

The 13th annual Catawba RiverFest raffle for Lake James State Park will take on special significance this merchandise giveaways.

will take on special significance this year as the event will also mark the North Carolina State Parks Centennial Celebration at Lake James. And if that wasn't reason enough to attend the Sept. 17th festivities, the McDowell Trails Association Lake James Triathlon/Duathlon is happening in the morning. It's going to be a fantastic day

highlighting conservation, community and economic organizations celebrating the park system and the Catawba River Basin and its critical importance to the quality of life we all enjoy.

The festival will take place in and around the lower parking lot at the Paddy's Creek Area, between the hours of 11 a.m. and 4 p.m. Information and interactive booths for dozens of area conservation, outdoor recreation and historic organizations will help visitors understand and appreciate the story of the river, how it has shaped the region and the many challenges it faces today.

There will be opportunities to demo kayaks, canoes and paddleboards free of charge.

The all-day raffle will feature prizes that include park posters, t-shirts, pottery, framed art, a 9-foot kayak package and a mountain bike. Raffle tickets are

available now for purchase at the Lake James State Park concession stand and during the event. Just attending the festival will earn you an entry into a

Festival goers will also be able to participate in a host of free educational programs throughout the day including junior ranger programs. Starting with a live bird demonstration and rehabilitated hawk release at 11:30 a.m., the events continue throughout

the day with paddle eco-tours organized by the Catawba Riverkeeper Foundation or take a trip on a ranger-led boat tour - just visit the N.C. State Parks booth when you arrive and fill out the sign-up sheet. There will be a fascinating presentation on the history of Fonta Flora and Mills Creek. In addition to scheduled activities, throughout the day there will be craft tables set up for take-home kid's crafts.

Some of the scheduled exhibitors include the N.C. Wildlife Resource Commission, Lake James Area Wildlife

and Nature Society, McDowell Trails Association, Catawba Riverkeeper Foundation, Catawba Valley Heritage Alliance, Lake James **Environmental Association** and many more. Musical entertainment will occur throughout the day, courtesy of Alan Darveaux with Slight Departure and Strictly Clean and Decent. Local food vendors will have a variety of lunch options available and the park concession stand will be open throughout the day, selling snacks, ice cream and refreshments to the masses.

The Catawba RiverFest is sponsored by Lake James State Park, Catawba Valley Heritage Alliance and the Friends of Lake James State Park. More information can be found at www.facebook.com/FriendsO-fLakeJamesStatePark or call (828) 584-7728.

Registration for the McDowell Trails Association's Triathlon/Duathlon can be made by visiting their website at www.mcdowelltrails.com.

LJSP INTERPRETATION & EDUCATION PROGRAMS SEPT.-OCT., 2016

If you would like to receive our monthly programs list, contact us at lake.james@ncparks.gov. In an effort to reduce idle waiting time before programs begin, please make an effort to arrive a few minutes early before the start times listed. Thank you.

FALL BIRDWATCHING HIKE - SATURDAY, SEPT. 10

Bird migration is in full swing and it's time to go watch the spectacle. The Paddy's Creek parking area offers just the right mix of open water, shoreline woods and fields to see lots of species in a morning. Join Ranger Jamie Cameron for an exciting morning. We'll start at 8 a.m. from the Paddy's Creek Area bathhouse breezeway. Bring binoculars and a field guide if you have them.

ASTRONOMY FOR EVERYONE – SATURDAY, SEPT. 10

Lake James State Park Superintendent Nora Coffey will be co-hosting with the Catawba Valley Astronomy Club for a night of star gazing. Learn some basic star gazing tips and take home your own star chart. There will be telescopes and binoculars set up for viewing the night sky, but feel free to bring your own if you have them. Folding chairs are also recommended. We will meet in the upper parking lot of the Paddy's Creek Area at 8 p.m. Register by calling the park office at 828-584-7728.

NATIONAL GRANDPARENT'S DAY HIKE - SUNDAY, SEPT. 11

It's National Grandparent's
Day and what better way to
honor them than taking a hike
at Lake James State Park?
With all of their life experience
and accumulated knowledge,
grandparents have so much
to offer future generations; let
them strut their stuff on this
trek along a 1-mile section of
the historic Overmountain
Victory Trail. Ranger Jamie



Cameron will lead this easy walk along Paddy's Creek. We'll be looking for wildlife, plants, trees and anything else of interest. Wear comfortable hiking shoes and bring snacks and water. The adventure begins at 10 a.m. at the Holly Discovery Trail parking lot in the Paddy's Creek Area of the park.

