CAROLINA NEW: MAIL-HOME EDITION

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The Daily Tar Heel

Mail-Home Edition

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Sam Schaefer Summer Editor

Find balance, do what you love

It's natural to worry about succeeding academically, dealing with financial pressures, finding friends, getting to know a new place and making college live up to the expectation that it's supposed to be the best four years of your life.

It can even be a good thing to think about these things. They can motivate successes, and this schools has a tradition of producing brilliant minds.

But as with most things in life, balance is key. The responsibilities and stresses of being a college student, like learning financial responsibility and academic performance, are important, but if they become all-consuming, they can suck the joy out of college.

Find what makes you happy, and don't be afraid to try new things to do so. Don't lock yourself into an unhappy pattern, whether it be in your declared major or your social life.

I came to school planning on being a journalism and public policy major, but I took one history class my first semester and fell in love with it. One of my teaching assistants encouraged me to be a history major. I did, A LINEAGE OF LEGENDS

(From left) Roy Williams, Dean Smith, Bill Guthridge and Matt Doherty hold a quick conversation during the 1993 Final Four at the NCAA tournament held in New Orleans.

Legacy of beloved basketball coaches is bedrock of team and school

By Jeremy Vernon Sports Editor

Within the past six months, the North Carolina basketball team lost two of its most iconic personalities in Dean Smith and Bill Guthridge.

Smith died Feb. 7 at the age of 83 in Chapel Hill. In 37 seasons as the Tar Heels' head coach, Smith amassed two national championships, 13 ACC tournament titles and 11 Final Fours.

Just over three months later, on May 12, Guthridge died at the age of 77. He served as an assistant under Smith from 1967 to 1997. spread throughout the UNC community, Woody Durham, a play-by-play announcer for UNC football and men's basketball for 40 years, wasn't surprised. He knew what had happened. "I guess Coach Smith just needed Coach Guthridge again," he said.

A coaching family

Among those most impacted by the legendary duo of Guthridge and Smith was Roy Williams, who now serves as UNC's head basketball coach. In 1978, when Williams was the head coach at Charles D. Owen High School in Black Mountain, N.C., he met with Guthridge for lunch to talk to him about something that was bothering him. Williams told Guthridge coaching had taken over his life, leaving little room for him to focus on teaching. ing him, Williams spent the next 10 years as an assistant at UNC.

But in 1988, Williams faced another hurdle in his coaching career and looked to Smith for comfort as he prepared to interview for the head coaching job at Kansas.

"I called him the night before I went to Kansas for the interview," Williams said. "And I said, 'Coach, are you sure you want to do this? This is your school. You're screwing them up here, telling them I can do the job."

Smith quickly assured Williams

Headed home

After UNC's season ended in 1978, Guthridge had an issue to resolve, much like the one he helped Williams through that same year.

FROM THE HUGH MORTON COLLECTION

Guthridge was being recruited by Penn State football coach Joe Paterno for the school's basketball head coaching position.

As Guthridge checked his bags at an Arizona airport, he had a decision to make — leave for Penn State, or stay at UNC, with Coach Smith.

and it's one of the best decisions I made in college.

But it's OK to make mistakes. I kept my public policy major and should have kept my journalism major. Stuff like that happens, but you can also find other avenues to pursue what you love and start over.

That's how I'm here now, editing The Daily Tar Heel for the summer and preparing to take a job that's perfectly suited for me: opinion editor.

The same principle applies to your social life. If you end up drifting away from the people who you made friends with in your first few weeks of school, it's OK. This is a big university with many subcommunities. Odds are you'll be able to find people you'll love. I'm entering my senior year and have made some of the best friends of my entire life in just the last year.

Cherish the late night dorm room talks with friends. Brilliant things have come out of them: for instance, the last couple years at UNC have seen an anonymous, hyper-specific, Onion-style, humor website called The Minor. In its brief life, The Minor put a finger on the nature of life at this University, featuring the quality of work you might expect from professional humor writers. As it turns out, it was the brainchild of a small group of friends.

Similarly, morally-minded activists at this University have formed networks and brought visibility to difficult issues like race that too often have been ignored by the larger University community. These activists have forced real changes and provoked intense dialogues.

But the cyclical nature of college means these students will pass on, so it's up to students like you to carry on UNC's various traditions of brilliance. You are privileged to be here, so make the most of it that you can. If you follow your passions, you can make this the best four years of your life.

Just don't worry about it too much.

After Smith retired in 1997, Guthridge held the title of head coach for the next three seasons, where he led UNC to two Final Four appearances.

While Smith and Guthridge had two unique personalities, they provided that little something that made the North Carolina basketball program and the people around them successful.

They were almost opposites, but people close to the pair said their bond was substantial — they cared for each other.

So as the news of Guthridge's death

"I told him that I thought I was cheating my students," he said.

Williams also mentioned that he was thinking of applying for a graduate assistant position at another school. The next night, Williams heard from Smith, who asked him to come back to UNC as a part-time assistant. With Guthridge and Smith backthat he was the right fit.

"You can do this job," he said. "And you're going to be the best."

With those words of encouragement in his back pocket, Williams went through with the interview and a short time later became Kansas' head coach.

But if not for Smith and Guthridge, Williams may have not had that chance — or the chance to win two national championships with UNC.

Williams knows the impact both Smith and Guthridge had on his career and his growth as a person. They were the perfect mentors, and to Williams, they were family. He decided to take the flight from Arizona to Chicago to mull over the decision, and when he landed, he knew what he had to do.

He couldn't leave Smith. He knew he needed Smith as much as Smith needed him.

"He thought it would be better for him and for Carolina basketball if stayed with Coach Smith," Durham said.

The decision played out well. Smith and Guthridge coached UNC to two national championships in 1982 and 1993, and created a lasting impact on UNC that may never be seen again.

sports@dailytarheel.com

Football team to focus on defense

The North Carolina football team struggled in 2014-15.

By Jeremy Vernon Sports Editor

For the North Carolina football team, the 2014-15 season was defined by its defense — and not in a good way.

The Tar Heels allowed 39.0 points per game, which placed them No. 119 among 128 qualified Division-I football teams.

In back-to-back weeks in September, the North Carolina defense gave up at least 50 points, the first of which was a 70-41 drubbing at the hands of East Carolina.

More often than not, the UNC defense, and most notably the team's secondary, put the Tar Heels in a hole that the offense couldn't dig them out of.

In the offseason, North Carolina searched for a remedy to its defensive woes and now hopes it has one in the form of new defensive coordinator Gene Chizik.

Chizik was hired back in January to reinvigorate the Tar Heels defensive persona. Chizik served as the head coach at Auburn from 2009-12, where he led the Tigers to an undefeated season and a national title in 2010.

From 2002-04, Chizik held the position of defensive coordinator at Auburn. In 2004, the Tigers led the nation in scoring defense at 11.3 points per game.

Players such as linebackers Jeff Schoettmer and Cayson Collins and cornerback Brian Walker will be looked to as the core of a 4-3 defense that Chizik and Coach Larry Fedora hope will change the team's fortune in the fall.

Offensively, the Tar Heels will look to senior quarterback Marquise Williams to carry the majority of the load, something the Charlotte native has proved several times that he is capable of.

In 2014-15, Williams accounted for over 69 percent of North Carolina's total offense and over 63 percent of the team's offensive touchdowns.

Running backs T.J. Logan, Elijah Hood and Romar Morris will look to ease the strain on Williams' legs through their own play. The trio rushed for 1,119 yards and 11 touchdowns in 2014-15.

Out wide, North Carolina will look to several veteran players who have had reasonable success during their college careers. Quinshad Davis, Ryan Switzer and Mack Hollins highlight a receiving corps that Tar Heel fans believe could be one of the best in the ACC.

Davis, who is recovering from a broken tibia suffered in the Tar Heels' bowl game last season, is tied with Hakeem Nicks for the school record in receiving touchdowns in a career with 21.

The Tar Heels will kick off the 2015-16 season against South Carolina on Sept. 3 in Charlotte. This is where the Tar Heels hope a third straight season ending in a bowl appearance will begin.

sports@dailytarheel.com

Q&A with adviser Nikki Glenos

Nikki Glenos is an academic adviser in the Fine Arts and Humanities Division in the College of Arts and Sciences. Daily Tar Heel Staff Writer Jonathan Ponciano spoke to Nikki Glenos about scheduling advice for freshmen.

Daily Tar Heel: How can undecided students keep their options open?

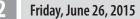
Nikki Glenos: When I am talking with undecided students, I generally encourage them to look at our academic worksheets. I say, "Here's all the majors we have." One of the simplest ways to make sure you can go on track to multiple different fields is to pick the areas that you think you're interested in and have parallel plans. You can stay on track with multiple requirements while not having to make up your mind yet. If you're going to a professional school, this is important. Nothing's guaranteed, but you can certainly be strategic, and the worksheets are the easiest way to know what the requirements are for each. That way, you're not duplicating things. A lot of students don't know about them. They can be daunting, but once you have an advising session and we talk through the worksheets, they make more sense. Also, take a class you normally wouldn't take; it may lead you down a path you wouldn't have otherwise expected.

DTH: What about classes that you need to take your first year?

NG: English 105 is a requirement in the first year. We generally recommend you also get your LFIT done because so many seats are reserved for freshmen, and you don't have the priority later. There are very few majors that require you to take anything specifically your freshmen year. Some of things you want to keep in mind are, if you have an intense science sequence coming up, go ahead and start with what you're placed in. Have a discussion with your advisor to know where to start based on test scores. Ask if it's absolute-

SEE ADVISING, PAGE 19

C C You'll always find your way home. **C.D. SPANGLER**



4 SEASONS IN THE SOUTHERN PART OF HEAVEN





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ll seasons bring new opportunities for students to celebrate. (Top) Chancellor Carol Folt is installed as UNC's 11th chancellor on University Day. (From left) Color packets are thrown in the air during spring's Holi Moli festival. The class of 2015 prepares to turn its tassels during summer Commencement. In fall, Franklin Street is flooded with costumed revelers during Halloween. Students pose in front of the Old Well on a winter snow day.



ALL STUDENTS AT UNC ARE REQUIRED TO PROVE HEALTH INSURANCE COVERAGE

McCall Bunn, Payton Collier, Connor Elledge, Courtney Jacobs, Elizabeth Miller, Erica Richardson, Hannah Shaw, Lizzy Sirkin and Courtney Triplett, account executives

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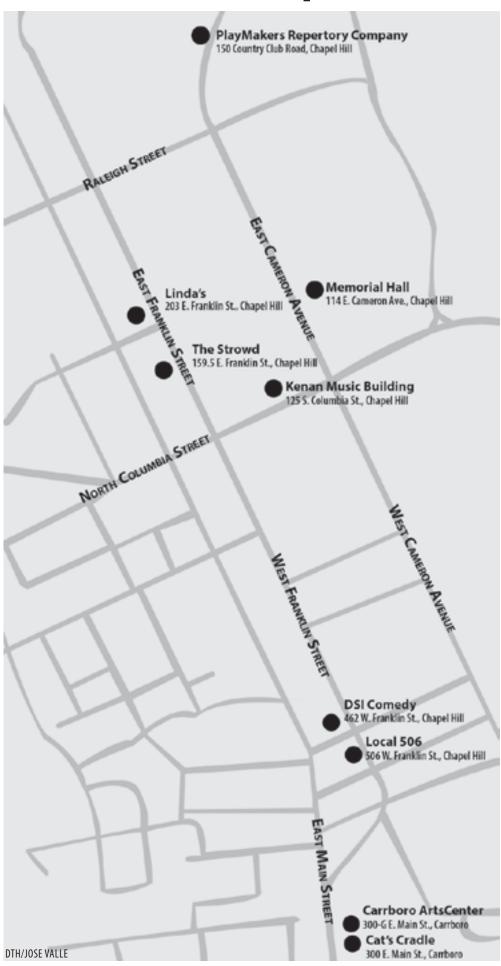
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WE COME BY SOUTHERN NATURALLY.

Local 18 and up venues service freshmen



From student organizations to intramural sports to frat parties, there's a lot to do on campus.

