

Chapel Hill - Carrboro School Lunch Menus

FEBRUARY 20-26

ELEMENTARY

FRIDAY — Cheese Pizza; Pepperoni Pizza; Sloppy Joe on a Bun; Garden Salad; Green Beans; Chilled Applesauce

MONDAY —Chicken Nuggets w/BBQ Sauce & Wheat Roll; Beef Tacos w/Salsa, Cheese, Lettuce & Tomato; Spanish Rice; Sweet Yellow Corn; Fresh Apple Halves

TUESDAY —Pork Egg Roll; Mozzarella Cheese Sticks w/Marinara Dipping Sauce; Fun on the Run; Brown Rice Pilaf; Asian Mixed Vegetables; Chilled Apricots

WEDNESDAY — Cheese Pizza; Pepperoni Pizza; Chicken Salad w/Crackers; Lettuce & Tomato Salad; Carrot & Celery Sticks; Steamed Broccoli; Fresh Banana

THURSDAY — Ham & Cheese Sub; Chicken Tetrazzini; Fun on the Run; Sweet Potato & Apples; Lettuce & Tomato Salad; Seasoned Lima Beans; Chilled Pears

MIDDLE + HIGH

FRIDAY —Spaghetti & Meat Sauce w/Garlic Bread; Corn Dog; California Mixed Vegetables; Sweet Yellow Corn; Banana Pudding

MONDAY —Double Cheese-burger; Fishwich; Lettuce & Tomato Salad; Tater Tots; Peas & Carrots; Fresh Apple

TUESDAY — Three Cheese Baked Rotini w/Garlic Bread; Chicken Fajitas w/Salsa & Sour Cream; Vegetable Rice; Steamed Broccoli; Chilled Peaches

WEDNESDAY — Chicken Patty Sandwich w/Cheese; Baked Potato w/Meat & Cheese and Wheat Roll; Traditional Mixed Vegetables; Chilled Pineapple; Chocolate Pudding

THURSDAY — BBQ Chicken w/Wheat Roll; Cheese Quesadilla w/Salsa; Baked Beans; Collard Greens; Fresh Grapes

McDougle Middle students mentored by ESTEEM

BY KAFI ROBINSON
Courtesy of the Carrboro Commons

CHAPEL HILL — Though the program is only in its first full year, Esteemed Little Sisters has already had an impact on the lives of young girls at McDougle Middle School.

Esteemed Little Sisters is a mentoring program for at-risk girls founded by the UNC campus organization Encouraging Sisters Through Empowerment Education and Motivation (ESTEEM). Working in cooperation with McDougle Middle's after-school program, the mentors help with homework and studying. They also host talk sessions, plan games and do arts and crafts and many other hands-on activities that educate the girls about their lives.

"Last semester, we had them decorate their writing journals and we also had a Spa Day," said Dawn Sankary, ESTEEM's co-president. "We made smoothies,



PHOTO BY KAFI ROBINSON

Dawn Sankary, co-president of UNC's campus organization ESTEEM, plans games and talk sessions for the girls in Esteemed Little Sisters, a mentoring program held at McDougle Middle School.

painted the girls' nails and let them lead an open discussion."

The program was founded when members of ESTEEM felt the need to share the skills they have learned with a younger group of girls. In response, ESTEEM teamed up with McDougle Middle's guidance counselors to create a group for

the younger students, based on ESTEEM's guiding principles.

"We work with a group of sixth and seventh graders and teach them life lessons: how to be a lady, body image issues, staying focused in school, how to deal with different types of relationships," said Sankary. "We just teach them how to be well rounded."

Sankary says that the primary goal of the program is to teach the girls lessons in a fun and active environment, something they might not otherwise get.

"The girls are really receptive to the mentors' help and they appreciate when we come," said Sankary.

For many of the girls, Esteemed Little Sisters is an outlet. It gives them a chance to receive assistance with homework and find a "big sister" who they can look up to. The mentors said that sometimes these girls just need someone outside of a school or home setting with whom they can talk.

"We saw some positive changes in these girls and hope that we see more this year as well," said Sankary.