ISLAND HOPPING BOAT TOUR – FRIDAY, SEPT. 16

The islands of Lake James are an oasis for wildlife and people seeking solitude from the hustle and bustle out on the lake.

Ranger Clay Veasey will lead this very special program to explore some of the islands, including the historic cemetery on Goat I sland, which was established long before there ever was a lake here. In addition to island-hopping, participants will get a chance to look for wildlife, waterfowl and fantastic scenic views of Linville Gorge and surrounding mountains. Dress appropriately for the weather (sun screen is highly recommended) if you are one of the eight lucky participants. Registration is required and available of a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy's Creek Area East Picnic Shelter at 9:45 a.m. for a briefing and prompt departure at 10 o'clock.

LJSP INTERPRETATION & EDUCATION PROGRAMS SEPT.-0CT., 2016

POLLINATORS MAGNIFIED - TUESDAY, SEPT. 20

Come experience nature in a new way, a magnified way! Nature Magnified is a new program series at Lake James that will introduce kids to the natural world in a different way. Undoubtedly you've strolled the trails along the lake and experienced the beauty Lake James has to offer, but have you ever seen the natural world magnified? Come join Ranger Kevin Bischof as he leads a group to explore the pollinators of the forest at a different level. The park will supply the magnifying loupes, all you have to do is bring the kids and a sense of exploration. Magnification will turn your walk in the woods into a whole new experience. Because the park has a limited number of magnifying loupes, please call ahead of time to reserve your spot. Reservations can be made by calling the park office at 828-584-7728. This program can be used for the Junior Ranger program credits and will meet at 1 p.m. at the swim beach bathhouse in the Paddy's Creek Area.

CREEK EXPLORATION - SATURDAY, SEPT. 24

Experiencing a peaceful mountain stream is something just about everyone enjoys. But, have you ever wondered what lives within that peaceful mountain stream? From the creepy crawly to the slimy swimmers, start off Take a Child Outside Week with a walk down to Paddy's Creek to discover what calls the local streams and rivers home. Meet Ranger Kevin Bischof at the Holly Discovery Trail Parking Area for a short walk down to Paddy's Creek. Bring sturdy footwear that you don't mind getting dirty or wet. The creek discovery starts at 2 p.m. and will last about an hour.

JUNIOR RANGER BOOT CAMP – SUNDAY, SEPT. 25

Do you think you have what it takes to join the prestigious ranks of the North Carolina State Park Junior Rangers? If you do, the rangers at Lake James State Park want you! The Junior Ranger program is for kids ages 6-12 who have an interest in nature and stewardship. Join Park Ranger Jamie Cameron during Take A Child Outside Week to receive your Junior Ranger workbook and participate in several activities that will put you well on your way towards earning your Junior Ranger certificate at patch. We'll meet at the Paddy's Creek Area bathhouse breezeway at 3 p.m. You must pre-register for this program by calling the park office at 828-584-7728.

TACO WEEK AUTUMN BOAT TOUR - WEDNESDAY, SEPT. 28

Lake James is an important waystation for all sorts of animals, birds and insects as the summer winds down. Past experience has proven to the park staff that there's no better way to explore the lake and its abundant wildlife than by boat. Park Ranger Earl Weaver will be your captain and guide aboard the park patrol boat as we search for terns, beavers, eagles and scenic vistas. The weather could be hot and muggy or cool and drizzly, so be sure to watch the forecast and dress appropriately for the day (remember it's always cooler out on the water) if you are one of the eight lucky participants. In recognition of Take A Child Outside Week, adult participants must be accompanied by at least one child, age 16 or less. Registration is required and available on a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy's Creek Area East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 a.m. departure.