But there's an entire world of entertainment for UNC students to explore — right in their backyard.

For the introverts and the extroverts alike, Chapel Hill and Carrboro are the places to do just that through a wide variety of music, theater, comedy and - of course - 18 and up bars and clubs.

Bars

Let's start with what you really care about. Even if you can't legally drink alcohol when you first come to campus, you can at least participate in some of the bar culture. Some local bars are 21 and up only, but others are more accessible.

One of these is Linda's, located on Franklin Street right across the street from campus. Linda's is great because you can experience Chapel Hill nightlife while munching on delicious food, like loaded cheese fries and tots. For a slightly more upscale experience, head down the street to recently opened The Strowd, which makes up for its less-spectacular food selection with a large dance floor and disc jockey.

Music

Chapel Hill/Carrboro has the best music scene that you've probably never heard of. Cat's Cradle in Carrboro is the cool punk rock uncle of independent and alternative music, bringing everyone from Nirvana to Public Enemy to the area in the '90s, and is known for booking the coolest up-and-comers.

Local 506 is Cat's Cradle's baby — a smaller, more locally focused venue but notable all the same. Local 506 is where you should go to get in touch with the sound of the area.

Don't discount opportunities on campus — the music department almost always has a concert on the horizon, and Carolina Performing Arts brings world-renowned artists weekly to Memorial Hall.

Compiled by Claire Nielsen and Sarah Vassello, senior writers

Theater

For the drama enthusiasts, PlayMakers Repertory Company is the school's professional company, largely comprised of alumni, and one of the leading theater companies in America.

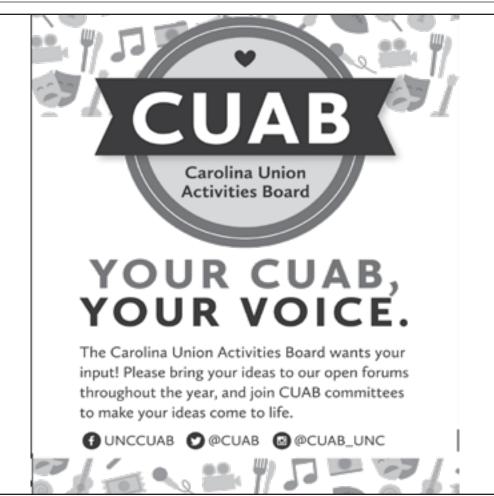
With around 10 shows a season, PlayMakers offers world-class theater at prices affordable to students.

The Carrboro ArtsCenter is another good venue for affordable local theater. From one of the many student theater groups to community theater, the ArtsCenter offers a stage to showcase its players.

Comedy

DSI Comedy Owner Zach Ward is bringing the Chicago comedy scene to Chapel Hill. Acclaimed in the comedy scene, DSI offers stand-up and improv performances as well as classes for anyone interested in learning the ways of comedy.

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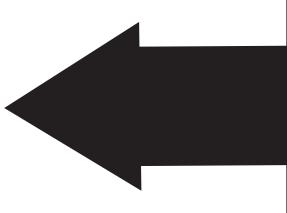
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Where NC stands

Compiled by Courtney Jacobs, staff writer

Find out about the state of some of the most important policy debates in North Carolina.

Education

The N.C. General Assembly passed a law on June 3 that requires women seeking an abortion to wait 72 hours after consulting a physician before having an abortion.

The waiting period is meant to give doctors time to adequately inform their patients about the procedure, alternative options and associated risks.

Tami Fitzgerald, the executive director of the N.C. Values Coalition, said the law provides women time to consider their choices and ultimate decision.

Funding to the UNC system for the next two years is being debated by the N.C. General Assembly after the Senate passed its budget June 18.

In a period of concurrence, the N.C. House and Senate will debate each of their budgets to create a final budget. The House proposed over \$2 billion in funding to the UNC system, while the Senate budget amended it to cut \$3 million worth of funding to the UNC School of Law.

Some believe the cut is targeted at Gene Nichol, a UNC law professor, for his criticism

"It's a ridiculous accusation that this bill in any way restricts access to abortion," Fitzgerald said. "All it does is it allows a woman more time to think over this important decision."

Shoshannah Sayers, the interim executive director of NARAL Pro-Choice North Carolina, said she believes the 72-hour waiting period is medically unnecessary.

"Telling women that they need a three-day timeout before they're qualified to make a medical decision about their own bodies is just paternalistic and insulting,"

of the General Assembly. "We know that the leaders in the General Assembly have been very critical of Professor Nichol, his work at the poverty center, his commentary and his political activism," N.C. Sen. Mike Woodard, D-Durham, said. "It seemed to me it was a clear shot at Professor Nichol and his work."

The Senate budget also proposes to eliminate all funding to The Hunt Institute, a foundation that brings policymakers and stakeholders together to develop policies and pro-

Abortion

Sayers said.

Opponents claim the law contradicts Gov. Pat McCrory's 2012 campaign promise not to pass abortion restrictions because it makes getting a safe abortion harder, particularly for women of color and women from lowerincome backgrounds.

This law is only one of the more recent additions to N.C. abortion law. In 2013, North Carolina passed a measure requiring public school sex education to include information on the risks of preterm births for women who have had an

grams that benefit public

At the beginning of the

year, UNC-system President

Board of Governors to resign,

despite having no preemptive

causes or issues with Ross' job

"The board felt like, at

the appropriate time, there

should be a transition to

a new president, and we

were thinking along, and

President Ross had a dif-

ferent timeline, and that's

it," board chairman John

Fennebresque said.

had a timeline that we

Tom Ross was asked by the

education.

performance.

abortion. The law was passed as an

education bill, but opponents claim it is weakly supported scientifically and is instead a means of progressing the General Assembly's anti-choice agenda.

The abstinence-only curriculum of N.C. sex education shifted toward a comprehensive curriculum after the 2009 Healthy Youth Act passed.

The current curriculum focuses on abstinence but includes information on birth control and sexually transmitted diseases.

The Board of Governors recently held input sessions to gather the opinions of students and faculty on what they want in Ross's successor.

Many urged the board to focus on finding someone who will be inclusive with funding and attention to all system schools, including the five historically black colleges.

Others recommended the board use Tom Ross as a template for choosing the next president.

"Please use his qualities as a guideline," UNC alumna Nancy Farmer said.

the Supreme Court. If it rules against the legality of marriage bans, same-sex marriage will effectively be legal in the entire country. A ruling is expected this month.

Neil Siegel, a law professor at Duke University, doesn't believe a ruling in favor of gay marriage will be a fix-all solution.

"The Supreme Court can settle the marriage issue, but it's not going to settle the cultural debate over gay rights," he said.

Know your elected state office-holders

The North Carolina state government has substantial importance for the UNC system.









Pat McCrory

Governor Gov. Pat McCrory, former mayor of Charlotte, was inaugurated as the governor of North Carolina in 2013. His office has since changed the course of the state's previous political direction, passing many conservative measures. He continues to focus on education and bringing economic growth to the state.

Dan Forest

Lieutenant Governor Dan Forest, a UNC-Charlotte graduate, is the first Republican in his position in 20 years. He presides as the president of the N.C. Senate. He is an architect and a member of the N.C. Board of Education, the N.C. Board of Community Colleges and the N.C. Economic Development Board.

Phil Berger

Senate President Pro Tempore

Phil Berger, a member of the N.C. Senate, represents constituents from Rockingham and Guilford counties. The first Republican in his position in more than a century, he was chosen by Senate members in 2010. Berger has his law degree from Wake Forest University and currently practices in Eden, N.C.

Tim Moore

Speaker of the House

Tim Moore, chosen as speaker of the house by members of the N.C. House of Representatives for the 2015-16 legislative session, represents constituents in Cleveland County. Moore, a Republican, graduated from UNC-CH and received his law degree at Oklahoma City University.

Same-sex marriage became legal in North Carolina last fall when a federal judge struck down the state's ban known as Amendment One.

The Asheville-based federal judge found the ban unconstitutional, which immediately allowed samesex couples the ability to marry and gave legal recognition for same-sex couples married outside the state.

"With it, we celebrate with so many North Carolinians who have worked tirelessly

over decades to change hearts, minds and unequal laws in the state we call home. Love won, and the barriers to it are done," said Chris Sgro, executive director of Equality N.C.

Recently, the N.C. Legislature passed a law that allows magistrates to choose not to perform same-sex marriages due to a "seriously held religious objection."

Gov. Pat McCrory vetoed the bill despite his personal beliefs against same-sex marriage. "Whether it is the presi-

enforcement officer or magistrate, no public official who voluntarily swears to support and defend the Constitution and to discharge all duties of their office should be exempt from upholding that oath," McCrory said in a statement. However, the General Assembly overturned his veto. North Carolina is the second state to have such a law.

On a national scale, the constitutionality of marriage bans is being determined by

dent, governor, mayor, a law

Same-sex marriage



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NAW

A GLOBAL FORCE FOR GOOD.

DTH editorial board takes stances on campus affairs

Find out what positions The Daily Tar Heel's editorial board has taken on some of the most controversial topics at the University.

Chancellor Folt

The end of the year left The Daily Tar Heel's editorial board asking: What does Chancellor Carol Folt really think?

The past year did not lack for controversy. There was the change from Saunders Hall to Carolina Hall, the Wainstein report, political attacks on centers and institutes and other pressing campus issues.

The UNC community has often been left wondering where the chancellor stands.

Instead of addressing these issues, Folt often steers the conversation away from constructive and critical dialogue and toward an idealistic image of UNC.

We must ask if the job of our chancellor and the chancellor's office is to respond thoughtfully to student concerns or whether it is to appease the forces that control the financial and political power of the University through carefully calculated public relations campaigns.

Athletics

The majority of studentathletes at UNC appear to do everything by the book.

Nearly all of the blame for the athletic-academic scandal must fall on the institutions involved rather than on the players themselves.

Student-athletes are asked to complete the same work as non-athletes under the pressures of hours of practice, missed class and physical exhaustion.

Student-athletes are also working within a larger, multimillion-dollar, national organization, the NCAA, that opposes recognizing athletes' rights of labor, such as compensation negotiation. Instead, they propose that scholarships are compensation enough.

We do not agree. An academic scholarship should not be considered complete compensation for athletes who make millions upon millions of dollars for the NCAA and its member institutions.

Carolina Hall

This summer has seen the climax of a yearslong fight to rename Saunders Hall, a building named after the head of the North Carolina Klu Klux Klan.

The building was renamed "Carolina Hall," which disappointed many activists who called for the building to be named "Hurston Hall" after Zora Neale Hurston, who they say secretly took classes here during segregation.

While the University's current attitudes about race might have changed to a degree, the racism that monuments such as Silent Sam represent has not. They continue to be present in spaces that students of color must navigate, reminders of UNC's past and present exploitation of people of color.

The process of recognizing UNC's history of racism has begun, but it must continue in order for real progress to be made.

Board of Governors

The UNC Board of Governors should take seriously the efforts by activist groups to air grievances about a range of students' concerns.

The board rejected the gender-neutral housing campaign with little explanation in 2013, stunning supporters and making clear that student concerns go virtually unheard in the board's meetings.

Other examples of the board acting without student input include capping need-based aid at 15 percent of tuition, shortening the add-drop class period and increasing tuition. These are all incidents when the board has either ignored or overruled the student body's mandate.

Board members have encouraged students to speak with them directly about their concerns, though such a gesture seems empty when the board does not adequately represent student interests.

Greek life

The past year has been filled with coverage of problems in the Greek system. We hope the future of Greek life is characterized by proactive approaches. Problems should be addressed the day before, rather than the day after, they become media sensations.

Greek issues are student issues, but the nature of Greek organizations tends to keep non-Greek student populations from understanding or engaging with discussions in which they all have a stake.

To be sure, the costs of greater inclusivity and transparency could include rethinking the values that define Greek organizations and yielding some control over membership. This is no small sacrifice.

But we believe that as long as Greek societies continue to exist, the sanctity of their secrecy must take a back seat to ensuring they do no harm to their campus communities.

Sexual assault

UNC has been credited as a national leader in its response to campus sexual assaults. This can be attributed to the work activists and advocates have done to make the University a safer place.

