting," MacKenzie said. "But you can't really tell a red wolf from a coyote, especially through the scope of a rifle at night." MacKenzie said there are many supporters of the program in the state that would like to see it continued. UNC junior John Jacobi organized a rally on Polk Place on Wednesday in support of maintaining the program. "Continuing the protection status is really important for maintaining the current population," he said. "(The red wolf) is a top predator which is really important for keeping other populations in check beneath it." Red wolves are the first predators to become completely extinct in their natural habitat and then be successfully reintroduced into the wild.

The red wolf population in North Carolina is the result of the Fish and Wildlife Service's captive breeding program in zoos across the U.S. "These zoos produce and maintain the stock of red wolves all around the country," MacKenzie said. The goal is to return these wolves to the wild, he said. But, not everyone wants them back. Nemecz said one issue is keeping wolves on public land, which can be intermingled with private land. "We're hoping a partnership can be reached where some landowners would be willing to host wolves on their land if they had incentives," he said. "Some of the farmers have dug in their heels." Nemecz said if the Fish and Wildlife Service decides to end the program and bring the remaining wolves into captivity, they would have trouble introducing them back into the wild anywhere in the southeast. "There's a movement across the country of people who are interested in privatizing public land," Nemecz said. "Some of that comes across as anti-wolf sentiment, but it's more of a general sentiment against the federal government."

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N.C. to see its first offshore wind farm

The turbines won't be visible from land to shield beach tourism.

By Carina McDermid
Staff Writer

Long-awaited offshore wind energy might be just around the corner. The Bureau of Ocean Energy Management recently announced the release of over 122,000 acres off the coast of Kitty Hawk, North Carolina, to be leased for wind energy development. The proposed wind energy facility will be the first offshore wind farm to be built in North Carolina. The federal government looked to Kitty Hawk when initiating offshore wind farms due to North Carolina having the best offshore wind resource out of any Atlantic state, said Melissa Dickerson, coastal coordinator of the North Carolina chapter of the Sierra Club. "This is a pivotal turning point in offshore wind energy development," she said. Dickerson said there are three areas in North Carolina with enough energy for a wind farm: Kitty Hawk, where the offshore farm is being proposed, and two areas in Wilmington, which are in earlier stages of development due to environmental concerns. Despite the possibility of property devaluation due to wind turbines off the coast of the Outer Banks, Gary Perry, mayor of Kitty Hawk, said they do not expect the proposed wind farm to affect tourism. "The farm that is being proposed would be about 24 miles offshore," he said. "Even though they are large structures, it's just too far away to

really impact our tourism." Wind farms have proven a controversial topic for the Outer Banks — a 2016 study showed tourists were unlikely to return to rental homes if wind turbines were visible from the shore. Perry said their initial worries about wind turbines affecting tourism were taken into consideration when making plans for the proposed farm. "They chose not to put this farm six miles off the beach, which would have affected us," he said. "But that was also in the interest of the Navy and all other marine traffic that is constantly passing through." The project will likely have positive effects on local job markets in coastal North Carolina, Dickerson said. "It will be great in terms of job creation during construction and even full-time jobs after construction," she said. "The economic benefits are a really positive impact for us to keep our eyes on." In 2010, Gov. Bev Purdue requested the formation of an intergovernmental task force to identify any potential environmental concerns and narrow in on the best sites for wind energy development, said James Bennett, chief of the Office of Renewable Energy Programs at BOEM. "This process that we're involved in is intended to be a very open and transparent public forum," he said. While the project is steadily moving forward, Dickerson said that securing the lease is an important next step in a long process of getting wind farms up and running. "This is still years away, although we are excited that the project has gotten to this point," she said.

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ADDITION

FROM PAGE 1

to Maryland, and instead spend two semesters at UNC-Charlotte before transferring to UNC.

An insensitive culture

Allison finds the learning disorder approach misleading and potentially dangerous for those struggling with their substance use. He believes in the biopsychosocial model, which considers social learning a component in developing addictions.

But Allison fears that labeling drug addiction as anything other than a disease may cause people not to take it as seriously as other medical conditions.

“If you have cancer, they

consider you to be cancer-free in remission at the five year mark,” Allison said. “Typically, if you go to a treatment facility for substance use disorder, you stay maybe 30 to 45 days and they have a graduation celebration, pat you on the back and tell you to go right back to where you were at and expect you to be in remission.”

Crenshaw said she believes addiction, regardless of what it's classified as, is not taken seriously enough during college. She often hears classmates joke about being alcoholics and very few understand what it really entails.

“I have a couple friends in med school, and they will tell you that in med school they spend less than a week on addiction,” she said “That just blows my mind.”

Adi Jaffe, a UCLA addiction

researcher who struggled with his own drug addiction issues before studying the topic, said classifying addiction as a disease may be simplifying the issue. Instead, he sees it as a syndrome because the symptoms of addiction, unlike those of many chronic illnesses, don't follow a specific trajectory.

“If you're diabetic, your body either stops producing insulin or became insensitive to insulin — it's a very specific biological understanding of what happened,” he said. “We don't have that clear of a path with addiction.”