Continued Next Page

LJSP INTERPRETATION & EDUCATION PROGRAMS SEPT.-OCT., 2016

AMPHIBIAN ADVENTURE - THURSDAY, SEPT. 29

September is a fantastic month to see some of Lake James' cold-blooded residents. Meet Park Ranger Kevin Bischof during Take A Child Outside Week as he explores the Holly Discovery Trail in attempt to discover some of the amphibians that live in there. The hike is approximately .75 miles in length and starts 10 a.m. from the Holly Discovery Trailhead in the Paddy's Creek Area of the park.

FLJSP POTLUCK PICNIC – SUNDAY, OCT. 2

The Friends of Lake James State Park Annual Membership Potluck picnic is open to all current and future/potential members. Break bread with folks who love the park as much as you do. Meet the board and fellow members and hear a short presentation by Park Superintendent Nora Coffey about the exciting things coming to LJSP. We'll meet in the East Picnic Shelter of the Paddy's Creek Area at 1 p.m. Bring a covered dish to share. Please RSVP to the park office at 828-584-7728 by noon on Friday, Sept. 30.

CANOE EXCURSION - FRIDAY, OCT. 7

The tranquility of paddling a canoe on a quiet morning is one of life's simple pleasures. Discover the beauty of Lake James State Park from the water with Park Ranger Kevin Bischof. Whether you're an expert paddler or you don't know the difference between starboard and port, we'll provide the equipment and instruction to make it a memorable morning. Six park canoes are set aside for this free program and each is capable of carrying two adults and one child (must be 7 years of age or older). The program starts at 1 p.m. and meets at the Paddy's Creek Area bathhouse breezeway. You must pre-register and be prepared to share your journey with a new friend if you are a single and space dictates. Call 828-584-7728 and sign-up today.



AUTUMN BIRDWATCHING HIKE – SATURDAY, OCT. 8

Bird migration is in full swing and it's time to go watch the spectacle. The Paddy's Creek parking area offers just the right mix of open water, shoreline woods and fields to see lots of species in a morning. Join Ranger Jamie Cameron for an exciting afternoon. We'll start at 8 a.m. from the Paddy's Creek Area bathhouse breezeway. Bring binoculars and a field guide if you have them.

POLLINATOR GARDENS TOUR - SUNDAY, OCT. 9

Over the last 5 years the staff at Lake James State Park has been diligent in landscaping with native plants that are attractive to insect pollinators. Those efforts are starting to pay off and the pollinator gardens around the day use portion of the Paddy's Creek Area are a showplace for butterflies, bees and a host of other insects that are critical to the health of our flowering and fruiting plant communities. Park Ranger Jamie Cameron will lead this tour of the gardens — discussing the different plants and how they are utilized by the insect community. Meet at the Paddy's Creek Area bathhouse breezeway at 10:30 a.m.

Continued Next Page

LJSP INTERPRETATION & EDUCATION PROGRAMS SEPT.-0CT., 2016

ISLAND HOPPING BOAT TOUR - TUESDAY, OCT. 11

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ISLAND HOPPING BOAT TOUR – FRIDAY, OCT. 14

The islands of Lake James are an oasis for wildlife and people seeking solitude from the hustle and bustle out on the lake. Ranger Clay Veasey will lead this very special program to explore some of the islands, including the historic cemetery on Goat Island, which was established long before there ever was a lake here. In addition to island-hopping, participants will get a chance to look for wildlife, waterfowl and fantastic scenic views of Linville Gorge and surrounding mountains. Dress appropriately for the weather (sun screen is highly recommended) if you are one of the eight lucky participants. Registration is required and available of a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy's Creek Area East Picnic Shelter at 9:45 a.m. for a briefing and prompt departure at 10 o'clock.

MONARCH MADNESS – SATURDAY, OCT. 22

The amazing monarch butterfly migration will be at its peak and the Lake James State Park pollinator gardens are a great place to catch the spectacle. Park Ranger Jamie Cameron will explain the life-cycle of these incredible insects as we search for monarchs on their way to the wintering grounds in Mexico. This will be a leisurely excursion for all ages. Meet at the Paddy's Creek Area bathhouse breezeway at 2 p.m.