Programs and initiatives like One Act and Project Dinah, in addition to the restructuring of UNC's response to reports of sexual and interpersonal violence, have provided increased support for survivors.

Still, we tend to treat cases of sexual misconduct as naturally occurring phenomena instead of treating them as violent crimes.

In the frequent absence of physical evidence, accusers' testimonies must stand alone. For this reason and others, sexual misconduct policies are difficult to prosecute.

This situation contributes to highly dangerous environments if the responsible institutions are not equipped to remove these perpetrators from campus.

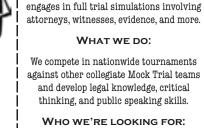
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START HERE NEVER STOP

Office of the Dean of Students exists to help

By Hannah Smoot Staff Writer

When Kaitlyn Johnson's lung collapsed during exam week last year, exams were the last thing on her mind.

Johnson, a junior biology major, went to the Office of the Dean of Students for help, and they were able to help her postpone her exam dates.

"They definitely made it as stress-free as possible," she said. "I'm just really thankful that they were so nice and understanding about everything."

The Office of the Dean of Students provides many services for students, like academic help during crises, as well as a financial literacy program and veteran support services.

"We're the starting point to figure out what different options students can take," said Emily Gaspar, assistant dean of students. "We really help students with everything."

If students need to miss class due to an illness, family issue or other incident, the dean of students can help notify professors.

"I know that can be a stressful situation for firstyear students," said Desiree Rieckenberg, senior dean of students. "We can take that off their shoulders."

The Office of the Dean of Students will hold several events for the financial literacy program in the fall to teach students financial skills like budgeting and building credit.

The office is also the main point of contact for veterans or military-affiliated students, working to help them transition to life on campus.

"Our office is one of the few offices that serves every single student on campus," Rieckenberg said. "So it doesn't matter if it's your first day on campus or not, we're still going to be there along the way."

The office is also a private resource for students to report sexual harassment or gender-based discrimination. The office can take steps with the Equal Opportunity and Compliance Office to help students, such as providing restraining orders or changing housing assignments or class schedules.

The many services of the Office of the Dean of Students can sometimes be masked by its name, Gaspar said.

"It can sound intimidating," she said. ""The Dean of Students' sounds more authoritative, and that's not our intent at all."

Rieckenberg said the Office of the Dean of Students is a "one-stop shop" of sorts for student resources. If students aren't sure where to find what they need, Rieckenberg encourages students to reach out.

"Our office serves as a beginning point of contact for any student that has a question or concern or is needing some assistance in navigating the University," she said.

Students can get in contact



Jonathan Sauls (right), the dean of students, and Dean Blackburn, the director of student wellness and associate dean of students, discuss the use of alcohol at sporting events at a meeting on April 14, 2015.

with the Office of the Dean of Students through regular walk-in hours in SASB North or emailing dos@unc.edu.

Rieckenberg encourages students to take advantage of these resources through

the office.

"My biggest piece of advice is to ask for help," Rieckenberg said. "Don't be afraid to ask for help or ask questions." "I think Carolina is one of

those campuses that if you ask a question, we're going to do everything in our power to make sure that you get where you need to go."

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COLUMN Dear freshmen: you'll be fine

want to tell you three things: Everyone is faking it, crying is awesome and your professors are people. Everyone at UNC is faking

it. We're studying, but we're also going on fun adventures with our friends. And we're organizing charity runs. And working at the animal shelter.

If it seems like everyone else is making all these new friends in the first few weeks of school — they're sure as hell faking it. I promise. Every movie and television show tells you that the start of college is a dream — the time you'll meet your lifelong best friends, your forever boo. And that's possible, but often the first few weeks are lonely. They involve a lot of awkward trips to Rams Head Dining Hall. You have training wheel friends, and it feels like everyone around you is having the time of their life.

I want you to know that crying can be great. The first time I cried at UNC was a Friday night. I missed my parents and wished they'd call me more often.

I found a quiet place in the



Alice Wilder Summer Opinion Editor

cried earlier in the day. I realized this feeling - loneliness and sadness - was allowed. I realized this was okay to talk about. After that day, Logan and I started to share more and realized we both ended up crying on Fridays. "Cryday Friday" was born.

When you enter UNC at orientation, there are signs everywhere that say "Welcome Home!" People around you proclaim that every day is a "Great Day to Be a Tar Heel!"

Sometimes UNC doesn't feel like home for a while. For me, it didn't begin to feel like home until I cried in front of my roommate.

Another thing about crying: happy, excited tears happen all the time at UNC too. Like the night before an 8 a.m. final exam. I couldn't fall asleep

friends to tell them. I did okay on the exam, too.

I want you to know that your professors are people too. So if you're going through a tough time, don't be afraid to head to office hours and talk to them.

Last January, when my grandfather died of Alzheimer's, I had to miss class for his funeral. I was worried professors would laugh it off as another "dead grandparent excuse." But I emailed them anyway, explaining the situation. Several professors responded to extend their condolences and share that they too had lost a loved one to the disease.

If you're feeling overwhelmed, depressed or anxious, take a chance and talk to your professors about it. It's possible they might give you a curt response or say something rude.

But please don't assume that's the only outcome. Talking to your professors about tough things that are holding you back in class is the best way to turn a semester around. Maybe that professor has battled with depression too. Maybe they have dealt with parents' separation and understand the upheaval it causes, even for college students. Maybe they've dealt with addiction and understand the difficulty of recovery. Take a chance on them. You'll be okay.

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stairwell of my dorm because I didn't want my roommate Logan to see me cry. She was so sweet, but we still tiptoed around each other. I came back to my room and Logan mentioned in passing that she'd

and was annoyed that I'd end up going to my exam tired. But that night — the night I wanted to go to sleep at 8 p.m. — was the night Beyonce dropped her self-titled album. I cried tears of disbelief and happiness. I jumped up and down in the hallway and called all my

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Undergraduates are also invited to explore the UNC-BEST program through which students majoring in biology, chemistry, geology, mathematics and physics may complete requirements for licensure to teach high school. We also work with the Department of Music to train K-12 music educators.

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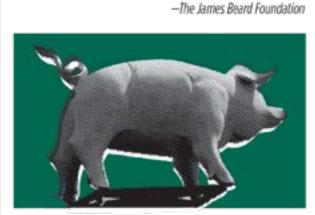


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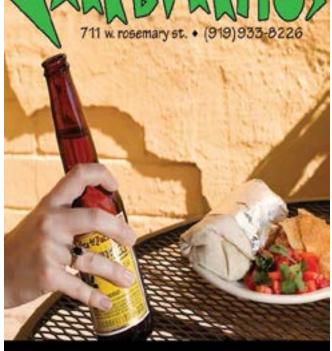
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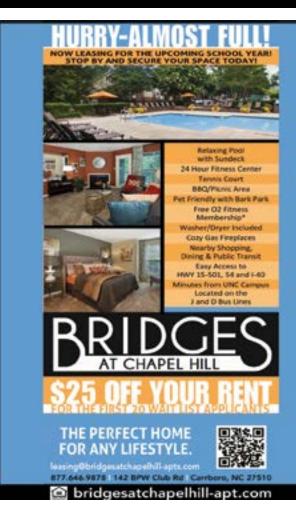
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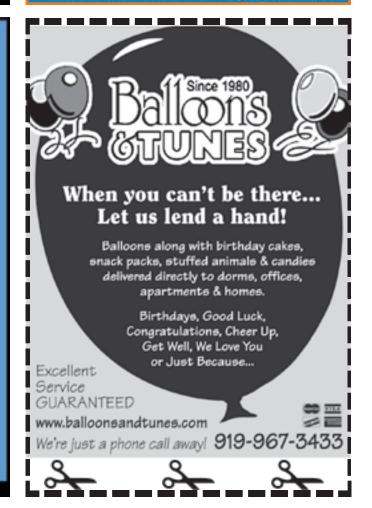




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AGE 18 AND UP

Dorm decor: do's and don'ts



UNC Housing constructed a model suite in Craige Residence Hall.

DON'T

- You're going to be moving in and out of dorm rooms, so don't make it harder on yourself by having a lot of unwieldy or fragile things.
- Don't add so much that you can't use your desk. Leave a little room for those textbooks you should be reading.
- Don't go overboard with colors and patterns. Yeah, you want to spice up the place, but you also have to sleep there. Also, too many

patterns will hurt your eyes when you're still awake finishing that essay you should've started weeks ago.

• When in doubt, just don't. If you think the piece might not fit or that it would be awkward in the space, just leave it at home.

• Don't fret. It might not look great at the beginning, but things accumulate over time. You won't have to do much to get it looking good once you start getting a feel for what the space needs.

DO

• Pick out a soft rug that will feel great when your air conditioner is on the fritz or just during those frosty snow days (don't forget to check out a vacuum every once in a while).

• Wall art will break the monotony of beige in your dorm. Try mixing up the sizes or creating a gallery wall that'll draw attention away from the cinder blocks.

• Try adding some lights to the room. Sure, there's one big light on the ceiling, but it doesn't have the same oomph as fairy lights or those string lights with the colored bulbs.

- Hang some cool curtains for some added privacy and personalization.
- Mirrors make the space seem larger and help you prepare for the day ahead.
- Check with your roommate before decorating the entire room. Keep to your side unless they agree that you have mad design skills and can beautify the space.



Matthew Donovan (left) and Conor Donovan relax in the model.



Face it — your dorm room isn't home, but that doesn't

mean it can't be homey! Don't get too crazy, though college is temporary, and so are your dorm rooms. Don't stress too much.

That being said, we have some tips for you. Give your dorm a face-lift with these couple of cheap tricks.

It won't take much to add a little color to your dorm through wall accessories, a rug or even your bedspread.

Add colors and patterns! Personalize your space with pictures and things you like. Make it your home away from home by bringing your personal style to life.

Since you are living in a dorm room, there isn't too much space to work with, especially if you have a roommate. Therefore, the trick is to stay away from having a bunch big items that clutter the space. You want to keep the functionality of the space — you're just sprucing it up.

Have a couple of big items like a sofa or extra chair, then stick to the small stuff. You get bonus points if the items are multifunctional.

For example, pillows are an easy and comfortable way to customize your space, and they do double the work as decoration and functional floor cushions. All your new friends will thank you for saving their butts when they come over.

If there isn't a lot of space

Compiled by Katherine Kirkman, staff writer

to spread out your things, go vertical. Make a cheap tapestry by hanging a cool scarf on your wall.

If you decide not to loft your bed, you'll have plenty of space to decorate the wall beside your bed. If you make the decision to loft, then you'll have space beneath it to personalize.

With a lofted bed, you can hang small things from the bottom of the mattress, like lights or ornaments. You could even create a comfy nook by hanging a sheet down over the opening bam, instant privacy! Throw your pillows under there and add a blanket, and you'll have the perfect space for a Netflix marathon or a study session with your textbooks.

The key thing to remember is you are a college student now. Don't spend all your money on making the dorm room fantastic because textbooks are costly. Use things you already have at home.

Enlist your friends and relatives to help you glam up your space. Do they have a rug they don't want or too many Christmas lights? Thrift stores have a wide variety of cheap items that you can use to bolster your personal style.

Don't be afraid to think outside the box to find things that fit your decorating needs.

As long as it works for you (and doesn't go against dorm room policies), do it!

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Friday, June 26, 2015

UNC arts leaders share how they got involved

Yeshel Chokshi, Bhangra Elite captain

When my first year came, I went to the tryouts for Bhangra Elite because I loved the energy and style of the team. Now, as a rising senior, this will be my third year as a captain for the team. Being on Bhangra Elite has allowed me to meet other dancers, artists and performers throughout campus.

The arts community at our school is so collaborative and enriching. Everyone is hoping for the best for everyone else. In fact, people go out of their way to teach and help others as well as learn styles completely different of their own.



PHOTO COURTESY OF YESHEL CHOKSHI

Company Carolina



Duri Long, artistic producing director

My advice for getting involved in theater at UNC is to sign up for listservs, apply for positions, audition for shows and ask questions. That's what I did, and a year later I found myself producing shows, surrounded by a talented community of fellow students who love to create, perform and, most of all, have fun.