Despite being sober for three years, Crenshaw still struggles to get away from college drinking culture.

In the classroom, Saturday nights playing flip cup aren't just popular conversation topics for students. Teachers in

several of Crenshaw's classes will make jokes about drinking and partying. Business and economics classes will also use breweries or other alcoholic industries as examples for assignments in an attempt to relate to their students.

The jokes and examples made Crenshaw angry until her fiancé, who is six years clean, helped her realize the jokes weren't personal attacks.

Teachers know students party, she said, and, in some cases, acknowledgement can come off as encouragement.

“We're in a time in our lives where it is incredibly encouraged to get wasted, get plastered,” Crenshaw said. “This is the only time in our lives where we're encouraged to get shitfaced all the time.”

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TENURE

FROM PAGE 1

means that they are scrambling to attempt to teach a lot of students and a lot of classes,” she said.

Being a professor is no longer a secure job like it once was, Cravey said.

Maisto said this research is important because it underscores neglected trends in the higher education workforce.

“And that is that this contingent employment model is disproportionately affecting faculty who are women and faculty who come from underrepresented minority groups,” she said.

Although more women and underrepresented minorities have been employed, these increases have not translated to actual equity, Maisto said.

“The vast majority of those people who come from those diverse backgrounds are in the most precarious positions,” she said. “It's sort of giving with one hand while taking away with the other.”

Jack Schuster, a professor at Claremont Graduate University and a co-author of the study, said the data shows how much work is still needed to achieve diversity in higher education.

He said opportunities to hire diverse faculty members are not abundantly present because, in general, higher education is under increased financial pressure.

Finkelstein said increased

“Essentially, tenure as we know it is evaporating before our eyes...”

Maria Maisto

President, New Faculty Majority

enrollment coupled with decreasing funds has put colleges and universities in a difficult situation.

“The public appropriations for higher education, particularly at the local and state level, are declining,” he said. “So, there is less money and you know, of course, most of the money — 80 percent of the instructional budget for instructional universities — is for faculty positions.”

Maisto said increasing the number of part-time faculty positions has also exacerbated the problem.

“The use of adjunct faculty in some ways started out as a short-term solution to budgetary challenges,” she said. “But, because I think people found it was so easy to find people who were qualified and willing to teach, it sort of exploded.”

Maisto said faculty working conditions are students' learning conditions — and reform is needed.

“No matter how great you are, you can't do your best when you are in conditions that are unprofessional,” she said.

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UNIONIZATION

FROM PAGE 1

age could take away from an argument in favor of student-athletes unionizing.

“Most certainly having (graduate students) speak for themselves as a collective unit is a step in the right direction,” Switzer said. “I don't know if the best thing for student-athletes is for them to be able to unionize themselves just because of the broad spectrum of age. Some of these guys, it's their first time being on their own.”

Associate Athletic Director Paul Pogge said the case does

not specifically relate to the status of student-athletes at public universities.

“(The NLRB) can't assert jurisdiction over public colleges and universities, including UNC. So that kind of limits things to a certain extent when we're talking about applicability of certain decisions to what might happen with public universities,” Pogge said.

Pogge said universities continue to talk about ways to improve the collegiate athletic system.

“I think there's a need for reflective dialogue on how we can continue to provide

opportunities to compete for young men and women and provide educational opportunities,” Pogge said. “Those two things are critically important to what we do.”

Weiler said the composition of the NLRB is important to consider. The NLRB is made up of five board members who can serve for five-year terms. One membership expires each year.

“It's certainly possible that a future board with a different composition might look differently on athletes' petitions,” Weiler said.

Weiler said the conversation regarding the collec-

tive bargaining rights of student-athletes will likely continue, because cases have been heard in federal courts regarding the images and likenesses of university athletes.

“I don't think that these efforts are dead. I think in all sorts of ways we're in an interesting new era of athlete activism around a whole range of issues — race and labor rights and those sorts of things,” Weiler said.

“So I think we will see these kinds of efforts continue.”

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Announcements

NOTICE TO ALL DTH CUSTOMERS

Deadlines are NOON one business day prior to publication for classified ads. We publish Monday thru Friday when classes are in session. A university holiday is a DTH holiday too (i.e. this affects deadlines). We reserve the right to reject, edit, or reclassify any ad. Please check your ad on the first run date, as we are only responsible for errors on the first day of the ad. Acceptance of ad copy or prepayment does not imply agreement to publish an ad. You may stop your ad at any time, but NO REFUNDS or credits for stopped ads will be provided. No advertising for housing or employment, in accordance with federal law, can state a preference based on sex, race, creed, color, religion, national origin, handicap, marital status.

Business Opportunities

NEW SPORTS GAMING APP launching October Affiliates can start a business. Enrollment ends September 16th. Send text for information: 828-674-6649. Full name, mobile number, email.

Child Care Wanted

BABYSITTER: Seeking sitter for 3 elementary school children from 2:30-6pm, and driving to activities. Close to UNC. \$13-\$15/hr. Please email angie3276@yahoo.com.

