

Community Briefs

Film festival opens Friday

The Lumina Theatre at Southern Village is the venue for the Blue Sky Film Festival this weekend.

Organizer Nic Beery has put together an array of 30 “independent, edgy, incredible” films from short to feature length. The festival opens Friday at 3:30 p.m. and ends with an awards ceremony on Sunday at 3:45.

There also will be filmmaker workshops and demonstrations. The festival’s opening reception on Friday evening benefits the ARC of Orange County.

Information, movies and times are available at blueskyfilmfest.com

Free tax preparation

The Latino Credit Union is offering a free tax-preparation service through April 18 through its Volunteer Income Tax Assistance (VITA) program.

The program is available to taxpayers with a household income at or below \$49,000. If interested, contact the Carrboro branch at 967-1725 to set up an appointment.

For more information on the VITA program, go to latinoccu.org/en/products/services/income-tax-assistance-vita

Creative Economy meeting

The launch of a new marketing campaign touring Chatham County as a cultural-arts destination is planned during a “Creative Economy Summit” on March 19.

The summit, which will feature Linda Carlisle, N.C.’s secretary of cultural resources, is part of a weekend of festivities planned throughout the county.

Eve Carson Scholarship awarded

UNC juniors Mark Clarke and Zach De La Rosa have been selected as the 2011 recipients of the Eve Carson Scholarship.

The scholarship funds half the cost of attendance of the students’ senior years, plus \$5,000 each for a summer enrichment experience.

Workshop on conservation

Learn about local and regional conservation on Monday from 7 to 9 p.m. in the meeting room of the Chapel Hill Community Center, 120 S. Estes Drive.

Kenneth McDermond, coordinator of the South Atlantic Landscape Conservation Cooperative, and Allison Weakley, project manager for the Chatham Conservation Partnership, will provide examples of how multi-level collaboration can help counties preserve natural resources.

For more information, contact Judith Ferster at jferster@unity.ncsu.edu

Cornucopia Cancer Support Center fundraiser

Cornucopia Cancer Support Center’s 12th annual A Chocolate Affaire is set for Feb. 13 at 2 p.m. at the Carolina Club, located in the George Watts Hill Alumni Center at UNC.

Tickets cost \$60 each and entitle the attendee to unlimited chocolate and, for those of age, wine. The event will feature auctions, both silent and live.

For more information or to purchase tickets, visit cancersupport4u.org/a-chocolate-affaire.html

Free postage for military valentines

The UPS Store at Carrboro Plaza is providing free first-class postage for one-ounce valentines and letters to U.S. military personnel stationed overseas or to veterans in VA hospitals through Feb. 14.

Eligible mail must be addressed to a specific U.S. serviceman or -woman at an assigned APO/ FPO address or a specific veteran residing in a VA hospital and must bear a valid return address.

For store hours, visit theupsstorelocal.com/3651

Storytelling book published

How I Helped Build a Community Bridge, a booklet of essays from Chapel Hill and Carrboro residents, has been published at townofchapelhill.org/Modules/ShowDocument.aspx?documentid=8640 by the Town of Chapel Hill Justice in Action Committee.

Stories were submitted by 15 community members. The booklet includes stories, poems and a song written by those who wanted to share their experiences and ideas with others. The competition was part of the Justice in Action Committee’s program on “Healing the wounds of racism in Chapel Hill.”

HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with *The Carrboro Citizen* to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to yourhealth@unc.edu



This week we respond to questions about elderly loved ones living at home and “gamekeeper’s” thumb.

Dear HOUSE Calls, My mother is 95 and lives alone in her own home. Due to increasing forgetfulness, my sister and I feel that this is no longer safe. She refuses to move into assisted living. She still manages most of her own affairs. We are worried she might fall and nobody will find her or she’ll set her house on fire. What should we do?

This is such a difficult situation. Many of us have parents who are aging. These are really hard issues. We want to take care of our elderly loved ones and still support their independence. The fact that she is 95 and living independently tells us a lot about her spirit. Certainly, the proximity of you, your siblings and other family members may play a role. Can somebody drop by at least daily to check in? We would also like to know what she thinks. Does she feel safe? One strategy is to have a family meeting. We often do this with our patients and their families.

We will usually include a social worker who can help with resources and referrals. In this setting, we reflect on safety issues and what strategies might mitigate them. Perhaps an alarm worn on the body can tell if she gets in trouble or Meals on Wheels can provide hot meals and a person to check in on her on weekdays. As long as your mother is competent to make her own decisions (some of which you will no doubt consider bad decisions), it is ultimately her choice. Good luck, and hopefully we’ll hear that she’s well on her next birthday.