What I love about Company Carolina is that it is structured like a real-world theater company. There is a place for everyone, so don't hesitate to get involved and gain firsthand theatrical experience with a great group of friends.

PHOTO COURTESY OF DURI LONG

Chris Burrus, vocal performance major Carolina is a special place in that

it not only allows you to investigate what your ambitions in life may be, but everyone on the campus encourages and pushes for individuality.

I joined the UNC Clef Hangers and was able to sing in settings I would have never believed, including traveling to New Orleans, Philadelphia and Mexico.

Looking back on this year, the only reason I was able and willing to explore so many aspects of the UNC experience was due to the open arms of the community.



PHOTO COURTESY OF CHRIS BURRUS

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Cat's Cradle: A local treasure trove

The over 40-year-old music venue draws major acts.

By Sarah Vassello Arts & Culture Editor

Anyone in the Triangle will tell you — Cat's Cradle is an institution.

"Even if (touring bands are) only playing Nashville, New York, Atlanta, that kind of thing, they'll still stop at the Cradle – they know it's the epicenter of a great music area. It's kind of symbolic, like the Statue of Liberty for the rock 'n' roll scene of the Triangle. The Cave



and Local 506 are like Ellis Island," said Old Ceremony frontman Django Haskins in

a previous

interview.

The

Hill-based

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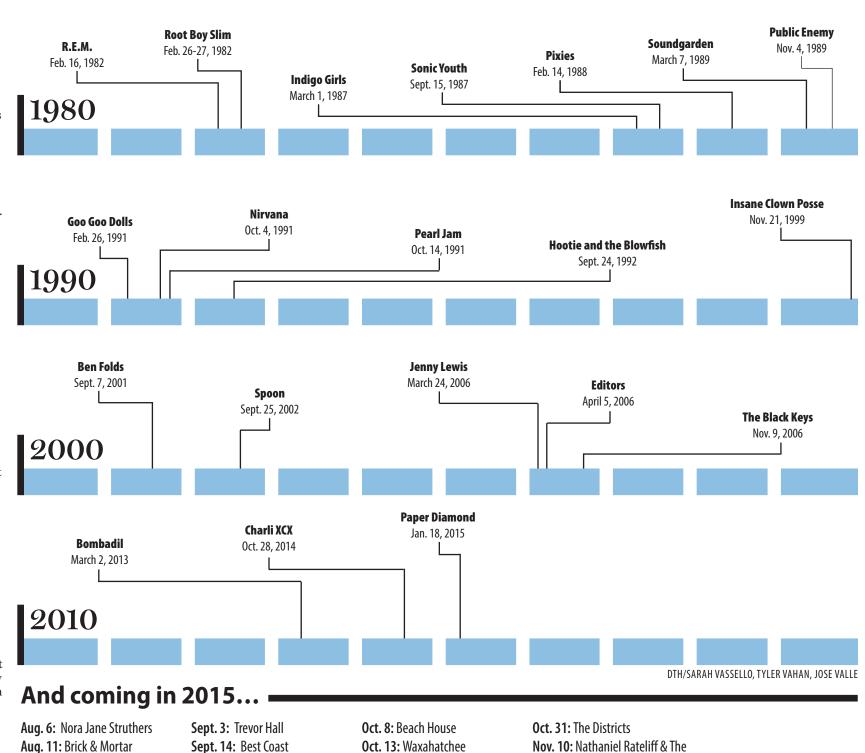
Django Haskins is a songwriter based in Durham, NC. He sings and plays guitar for Old Ceremony.

group went to great lengths to keep their debut performance at the venue on Sept. 9, 2011, which was a major goal of theirs and every independent music group across the country.

"I had a kidney stone. The band was setting up equipment, and I'd been injected with all these painkillers," Haskins said. "I could barely move my eyes. We did the show, just because that's how much I love the Cradle. I didn't want to miss the show so badly that I still had the hospital arm band on."

This love for the Cradle is fueled by a legacy of coolness for about 40 years. Here are some of the biggest acts that have come to Cat's Cradle.

arts@dailytarheel.com



Sept. 14: Best Coast Aug. 17: Jared & The Mill Sept. 15: Death Cab for Cutie Sept. 22: Pokey Lafarge Sept. 25: Dawes

Oct. 13: Waxahatchee Oct. 18: Telekinesis Oct. 26: Mikky Ekko Oct. 28: Peaches

Nov. 10: Nathaniel Rateliff & The Night Sweats Dec. 12: Steep Canyon Rangers Visit www.catscradle.com/events/ for more performance dates.



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- Recycling has created more than 14,000 jobs in North Carolina.

Office of Waste Reduction and Recycling

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Compiled by Claire Nielsen, city editor

Where to eat on Franklin Street

Mediterranean Deli

410 W. Franklin St.

If you're craving Middle Eastern or Mediterranean food close to campus, Med Deli is probably the place for you. Founded in 1992, the restaurant offers a wide variety of vegetarian and gluten-free options for meals. It's healthy without being super pricey.

Hours: Daily: 11 a.m. to 10 p.m.

Price: \$\$

We recommend: Baklava, a traditional Mediterranean pastry with your choice of pistachio, walnut, dates or cheese. \$1.75.

Sutton's Drug Store

159 E. Franklin St.

Sutton's Drug Store is a Chapel Hill institution that opened in 1923. Feast on simple, diner-type food like burgers, chicken tenders and thick milkshakes. Also enjoy pictures of UNC basketball players and other faces that line the restaurant's walls.

Hours: Monday to Friday: 7 a.m. to 7:30 p.m. Saturday: 7 a.m. to 4:30 p.m. Sunday: 9 a.m. to 3 p.m.

Price: \$\$

We recommend: The coffee milkshake for \$3.79. Add in Oreo, Butterfinger, malt, Reese's or Snickers for 50 cents more.

Time-Out

201 E. Franklin St.

Time-Out has been on Franklin Street for more than 30 years. It's about the closest off-campus food source, and it's open 24 hours — making it extra convenient. Time-Out is known for its comfort food, especially its biscuits.

Hours: 0pen 24/7

Price: \$\$

We recommend: The classic Chicken N' Cheddar biscuit. It's exactly what it sounds like: a fluffy biscuit sandwich with fried chicken and cheese in the middle. \$5.49. Also good with a side of macaroni and cheese for an extra \$2.99.

Henderson Street



0.2 міle

BREAK



Vimala's Curryblossom Cafe

At 431 W. Franklin St.

Vimala's Curryblossom Cafe opened in June 2010. Vimala Rajendran, the restaurant's owner and namesake, started hosting community dinners supported by donations out of her home in 1994. Vimala's staff places a heavy emphasis on supporting local and sustainable food sources.

Hours: Monday to Saturday: 11 a.m. to 9 p.m.

Price: \$\$\$

ROBERTSON STREET

We recommend: The chicken curry plate, including local chicken served with rice and salad. \$10.

Cosmic Cantina

At 128 E. Franklin St.

Do you ever crave Mexican food at 3 a.m.? Well, we didn't either when we were still in high school. But in college, you just might. Cosmic Cantina, located right up next to campus, is open until 4 a.m. They have myriad options for vegetarians and vegans, if that's your thing.

Hours: Daily: 11 a.m. to 4 a.m.

Price: \$

We recommend: The steak or vegetarian soft tacos. \$2.26 to \$4.09.

Ye Olde Waffle Shoppe

173 E. Franklin St.

EAST FRANKLIN STREET

Ye Olde Waffle Shoppe, founded in 1972, is a longtime destination for breakfast right off campus. Opt for the locally owned Ye Olde in place of Waffle House, which has a location right down the road. But be careful about making brunch plans on Sundays or after a game — it'll most likely be swamped.

Hours: Monday to Friday: 7 a.m. to 1:30 p.m. Saturday and Sunday: 8 a.m. to 2 p.m.

Price: \$\$

We recommend: The egg plate, which comes with one or two eggs any style; hash browns or grits; bread; and bacon or sausage. \$4.20 to \$5.85.

DTH/JOSE VALLE

UNC men's basketball has championship potential

own went the Tar Heels. As the North Carolina men's basketball team walked off the court in its NCAA tournament loss against Wisconsin, one thing was for sure: these Tar Heels would be back.



Mohammed Hedadji

comings, especially securing and shooting the ball, there's no question the kid can flat out fly. The Tar Heels will miss Tokoto's ability to lift the crowd off its feet in a flash, something no statistic can illustrate.

Nevertheless, Tokoto's departure has opened up crucial minutes for a number of Tar Heels looking to come into their own, all of which can contribute to the North Carolina 2015-16 campaign. Commonwealth University commit had a change of heart late and flipped his commitment to UNC, and the Tar Heels welcomed him with open arms. They need the shooting.

For now, all eyes are on Justin Jackson. Jackson's ascent last season was a ing ability have him poised to flourish in a starting position that is his to lose.

It seems UNC worked past its "beat Kentucky, lose to Belmont" phase last year, but there are still major questions to be asked about the team's consistency. Jackson will help. watch and a coach's nightmare to play — but Pinson needs to stay out of injury trouble.

As long as Roy Williams holds the whiteboard, UNC will likely always hang its hat on post-presence. Senior Brice Johnson and junior Kennedy Meeks look to keep it that way. The talent of the two is undeniable, but one question must be asked: Will Meeks and Johnson be the one-two punch UNC has been begging for? If so, the Tar Heels better start making room on their trophy shelf.

Except for J.P. Tokoto, the Tar Heels are back in full force. The unit, which fell just short of the Elite Eight, returns four starters and an array of potential gamechangers next year.

While Tokoto's decision to

Staff Writer

enter the NBA draft was not expected, nobody could say they were surprised. With jaw-dropping athleticism and a staunch defensive presence, Tokoto could fit into any roster. While Tokoto had his short-

One notable addition is a lethal shooter in Kenny Williams. The former Virginia sight to see, and the rising sophomore likely would have been drafted, but fortunately for Coach Roy Williams and company, Jackson is back and ready to ball.

With a year under his belt, Jackson's length and shootMore important, perhaps, than Jackson's development could be sophomore Theo Pinson's ability to stay healthy.

If Pinson can put together a Jackson-esque coming of age next year, the Tar Heel backcourt will be both a joy to

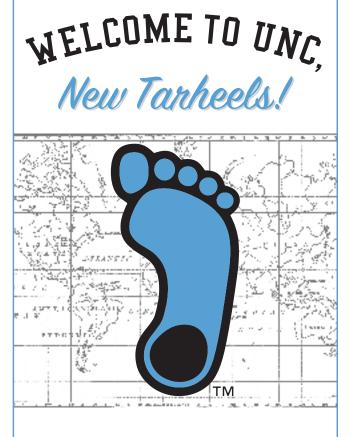
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Important local figures you should know

Chapel Hill and Carrboro are home to several significant local government and business figures — get to know your officials.

Meg McGurk @MegMcGurk



Meg McGurk is the executive director of the Chapel Hill Downtown Partnership, an organization that encourages economic development.

McGurk oversees the town's growing businesses through marketing and promotions and improving the downtown area's aesthetic appeal.

Before working at the partnership, McGurk had a part-time job at Chapel Hill's Street Scene Teen Center and worked full-time at Volunteers for Youth, an organization that prevents delinquency.

The partnership's Board of Directors includes nine voting members and six nonvoting members. The six nonvoting members include a UNC graduate student as well as an undergraduate student.

McGurk and the rest of the partnership focus on addressing Chapel Hill's basic needs, including cleanliness, safety, policies, parking and business development.

Sally Greene @GoSallyGreene



Sally Greene is a member of the Chapel Hill Town Council and serves as the town's mayor pro tem. She served eight years on the council, from 20-11, before taking a year off in 2012.

She was designated to fill an empty council seat in 2013.

During her time on the council, Greene has been involved in issues such as zoning, homelessness, neighborhood conservation districts and environmental conservation.

Greene served on the negotiating committee for the development at 140 W. Franklin St., which features restaurants and other businesses as well as residential units.

She was also instrumental in negotiating an agreement with Orange County concerning the Chapel Hill public library.