SAFE DRIVER, NANNY. Reliable and upbeat person to transport our 2 kids to school in the mornings. M/W/F or M-F, 7-8:30am. \$15-\$25/hr +mileage. More hours possible. 919-619-4916.

DRIVER, TRANSPORTATION WANTED to pick up at Cedar Ridge High School at 3:45pm M/ Tu/Th and drive to home in Chapel Hill. Must have car, license and insurance. andrineswensen@gmail.com. Will pay hourly rate +mileage. 973-580-9446.

AFTERSCHOOL SITTER NEEDED

Afterschool care needed for our 2 children ages 8 and 10 years. Hours are Mondays, Tuesdays, Thursdays, Fridays from 2:45-5:45pm. \$14/hr. Chapel Hill. amy_mottl@med.unc.edu.

LIFE SKILLS TUTOR NEEDED

Help an active 17 year-old boy with Autism in Durham, Chapel Hill develop leisure and academic skills, practice language, learn social, self help and independent skills, get exercise and go on community and social outings. Seeking a tutor who will keep him engaged and have fun doing activities such as swimming, cooking, and singing. Experience preferred, but extensive training is provided. Supervision for ABA certification is available. This is a great opportunity for students or professionals to be part of a strong behavior-based home intervention program. A 10-25 hour commitment for a minimum of 1 year. jillgoldstein63@gmail.com.

CHILD CARE NEEDED for two 5th graders. M-Th from 3-5:30pm in Durham. Starting ASAP. Must have reliable car and solid references. Competitive pay. Contact dpaceswiles@gmail.com.

Tutoring Services

GRE PREP - September 11th & October 3rd

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Child Care Wanted

PART-TIME NANNY 2-3 afternoons/wk, 1-5pm in Chapel Hill (north Chatham County, 10 miles from UNC Hospital) for an inquisitive 3-year-old. \$12-\$18/hr. Mandarin a bonus but not required. Please email Nikita at Nikita@WirthLLC.com. 919-225-1720.

AFTERNOON SITTER NEEDED: Should have reliable transportation, Tu/Th afternoon between 2:30-6pm (flexible). Transporting 3 children from school and to afternoon practice in Chapel Hill. To inquire text or call, 919-602-0283 or email rstanfor@email.unc.edu.

FUN AFTERSCHOOL SITTER NEEDED for happy boys 7, 9 (3rd grade, budding engineer. (2nd, our scientist). Experience and car needed for activities. Weekdays 2:30-5:45pm. \$225/wk. Meadowmont. RJRJam@gmail.com.

BACK UP BABYSITTER, DURHAM. We are looking for a student who can serve as a back up for us some mornings (7-8am) and for school pick up (5:30pm) some days of the month. Most will be scheduled in advance and willing to discuss some weekly, monthly pay for being "on call". Also opportunity for holidays and summer. 919-475-4563.

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ALL REAL ESTATE AND RENTAL advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention to make any such preference, limitation, or discrimination." This newspaper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis in accordance with the law. To complain of discrimination, call the U. S. Department of Housing and Urban Development housing discrimination hotline: 1-800-669-9777.

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ALL IN GOOD CONDITION! WOOD BOOKCASE, 9 inch wide shelves, 7.5 feet high, 35.5 inches wide, \$40. KING BED, with frame and box springs, attractive oak headboard, \$275. DESK WOODEN CHAIR, with coasters, blue back and seat cushions, \$35.. 919-942-3887.

The DTH office will be closed Monday, September 5 for Labor Day

HELP WANTED

WAITSTAFF, HOSTS. MAKE \$ NOW! Cuban Revolution Restaurant and Bar in nearby Durham NC, 334 Blackwell Street, now hiring! Great part-time job for students bring your resume for immediate interview!

AFTERSCHOOL TEACHER. Small Chapel Hill Montessori school looking for part-time afterschool teacher. Hours are 2:30-5:30pm. M-F with flexibility in number of days scheduled. Must have experience working with kids and be reliable. Background checks required. Mavandemast@mdsch.org.

PLAY IT AGAIN SPORTS of Durham is looking for enthusiastic, sports minded people to join our team! Part-time, full-time available, bring your resume by today!

CAREGIVER FOR YOUNG WOMAN in wheelchair. \$15+/hr. Weekends AM and PM. Bathing, dressing, transfers. Close to campus. Read more here: <http://acornhcs.com/caregivers-needed-for-young-woman/>.

WINGS OVER CHAPEL HILL is looking for drivers, cooks and counter workers. 1-2 nights/wk make it a perfect job for students. Apply in person at 313 East Main Street, Carrboro. 919-537-8271

HELP LAUNCH A NEW COMPANY

Want business experience? Want to know the behind the scenes of launching a new company? Want free donuts and unlimited energy drinks? Business development customer service rock star needed to help launch new Durham based start up. Part-time position (minimum of 20 hrs/wk). Start September 15th. \$15/hr. Submit resume and cover letter to careers@bullcitylearning.com.

YARD AND HOUSE WORK. Need muscles. In woods: 7 acre property on 5 acre pond. 15 minute drive from planetarium. Flexible time: \$13/hr. Student preferred. Robert and Rebecca, 919-967-0138.