Kafi Robinson is a UNC student writing for the Carrboro Commons, a bi-weekly online lab newspaper for Jock Lauterer's Community Journalism class at the School of Journalism and Mass Communication.

School Briefs

Blackwell receives award

Margaret Blackwell, executive director of exceptional children and student services for Chapel Hill-Carrboro City Schools, received the Felix S. Barker Award at the annual conference for the North Carolina Council of Exceptional Children on Feb. 5.

The award recognizes individuals who have shown outstanding leadership in the field of special education.

Blackwell joined Chapel Hill-Carrboro City Schools in 1997 after working for Guilford County Schools for 20 years. She holds a bachelor's degree from UNC-Greensboro in elementary education and a master's degree in special education from UNC-Chapel Hill.

Rashkis students help grant a wish

Rashkis Elementary School students recently completed a service project to benefit the Make a Wish Foundation and a 6-year-old girl in Durham.

Krista Vann has sickle cell anemia and made a wish to go to the circus. Students in Christina Royster's fourth-grade class conducted a campaign entitled "Coins for Krista," in which they made posters and presented segments on the school's daily school-wide TV show, the Raptor Report to engage the entire school in the coin drive.

The students raised more than \$1,000 and Krista's wish was granted on Feb. 6, when she attended the Ringling Brothers/Barnum and Bailey Circus in Raleigh, where she received a special behind-the-scenes tour, souvenirs and a party for her family.

Choral concert

Choirs from Chapel Hill, East Chapel Hill and Carrboro high schools and the East Chapel Hill High Chamber Orchestra will perform a concert on March 20 at 8 p.m. at UNC's Memorial Hall.

The students will perform Haydn's Paukenmesse, directed by the University of Michigan's Jerry Blackstone.

MCDOUGLE

6TH GRADE - A

Emily Aleman, Gabriela Angeles-Paredes, David Archer, Melissa Bard, Allison Benedict, John Blue, Jonathan Brooks, Nicholas Brower, Adam Catrambone, Bryanna Chazotte, Shera Chellani Kevin Chen, Sarah Clabo, David Clark, Kyle Cocowitch, Rajeshree Das, Matthew Dayton, Charlotte Deming, Nora Dicker, Daniel Ferreira, Sarah Frank, Carolyn Frederick, Skylar Frisch, Angela Gasdaska, Helen Gaynes, Andrew Gillespie, Julia Haines, Grant Hastings, Clare Heine, Emily Himmelberg, Augusta Hollers, Ariel Kantor, Samuel Kennedy, Thomas Kennedy, Lia King, Anna Knapp Alexander Komada, Jade Macdonald, Daniel Margolis, Walter McFall V, Kailey McLaughlin, Brandon Miles, Andrew Miller Suzannah Mozier, Robin O'Lunaigh, Quinn Osment, Jerry Pcolar William Ragland, Molly Reed, Samuel Sisk, Mia Spencer, Wendy Su Rhys Thomas, Skye Tracey, Eileen Valverde Vindas, Davis Wall Eve Warner, Gena Weinberg, Nicholas Weinberg, Brandon Wendel Jeremy Werden, Benjamin West, Evan Whisnant, Landis Wipper Kefu Zhu