Sammy Slade @sladesammy



Sammy Slade is a member of the Carrboro Board of Aldermen and is currently serving as the town's mayor pro tem.

Slade was elected to the board in 2009 and again in 2013. He has a degree in psychology from UNC-Chapel Hill and also works as a carpenter.

As a member of the town's Transportation Advisory Board and a liaison for the Carrboro Climate Change task force, Slade has a particular interest in environmental problems that face the town.

He also considers affordable housing and supporting the local economy to be important Carrboro issues.

Slade is also an urban beekeeper, which goes hand in hand with his concern for the environment and desire to slow climate change.

Mark Kleinschmidt

@mayormarkk



Mark Kleinschmidt has been the mayor of Chapel Hill since 2009. Before that, he served on the Chapel Hill Town Council for two terms: from 2001-05 and 2005-09.

Kleinschmidt is Chapel Hill's first openly gay mayor, and when he was first elected to the town council, he was only the fifth openly gay North Carolinian to be elected to office in the state's history.

In addition to serving as the town's mayor, Kleinschmidt works as an attorney at Tin Fulton Walker & Owen, a law firm that specializes in criminal law and civil rights advocacy.

Kleinschmidt has also served as the president of the N.C. branch of the American Civil Liberties Union. In 2012, he served as a delegate to the Democratic National Convention in Charlotte.

Lydia Lavelle @lydialavelle



Lydia Lavelle has been Mayor of Carrboro since she was elected in 2013. Before that, she was elected to the Board of Aldermen in 2007 and 2011.

Lavelle has a law degree from N.C. Central University in Durham. In addition to being mayor, she works as an assistant law professor at NCCU and is the liaison to Carrboro's Appearance Commission.

Lavelle has announced that she will be running for a second term as mayor in the November 2015 election. She believes that affordable housing and board decisions regarding development plans will be the biggest issues to pay attention to during her next term.

Lavelle, who is openly gay, married her wife during her first term as mayor after same-sex marriage became legal in North Carolina.



Earl McKee

emckee@orangecountync.gov

Earl McKee is the chairman of the Orange County Board of Commissioners. He is a lifelong resident of Orange County and was raised on his family's farm.

McKee has a degree in agriculture from N.C. State University. In the 1970s, he returned to his family's farm to continue a career in agriculture.

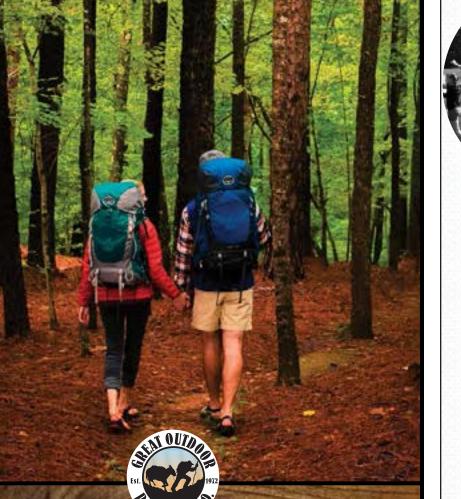
On the farm, he manages cattle, hay and a variety of other crops.

McKee, who represents District 2 of Orange County, was first elected to the board in 2010 and was re-elected in 2014. He served as vicechairman of the board in 2013 and 2014 and was elected as chairman in 2015.

McKee has served on the Orange County Planning Board and is currently involved in the Board of Social Services and the Fire Chief's Association of Orange County.







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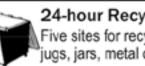


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Read about the biggest local stories of 2014-15

October 2014

Homeless shelter moves forward

This past year, the Inter-Faith Council for Social Service has been making progress on a new men's homeless shelter that will replace the current location on Rosemary Street. The new shelter will be twice the size of the current space and is slated to open in mid-September. In October, the IFC held a meeting where it described certain delays the organization had been facing in the construction of the shelter, which was originally scheduled to be completed in early spring of 2015. The organization is now making progress on the new shelter, the total cost of which is estimated to be about \$4 million.

"Right now you've got 40 people, and if you want to go outside, you can go outside and sit in the parking lot," IFC construction manager Peter Kamel said of the shelter's current location.

"There are walking paths, facilities where they can get outside and actually have some solitude instead of mingling with the traffic."

March 2015

UNC makes loan to Northside neighborhood

Historically, the Northside neighborhood was the largest black community in Chapel Hill. But starting in 2000, the black population in the community decreased by almost 25 percent over the next 10 years as landlords acquired properties in Northside and rented them out to students at prices many families couldn't afford.

In March, UNC announced it was giving a \$3 million loan to Self-Help Credit Union, a Durham nonprofit, to help with the acquisition and resale of Northside properties to increase the number of families and homeowners in the neighborhood.

Northside resident Kathy Atwater talked about the benefits the loan could bring.

"It is an opportunity for our community to be what it is intended to be: a community of life, of vitality, of family, of coming together," she said. "I am standing on the shoulders of those who paved the way for us."

November 2014

Rogers Road Community Center opens

The Rogers Road neighborhood, which is located on the border of Chapel Hill and Carrboro, is a historically black and low-income community. The neighborhood housed Orange County's landfill for 40 years, from 1972 to 2013. At the time of the landfill's creation, the county promised to provide water and sewer services for residents in need in the area as well as a community center. In November, the community center opened. The water and sewer hook ups have yet to be provided, but Chapel Hill and Carrboro are working with the county to figure out how to fund and distribute these services.

At the opening of the center, the Rev. Robert Campbell, a longtime Rogers Road resident, said he was excited to finally see progress.

"It's a signal of hope that possibilities can become realities," he said. "I have tears in my eyes that want to come out, but I'm holding them in."

April 2015

Work on Carolina Square begins

In April, construction fences went up around the site on Franklin Street formerly known as University Square. Having been bought by UNC's real estate arm, the site will soon be transformed into Carolina Square, a mixed-use development. The development is scheduled to be completed in spring of 2017. Granville Towers, a group of residence facilities for students located right behind the Carolina Square site, will be somewhat affected by the construction.

"We expect that the impact to Granville residents and neighbors will be the same as it's been on and around campus during other various construction projects, including those that have happened close to other residence halls,", said Kelly Stasko, general manager of Granville Towers. "Except for the pool and basketball court going away, the amenities and services we offer to make this a great community for students won't change."

February 2015

Three killed in Chapel Hill shooting

On Feb. 10, three students were shot and killed in a condominium in Chapel Hill. The victims were Deah Barakat, 23, a student at UNC's School of Dentistry; Yusor Abu-Salha, 21, his wife and future UNC dentistry student; and Razan Abu-Salha, 19, Yusor Abu-Salha's sister and a student at N.C. State University.

The day after the shooting, Chapel Hill resident Craig Hicks was arraigned on three counts of first-degree murder in connection with the killing. In the days that followed, students and community members mourned the deaths of the three students. On Feb. 11, thousands of mourners gathered at the Pit, on UNC's campus, to attend a vigil for the shooting victims. Deah Barakat's brother, Farris Barakat, spoke at the vigil. "We are going to cry because we miss them," he said. "I don't know what I'm going to do on Saturday mornings when it's time for family breakfast."

June 2015

Obey Creek Development approved

In June, the Chapel Hill Town Council approved an agreement for a 1.5 millionsquare-foot mixed-use development in southern Chapel Hill after a six-year discussion and debate. Many residents were concerned about the impact the development might have on traffic in the area. The development will be built over the course of 20 years.

At the June 15 meeting where the agreement was approved, council member Donna Bell said it was finally time to move forward with the project.

"We are at a moment to make a decision," she said. "This is either the plan, or it's not the plan. If it is, accept that it is."

Jennifer Newell, a Chapel Hill resident, said she was disappointed in the council's decision.

"I have felt over the past five years that we have to look after ourselves," she said. "And it's disappointing."



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COLUMN They made me write a title

ello parents. This community will corrupt your children. They will return to you not the smiling naive young high schoolers they once were, but rigid, strong, fierce social justice warriors. This may be frightening. What will happen when they come back home over fall break using newfangled lingos? How will you deal with their nuanced views on the best bagel at Alpine or which coffee place near the Pit is the best deal?

How will you learn to cope with the overwhelmingly large amount of slang terms like: Union, UL, Rams Head and Davis? What will Nana think when your young adult holds their own against Uncle Rudolph's so called "problematic" views?

A kid's table won't be enough to hold back their loud, unhindered voices, and you'd better believe that if there is a kid's table, a conflict and potential revolution over sovereign control is nigh.

Everything, from what side the peas are on to how the turkey is brought to the table will be under scrutiny. There will be blood, tears and maybe some defused plasma.

If this is your first child to



Kyle Hodges Summer Photo Editor

go to college, you might be thinking something along these lines: "Thank you, Daily Tar Heel photo editor! Now with this new understanding of the college condition and symptoms of The Carolina Way, I can halt this transformation."

You might be thinking that through constant care packages and pictures of the house cat or dog, your young professional will be tempted to stay clear of the liberally minded hippies on campus.

Those damned hippies with their views on granola rights and vegan cocaine.

However, the sad truth of the matter is this: you can't halt change, real change. Not the stuff found in your pockets or the stuff David Bowie and previous presidents promised.

The real sad, real truth and real talk of the matter is this: it won't be the community

that corrupts them. It will be me, me alone, the lone wolf, the radical leftist, the thing of nightmares and young academic's dreams.

I may never get to know your kids, but that doesn't matter. My pictures will display to them subverted, subconscious and socialist ideologies.

Their minds will be molded completely, without contest.

The best thing you can do at this point is hope. Hope that my parking ticket count gets too high and I can no longer drive to work. Hope that my camera breaks or that some other sensible editor takes control of pictures. Or you can hope that your sons and daughters use some of that brain they collected to get here.

As you are probably aware, your kids have some pretty collected opinions already. Or at least I was aware of my older sister's opinions before she left to college.

Let them develop those opinions. Let them question your age-old traditions, and let them laugh at the delicious lamb gravy you put on your chops, and watch them sneak into the fridge later that night to put it on a biscuit.

COLUMN Be like me and dress better

shirt speaks a thousand words. That is, unless the only word printed on it is "CAROLINA."

Don't get me wrong; I'm all for school spirit and The Carolina Way. The thing is, though, there's definitely a line that's crossed when your entire wardrobe consists of college T-shirts and "comfortable" shorts.

Sure, I understand that sometimes making an effort to look nice is hard. We've all been there.

Essentially wearing the same thing every day, though, is not only monotonous and distasteful but also a comexpress yourself.

was excited to enter a world that consisted of people with unique styles and views, to

Boy, was I disappointed when I walked around campus to see everyone basically dressed the same way.

doesn't take that much effort do is spend five minutes each



Jose Valle Summer Design & Graphics Editor And the thing is, this is

only necessary the first few times Eventually you'll be able to tell what you want to wear with what, and dressing in something other than a T-shirt and running shorts or pastels on pastels (on pastels) will become second nature.

I was lucky enough to discover my clothing niche — in other words, my main area of concentration - when I was a sophomore in high school. Ah, throwback to the year

I first discovered the bow tie. It sparked a thing that I like to call Bow Tie Wednesday, a tradition I've kept alive ever since. It's even kind of my trademark now.

The thing is, though, I've dabbled in other style sections. Prep, punk, vintage — you name it, I've worn it. Or at the very least, I want to wear it.

The fashion world is one full of doors that hide endless possibilities.

I have accepted discovering these as my life's mission. Maybe you should, too.

What I'm trying to say is that you shouldn't give into the routine of not caring.

These red, brick paths are your runway — just be careful not to trip when showing off the fashion enthusiast I know you can be.







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pletely wasted opportunity to When I left high school, I

be influenced and inspired by what others found to be fashionable.

Think about it. Honestly, it to look good. All you have to night or morning laying out an outfit for the day.

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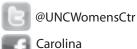
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Fall sports preview Compiled by Jeremy Vernon, sports editor

Here's everything you need to know about the upcoming season for UNC's fall sports teams.

Women's soccer

2014 season: 14-4-2. The women's team lost to South Carolina in the third round of the NCAA Tournament.