ASTRONOMY FOR EVERYONE – SATURDAY, OCT. 22

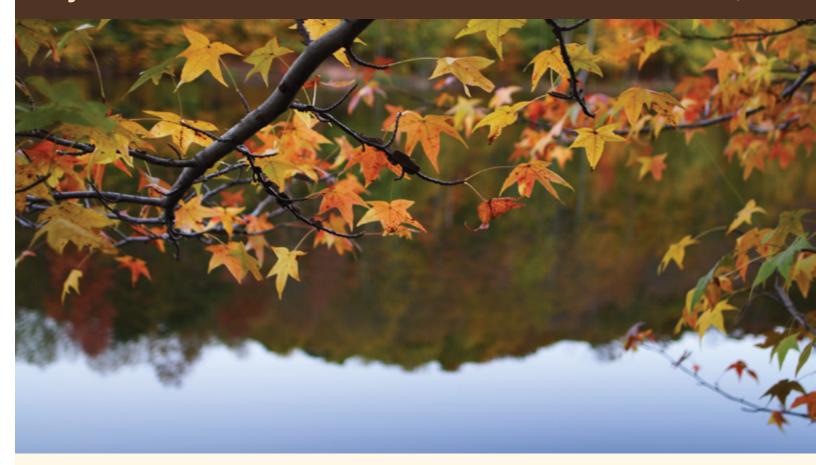
Lake James State Park Superintendent Nora Coffey will be co-hosting with the Catawba Valley Astronomy Club for a night of star gazing. Learn some basic star gazing tips and take home your own star chart. There will be telescopes and binoculars set up for viewing the night sky, but feel free to bring your own if you have them. Folding chairs are also recommended. We will meet in the upper parking lot of the Paddy's Creek Area at 7 p.m. Register by calling the park office at 828-584-7728.

FALL PHOTO SAFARI – SUNDAY, OCT. 23

The beautiful autumn leaves practically glow in the late afternoon light of October. These are the days photographers dream about. Join Park Ranger Jamie Cameron, a former photojournalist, for an afternoon session at some of the park's most scenic sights. We'll talk about composition and tips on getting closer to wildlife. You don't have to have any experience or own a backpack full of lenses to participate — everyone is welcome. Meet at the Linville Gorge Overlook at the Paddy's Creek Area of the park at 4 p.m.

Continued Next Page

LJSP INTERPRETATION & EDUCATION PROGRAMS SEPT.-0CT., 2016



AUTUMN LEAVES MAGNIFIED - FRIDAY, OCT. 28

Come experience nature in a new way, a magnified way! Nature Magnified is a new program series at Lake James that will introduce kids to the natural world in a different way. Undoubtedly you've strolled the trails along the lake and experienced the beauty Lake James has to offer, but have you ever seen the natural world magnified? Come join Ranger Kevin Bischof as he leads a group along the trails of Lake James to explore the fall foliage of the forest on a different level. The park will supply the magnifying loupes, all you have to do is bring the kids and a sense of exploration. Magnification will turn your walk in the woods into a whole new experience. Because the park has a limited number of magnifying loupes, please call ahead of time to reserve your spot. Reservations can be made by calling the park office at 828-584-7728. This program can be used for the Junior Ranger program and will meet at 1 p.m. at the swim beach bathhouse in the Paddy's Creek Area.

AUTUMN BOAT TOUR - SUNDAY, OCT. 30

Lake James is an important waystation for all sorts of animals, birds and insects as the summer winds down. Past experience has proven to the park staff that there's no better way to explore the lake and its abundant wildlife than by boat. Park Ranger Earl Weaver will be your captain and guide aboard the park patrol boat as we search for terns, beavers, eagles and scenic vistas. The weather could be hot and muggy or cool and drizzly, so be sure to watch the forecast and dress appropriately for the day (remember it's always cooler out on the water) if you are one of the eight lucky participants. Registration is required and available on a first-come, first-served basis. Call the park office at 828-584-7728 to reserve your spot. Meet at the Paddy's Creek Area East Picnic Shelter at 9:45 a.m. for a briefing and prompt 10 a.m. departure.

NATURE NOTES

The season of the great migration is upon us and the birdwatchers are cleaning their binoculars, waterproofing their hiking boots and studying their field guides in preparation. Many North American songbirds already started heading south back in late August, but the vast majority of these, along with raptors, waterfowl, woodpeckers and more will pass through the Lake James area in the weeks to come. In fact, between now and the end of November can be the most exciting birdwatching of the year.

