11

Variety show to benefit mental health groups

Sold-out event held at restored school

BY GAYATRI SURENDRANATHAN

Songs, skits and readings will fill the air of a former school this weekend, when a variety radio show will be held and recorded to raise money for four area mental health agencies.

The 1930s Murphey School, restored by Jay Miller and his wife Ebeth Scott-Sinclair in 2008, will host the sold-out Murphey School Radio Show on Saturday at 7:30

"We knew we wanted to do a fundraiser," Miller said. "The building looks 1930s, so we had the idea to do a sort of radio show, which is

Miller owns the Shared Visions Foundation, which helps local nonprofit service agencies.

He said he has worked extensively with the four benefiting mental health agencies: Freedom House Recovery Center, Mental Health America of the Triangle,

Cross Disability Services (XDS Inc.) and Club Nova.

"Jay makes it possible for us to do the work that we do," said Mark Sullivan, executive director of Mental Health America of the Triangle.

Donna Campbell, a principal at Minnow Media in Carrboro, is producing the event and coordinating all talent and technical aspects.

"It's sort of like juggling plates, I guess," she said.

She and her work partner met with Miller and together decided to do a radio show, inspired by a televised music festival.

The show will be published as a podcast a few weeks after the

The abundance of talent in the Chapel Hill area made finding volunteer performers easy, Campbell said.

"In the Triangle, if you throw a typewriter you'll hit a writer,"

Schools jump start fitness

UNC Campus Recreation, recent-

ly sent out an e-mail to her fellow

fitness instructors seeking a vol-

unteer to teach at North Chatham

The show will feature performances from local artists and comedians as well as readings from area authors, including UNC professors Daniel Wallace and Bland

Thomas Millisor, director of development for Freedom House, said he is grateful for the event because it raises both awareness and funds.

Located in Chapel Hill, Freedom House provides mental health and substance abuse services.

"Our funding is slowly eroding," Millisor said. "It's a tragic story, especially because 30 percent of our patients are poor, homeless and addicted to almost anything.

"The awareness that this event will raise is a great boon, and there's a little money involved too."

"This is our first time trying this event, but we hope to hold it twice a year," Miller said.

"Mental health is something I'm really interested in, so I'm thrilled to see where this goes."

"I was going to do

the ones that were

easiest for me: no

fast food, and no

eating late at night."

ANDREA HOUGH, DATA MANAGER

Bonlee Data Manager Andrea

osed to double up on challenges

"I was going to do the ones that

were easiest for me: no fast food

and no eating late at night," she

Bonlee ESL teacher Dana Hill

"It's a real nurturing environ-

Hill admitted she hasn't always

"We were going a week without

but the competition overall has

improved her health.

said administrators, secretaries

and teacher's assistants have all

ment to be healthy in," she said.

Hough said participants are sup-

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Andrew Phillips, Board of Elections chairman, announces results of the student body president elections in the Pit on Thursday night. The runoff election between Mary Cooper and Ian Lee is scheduled for Feb. 25.

RUNOFF

limitations has passed for Santoro it probably has passed for other made the decision Dec. 13. people," he said.

The announcement came just 45 minutes after Jessica Womack, chief justice of the Student Supreme Court, notified the board that she had dismissed Santoro's complaint. Santoro argued that Lee should not have been permitted to campaign without stepping down as student body secretary. After receiving notification that

his motion to dismiss was granted, Phillips called all of the candidates

to the Pit.

Womack ruled that the statute of limitations — or period during which "It seems that if the statute of Santoro could file a legitimate suit — expired 72 hours after the board

To contest the decision, Santoro had to prove it directly and adversely affected her. She said Lee's candidacy forced her to resign from her position as speaker of Student Congress.

Womack stated in her decision that if the ruling harmed Santoro by forcing her resignation, she student body president would be," would have had to file the complaint within 72 hours of the Dec. 13 decision.

Womack did not address

Santoro's complaints that the Board of Elections had misinterpreted Student Code because the case, she ruled, was illegitimate.

Had she decided to hear the

case, Womack said the injunction to delay results would have likely drawn out for another week. She said the prospect of further

delaying results did not enter into her decision.

"I don't think it would have been spring break and people sitting around wondering who their she said.

Contact the University Editor

eign countries coming in telling

REYNOLDS

one piece of the puzzle," he said. The Tunisian elections should be as inclusive as possible.

"For years the ballot was occupied by one regime. The goal is to get all these groups a chance to be

Jonathan Weiler, director of undergraduate studies in the global studies department, said Reynolds s qualified for the job. "Andy's been consulting with

governments about constitution design for years and has real expertise, so he's definitely a great fit for this job." As a veteran in the field, Reynolds is more excited than ner-

vous about his trip, but notes that

each country has a different history and offers a new experience. "I've learned a lot through pu hands-on experience," he said. "I was in Pakistan and Burma recently, and you learn a lot more when

you're on the ground. "Obviously, they don't want for-

them what to do, but in regards to all the countries I've traveled to, I've been asked to come and help, so I'm always welcomed."