Program history: UNC women's soccer is perhaps the most storied program in UNC's athletic history. They have won 22 national championships, the last in 2012.

The coach: In the fall, Anson Dorrance will enter his 37th season as the team's head coach.

Key returners: Summer Green, senior forward. Joanna Boyles, junior midfielder. Emily Bruder, junior forward.

Kev additions: Dorian Bailey, forward and midfielder. Samantha Leshnak, goalkeeper.



Cross country

2014 season: The men's and women's teams made the NCAA Championships in the same season for the first time in the programs' histories. The men finished 12th, the women 22nd.

Program history: There have been three individual cross country national champions: one for the men and two for the women.

The coach: Mark VanAlstyne will begin his third season as the UNC cross country coach this fall. He led the women's team to their first ACC Championship in 10 years in 2014.

Key returners: Steve Mulherin, senior. Lizzy Whelan, redshirt senior.



Swimming & diving

2014-15 season: The women finished 19th at the NCAA Championships, while the men finished 18th. Both teams consisted of multiple All-Americans.

Program history: There have been 20 combined individual national champions and one relay team national championship in program history.

The coaches: Rich DeSelm will enter his ninth season as North Carolina's head swimming coach this fall, while Abel Sanchez will begin his third as the team's diving coach.

Key Returners: Ben Colley, senior. Elissa Dawson, sophomore.

Field hockey 2014 season: 19-4. Lost to Syracuse 3-2 in the NCAA

semifinals. Program history: The North Carolina field hockey team has won six national championships in program history (1989, 1995, 1996, 1997, 2007 and 2009).

The coach: Karen Shelton will lead the Tar Heels in her 36th season as head coach. She has carried the program

Men's soccer

2014 season: 15-5-2. The team lost in NCAA quarterfinals to UCLA on penalty kicks. Program history: The

North Carolina men's soccer team was founded in 1947 by Marvin Allen. They have won two national championships, in 2001 and 2011.

The coach: Carlos Somoano will enter his fifth season as UNC's head coach in 2015. He led the Tar Heels to a NCAA title in his first season in 2011.

Key returners: Omar Holness, junior midfielder. Alan Winn, sophomore forward. Raby George, senior midfielder. Key additions: Dominic

Jensen, midfielder. DJ Mason, defender.



to national prominence since

she joined the team as head

Key returners: Emma

and forward. Nina Notman,

senior midfielder and back.

goalkeeper. Casey Di Nardo,

Key additions: Alexandra

Shannon Johnson, junior

Rushton, Austyn Cuneo,

Bozek, senior midfielder

coach in 1981.

senior forward

Ashley Hoffman.

hen I left my orientation last June, I was convinced I made the wrong choice for college.

From icebreakers to awkward get-to-know-you fact sharing, orientation presented itself as my personal purgatory.

When my dad and I hit I-85 headed back to Charlotte, relief swelled from every pore that I wouldn't have to do another "rah-rah" chant for at least two more months.

If orientation was any indication, college would make me want to crawl out my own eyelids.

I hoped that the remainder of summer would go by as slowly as the two-day orientation went; August could never come as far as I was concerned.

But UNC is a world of its own; I just needed to be submerged in its contradictions to truly understand that.

If you're reading this and happen to be struggling while at orientation, I want you to know it's not too late to have an amazing first year.

It just took getting to campus to realize that my orientation experience was in no way indicative of my first-year experience.

At orientation, I felt isolated while everyone seemed to be making friends and setting themselves up for the best year ever. However, conveying the true college experience is impossible in 48 hours of shuffling from one UNC landmark to the next. In fact, two semesters is just scratching the surface.

When I got to campus, I learned the UNC experience was to be made; it wasn't going to be found through silly cheers and first-week guidebooks or even large clusters of immediate friends made at orientation.

Orientation doesn't prepare you for the incredible

Hill for yourself

Evana Bodiker Columnist

COLUMN

Explore Chapel

things that happen during your first year, like '90s dances, coed fraternities, suitemate bonding, surges of selfdiscovery, Buns and many other quintessential experiences that aren't necessarily classic UNC traditions.

It also doesn't prepare you for the other things that aren't so amazing, like getting Davis and Wilson libraries confused, the grueling 20 minute walk to Hinton James, showing up at 9 p.m. to a party or even getting a meal plan too big to actually make sense to your eating habits.

Orientation sessions are built to be so general that they can't possibly cater to every personality type. It turned out that my orientation happened when I got to school: I found my way on my own, on my own terms. No icebreaker or fun fact could determine what my experience was going to be.

I was over my head at orientation - and at times, my first year was like that, but I figured out how to paddle on my own.

The first year of my career at UNC was nothing like orientation made me believe it was going to be. And for that, I'm really thankful.

How could the orientation leaders truly illustrate the wonderful roller coaster ride of my first year? I'm really glad they didn't ruin the surprise.

Who knows? Maybe orientation is supposed to be the way UNC keeps one of its best-kept secrets: that it's going to be okay.

It might even be great.



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Friday, June 26, 2015

Q&A with **Mayor Kleinschmidt**

Rachel Herzog, a senior writer with The Daily Tar Heel, sat down with Mayor Mark Kleinschmidt to talk about what freshman should know about living in Chapel Hill.

Daily Tar Heel: What's special about Chapel Hill?

Mark Kleinschmidt: I think it's just that we are the quintessential college town, and there's no other community in America that does it better, you know, where the university and the town share an identity like we do. And because of that, the college experience is made unique because of that relationship, the full array of town resources that are added to what's provided by the university to really make it an extraordinary experience, it certainly did for me, and I think that's still true today. We have great nightlife. We have great restaurants. We have great opportunities for community and civic engagement and ways to give back to the community – which is one of the things the student body always does that really elevates the quality of life in this town, and I'm really grateful for it.

DTH: In what ways are Chapel Hill different from other college towns?

MK: There are so few college towns in America that are really and purely a college town as we are. We are really kind of two towns, Chapel Hill and Carrboro, and together there's only 80,000 people, and students and their activities are a huge chunk of what it's like to be a Chapel Hillian, whether you're just a student or you live here. And I think in other communities, and I have visited many of them, the universities are a part of something, an add-on, something you don't even have to engage with if you don't want to. And here, you don't have a choice, and that's a good thing.

DTH: What's one thing you think students should know about living in Chapel Hill for the first time?

MK: How about being good

neighbors? I know that almost all first-year students live on campus, but they are part of a larger community, and engaging respectfully and compassionately and in a caring way with everyone here whenever they come I think is going to really ensure that their experience is everything they want it to be because we're a whole community, not just a campus. And that's one thing I hope that they remember, not only when they're looking for things to do or people to help, but also remembering that they have responsibilities to a larger community just like they did back home.

DTH: What was your college experience like? Did you enjoy going to UNC?

MK: Yeah, I loved it so much. I came back and did it again for law school! I lived on campus; I lived off campus; I was an assistant area director for some residence halls on campus. When I was in law school I was very active in student government and in a lot of student organizations that were focused on student life but also understanding our impact on the world beyond the boundaries of the campus. It was great. We're such a diverse community and campus that you could really have a very unique experience, and measuring your experience against what another has had — it would be something I would warn against ... because there's so much more. There will be so many more things to do and people to meet and engage with than you'll ever have time for. So cut your own path, is what I would tell students to do.

DTH: If you could tell incoming freshmen one thing, what would it be?

MK: I think it'd be like what I just said about cutting a unique path for themselves that's not defined by maybe their older sibling's experience or their friends' who have gone ahead of them, but know that there is a unique path for them here in Chapel Hill. And they need to dive in and explore it without feeling limited. I hope they all do.

city@dailytarheel.com

ADVISING FROM PAGE 1

ly imperative that you take something your first semester. Generally, that answer will be no, but there may be some differing situations.

DTH: Should you take a first-year seminar?

NG: There are some really cool classes. One's a chemistry class: From Atomic Bombs to Cancer Treatments: The Broad Scope of Nuclear Chemistry. They're much more specific, so rather than taking something super general, if you want a more specific, individualized class, this may be your only opportunity as freshman to take one. These are generally 15 to 20 students, so it's nice to have that one class where you know you can develop relationships with the professor and get connected to other students without sitting in a really big lecture hall. Spring semester gives priorities to students who didn't take one first semester.

DTH: What's some general advice for scheduling in any semester?

NG: The biggest thing we say is to be flexible. We generally recommend 25 to 30 items in your shopping cart. When you're planning your ideal schedule, you can have backups already sequenced

out, so when the time comes to register, you can plug and chug. Part of being flexible is thinking of other class times that may not be your first priority. Sometimes less desirable times will be the classes that are still open.

DTH: Once those schedules are set, how can you deal with a workload?

NG: We recommend 15 to 17 hours for any year. Fifteen hours every semester, if you bring in no credit at all, will get you to the 120 hours you need for graduation. But if you take 15 hours and something ends up not working with a class, you can still drop three credit hours and be full time. Whereas if you're at 14 hours, you're out of luck.

You want to be mindful of the types of courses you pair. Balance out your schedule, and know yourself in terms of how you work your schedule best. If you like your classes done by noon, awesome. If you need spaces throughout the day, schedule it that way. Sometimes it's not possible, but still think smart.

DTH: How can you keep track of transfer credit?

NG: Make sure that you've sent the official transcript from the school you took your classes at. If a student ended up earning an associate's degree or dual enrollment in high school, make sure that it's marked on the transcript. You always have the option of submitting a transfer course reevaluation if you think a class should count in a particular major or as a (general education requirement) but wasn't originally counted that way. You can submit these through your Student Center on Connect Carolina. Be mindful, and we can talk about specifics at advising.

DTH: What about AP/IB classes?

NG: That'll show up under your transfer credit report. Those are still in the process of being posted. Once they are, if you think something's missing or wrong, talk to admissions.

DTH: How can you utilize available resources if you're having trouble academically?

NG: Most importantly, don't wait. If you feel yourself starting to struggle, or you want more information about resources, come see us. It can be in drop in or by appointment. There's even a chat feature from 4 p.m. to 5 p.m. Our website also has tons of academic resources. Part of being successful at UNC is knowing where to turn and advocating for yourself. One of the first resources we recommend is going to see your professors at office hours. Professors want

you there, even if you think they may be unapproachable. It takes initiative, but it can be really help. There's also the Learning Center, with free tutoring in Dey Hall on Tuesdays and Thursdays also the Writing Center. Use those early. This is all part of your tuition.

DTH: How can you use the undergraduate bulletin?

NG: Sometimes when students aren't able to register for the class they want, it's easiest to check the undergraduate bulletin to find out why. Always go back to it. Don't throw it away because they won't give you a new one. One piece of advice is if you hear a policy, check and make sure on the bulletin. Don't trust your friends. If you need, check with advising to make sure you're interpreting correctly.

DTH: How can you utilize drop-in hours?

NG: You can't change your major in drop-in hours, but they're for quick registration questions, a question about the appropriateness of a class, swapping a class, somebody wanting to know what additional classes they need. For dropping classes, new students after their second week need to come in person. You can't do it online.

university@dailytarheel.com

Carolina Women's Center services all

By Victoria Mirian Staff Writer

The Carolina Women's Center serves students, faculty and staff passionate about establishing equality, regardless of gender.

The center, located in the Sonja Haynes Stone Center's Suite 101, leads efforts focused on violence prevention, closing gender gaps and family advocacy.

Christi Hurt, the center's director, and the staff work to connect students with resources important to the cause and establish campus outlets for students in need.

"One of the great things the women's center does is offer leadership development opportunities for students who want to engage in campus or community issues that are related to gender equity or interpersonal violence," Hurt said. Shelley Gist, the center's program coordinator, interned at the women's center before coming back to UNC to work with the center full time.

"I had an incredible experience interning at the CWC as an undergrad," Gist said in an email. "I developed valuable career skills, met wonderful people, had important conversations about gender equity issues on our campus and in our world and experienced a lot of personal growth."

Gist designs and implements campus programs that deal with gender equity. Many of the programs are student-led and start when students reach out to her with a new ideas.