Here at the state park, a few spots have proven themselves season after season to be especially productive for seeing lots of different kinds of birds and/or lots of individuals. The small woodlot on the west side of the Paddy's Creek Area bathhouse is one of these. As the sun rises in the morning, these trees are among the first to receive its warming rays. When the temperature rises insects become active and that's exactly what travelling warblers, vireos, thrushes and flycatchers are looking for after flying all night. Get there early enough and you could spot American redstarts, Baltimore orioles, Eastern pewees, red-headed woodpeckers, Cape May, palm, chestnut-sided, black-throated-green and black-and-white warblers – to name but a few. Another top spot is the Paddy's Creek Area bridge. Park at the pull-off or the Holly Discovery Trail lot and walk out to the middle of the bridge gangway, facing the lake. This can be an especially good location to watch for thrushes, catbirds and other fruiteating migrants that feast on the berries of the black locust tree that grows on the south side of the creek.

WHO WE ARE

A group formed in 2010, made up of dedicated people work together to help Lake James State Park meet its mission of providing opportinities for public enjoyment and education while still protecting the natural beauty and historic integrity of the State Park.

BOARD MEMBERS

Eric Jenkins - President
Robert Hunter - Vice President
Mike Sewell - Secretary
Paul Braun - Member at Large
Annette Bryant - Membership Coordinator
Randall Conley - Member at Large
George Milner - Member at Large
Greg Norell - Member at Large
Molly Sandfoss - Member at Large
Alan Scholl - Member at Large
Jeff Stark - Member at Large
Jim Williams - Member at Large
To contact the Friends of Lake James
State Park Group please email
info@lakejamesstatepark.org

If it's eagles, hawks and falcons that get your juices flowing, the lower parking deck at the Paddy's Creek Area swim beach has been a terrific vantage point for migrating raptors. September cold fronts push southbound broad-winged hawks by the hundreds, riding the northwest winds on their way to South America. Later in the season, Cooper's and sharp-shinned hawks can be spotted coursing by, along with the occasional merlin or bald eagle.

It's a great time to be outside enjoying one of Nature's most brilliant spectacles. See you at the park!

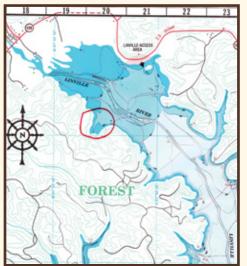
CENTENNIAL SPOTLIGHT: FONTA FLORA

The crystal blue waters of Lake James make it a destination for boaters from near and far, but many don't realize that the lake is man-made. In 1923, the completion of three dams by Duke Energy formed Lake James as we know it today. As construction concluded and the waters began to rise, the myths of what lay submerged below the lake had just begun. Wild mysteries and crazy myths surround nearly all man-made lakes, and Lake James is no different. One of the most common history questions park staff gets involves the town of Fonta Flora, and whether or not it really is under the lake. The answer isn't a simple yes or no. In this article we will explore what the town was, where it was and what happened to its people when the waters started to rise. From there, you can draw your own conclusions. So let's explore what the town was.



Photo Courtesy of Duke Energy

In order to begin, we have to take a step back in time. At the beginning of the 20th century, construction on the three dams that created Lake James hadn't started, and the lake didn't exist. There were rural towns scattered across North Carolina, which included one at the mouth of the Linville Gorge along the banks of the Linville River. This small farming community was called Fonta Flora. Old records show the population of the town in 1890 was 18 residents. That number peaked at around 100 during the early 1900s. While it had a small general store, post office, mill, ballfield, school, Methodist Church and several home sites, it was not a large town.



Being a farming community, Fonta Flora spread out over a wide area at the mouth of the Linville Gorge. The exact location of the community was at the base of the gorge where the Linville River flows into the lake. Referencing old postal maps, the present day Linville Access Area at the north end of the lake is near the center of where Fonta Flora was once located. Lake construction began in 1916 and took seven years to complete. As the water rose, it did flood a portion of the land that made up the Fonta Flora community, but it did not flood the whole community. During the construction, many of the homes and buildings were dismantled and moved. While there isn't a whole town located under the lake, the original locations of the general store, post office, ballfield, livestock farm and several houses were flooded. While our imaginations lead us towards images of lost towns submerged beneath the surface of Lake James, the historical records don't support those ideas.