AFTERSCHOOL COUNSELORS NEEDED

Counselors needed for fun and engaging afterschool program at the Chapel Hill-Carrboro YMCA. Great opportunity to work with elementary aged students leading active and creative programming in the afternoon. Hours are 2-6pm on weekdays. Please apply online at link provided on dailytarheel.com/classifieds or contact Youth Director Nick Kolb (nick.kolb@YMCAtriangle.org, 919-987-8847) with questions

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HIRING NOW: CATERING. Server, bartender and supervisor positions for all home UNC football and basketball games. Catering experience NOT necessary. Please email resume to rockytopunc1@gmail.com if interested. Perfect job for students!

SWIM INSTRUCTORS, COACHES: Blue Dolphin Aquatics is looking for instructors and coaches in the Chapel Hill and Durham areas. Pay is \$10-\$18/hr. Please email info@bluedolphinaquatics.com for more information.

Rooms

FREE RENT in exchange for companionship. Close to campus. UNC students preferred. 919-967-3970.

Tutoring Wanted

NEED IPHOTO TUTOR Chapel Hill resident close to campus seeks tutoring in iPhoto. Transportation provided. Appointment times based on tutor's schedule. Pay negotiable. Contact Diana at 252-917-3605.

Volunteering

VOLUNTEER COACH(ES) FOR Carrboro cross country 1-2 days/wk. 4:10-5:45pm. 919-656-0811.

HEALTHY VOLUNTEER STUDY

The US Environmental Protection Agency is seeking volunteers ages 18-40 to participate in a research study on the UNC Chapel Hill campus. You will complete 3 visits over 4-6 weeks. Compensation up to \$375 given for your time and travel. For more information on the study, contact our recruiters at 919-966-0604 Monday thru Friday.

HOROSCOPES

If September 1st is Your Birthday...

Today's eclipse in your sign illuminates personal breakthroughs. Grow and harvest abundance this year. Household discipline brings positive results. Partnership takes a new direction later this month. New spiritual directions speak to you next spring, leading to brilliant collaboration. Work together for love.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries (March 21-April 19)

Today is an 8 -- Complete old projects and begin a new phase in your work with this Virgo eclipse. Maintain healthy lifestyle practices for balance. Aim for higher levels and launch your next endeavor.

Taurus (April 20-May 20)

Today is an 8 -- Expect some emotion. Begin a six-month family, fun and passion phase, with this New Moon lunar eclipse in Leo. A romantic relationship transforms. It's all for love.

Gemini (May 21-June 20)

Today is an 8 -- One domestic phase closes as another begins with this New Moon eclipse in Leo. Adapt your home to suit. Be patient with a resister. Family comes first.

Cancer (June 21-July 22)

Today is a 9 -- Carefully choose your words before presenting. Creativity reaches new levels over this lunar eclipse's six-month cycle. You're especially persuasive. Expand your networks. Adapt communications to a new story.

Leo (July 23-Aug. 22)

Today is a 9 -- A new financial phase dawns. Surpass old barriers in your relationship with money over the next six months under this New Moon solar eclipse. Strengthen bonds.

Virgo (Aug. 23-Sept. 22)

Today is a 9 -- Begin a new personal phase, with this New Moon solar eclipse in your sign. Take charge to fulfill what you see possible. Keep your word. Grow and develop your capacities.

Libra (Sept. 23-Oct. 22)

Today is a 7 -- Insights, breakthroughs and revelations percolate over your next six-month solar eclipse phase. Consider the past. Begin a new philosophical, spiritual and mindful phase. Get clear about what you want.

Scorpio (Oct. 23-Nov. 21)

Today is a 9 -- Begin a new phase in friendship, social networks and community, with this New Moon solar eclipse in Virgo. Take a group endeavor to a new level over the next six months.

Sagittarius (Nov. 22-Dec. 21)

Today is a 9 -- Carefully choose your words before presenting. Creativity reaches new levels over this lunar eclipse's six-month cycle. You're especially persuasive. Expand your networks. Adapt communications to a new story.

Capricorn (Dec. 22-Jan. 19)

Today is a 7 -- Go out and explore. Embark on a new stage in your education, travels and investigation, with this Virgo New Moon solar eclipse. Study from a master. Share your discoveries.

Aquarius (Jan. 20-Feb. 18)

Today is a 9 -- Family finances reach new levels over the next six months, with this New Moon eclipse. Discover new possibilities, and shift directions. Together you're more powerful. Align your priorities for new circumstances.

Pisces (Feb. 19-March 20)

Today is a 9 -- Begin a new phase in your relationship. Realign your collaboration to new priorities, with this Virgo eclipse. Support each to rising heights over the next six months.

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Burritos, woks and more added to UNC dining halls

Lenoir now offers a station for custom-made burritos.

By Meggie Crusier
Staff Writer

They say you are what you eat. Now, thanks to Carolina Dining Services, students can be a burrito.

This year, CDS added new options to Rams Head and Lenoir Dining Halls in an effort to meet students' needs.

