

# Variety show to benefit mental health groups

Sold-out event held at restored school

BY GAYATRI SURENDRANATHAN  
STAFF WRITER

Songs, skits and readings will fill the air of a former school this weekend, when a variety radio show will be held and recorded to raise money for four area mental health agencies.

The 1930s Murphey School, restored by Jay Miller and his wife Ethel Scott-Sinclair in 2008, will host the sold-out Murphey School Radio Show on Saturday at 7:30 p.m.

"We knew we wanted to do a fundraiser," Miller said. "The building looks 1930s, so we had the idea to do a sort of radio show, which is very 1930s."

Miller owns the Shared Visions Foundation, which helps local non-profit service agencies.

He said he has worked extensively with the four benefiting mental health agencies: Freedom House Recovery Center, Mental Health America of the Triangle,

Cross Disability Services (XDS Inc.) and Club Nova.

"Jay makes it possible for us to do the work that we do," said Mark Sullivan, executive director of Mental Health America of the Triangle.

Donna Campbell, a principal at Minnow Media in Carrboro, is producing the event and coordinating all talent and technical aspects.

"It's sort of like juggling plates, I guess," she said.

She and her work partner met with Miller and together decided to do a radio show, inspired by a televised music festival.

The show will be published as a podcast a few weeks after the event.

The abundance of talent in the Chapel Hill area made finding volunteer performers easy, Campbell said.

"In the Triangle, if you throw a typewriter you'll hit a writer," she said.

The show will feature performances from local artists and comedians as well as readings from area authors, including UNC professors Daniel Wallace and Bland Simpson.

Thomas Millisor, director of development for Freedom House, said he is grateful for the event because it raises both awareness and funds.

Located in Chapel Hill, Freedom House provides mental health and substance abuse services.

"Our funding is slowly eroding," Millisor said. "It's a tragic story, especially because 30 percent of our patients are poor, homeless and addicted to almost anything."

"The awareness that this event will raise is a great boon, and there's a little money involved too."

"This is our first time trying this event, but we hope to hold it twice a year," Miller said.

"Mental health is something I'm really interested in, so I'm thrilled to see where this goes."

Contact the City Editor at [city@dailytarheel.com](mailto:city@dailytarheel.com).



DTH/DANIEL TURNER

Andrew Phillips, Board of Elections chairman, announces results of the student body president elections in the Pit on Thursday night. The runoff election between Mary Cooper and Ian Lee is scheduled for Feb. 25.

## RUNOFF

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"It seems that if the statute of limitations has passed for Santoro it probably has passed for other people," he said.

The announcement came just 45 minutes after Jessica Womack, chief justice of the Student Supreme Court, notified the board that she had dismissed Santoro's complaint. Santoro argued that Lee should not have been permitted to campaign without stepping down as student body secretary.

After receiving notification that his motion to dismiss was granted, Phillips called all of the candidates

to the Pit.

Womack ruled that the statute of limitations — or period during which Santoro could file a legitimate suit — expired 72 hours after the board made the decision Dec. 13.

To contest the decision, Santoro had to prove it directly and adversely affected her. She said Lee's candidacy forced her to resign from her position as speaker of Student Congress.

Womack stated in her decision that if the ruling harmed Santoro by forcing her resignation, she would have had to file the complaint within 72 hours of the Dec. 13 decision.

Womack did not address

Santoro's complaints that the Board of Elections had misinterpreted Student Code because the case, she ruled, was illegitimate.

Had she decided to hear the case, Womack said the injunction to delay results would have likely drawn out for another week.

She said the prospect of further delaying results did not enter into her decision.

"I don't think it would have been spring break and people sitting around wondering who their student body president would be," she said.

Contact the University Editor at [university@dailytarheel.com](mailto:university@dailytarheel.com).

# Schools jump start fitness

BY ANA ROCHA  
STAFF WRITER

After exhausting a 2009 grant for faculty wellness programs, Chatham County Schools is getting creative with its fitness programs.

Some schools are turning to volunteer fitness instructors and group challenge programs to help keep their faculty fit ever since the grant funds they previously used dried up.

Originally created to encourage healthier lifestyles among faculty members, the School Health Advisory Council grant funded after-school exercise classes like strength training, aerobics and yoga, said Ellie Morris, school health liaison for the Chatham County Public Health Department.

Morris said the fitness programs aim to take down some of the barriers to exercise that busy faculty members face.

"The idea behind doing it at school is that the teachers are already there and they don't have to pay for a gym membership, they don't have to go anywhere," she said.