6TH GRADE - AB

John Abb, Morgan Alderman, Tristan Allan, Amelia Allore Dominique Auble, Shelby Bailey, Sarah Bellavia, William Biggers III, Thomas Billman III, Chiara Caignon-Lewis, Courtney Cash, Aidan Chisholm, Alexis Christie, Ross Colby, Anne Conolly Samuel Cook, Lady Johana Cuervo, Kiara Dean, Michael Dep, Sofia Doerfer, Olivia Donahue, Christopher Dresher Lucia Drinkwalter, Allison Eble, Monica Enriquez-Cano, Kelli Farrington, Raziyah Farrington, Daniel Fernandez, Katherine Fisher, Jessica Foley, Hannah Frediani, Josue Gamez, Brittney Gardinier, Matthew Gilleskie, Branson Goins, Carson Grill Riley Gualtieri-Reed, Jacob Guskiewicz, Treshaun Hackney William Hamilton, Zachary Heafner, Samuel Herbert, Carolyn Hess Troy Jackson, Sophia Kahn, Rosemary Kerwin, Noah Layden Timothy Li, Carson List, Madeline Macmillan, Avery Marsh, Eliot Martin, Alexandra McDonald, Megan McGibbon, Nicholas Meegan Rowe Mellott, Jessica Morales, Robert Morton, Catherine Nansalo Monica Nares, Ashlynn Nelson, Julia Nesbitt, Molly Nicholson Daniel Norris, Griffin O'Connor, Matthew Ortez, Edalit Ortiz Alice Paradis, Alexandra Parker, Taylor Pearman, Carly Pittman Huibo Qi, Ashton Rigsbee, Evan Scope-Crafts, Derritt Sharp Amber Stokes, Jean Stouffer, Zhihong Sun, Kristin Thompson Elena Thorpe, Melissa Torija, Jesse Tysinger, Nathan Visco Katherine Westover, Aja White, Jotham White, Rebecca White Nikki Wong, Emilio Zuniga

7TH GRADE - A

Alexander Adams, Kathryn Alexander, Emma Anderson, Joel Anil Cameron Baker, Melanie Bannout, Anna Baynes,

Casey Briggs Spencer Brown, Brett Buchman, Jason Cohn, Matthew Cotton, Megan Dell, Nikita Ermoshkine, Eliza Filene, Riley Foster, Camille Gossett, Christopher Greaney, Benjamin Griffin, Nathaniel Hebert Rebecca Heine, Nina Hendrickson, David Hicks, Kimon Iliadis Kaitlin Jones, Tyler Keith-Pedersen, John Kleissler, Mara Klem-O'Connor, Larry Lapushin, Maxwell LeMoine, Rachel Lennon Kathleen Mattox, Madeline McNeal, Heidi Mickunas, Jacob Moffatt Samuel Moffet, Shannon Mumper, Doreen-Edith Nalyazi, Carly Narotsky, Christopher O'Connor, Nell Ovitt, Samuel Parker Grace Porter, Ashley Powell, Frances Reuland, Catherine Romaine Evan Rose, Andrew Scott, Laura Sullivan, Haruka Suzuki, Joshua Taekman, Madeline Taylor, Anna Tomkins, Hans Valentin, Rachel van Aalst, Ray Vazquez, Diana Vincent, Ezra Weiss, Vanessa Vignall, Katherine Williford

7TH GRADE - AB

Nathan Andress, Tyler Badgett, Nigel Barnes, Emma Beck, Miriam Beltran-Reyes, Dorothy Blyth, Henry Bolon, Anna Cable, Yessenia Campos-Franco, Ryan Castellano, Torri Derby, Justin Doble Stephen Dreher, Abraham Eichner, Anna Emslie, Chelsea English Jenna English, David Eron, Leila Fallahi, Isaiah Farrington Rajene' Farrington, Paul Flournoy, Omar Godinez-Cuevas, Brianna Gordon, Caitlin Gordon, Daniel Govert, Cameron Grant, Kelsey Griffith, Anders Halland, Kendall Harkey, Luke Hickey Christopher Hilburn-Trenkle, Aaron Hiller, Jonah Horwitz Brooke Johnson, Desaree Johnson, Aaron Josephs, Rachana Joshi Ayano Kakoki, Jessica Kennedy, Alexandra Kimball, Abel Koshi Justine Lockhart, Kathleen Mattox, Brooks McConnell, Jill McLeod Madeline Mesaros, Paul Miller, Ainyi Mon, Lee Mook, John Morales Austin Morel, Shea Neville, Brandon Nickerson, Alexander Obinger, Nadia Ortiz-Perez, Jose Ricardo Patino, Aracely Perez Madeleine Popkin, Nathaniel Powers, Roxana Quijada, Natalie Ragazzo, Arthur Raines II, Austin Rainey, Nakeisha Revels Allison Rives, Susana Russell, Perla Sanchez, Laurel Shea, Tana Smith, Samuel Teague, Ian Templeton, Jillian Thompson, Camden VanOrd, Esmeralda Velazquez, Jacob Warshauer, Chandler Weedon James Willingham, Megan Willis, Ana Xutuc Jimenez