The fully-equipped burrito bar is one of the most obvious of the new offerings at Lenoir. Scott Myers, director of food and vending services at CDS, said he knew the burrito bar would be popular, based on student response during orientation. According to Myers, about 350 burritos or burrito bowls are being served during each meal in Lenoir.

The burrito bar offers two types of rice and meat, beans and toppings, including guacamole. Chips and salsa, also new, can be found next to the

soup station.

For students who don't like the generic chicken offered at the salad bar, there is a new specialty salad station, where the preferred protein of the student is cooked to order. The station rotates with the normal omelet offering.

The salad now also has granola as a topping option.

Myers said the goal of new food offerings like these is to balance getting cooked-to-order food with getting it fast. He said Lenoir wants to offer the best of both worlds, allow-

ing students to create their own options.

The bottom of Lenoir saw changes to offer students more variety while easing the traffic flow upstairs.

Lenoir Mainstreet, in the bottom of Lenoir, now has morning pastries. Students with plus swipes can also use them at more locations in the bottom of Lenoir this semester, including Mediterranean Deli, Sitar and Sushinara.

Rams Head on South Campus also has a few changes in store for students,

including new specialty and stir-fry stations.

The specialty station replaced one of the salad bars in Rams. The stir-fry station, complete with three woks, replaced the grill. The stir-fry has rotating options, including egg scrambles and Asian-influenced meals. This station comes equipped with a camera, so students can see their food being made.

Thomas Andrews, sophomore, visited Rams this year, and said he immediately noticed the new features —

SWERVE: For more cool stories, go to www.dailytarheel.com/section/swerve.

especially the wok station.

"It definitely gives a lot more options than just having the two omelette stations," he said. "The food seems to be a lot better this semester, too."

In the future, Myers said CDS is working to enhance brunch offerings at Rams Head and add DJ nights once a month at Lenoir.

swerve@dailytarheel.com

Q&A with No. 12 North Carolina volleyball coach Joe Sagula

In his 26th season as the North Carolina volleyball coach, Joe Sagula leads one of the nation's most talented recruiting classes. The No. 12 Tar Heels boast an undefeated start to the season, knocking off No. 13 Penn State on the Nittany Lions' home court. Sagula spoke with staff writer Sam Doughton about why he thinks the team's success will continue.

THE DAILY TAR HEEL: The team had a successful opening tournament to start the year. What were the keys to the team starting off strong?

JOE SAGULA: First of all, I thought our defense was good. Preseason, our defense really impressed me how relentless they were, how hard they went after the ball ... The second thing is, we're a different team than we were last year. We could put the ball down at the outside hitting position, the pins ... If we're not passing well, we can still put pressure on the opponent by putting the ball in play and taking really aggressive swings. And the third thing is something that's become something we're really good at, and that's our blocking. We block double digits every match, and the most significant one was the win

against Penn State. There were over ten blocks per match. I thought that was great. If we do those things, we're gonna be in most matches.

DTH: Julia Scoles, Taylor Treacy and Taylor Leath got the headlines after the weekend. Who did you think had a great tournament that maybe flew under the radar a bit?

JS: The three hitters get the attention, but without question we don't win without the play of (seniors) Sheila Doyle, Abby Curry (and) Tatiana Durr. When we needed to pass well, Tati was clutch for us. Sheila was digging balls for us all the time and set the tone. And then the other person I think is our middle hitters. (Redshirt first-year) Sydnye Fields had a fantastic weekend. Ten blocks (against Penn State), and she's averaging right now over two blocks per set, which is unheard of. I mean normally if you're averaging about 0.9 or 1.0 that's phenomenal. She's averaging over two. Now if those numbers are like that a month from now, I'm pretty excited.

DTH: The team had similar expectations heading into last season, but went 3-7 before conference play hit. The tour-

namment obviously was a good start, but how is the team dealing with the weight of last season's start?

JS: I think we as coaches remember it, and I think we are relieved to know that we got off to a good start because you build confidence with the wins no matter who you're playing, and you can learn something, whether we're playing West Virginia, Georgia Southern or Penn State ... I think going into the first weekend that was probably more on our mind. That we can't start like we did last year. I think now, we're at a whole different point.

DTH: What are you expecting out of Duke Thursday?

JS: I expect Duke to typically play their best match of the year. Whenever we play them, they play relentlessly on defense ... Obviously I think we're going to be favored, but in their place, there's nobody that is ever favored. I've been doing this for a long time. And I don't care if a team's picked first or last in the ACC. In this match, you throw all the numbers out, because Duke plays great against us in their gym.

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The Interfraternity Council Invites You to the IFC Recruitment Kick-Off

Friday, September 2 at 8:45pm

Please join us in the Agora at Granville Towers to learn more about the 24 IFC chapters at the University of North Carolina at Chapel Hill, and to find out more about how to join a chapter during Fall 2016. All Fraternities will be represented and rush calendars will be provided. This event is mandatory for those planning to participate in rush. Please contact the IFC VP of Recruitment, Tyler Mincavage at tdm1031@live.unc.edu with any questions regarding the Kick-Off or recruitment.


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Level: **1** 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9.