Dear HOUSE Calls, My son recently fell on his arm after playing football and was told he has a gamekeeper’s thumb-type fracture. When is it safe for him to start exercising again? He has a splint now.

This is a good question about a fairly common injury. Such fractures are sometimes called skier’s thumb, because when you’re holding ski poles and fall you can stretch the ligament in your thumb

and cause this injury. The name of this fracture comes from Scottish gamekeepers who would put animals on the ground to break their necks and kill them. The thumb would frequently get jammed or dislocated. Now we see this in sports such as football, basketball and tennis where athletes fall on their thumbs and hands. The key with gamekeeper’s thumb is early diagnosis and immobilization (with splinting). Be careful not to remove the splint or allow your son to return to play until healing is assured, so as to prevent instability and arthritis. That does not mean he can’t exercise (walking, jogging, etc.), but we wouldn’t want him on the playing field until he is healed. These are usually splinted for three to six weeks and activity restricted for two to three months.

HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.

EDWIN

FROM PAGE 1

Born and raised in Philadelphia, Edwin was the only girl among four brothers. At 16, she was forced to get a job to help her struggling single mother. Her work helped her family weather the Great Depression.

Later, she lived nearly 30 years in Florida with her husband, Russ Edwin. They had no kids.

“They were party people,” said Edwin’s niece, Patricia Watts. “They loved to have fun.”

Russ passed away in 1985, but

Anne has managed to get along on her own. Watts says that when she takes Edwin to the local Harris Teeter, her aunt knows exactly what she wants.

“She pushes her own cart, picks out her own fruits and vegetables, and talks to the meat man. She pretty much takes care of herself.”

Edwin has seen some tough times in her 100 years, but she says she wouldn’t have it any other way.

“Some days I don’t feel very well, but who else cares,” she asks. “Other people are not interested in your troubles, so I always just say I am fine and keep a smile on

my face.”

Edwin claims she never imagined she would live to be 100, and still can’t believe it. She attributes her longevity to the positive attitude she carries with her in life and the respectful attitude she has toward others.

“You should always try to understand other people, instead of criticizing them,” she says. “Just be honest and truthful.”

Edwin moved to Chapel Hill in the winter of 2002, and since then has become a beloved member of the community. Known throughout the Adelaide complex for her glowing smile and calm-

ing voice, she’s a role model for those around her.

“She is an inspiration to all of us,” says Matthias. “Anne is beloved by everyone here.”

Matthias was one of many celebrating Edwin’s birthday milestone on Friday, and he serenaded the birthday girl with the old-time favorite “Day is Done.”

The song capped a special afternoon for the residents of Adelaide Apartments. Because, despite what the title of the tune may have you believe, the spry and ever-smiling Anne Edwin is still loving life, and her day is far from done.



Anne Edwin goes to hug Don Matthias after he serenaded her with the song “When Day is Done” at her 100th birthday party on Friday afternoon.

ALLISON RUSSELL

SUPER CROSSWORD TRICKY BUSINESS

Crossword puzzle grid with clues for Across and Down.

Crossword puzzle grid with clues for Across and Down.

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CitizenCryptoquote By Martin Brody

For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc... Apostrophes, punctuation, the length and formation of the words are all hints.

“Knowing Your Market”

Cryptoquote puzzle grid with letters and symbols.

Find the answer in the puzzle answer section.

Weekly SUDOKU

by Linda Thistle

Sudoku puzzle grid with numbers.

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Pet of the Week advertisement for Marley, a black-and-white domestic shorthair mix.

PET OF THE WEEK

**** —Marley is a 5-year-old black-and-white domestic shorthair mix. “Meow!” That’s what Marley loves to tell you all day long. He doesn’t want you to forget that he is around and that he might be in need of some loving and affection. Marley was in a home with children, and he is great with them. He was returned to us because he needs to be on urinary tract food and he can’t drink well water. But we all have our own special needs, and Marley’s isn’t severe at all. Contact Paws4Ever, 6311 Nicks Road, Mebane or call 304-2300. You can also go online at paws4ever.org



ORANGE COUNTY ANIMAL SERVICES —Meet Georgie! This American Staffordshire mix is around 5 months old and super cute! Georgie is friendly and laid back enough that he would make a wonderful second dog, but also adores people and would be fine by himself as well. Visit him at Orange County’s Animal Services Center, 1601 Eubanks Road, Chapel Hill or call 942-PETS (7387). You can also see him and other adoptable animals online at co.orange.nc.us/animalservices/adoption.asp