Dr. Ron Strauss, executive associate provost and chief international officer, said Reynold's work reflected well on both Reynolds and on the University.

"He is remarkable. He does such great work in such a variety of places promoting free elections, education, democracy - how could we be anything less than ecstatic?"

In 1990, after graduating from the University of East Anglia in Norwich, England, Reynolds moved to South Africa to observe the country's electoral system and study at the University of Cape Town.

He was then invited to work with the United Nations and has worked as an election and constitution con-

constitutions, Reynolds hopes to provide the tools his students need. "Our legacy is giving our stu-

at university@dailytarheel.com. dents the capacity to achieve things in the rest of the world," he

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BUDGET

legislature that will structure this debate," Carsey said.

"There is no way in the world that the Republican legislature will just be like, 'oh, this looks great' and pass it." Jason Windett, a political sci-

ence graduate student at UNC who also teaches state politics, said it's going to be hard to determine how the legislature will receive the governor's proposal.

"This is kind of groundbreaking area for North Carolina cause it's really going to define When he isn't helping write | the political landscape for the next few years."

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creative with its fitness programs. Some schools are turning to volunteer fitness instructors and group challenge programs to help keep their faculty fit ever since the grant funds they previously used

After exhausting a 2009 grant

for faculty wellness programs,

Chatham County Schools is getting

BY ANA ROCHA

STAFF WRITER

Originally created to encourage healthier lifestyles among faculty members, the School Health Advisory Council grant funded after-school exercise classes like strength training, aerobics and yoga, said Ellie Morris, school health liaison for the Chatham County Public Health Department.

Morris said the fitness programs aim to take down some of the barriers to exercise that busy faculty members face

"The idea behind doing it at school is that the teachers are already there and they don't have to pay for a gym membership, they don't have to go anywhere," she said. Since the schools can no longer

to help teach fitness classes once a week.

off Friday. "I personally don't hold

out much hope for their long-term

Printing services shut down four

copy centers between 2002 and

2004, and has eliminated 29 posi-

keep their jobs said they are appre-

hensive about the future.

Even those who were able to

Jim White, an employee still

PRINTING

tions since 2002.

survival."

Morris, who teaches yoga for

"There are a couple staff members in my office, including me, who do the classes, and we do them

for free," she said. "But we can't do them that often because it's not part of our job description." Morris said one teacher trained

to become a Zumba instructor so she could bring the dance workout class to her school. Other schools in Chatham County have been also started turn-

ing to the cost-friendly solution of fitness challenges. The staff at Bonlee Elementary School is participating in the school's Dragon Fit Challenge, a six-week program that includes different health challenges each been getting involved.

To participate, each faculty competitor contributed \$5 to a pool that the winning team will split. been successful in the challenges, The PTA then matched the money the teams raised.

In addition to exercising for 30 minutes and eating five serv- fast food," she said. "I didn't make afford to pay instructors to teach after-school classes, the health ings of fruits and vegetables each it Saturday night, but I think it's department is seeking volunteers day, participants complete weekly helped. I feel better." challenges like drinking 64 ounces of water a day, parking farther away than necessary and avoiding

more surprised the department

day made it seem that they were

that the layoffs might affect the

delivery because if people are out

delivering they can't be in the shop

But not all laid-off employees

working," he said.

going to shut us down," he said.

company's service performance.

"Everything leading up to that

White said he is also concerned

"The biggest concern will be

wasn't shut down altogether.

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with the department, said he is said they are disheartened. Daniel Pennington said his severance package, which includes an extra two months' pay, covers insurance for a year and offers free access to the Lee Hecht Harrison job placement firm, is helping him

map out his future. "They're doing the best they can," he said. "It actually made me feel pretty good."

Contact the University Editor at university@dailytarheel.com.



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6:45, 9:20°, SAT-SUN 1:45, 4:15 THE KING' SPEECH

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AM NUMBER FOUR PG-13 ..1:00-4:00-7:15-9:4

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DOLBY

TRON: LEGACY PG Fri: 7:10, 9:30 Sat: 4:40, 7:10 & 9:30 Sun: 4:40, 7:10

THE VOYAGE OF THE DAWN TREADER PG Fri: 7:00 Sun: 4:30 Mon-Thu: 7:00pm No Show Tuesday HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 PG-13 Fri: 9:20 Sun: 7:00 Mon-Thu: 9:20 No Show Tuesday

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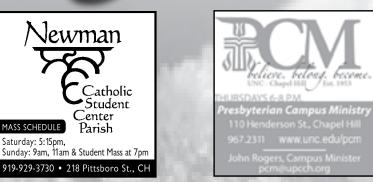
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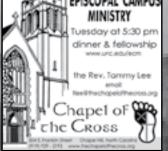


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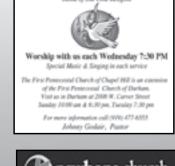
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