Solution to 5-19-2016's puzzle

6	9	7	4	8	2	1	5	3
5	1	8	7	3	6	9	2	4
3	2	4	1	5	9	7	8	6
8	7	1	9	6	4	2	3	5
9	5	2	8	7	3	6	4	1
4	6	3	5	2	1	8	9	7
2	4	5	6	1	8	3	7	9
1	3	9	2	4	7	5	6	8
7	8	6	3	9	5	4	1	2

Paperhand Puppets

Want to learn more about puppets? We can give you a hand! See pg. 2 for the story.

Dorm Decorations

Need some help decorating the beige walls of your dorm room? Check out Swerve online for more.

Libraries on the street

There are free libraries all around Chapel Hill. Find out where and read the story on pg. 3.

Unified Flag Football

Special Olympics athletes and UNC students are playing flag football together. See pg. 3 for story.

Los Angeles Times Daily Crossword Puzzle

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Across

1 Stage segments

5 Apiece

9 Fur fighters, initially

13 Revealed

15 Slushy treat

16 Lumberjack

17 "Lone Survivor" actor

18 Strike site

20 LBJ, for one

21 Champs-Élysées sights

23 Shady garden denizen

24 Go through again

26 Counter alternatives

27 Strike site

30 Signature scent since 1968

31 Place for an anvil

32 Works at Museo del Prado

36 Sailor's pronoun

37 Company with a crocodile logo

41 Pitching stat

42 Banks on some magazine covers

44 Golfer

45 Woonnam

46 Spikes

47 Strike site

51 Insect that may live for 17 years

54 Live-in helper

55 Psychologist

May

56 Date bk. listings

58 Peeples of "Walker, Texas Ranger"

60 Strike site

62 Unspoiled spots

64 Vikings' home: Abbr.

65 Opinion

66 Mournful music

67 Get too much sun

68 Hand-me-down

69 It's often spoken with one hand at the edge of one's mouth

Down

1 Retired

2 Resisting being taken?

3 Academic term

4 Poivre's tablemate

5 Statue of Liberty architect

6 One of 640 in a square mile

7 Top suits

8 Tom's mate

9 LummoX

10 Live and breathe

11 Mahler's last symphony

12 Fields

14 Loudness measure

19 God with a hammer

22 Co-star of Burt in "The Killers"

25 Author Harper

26 D.C.: Metro :: S.F.: ____

27 Nonpareil

28 Téa of "Madam Secretary"

29 Strasbourg step

33 They're often found in dens

34 Forest age indicators

35 "Duck soup!"

38 Electronics brand relaunched in 2015

39 19-time All-Star

Ripken

40 Went by

43 Rock-clinging mollusk

46 ____ carte

48 Have too much, briefly

49 Took a snooze

50 Inner, as a feeling

51 Bit of Hansel's trail

52 Land of ancient Asia

Minor

53 Toast-making sound

56 Cries of discovery

57 Elbow

59 "I'd hate to break up ____"

61 Good name for a cook?

63 Guacamole, e.g.

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S	T	Y	E		D	A	N	Z	A		E	O	N	S

The Daily Tar Heel

Established 1893, 123 years of editorial freedom.

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Making
the most
of your
time

The beginning of this year was different than the past two.

There was less uncertainty and anxiety, and considerably more confidence — but the difference was bigger than that.

Solidifying my major was a great feeling, but the realization that last week was my second-to-last FDOC hit me like a ton of bricks.

During my junior year of high school, I knew exactly what I needed to do to be admitted to UNC.

Well, I knew as much as I could. What scores I needed, what skills I needed to groom, the people who were going to help me apply the following year — I had all of it down to a tee.

Entering my junior year of college, I feel like I know nothing except my name, class schedule and the operating hours of Starbucks. I mean, I know that I know a little more now, but I've never been so unsure before.

UNC was my "sure thing," the dream I always had and the accomplishment I couldn't wait to achieve.

For the first time in my life, I don't have a clear-cut vision of where I'll be in two years, and I only have a vague idea of where I want to be.

It's crunch time.

The guessing game of adding majors and minors has disappeared and now we are, quite literally, preparing for our careers. It's great, but it's terrifying.

Instead of giving into that terror and curling up into a ball, I'm seriously evaluating how I spend my time and why I do what I do.

I've tried to identify who and what I value, what I stand for and what type of person I strive to be.

In the slew of meetings I've had thus far, I've asked myself why I was there.

"Do I really want to be here?"

"What am I excited about this year?"

"Is it worth going to this meeting that could have been an email for the additional line on my resume?"

I think it's become commonplace to remain in an organization as long as possible because it "looks better" or "shows dedication" to employers.

But, if you were miserable three of the four years you were involved, was it really worth it?

We must determine what activities deserve our energy and time.

I've found we get stuck in situations we want nothing to do with because it's comfortable for us.

Or we remain in an organization because we've "been in it since freshman year."