8TH GRADE - A

Riley Billman, Sarah Brooks, Jillian Brownell, Edward Burgard Brynn Cameron, Kathleen Cannon, Laurence Cecil, Stacey Cutrell Leila Doerfer, Jack Gurley, Katie Guthmiller, Eric Jiang Michelle Jin, Yeon Soo Jin, Chloe Ladd, Caroline Mann, Grace McLaughlin, Casey Molina, Laura Musalem, Thomas Nguyen, Kelsey O'Regan, Elliot Orenstein, Kathryn Peneyra, Christopher Reeder Juliana Ritter, Chiara Salemi, Kevin Su, Robin Tanz, Geoffrey Thomason, John

Ussery Intintolo, Jennifer Vaughn, Zachary Visco Leah Westendorf, Anne Wilcosky, Emily Williams

8TH GRADE - AB

Dunmi Alabi, Ana Araya Rivera, Haley Attix, Meredith Bailey Christopher Barth, Lisabeth Birkemo, Hannah Blackburn, Grant Cabell, Michael Carney, Garcian D'Cruz, Timothy Duffy, Ashley Dwyer, Harrison Esterley, Morgan Fontaine, Elizabeth Fox Joseph Frederick, Baxter Fricks, Alison Frimmel, Sarah Gagne Theo Gandelheid, Samuel Getka, Ariel Gunn, Curtis Gurley, Jack Haskins, Luke Haus, Ryan Hegedus, Stephen Himmelberg Jr, James Hogan, Andrew HoTong, Cerys Humphreys, Lily Joyal, Linnea Lieth Maria Miggs, Sean Neagle, Claire Nielsen, Alyssa Oppewal, Sara Petty, Eric Plevy, Stewart Powell, Samantha Ragan, Kyle Rohe Claudia Salazar, Walden Saldana-Montavon, Lyndsey Shafiei Colton Shoup, Alexandra Sylde, Marcus Steele, Valerie Stocking Taylor Stone, Brady Strine, Kayla Thompson, Adrian Thornburg Shekente Torain, Grace VanFleet, Tristin VanOrd, Matthew Wayne Leah Whetten-Goldstein, Leah Whitney, Theodore Wilson, Juliana Wulforst

PHILLIPS

6TH GRADE - A

Alexandria Ariosto, Ilyn Battle, John Bauman, Karen Brav Andrew Breakfield, Lindsay Brecheisen, Derek Brown, Bennett Byerley, Catherine Byrd, Zoe Cantu-Backhaus, Gabrielle Cappelletti, Jane Carsey, Annie Carter, Lara Chapman, Jordan Cho Ji Sun Choi, Samantha Clement, Rachel Cohn, Eleanor Cook, Brian Daaleman, Ariel Dole, Walter Daniels, Yize Dong, Ben Edwards Elizabeth Ferguson, Nicholas Fogg, Ilana Fried, Grace Gelpi Annabella Gong, Anna Griffin, Tanisha Gupta, Kristin Habaerg Zoe Hazerjian, Ian Hopkins, James Jennings, Elizabeth Jensen Sang-Hyun Kim, Sung Kim, Young-hun Kim, Michael Krantz, Jacob Krzyzewski, Vinay Kshirsagar, Joshua Lai, Mangza Lal, Felicie Le Hir de Fallois, Sierra Lindquist, Ethan Malawsky, Aninda Manocha, Reina Matsura, Olivia McBride, Carina McDermed Eleanor Meshnick, Leah Meshnick, Andrew Monroe, Madeleine Morris Hyung Kyun Nah, Shannon Nanry, Laura Naylor, Yvonne Nelson Kaitlyn Nevin, Zoe Newman, Brady Nodelman, Sara Owre, Justin Patzer, Amos Pomp, Ana Radulescu, Zoe Redfield, Dustin Rizzieri Tyler Rizzieri, Maria-Veronica Rojas, Alejandra Samano, Hannah Schanzer, Ben Senior, Megan Serody, Andrew Shon, Emily Shull Karen Siderovski, Leah Simon, Morgan Smith, Chang Hyun Sohn Arnav Subramanya, Hao Tang, Jeremy Toda-Ambaras, Katie Toles Sarah Towne, Carla Troconis-Garrido, Irene Wallen, Tianyi Wang Blaise Whitesell, Michael Wohl, Tomas Woodall-Posada, Pei-Hsuan Wu, Darryl Yan, Taisuke Yasuda, Chase Yuan, Amanda Zeldin Tian Chang Zhang, Wen Tao Zhang, Eric Zhou