While we celebrate 100 years of State Parks in North Carolina, it is important to celebrate the history that surrounds our state parks. The myths of hidden cities below the waters of Lake James will likely always survive. Nearly every man-made lake has these mysterious stories about what lies beneath. So remember Fonta Flora the next time you are on the lake, and try to imagine what it would have been like to live in the Linville River Valley before the lake was created.

FAMILIAR FACE: JUSTIN ALLEN



Over the course of the summer a tremendous amount of behind-the-scenes work goes into making Lake James State Park presentable for the multitudes of visitors here to have outdoors fun. The maintenance staff and rangers can't do it on top of their regular daily duties and that's why the state park relies so heavily on its seasonal grounds-keeping crew.

From before the time the gates open until long after most visitors have left for home, seasonal workers are scouring the park; picking up litter, removing

ashes from campsite and picnic site grills, addressing overflowing trash and recycling bins, mowing and weed-eating the road shoulders, cleaning bathrooms and shower houses and grooming the beach sand.

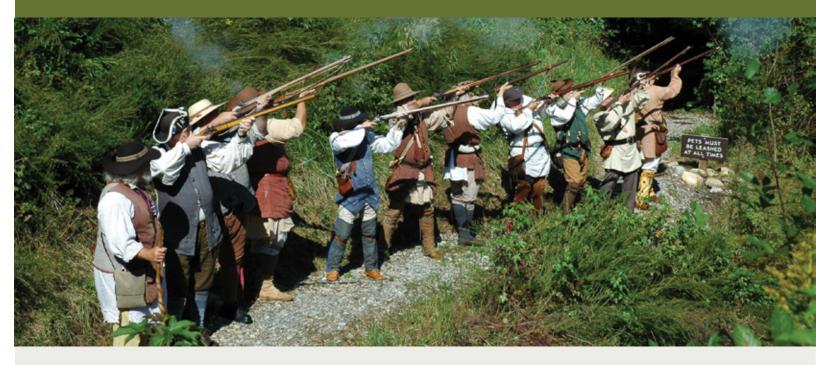
Among this dedicated six-person all-star team, Justin Allen is a vital player in keeping things running smoothly. Born and raised in McDowell County, Justin is in the midst of his fourth season working at Lake James – during which time he has graduated from McDowell High School, received his associates degree from McDowell Technical Community College and gotten married at the park. It's safe to say most of the full-time staff feels like they have watched Justin grow up at Lake James.

To say Justin is passionate about the park would be an understatement. Several years ago he studied YouTube videos on how to mow stripes into lawns. The grass behind the Paddy's Creek Area bathhouse has looked like a major league outfield ever since. When he's not riding a mower or strapped into a weed-eater, Justin works tirelessly on all of the other park chores. He's even been known to volunteer his services when he's not on the payroll. That's not to say working outside through the summer months is easy. "Working all day when it's 100 degrees; it's physically taxing to work in that kind of heat," he said. "It's also aggravating to have to spend so much time picking up other people's litter. It's such a preventable problem that keeps us from doing the grounds-keeping that makes the park look nice."

During the brief periods when he's not cutting grass or pulling trash, Justin can often be found answering questions and offering advice to visitors. He's easy to find around the breezeways at the Catawba River and Paddy's Creek area offices – just look for the guy wearing the orange safety vest that never comes off when he's on the job.

"I like working here," said Justin. "The park is awesome and I like making sure she's taken care of."

SAVE THE DATE



During the early stages to the Revolutionary War, a band of southern frontiersmen set out on a journey to find and engage a British-sponsored army and defeat it at the Battle of King's Mountain. Come out to Lake James State Park Sept. 29 and learn about these courageous patriots and their connection to Lake James as we celebrate the anniversary of their heroic march. The program will take place in the East Picnic Shelter at the Paddy's Creek Area. Live music will begin at 6 p.m. courtesy of the Backwater String Band, followed by storytelling and a live demonstration, courtesy of the Overmountain Victory Trail Association. The program will conclude by 7:30 p.m. Kindly RSVP to the park office at (828) 584-7728.