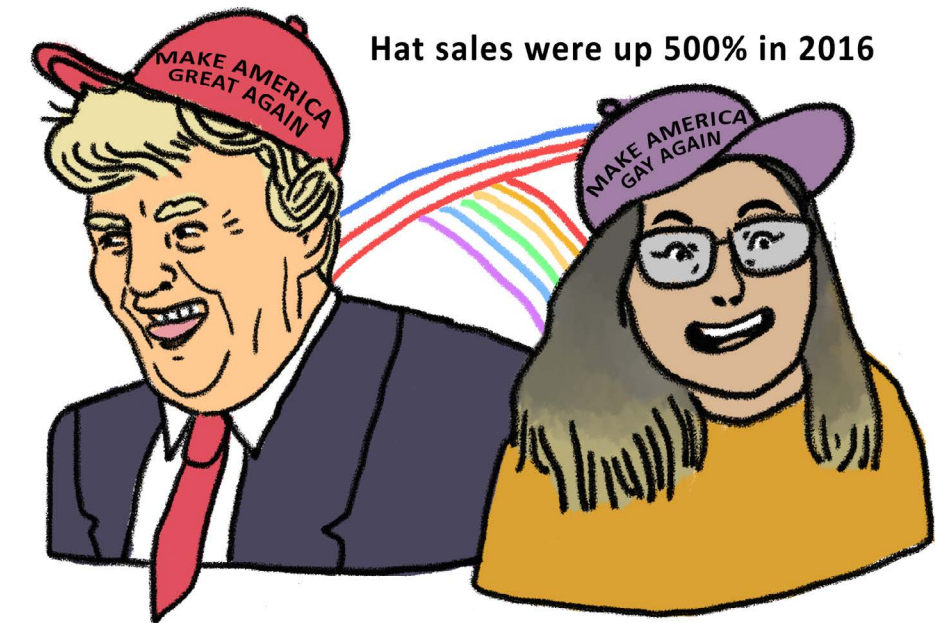
That can't be the only reason anymore.

If being involved in a particular club stresses you out, gives you anxiety or frustrates you, it's time to decide whether or not exerting the energy is worth it.

Both time and life are limited, which means they are precious.

This year, I am determined to care for my time, protect my energy and guard my peace — I hope you all do the same.

EDITORIAL CARTOON By Emily Yue, emyue@live.unc.edu



Hat sales were up 500% in 2016

EDITORIAL

Beyond networking

A university is run by a web of people working together.

We often associate universities with complex thinking, but we rarely acknowledge the complex nature of the university itself.

The brick walkways of the university campus act like the topsoil above an ant colony, for they mask a complex, interconnected network.

Every day, the university must be brought into being through the hard work of a combination of faculty, staff and administrators.

Acknowledging this complexity means looking for and appreciating all of the people who make the university possible.

Custodial workers create a clean space; groundskeepers keep our campus beautiful; staffers ensure that classes are scheduled and run appropriately; innumerable people outside of the university care for all of its members.

The network of people who produce the university spirals outward, constantly expanding and engulfing more people the more one looks at it.

The complexity of the network reflects the fact that we are not strictly individuals.

Although the work of the university student is mythologized through notions of drive, commitment and determination, in reality, this work is never

individual — for it relies on the network to occur in the first place.

Food workers are just as essential to students as the hours spent reading complicated texts. The support of others is essential for freedom itself.

The individual is always caught between a sense of self and a reliance on community.

Within the university, we tend to undervalue the contributions of those who engage in non-academic labor.

These community members are essential to the production of the university, and thus ought not be devalued. They must be appreciated, for they help produce the community that we enjoy.

COLUMN

With editors like these

Come work for the DTH and help build something awesome.

There are plenty of reasons you should join The Daily Tar Heel.

Where else will you interview a governor, a mayor and a chancellor before you turn 20? Where else will you work on stories that matter not just to your community, but to the country? Where else are college kids entirely in charge of the top news source for a major university and several surrounding towns?

I filled out my DTH application about two hours before the deadline, so you've still got time before it's due at 4 p.m. Friday.

You should join the DTH because the coolest people at UNC are so ready to meet you. We call them "desk editors," but they'll really be



Jane Wester
Editor-in-Chief
Senior history major from
Charlotte, N.C.
Email: editor@dailytarheel.com

your coaches, mentors and informal older siblings.

The DTH is a teaching paper. That means you don't need any experience reporting, taking pictures, copy editing or designing graphics when you start working for us. We'll teach you, and in a flash of lightning, you'll be pub-

lished. Your editors make that transformation possible.

When I was a new staffer, I thought the city editor's constant willingness to explain things and listen to my problems was amazing. I didn't even work for her desk.

Now I know that's just how the DTH works. I'll never be able to pay back my former editors for all the advice and supportive animal photos they've given me.

Your editors will ask you to try to meet your deadlines, get accurate quotes and create something you're proud of — but we'll give you a ride home after, you'll have some ridiculous story to tell about that night in the office, and you'll never be without a friend.



QuickHits



We really care

UNC football is back, and with it comes an awful internal conflict: Is football morally okay? Like, it is so violent and can really harm people. Make no mistake, we love our team. We love them so much that we worry about their well-being. We should make UNC E-sports, so no one gets hurt.