Since the schools can no longer afford to pay instructors to teach after-school classes, the health department is seeking volunteers to help teach fitness classes once a week.

Morris, who teaches yoga for

UNC Campus Recreation, recently sent out an e-mail to her fellow fitness instructors seeking a volunteer to teach at North Chatham School.

"There are a couple staff members in my office, including me, who do the classes, and we do them for free," she said. "But we can't do them that often because it's not part of our job description."

Morris said one teacher trained to become a Zumba instructor so she could bring the dance workout class to her school.

Other schools in Chatham County have been also started turning to the cost-friendly solution of fitness challenges.

The staff at Bonlee Elementary School is participating in the school's Dragon Fit Challenge, a six-week program that includes different health challenges each week.

To participate, each faculty competitor contributed \$5 to a pool that the winning team will split. The PTA then matched the money the teams raised.

In addition to exercising for 30 minutes and eating five servings of fruits and vegetables each day, participants complete weekly challenges like drinking 64 ounces of water a day, parking farther away than necessary and avoiding

*"I was going to do the ones that were easiest for me: no fast food, and no eating late at night."*

ANDREA HOUGH, DATA MANAGER

fast food.

Bonlee Data Manager Andrea Hough said participants are supposed to double up on challenges this week.

"I was going to do the ones that were easiest for me: no fast food and no eating late at night," she said.

Bonlee ESL teacher Dana Hill said administrators, secretaries and teacher's assistants have all been getting involved.

"It's a real nurturing environment to be healthy in," she said.

Hill admitted she hasn't always been successful in the challenges, but the competition overall has improved her health.

"We were going a week without fast food," she said. "I didn't make it Saturday night, but I think it's helped. I feel better."

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## PRINTING

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off Friday. "I personally don't hold out much hope for their long-term survival."

Printing services shut down four copy centers between 2002 and 2004, and has eliminated 29 positions since 2002.

Even those who were able to keep their jobs said they are apprehensive about the future.

Jim White, an employee still

with the department, said he is more surprised the department wasn't shut down altogether.

"Everything leading up to that day made it seem that they were going to shut us down," he said.

White said he is also concerned that the layoffs might affect the company's service performance.

"The biggest concern will be delivery because if people are out delivering they can't be in the shop working," he said.

But not all laid-off employees

said they are disheartened.

Daniel Pennington said his severance package, which includes an extra two months' pay, covers insurance for a year and offers free access to the Lee Hecht Harrison job placement firm, is helping him map out his future.

"They're doing the best they can," he said. "It actually made me feel pretty good."

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## REYNOLDS

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one piece of the puzzle," he said. "The Tunisian elections should be as inclusive as possible."

"For years the ballot was occupied by one regime. The goal is to get all these groups a chance to be voted for."

Jonathan Weiler, director of undergraduate studies in the global studies department, said Reynolds is qualified for the job.

"Andy's been consulting with governments about constitution design for years and has real expertise, so he's definitely a great fit for this job."

As a veteran in the field, Reynolds is more excited than nervous about his trip, but notes that each country has a different history and offers a new experience.

"I've learned a lot through pure hands-on experience," he said. "I was in Pakistan and Burma recently, and you learn a lot more when you're on the ground."

"Obviously, they don't want for

eign countries coming in telling them what to do, but in regards to all the countries I've traveled to, I've been asked to come and help, so I'm always welcomed."

Dr. Ron Strauss, executive associate provost and chief international officer, said Reynolds' work reflected well on both Reynolds and on the University.

"He is remarkable. He does such great work in such a variety of places promoting free elections, education, democracy — how could he be anything less than ecstatic?"

In 1990, after graduating from the University of East Anglia in Norwich, England, Reynolds moved to South Africa to observe the country's electoral system and study at the University of Cape Town.

He was then invited to work with the United Nations and has worked as an election and constitution consultant for more than 15 years.

When he isn't helping write constitutions, Reynolds hopes to provide the tools his students need.

"Our legacy is giving our stu-

dents the capacity to achieve things in the rest of the world," he said.

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## BUDGET

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legislature that will structure this debate," Carsey said.

"There is no way in the world that the Republican legislature will just be like, 'oh, this looks great' and pass it."

Jason Windett, a political science graduate student at UNC who also teaches state politics, said it's going to be hard to determine how the legislature will receive the governor's proposal.

"This is kind of groundbreaking area for North Carolina because it's really going to define the political landscape for the next few years."

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