6TH GRADE - AB

Addison Agatucci, Sara Anthony, Christopher Baldino, Bjorn Bates Tyler Bauguess, Jones Bell, Grace Booher, Neeshell Bradley-Lewis Emily Breedren, Nicholas Brownstein, Kelly Carey-Ewend, Charles Caron, Matthew Carlson, David Cavender, Jiyu Cheong, Min Kyu Cho Devin Collins, Kathryn Cubrilovic, Aatia Davison, Victor Ding Laura Duque-Echeverry, Christopher Farabee, Carl-Emmanuel Fulghieri, Andrew Gaddy, Alice Garcia, Francisco Goncalves Sara Haji-Rahim, Aoife Harer, Duncan Hemminger, Cameron Hodson Tim Jones, Matthew Juel, Danielle Katz, Madison Kendall, Kelly Kim, Allison Kreidt, Amanda Lay, Katherine Ledson, Kaiya Lewis-Marlow, Connor Lutz, Kristen MacClennan, Nicolas Mallett Carlos Martin, Conor McVeigh, Ethan Mikhail, Calvin Newman Carly Newman, Nicholas Padilla, Adam Perry, dane Simon Christian Slack, Erin Summers, Rourke Therrien, Spalding Vance David Waugh, Bradley Wilder, Emily Wilkins, John Worster, Bijan Zakerin

7TH GRADE - A

Mackenzie Bright, Anna Broome, Melissa Carroll, Carolyn Chang Yuting Chen, Hyeon Young Cho, Schuyler Colloredo-Mansfeld Ainslie Cullen, Ziyue Dai, George De Castro, Karima Dean Jordan Donnelly, Sarah Dwyer, Kyle Eng, Melissa Fee, Sarah Fordham, Joshua George, Ben Goldstein, Kathryn Griffin, Fengru Guo, Meghana Hologadde, Amber Johnson, Samuel Killenberg, Ayaka Kitamura, Adam Krakow, Danielle Liu, Nicolas Mathey-Andrews Kayla Miron, Oliver Newland, Hongqian Niu, Nicholas Nobles Koya Osada, Taylor Peterson, Ted Resler, Corey Risinger, Sidney Shank, Margot Sherman-Jollis, Joseph Smigla, Meagan Trabert Ambika Viswanathan, Amon Williams, Emily Wu, Yuyang Yang Jingyi Zhang, Jeffrey Zhou

7TH GRADE - AB

Mathew Abraham, James Allen, Taiesha Alston, Alec Arshavsky Elizabeth Baldwin, Dylan Bedell, samuel Blank, Ian Breakfield Rose Brown, Jazz Browning, Emily Burroughs, Hannah Burroughs Rohil Chekuri, Martin Cho, Andrew Clary, Charlotte Costenoble Paige Craven, Bessy Cruz-Martinez, Wanjing Cui, Natalie De La Varre, Samuel Dunson, Tyler Frey, Madeline Futch, Anne George, Rebecca Goldman, Elianna Goldstein, Ori Hashmonay Carly Hendricks, Charles Higgins, George Hito, Denby Holloman Teara Holt, Grant Holub-Moorman, Justine Hornquist, Cara Leah Hutto, Kenya Inoue, Alison Janssen, Hannah Kraut, Jonah Krolik Alex LaBranche, Vincent Lai, Eugene Lee, Ian Levin, Catherine Linsley, Alan Liu, Jason Mao, Liam McCullough, Quincy McDuffie Isabella Mezzatesta, Kristin Mitchell, Kiyoko Mizuno, Grant Molnar, James