Bey continues to slay

First, she used the Super Bowl as a commercial for her world tour. Then, too good for VEVO, she used HBO to broadcast the groundbreaking long-form visual experience that was "Lemonade". The VMAs basically let Beyonce do her thing on stage for fifteen minutes. And it was the best fifteen minutes of our lives.



Luddites unite

We the Luddites of The Daily Tar Heel are opposed to any technological advancements to the Student Union. Our parents are about the same age as the current one — should they be torn down? We even like the 1960s Soviet-era architecture. After all, progress is just a mask for furthering capitalistic exploitation.



Gotta go fast

An online petition proposing to change our national anthem to a song from Sonic Adventure 2 has received over 9,000 signatures.



An archaic ark

Over the summer, you all may have seen the Ark Encounter advertisements on television. We are not here to debate if Noah actually built an ark, but why should we rebuild it now? And why wasn't it built to float? Just seems like money poorly spent. Maybe build a school or hospital next time.



Lucky Lochte

How did Ryan Lochte land a gig on the 23rd season of "Dancing with the Stars"? Sure, he may be the golden retriever puppy of the Olympics team. Sure, you still love your puppy when he gets up to weird mischief at a gas station. But, if you reward trouble you'll just get more trouble. Learn a little, Lochte. At least try to.



QUOTE OF THE DAY

"(When I think of puppets,) I think of sock puppets and possibly a creepy guy with a puppet on his hand."

Aaron Williams, on puppets

FEATURED ONLINE READER COMMENT

"More fancy new buildings to justify huge increases in our tuition. I hope they plan on hiring 50 new union administrators."

Jack, on UNC possibly building a new student union

LETTERS TO THE EDITOR

Make your extra second meaningful

TO THE EDITOR:

Grunts and groans about the presidential election aside, 2016 will be remembered for many things — the Rio Olympics, the latest Harry Potter sequel, the Powerball-winning Chester County resident (okay, only interesting to people in Pennsylvania) and Black Lives Matter protests in Baltimore and other cities across the U.S.

Included on this list, however, should be another momentous event that we all have long sought: a little more time.

For, on December 31st, 2016, the United States Naval Observatory will add another second — a leap second — to our calendar year.

(It is actually the second second added since 2015.)

So, what will you do with your leap second?

Here are some suggestions from lifehack.org: smile, laugh out loud, take a deep breath, take a sip of water, make meaningful eye contact with a stranger or give thanks.

Whatever you decide to do, I hope you make this extra second count.

High-five a friend, shut off your phone, kiss a loved one.

This is a great opportunity to appreciate the little ways that we can positively impact others and improve our own lives.

So join me during this special second in being mindful of how — although time is fleeting — it's how we spend it that really counts.

Erin Collins
Chapel Hill

Diversity should go beyond white women

TO THE EDITOR:

I much appreciate how schools like the University of North Carolina promote diversity, but I've noticed a trend at UNC — whole departments made up by nearly 90 percent by white women.

For example, I was considering entering the Master's program in counseling, but when I look at their page, there's 30 plus folks in the program, one woman of color, one dude, and mostly white women — THAT is diversity?

It's the same in early childhood education — an entirely female department.

Where's the outreach? Where's the diversity? Shouldn't the school be trying to recruit more male candidates?

Is the goal of the school to only admit white women and have entire departments be for white women only?

UNC is sending a message — if you're male, you need not apply — and IMO that needs to change.

Marc Sylvestre
Chapel Hill

The DTH should recognize rowers

TO THE EDITOR:

My name is Tom Young. My wife and I have a rising senior at Chapel Hill.

She just finished her third year on the UNC-Chapel Hill women's varsity rowing team.

As I scan your website, is there a reason why the women's rowing team is not listed under the varsity sports on your website?

If you have a moment, when it is convenient, could you please let me know your thoughts regarding the non-listing.

These young women work extremely hard and do their best to represent the university in a manner of which it should be proud.

The women's rowing team has the highest GPA of any University team, but very few know of its existence.

Thank you.

Tom Young
Charlotte

DTH needs to increase papers in Carrboro

TO THE EDITOR:

I really miss picking up The Daily Tar Heel at O2Fitness in Carrboro.

Can you please put the box back??

Thanks!

Linda Browner
Chapel Hill

Why you should write letters to the editor

FROM AN EDITOR:

I love letters to the editor. As an assistant editor last year, I always enjoyed reading them and seeing people engage with our writings.

During my time on the opinion page, I have done everything (including an awful cartoon) on this page — except for letters.

I want to encourage anyone, regardless of opinion, to write a letter. In all honesty, I am asking you to hold myself and the rest of this staff accountable.

If you disagree with something we wrote or an editing choice, let me and other readers know.

One tip: we do go through every letter and verify proper nouns and factual statements. So, please attach links in your letter to help us out.

We appreciate all of our readers and letter writers. I look forward to hearing what you have to say.

Tyler Fleming
Opinion Editor
Randleman

CORRECTIONS

Due to an editing error in Wednesday's viewpoints on Kanye West, Crystal Yuille was incorrectly called the president of the Muslim Student Association.

The Daily Tar Heel apologizes.