"Students can bring up their great ideas, and then we'll help incubate them," Hurt said. "If they want them to become programs or oppor-

Sundays

tunities for other students, we help people grow leadership to make those things happen."

The center offers alternative break trips, internships and events like film screenings. Alternative break trips include service learning that takes the form of working with rape crisis centers, domestic violence centers or other outreach programs around the state.

"It is never too early or too late to get involved," Hurt said. "The women's center is a great place for students to come by and check out if it's a place they want to spend their time while they're at Carolina."

The center hosts the university's gender violence service coordinator, Cassidy Johnson. Johnson serves as a confidential resource for anyone who has experienced interpersonal violence in any form.

Students, faculty and staff

can reach Johnson at 919-962-1343 or stop by her office in the center any time during business hours.

Although the center's name points to women, Hurt wishes more students realized that all people are welcome.

"I think people worry sometimes that the women's center is open only to people who identify as women, but we work for, on behalf of and with people of all genders," Hurt said.

"Men are welcome. People who are trans are more than welcome, and we work on all sorts of issues that deal with gender equity, so we are not just limited to one framework or one population."

Interested students can visit the center or learn more during the center's Week of Welcome event.

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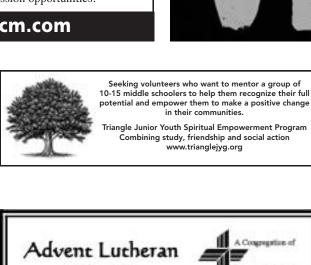
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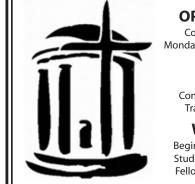
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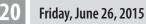
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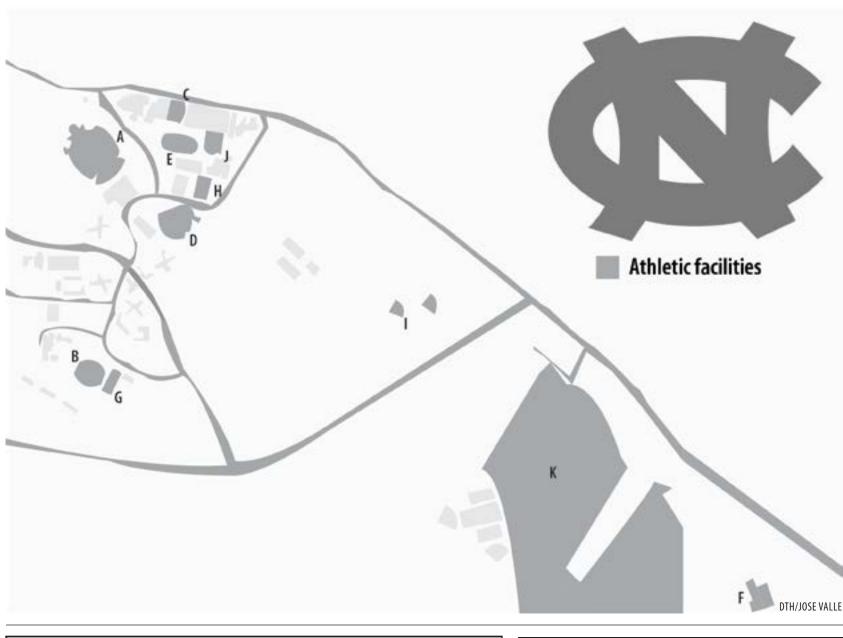
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ATHLETIC VENUES

Compiled by Jeremy

Vernon, sports editor

A. Kenan Stadium: Built in 1927, Kenan Stadium has hosted the North Carolina football team since its inception. The stadium has gone through several renovations in its history, the most recent of which was in 2011 with the addition of the Loudermilk Center for Excellence and the Blue Zone.

B. Dean E. Smith Center: Named after the late North Carolina basketball coach, the "Dean Dome" has been the home of men's basketball since 1986.

C. Carmichael Arena: Formerly the home of UNC's men's basketball and wrestling teams, Carmichael now houses volleyball, wrestling and gymnastics and women's basketball.

D. Boshamer Stadium: The home of UNC baseball since 1972.

E. Fetzer Fleld/Belk Track: The track and field host men's and women's soccer, men's and women's lacrosse, and outdoor track and field.

F. Cone-Kenfield Tennis Center: The center has hosted the UNC men's and women's tennis teams since it was built in 1992.

G. Koury Natatorium: Located beside the Dean E. Smith Center, Koury has housed UNC's swimming and diving teams since 1986.

H. Francis E. Henry Stadium: The home of North Carolina field hockey since 1999.

I. Anderson Stadium: Located a short drive east of UNC's campus, Anderson Stadium has been the home of UNC softball since 2002.

J. Eddie Smith Field House: The home of UNC track and field during the indoor season since 2001.

K. Finley Golf Course: The course opened in 1999 and is now the home of UNC golf.

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To learn more about the Department of Political Science, please visit our website at politicalscience.unc.edu.



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Q&A with Houston Summers

Daily Tar Heel Staff Writer Victoria Mirian sat down with Student Body President Houston Summers, who played professional baseball for seven years before coming to UNC. As a nontraditional student on the varsity track team, the 27-year-old is sure he can bring a variety of perspectives to student government.

Daily Tar Heel: What does the student body president do?

Houston Summers: There's so much. That's something that we're actually working on defining. Representing student voices in front of the Board of Trustees is probably one of the most important things.

Outside of that, it's attending meetings on just about everything that could possibly go on at a university.

DTH: What can students look for this year from student government's executive branch?

HS: Student government as a whole has a hand in just about everything that goes on from a student's perspective at the University, whether it is Holi Moli or Week of Welcome or Dance Marathon. In some way, form or fashion, student government has touched all of that.

DTH: As student body president, what can you do to help UNC as it continues to recover from the athleticacademic scandal?

HS: This is one of many reasons why I actually decided to run for student body president in the first place. With the reputational issues that were going on with everyone just bashing Carolina and what it means to be a Tar Heel and The Carolina Way, I felt a personal responsibility to stand up in being a student-athlete on one of our varsity teams to say that this is not the norm. Our student-athletes are incredible, and what goes on in the classroom 99.9 percent of the time is completely ethical.

DTH: What do you do



when you aren't helping to run the school?

HS: I recently have been really, really interested in the women's World Cup, and I've watched every second of every game that's been played. I'm not quite sure why. I've never really played soccer or been interested in soccer. Outside of that, you know I am an older student, but I'm a student nonetheless. I enjoy doing everything else the other students enjoy doing: hanging out with my friends, going to the occasional gettogether and making sure I do everything I need to do in the classroom.

DTH: How has being a non-traditional student affected your time at UNC?

HS: It's been really different. For me, this is kind of my second chance of getting to do it over again. I played for seven years, and I've got to do all the fun, silly stuff, and that allowed me to come back to school and be more focused and more dedicated. It's not that I wasn't focused when I was playing, but it really does give me a different perspective. I think it's a lot easier now to not get caught up in distractions. That's much easier to do when you're 17 or 18 years old. It's just kind of a live and learn kind of thing, and that really does help you to stay focused when those kinds of distractions arise.

DTH: What's the most interesting class you've taken?

HS: Hands down, the best class I've taken here is an introduction to ethics class.

The class was so cool because it allowed a really diverse group of people to get in a room and talk about issues such as end-of-life care, abortion and LGBTQ issues. It just opened your mind to these perspectives in a way that isn't so culturally or socially biased. It led me to a point where I wasn't judging individuals for who they were or what their choices were but rather just accepting them as individuals. They're just as incredible or broken or flawed or fabulous — or whatever adjective you want to put in front of it — as any other individual.

DTH: How can new students get involved at UNC?

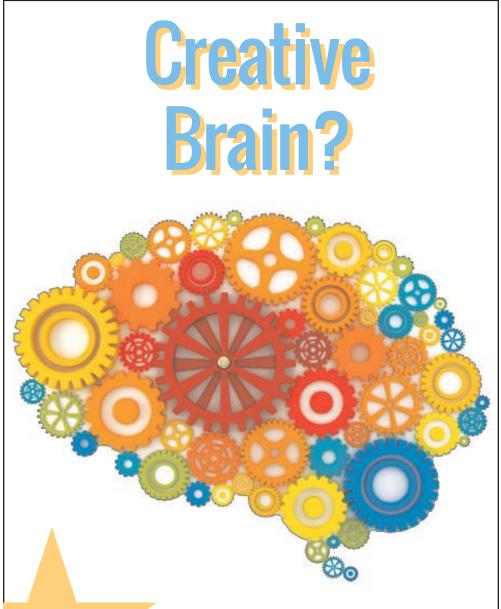
HS: Orientation is a good place to start. You get a lot of good resources at orientation. But as far as student government is concerned, on (August) 19, there's a student government open house in the new suite in the (Student) Union above Alpine (Bagel Cafe). In SASB Plaza on Friday the 21st from 3 p.m. to 5 p.m., we are going to have presidents of organizations on campus. You can call it Pizza with the Presidents.

One of the coolest things about UNC is that there is a culture of openness, and if there's anything you're interested in, you can email just about anyone, and they'll get you to the right place. It's really about being proactive. Email your professors if there's something really cool or you want to help with their research.

DTH: Do you have any other advice for new students?

HS: Oh my gosh, just that this goes by so fast. Even though you have some of those 8 a.m. (classes), and they're just terrible, just get up and go. It's going to be worth it. Make new friends, and branch out, and have an open mind. There are going to be so many amazing opportunities here, and if you settle into the status quo or just overstretch yourself, then you're not going to get the most out of this opportunity. Go for it, but just know that it's going to go by so stinking fast.

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Q&A with Mayor Lavelle

Daily Tar Heel Senior Writer Rachel Herzog sat down with Carrboro Mayor Lydia Lavelle to tell you everything you need to know about Chapel Hill's smaller, quirkier neighbor.

Daily Tar Heel: What's special about Carrboro?

Lydia Lavelle: Our town motto is "feel free." Carrboro is a place where you can "feel free" to just be yourself. Our community has a great spirit, which emanates from our citizens and local business owners. We have been known as a progressive town for many years, and I believe that has attracted like-minded folks.

DTH: In what ways are Carrboro different from Chapel Hill?

LL: Carrboro, founded in 1911, is a much younger sister to Chapel Hill, founded in 1793. Carrboro was historically known as the mill town "on the other side of

Careliña's fiñesf... 12 Years Sfraighfl

VISA

the track," while Chapel Hill served as the academic beacon for the state. But both towns have evolved over the years, each on their own progressive path. One comparison can be found in a recent New York Times article highlighting the delectable food scene in our towns. The author noted that Chapel Hill was "more buttoned-up than its free-spirited neighbor (Carrboro)." I think that sums it up.

DTH: Why should students spend time in Carrboro as well as Chapel Hill?

LL: Our music scene is one of the best in the nation.

If you check out the acts at the Cat's Cradle, you'll be pleasantly surprised at how many bands you know that play in our town. And there is no better day of the year in Carrboro than the Carrboro Music Festival, held the last Sunday in

September. And for healthy food, community spirit and just hanging out, nothing tops our local co-op, the Weaver Street Market.

DTH: What was your college experience like?

LL: My first two years of college were spend at Ohio University in my hometown of Athens, Ohio, a progressive small town much like Carrboro. Living in a dorm gave me the independence to explore my town in a new way.

We had great live music come to our campus - Ican remember seeing Kansas, Styx, Billy Joel and REO Speedwagon at our Convocation Center. I also recall biking around campus during nice weather and bundling up and putting on my Rocky Boots to tackle the snow on my way to classes that were never cancelled. I love my college years.

DTH: If you could tell incoming freshmen one thing,

0

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what would it be?

LL: Don't spend all of your downtime streaming shows, texting or constantly on social media. Engage with others in your residence hall or your classes. Have real conversations with live people!

DTH: If you could recommend just one place in Carrboro for students to visit, what would it be and why?

LL: Our Carrboro Farmers' Market, now in its 37th year, is one of the best in the Southeast. It operates in our Town Commons every Saturday morning of the year (and Wednesday afternoons from April to October). Visiting the market is a great way to start your day and learn about all types of local produce, as well as an interesting place to take family when they come to visit.