Morecraft, Rachel Musson, Yashna Pande, Tatra Pathirathna, Madeleine Pearce, Jeffrey Perkins, Abigail Phillips Andrew Pommersheim, Perry Ramsey, Michael Ruch, Christian Sacra Lara Sahoo, Kirsten Schulz, Jonathan Schwartz, Jesmine Sessions Si Yuan Shen, William Snoeyink, Anshul Subramanya, Meena Surapaneni, Lauren Swers, Adam Tobias, Kylie Truckner, Zach Urban, Farzona Usmanova, Kyra Vancil, Hunter Walker, Maya Weinberg, Mary Whortan, Alice Zelenak, Hartford Zirkle Isabella Zuco

8TH GRADE - A

Luke Arlotto, Jia Chen, Eric Chiou, Joyce Cho, Nathan Cho Audrey Copeland, Quinlan Cullen, Taylor Daly, Adrienne Davis Amanda DeMasi, Mitchell Gelpi, Matthew Gerrish, Catriona Harvey Brittany Hill, Shee-Hwan Hwang, Apoorva Iyengar, Kelly Jiang Sarah Jones, Anne Kelley, Austen Kelly, Tae Yup Kim, William Krakow, Corentin Le Hir de Fallois, simone Leiro, Yuyi Li Sandhya Mahadevan, Margaret Meshnick, Radu Mitran, Justin Morrell, Fiona Nelson, Calum O'Mara, Nina Pande, Rachel Peltzer Dylan Peterson, Evan Philpot, Arthur Pommersheim, Anna Quercia-Thomas, Vishwas Rao, Peter Rathmell, Jacob Reed Maria-Adriana Rojas, Helen Rosen, Caitlin Scuria, Kathryn Smigla, Casey Smith, Milica Stanisic, Elsa Steiner, Hayley Stratton, Maliyah Tan, Sophie To, Yu Wang, Jillian Wiener Alexandra Willcox, Lena Wilson, Vivian Wu, Maggie Xing Alexander Young, Cissy Yu, Zakerin Soraya, Fengyang Zhao Allen Zhou

8TH GRADE - AB

Nadia Agourram, Bernie Amaldoss, Khari Battle, Ayelet Benhar Jon Beyle, Jazmine Carver, Ellen Cohn, Ben Cole, Kelsi Cornell Zach Cyr-Scully, Anna Dallara, Fanuel Demiss, Bailey DeMuth Averyl Edwards, Garrett Finn, Joshua Fried, Richard Fu, Matthew Futch, Stephen Hahn, Mohammed Hedadji, Alyssa Hogan, Maclean Holt, Max Howes, Harley Humphrey, Sarah Jensen, Shiho Kawano Madison Kearney, Alex Kelly, Katherine Kennihan, Patrick Kiley Hae Chan Kim, Seong Chul Kim, Blair Lamason, Deborah Lawrence Amy Lee, Jae Ho Lee, Kevin Lee, Sanhniang Lianmawi, Austin Liu Xinqiang Liu, Kathleen Lyonnois, Shelby Major, Albert Mak Jesse Mechanic, Samuel Miner, Ayako Nakano, Patrick Nanry Laura Ornelas, Baxter Perkins, Vismita Rao, Noam Raveh, Jake Rohde, Jacob Rovner, Kendall Schenck, Justin Schopler, Sarah Schroeder, Picilla Shin, Tyler Shull, Logan Sit, Jung Hyun Sohn Abbey Underwood, Katharine Vancil, Lukas Vrouwenelder, Luka Vujaskovic, Joyce Wang, Beryl Wei, Mitchell Weston, Robert Whitfield, Anna Woodall, Stephen Yan, Zhongshan Zhu, Michelle Zong, Lisa Zou

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919.732.2128

Notice of Public Hearing
The Carrboro Board of Aldermen will hold a public hearing on Tuesday, March 3, 2009 at 7:30 p.m. in the Town Hall Board Room to receive citizen comments on a draft ordinance that would establish a \$250 limit on campaign contributions to candidates for town elected offices.
Sarah C. Williamson, Town Clerk