Hike on the OVT the following morning, Sept. 30, with OVTA reenactors at 10 a.m. Each year, reenactors dressed in period garb and weaponry retrace the journey of the original Overmountain Men at various sites along the 330-mile National Historic Trail. Don't miss out on your chance to relive history. Meet at the Paddy's Creek Bridge around 9:45 a.m.

LJSP TRAILS



CATAWBA RIVER AREA:

Fishing Pier Trail (0.3 mile, easy)
Fox Den Loop Trail (2.25 miles, moderate)
Lake Channel Overlook Trail (1.5 miles, moderate)
Sandy Cliff Overlook Trail (0.5 mile, easy)

PADDY'S CREEK AREA:

Holly Discovery Trail (0.75 mile, easy)
Mill's Creek Trail (3.6 miles, moderate)
Overmountain Victory Trail (2.0 mile, moderate)
Paddy's Creek Trail (2.0 miles, moderate)
Tindo beginners' mountain bike trail (4.0 miles)
Wimba intermediate mountain bike trail (11.25 miles)

PARK GENERAL INFO

- Gate hours during September are 7 a.m. until 10 p.m. Hours for October are 7 a.m. until 9 p.m.
- Paddy's Creek Area swim beach is open through the end of September
- The concessions stand and boat rentals are operating during weekends only through the end of September

WHIPPOORWILL FARM ADDITION



Photo courtesy of the Morganton News Herald

Our favorite state park grew another 41 acres in August with the transfer of Whippoorwill Farm, thanks in large part to the hard working folks at Foothills Conservancy and those who value open lands and healthy waterways around Lake James. With a grant from the North Carolina Clean Water Management Trust Fund, private donations and other sources, the land was preserved for future generations of park visitors.

HOW TO GET INVOLVED

Do you have an interest in Lake James State Park? Whether you enjoy hiking the trails, swimming at the beach or just picnicking with your family, there is some part of the park for everyone.

Join the Friends of Lake James State Park group and learn about all the opportunities to help make the park a better place for everyone to enjoy. The Friends of Lake James State Park focus on working together to help Lake James State Park meet its mission of providing opportunities for public enjoyment and education while still protecting the natural beauty and historic integrity of the State Park.

There are a variety of opportunities to get involved from trail work days, to volunteering at RiverFest and other festivals. Become a member of Friends of Lake James State Park, and know that you are helping to preserve the natural beauty and historic resources of Lake James for generations to come.

FRIENDS CONTRIBUTIONS

The Friends of Lake James State Park is proud to support the hardworking staff at Lake James State Park and contribute wherever we can to help improve park operations and offer new recreational opportunities to visitors. If you think these efforts are meaningful, please consider joining our group using the form at the bottom of this page.

- Boat Camping Project; partially funded, purchased equipment including rebar driver and auger
- Stand-up Paddleboards; purchased two for rental fleet and one for lifeguard use
- Funded instructor for Waterfront Safety training for lifeguards
- Linville Overlook picnic area
- Assisted with Overmountain Victory Trail 2 construction
- Holly Discovery Trail; partially funded and dedicated, annual funding for upkeep
- Park of the Year celebration
- Sponsored night rides on mountain bike trails
- RiverFest Sponsor

HOW TO JOIN THE FRIENDS OF LAKE JAMES STATE PARK GROUP

Become a member of Friends of Lake James State Park, and know that you are helping to preserve the natural beauty and historic resources of Lake James for generations to come.

For more information please visit www.lakejamesstatepark.org or email info@lakejamesstatepark.org.

FRIENDS OF LAKE JAMES STATE PARK - MEMBERSHIP INFORMATION

Be a Friend of Lake J	ames State Park			
Select class of annual membership:		Name		
Individual	\$10	Address		
Family	\$25	City	State	Zip
Corporate	\$50	Email		
Patron/Industry	\$100 - \$999 \$	Phone		
Lifetime	\$1000 (or more) \$			
I would like to be contacted about volunteer			Return to:	
opportunities with the Friends of Lake James State Park			Friends of Lake James State Park, Inc.	
Where did you hear al	bout us?		P.O. Box 1327 Nebo, NC 28761	

Friends of Lake James State Park, Inc. is a registered 501(c)3 charitable organization. Receipt of membership will be supplied upon request.