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"What to do once you've set your microwave on fire and smoke damaged your roommate's belongings." Led by the orientation leader with the most appliances set on fire and least fire alarms set off, this seminar would explain that accidentally setting a kitchen appliance on fire is not the end of the world.

Whether it's a microwave, a toaster or a blender, any appliance fire shares the same disheartening root of challenging your drive for self-preservation. Err away from cutesy Pinterest advice for DIY popcorn bags, or at least offer to clean the scorch marks off the microwave.

"Overcome social anxieties and just take your computer into ITS already." When you're hauling a delicate and expensive computer (What up, Mac owners.) or a plastic brick (Hey, Lenovos.) in a backpack every day, you're bound to have technical difficulties.

This seminar would teach you how to reach the absolute minimum level of adulthood and fix your computer already. Humanities majors, don't let the job prospects of the computer science majors behind the desk frighten you off.

"Avoid signing things in the Pit." For this exercise, we'd all link onto a preschool safety rope for a maiden voyage Pit crossing. Together we'd learn that crossing is like crossing a minefield — where the mines are enthusiastic members of Greek life, environmental organizations and student government all ready to recruit you for rushing/saving the whales/ impeding the momentum of the capitalist machine.



Alison Krug Summer Copy Editor

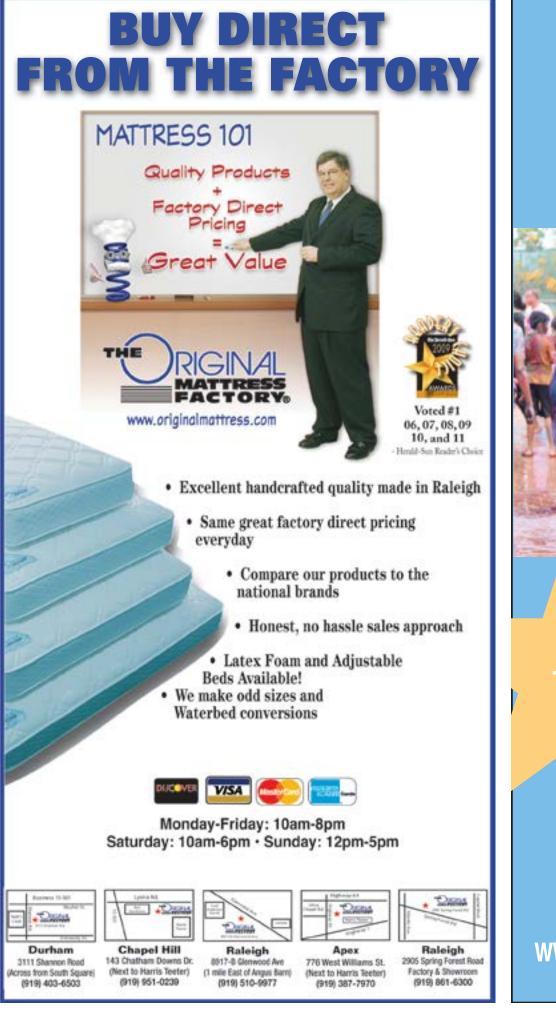
After crossing, the orientation group would take refuge in the Undergraduate Library to reflect and practice avoidance techniques, focusing on pretending to take a phone call from their moms.

"Studying in college is hard." This session would offer small groups demonstrating realistic studying tips, including "Split screen your computer between Microsoft Word and pictures of the diligent worker bee for inspiration," "Study in the Student Union during the busiest time of day to shame yourself out of watching Netflix" and "Pretend to have a loud, loathsome disease to get a study carrel all to yourself in Davis Library."

"So you promised yourself you'd never do student theater again." For the final seminar. students would make vision boards of things they did in high school they'd promised to never do in college: student theater, craft club and a cappella groups are common staples. Orientation would come to a close, and the declarations would be buried in a time capsule behind the Hinton James dumpsters and reopened two weeks into the semester.

You'd look at your list of "nevers" and "cannots" and cringe. Orientation leaders emerge from dumpsters and give knowing looks. You'd have passed the final trial of orientation. You'd have accepted you'll forge your own path through college, something orientation couldn't have taught you.

We'd all learn a valuable lesson about following our passions, and we'd all remember to call our moms.





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Carolina New: Mail-Home Issue



Members of the Chapel Hill community vote early at the North Carolina Hillel on Oct. 27, 2014.

How to vote at school

By Liz Bell State & National Editor

Out of all the freedoms college brings, voting — often for the first time — is one of the most empowering, second to doing laundry on your own. Knowing when, where and how, on the other hand, can be confusing, especially when North Carolina isn't home.

The N.C. General Assembly made headlines in 2013 when a bill was signed into law that required voters to show photo identification. The law also shortened early voting and got rid of sameday voter registration.

Along with the law, several voting sites on campuses statewide were eliminated or moved off campus.

Robert Nunnery, thenpresident of the UNC-system Association of Student Governments, expressed a common feeling among students in 2013.

"I will go as far as saying this is an attack on student voters — they're blatantly trying to suppress the student vote," he said.

However, in 2014, voting patterns among students did

not decrease. In fact, early voting — despite the smaller time period — increased by 34.7 percent from the 2010 midterm election.

Today, registration must be completed 25 days before an election. According to the Orange County Board of Elections website, registration applications can be printed off their website, found on the back of voter verification cards sent by mail or obtained from a list of locations, including Davis Library on UNC's campus.

To vote early, go to one of the early voting sites as early as 12 days before Election Day and up to three days before Election Day. Sites available for early voting will be released in September 2015.

For 2015 elections, a photo identification is not needed. In 2016, however, you'll need a N.C. driver's license, a N.C. special ID card, a U.S. passport, a U.S. military ID, a veteran ID or a tribal enrollment card. Out-of-state driver's licenses will be accepted only if the voter registered within 90 days of the election.

If you're not from North Carolina and need an ID, go to the DMV. Bring two forms of identification, which may include an out-of-state license, birth certificate and passport. You'll also need proof of your social security number and proof of your North Carolina residency. School records count as proof.

A new bill, passed by both the N.C. House and Senate, would loosen these requirements if signed by the governor. It would allow for the chance to sign an affidavit instead of having one of the forms of photo identification. The bill was presented to the governor on June 22.

There would be eight acceptable excuses under the bill, including a lack of transportation or documents needed to obtain a photo ID, disability or illness, work and family responsibilities.

When figuring out where to vote, always check the Orange County Board of Elections website. For the Nov. 3, 2015, election, there are 29 voting locations in Chapel Hill or Carrboro. There are an additional 15 sites in the Orange County district.

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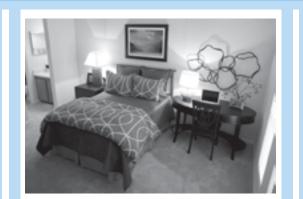


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Friday, June 26, 2015

The First Year Experience

From the Department of Housing and Residential Education

The First Year Experience, also known as FYE, at the University of North Carolina Chapel Hill is a campuswide, collaborative effort which provides first-year students with the resources and support they need to successfully transition to the University. The goal is to provide all first-year students with a socially supportive environment which will enable them to meet new people, immerse themselves in the UNC culture. and establish valuable academic connections. The Department of Housing and Residential Education has partnered with campus offices and academic departments to create a rich and comprehensive FYE program. There is no sign-up necessary; first-year students are automatically part of FYE and can choose to particpate in as many events and activities as they would like!

Key partners include:
New Student & Carolina Parent Programs
Academic Advising in the Hardin Hub on South Campus
Career Services
Study Abroad and offices within UNC Global Center for Student Success and Academic Counseling • Student Wellness • UNC Athletics • Campus Recreation • Kenan-Flagler Business School: Business Ambassadors • UNC Public Safety • Honors Carolina • Office of the Dean of Students

Examples of Signature Programs:

Transitions: These programs help students connect to campus, get to know their communities, and prepare for the next step.

Diversity and Social Justice: Students can expect opportunities to



learn more about social justice and engaging with a diverse population on-campus.

Social and Academic:

FYE provides opportunities to connect with other students and academic resources to truly feel like a part of this community and to feel supported in the college transition.

Educational: There are opportunities provided to gain the knowledge to stay safe and be well as you explore your first-year.

Check out the latest from the UNC Residence Life blog!



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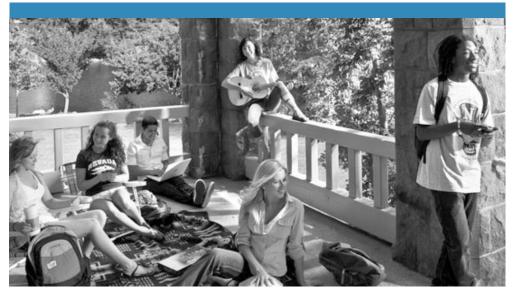
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Where to Find Housing: Helpful Local Resources

HeelsHousing.com

- The Daily Tar Heel offers this uniquely local online housing guide as a service to the UNC community. This is a way to connect those who are looking for housing with rental options close to campus. The site also features an active HeelsHousing Roommate Board.

The Daily Tar Heel -

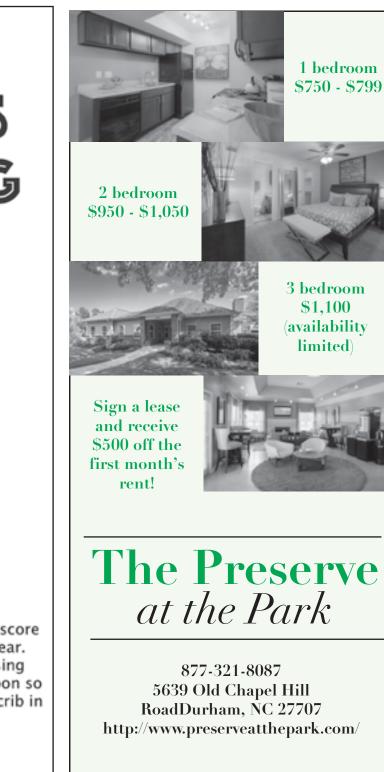
UNC's award winning newspaper - provides local classifieds, biannual housing guides, and frequent housing advertisements and articles.

HeelsHousing Live

- UNC's Off Campus Housing Fair brought to you by The Daily Tar Heel. This event brings off-campus housing options to you for a one-stop shopping experience. Scheduled to be in The Union's Great Hall on February 3, 2016.

UNC Housing & Residential Education Department - This UNC Department offers

a comprehensive list of resources for living both on and off campus. Visit them online at housing.unc.edu.



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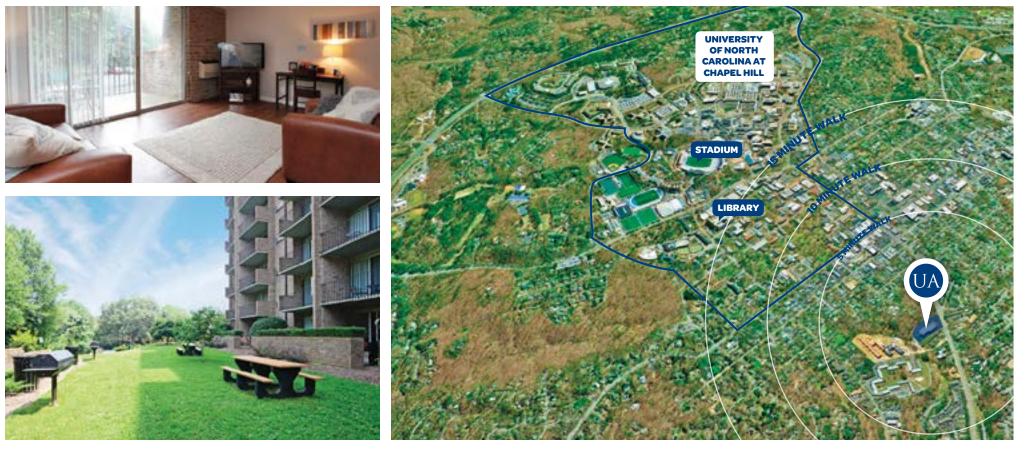
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