

Lunch Menus

FEB. 1-7

Every meal is served with a choice of milk. Breakfast is served daily.

ELEMENTARY

Friday — Tuna w/ Crackers and Lettuce & Tomato; Chicken Nuggets w/BBQ Sauce & Wheat Roll; Mixed Vegetables; Chilled Pineapple
Monday — Cheese Pizza; Pepperoni Piz-za; Chicken Patty Sandwich w/ Cheese; Broccoli Cuts; Fresh Orange Wedges
Tuesday — Baked Potato w/ or w/o Meat & Cheese & Wheat Roll; Ham & Cheese Sub; Fun on the Run; Green Beans;Tossed Salad w/ Dressing; Chilled Pears

Wednesday — Cheeseburger on a Bun w/ Lettuce & Tomato; Fish Nuggets w/ Wheat Roll; Baked Beans; Chilled Fruit Cocktail

Thursday — Spaghetti w/ Meat Sauce & Garlic Bread; Grilled Cheese Sandwich w/ Turkey Vegetable Soup; Fun on the Run; Garden Peas; Fresh Banana

MIDDLE & HIGH

Friday — Turkey & Noodles w/ Wheat Roll; Baked Potato w/ or w/o Meat & Cheese w/ Wheat Roll; Broccoli Cuts; Chilled Apricots; Chocolate Pudding

Monday — Meatloaf w/ Gravy and Wheat Roll; Corn Dog; Mashed Potatoes; Garden Peas; Chilled Pineapple
Tuesday — Beef & Macaroni w/ Wheat Roll;Turkey & Cheese Wrap;Tossed Salad w/ Dressing; Fresh Orange

Wednesday — Oven Baked BBQ Chicken w/ Wheat Roll; Toasted Ham & Cheese Melt; Green Beans; Fresh Banana

Thursday — Turkey, Dressing & Gray w/ Wheat Roll; Sloppy Joe on a Bun; Mashed Potatoes; Chilled Pears

School Briefs

Healthy teen forum

The Parent-Teacher-Student Associations of Carrboro, Chapel Hill and East Chapel Hill High Schools will sponsor a Parenting Healthy Teenagers Forum on February 4 from 7 to 9 p.m. at the Chapel Hill High School Hanes Auditorium.

The forum will feature a panel of experts who will present information and answer questions regarding alcohol, drugs, obesity, toxic foods, anorexia and health screening.

The forum is open to the public.

Alcohol awareness

The Drug and Alcohol Awareness Team and the Chapel Hill Police Department will sponsor a series of workshops on parent education awareness of teen alcohol and drug issues.

CHPD crisis counselor Matt Sullivan will lead the workshops, which will provide information on how to keep teens safe from the harmful consequences of substance use. All sessions will be held at 7 p.m. on the following dates:

- Feb. 11, Phillips Middle School;
- Feb. 20, McDougle Middle School;
- Mar. 6, Carrboro High School; and
- Mar. 11, Smith Middle School.

All sessions will contain the same material, so parents should pick the date and location that is most convenient for them. The workshops are free and open to the public. For information, call 942-3300 or email dalepratt-wilson@nc.rr.com.

Winter concert

The Phillips Middle School Winter Orchestra Concert will be held tonight (Thursday) at 7:30 in the Phillips Auditorium.

All sixth, seventh and eighth-grade

string students will perform in the concert, led by orchestra director Ann Daaleman.

Quiz Bowl victory

The Culbreth Middle School Sixth Grade Quiz Bowl Team placed third in the North Carolina Knowledge Master Open last week.

Team members include Pranshu Bhardaw, Tom Clark, Varun Dalmia, Will Dozier, Anna Merritt, Calvin Wagner and Katie Wilson.

The team competed against representatives from more than 330 schools from around the state.

Bandmasters

Ten Phillips Middle School students placed in the Central District Bandmasters Association auditions on Jan. 5 at Southwest Guilford Middle School.

In the Symphonic Band division, four students placed, including Li Zhang, sixth-chair clarinet; Anna Quercia-Thomas, tenth-chair clarinet; Justin Morrell, fourth-chair trumpet; and Jon Aycock, third-chair euphonium.

Five students placed in the Concert Band division, including Connie Zhong, fourth-chair clarinet; Claire Daaleman, ninth-chair clarinet; Nina Pande, eleventh-chair clarinet; Sangin Han, fifth-chair French horn; and Jasmine Sun, second-chair snare drum.

Both Morrell and Zhang will have the opportunity to audition for the North Carolina Honors Band in March.

All of the Phillips students will participate in band clinics Feb. 1-2 at Asheboro High School in Asheboro and in a concert at 3 p.m. on Feb. 2.

About 1,200 middle school students from central North Carolina auditioned in the contest.



PHOTO COURTESY OF CARRBORO ELEMENTARY

Carrboro Elementary School students and teachers present special classroom awards, including Hallway Heroes, Cafeteria Champions, Playground Peacemakers and Cleanest Classroom, as part of the school's Second Quarter Awards assembly on January 18.

Elementary honors students

Playground Peacemakers, Cafeteria Champions among awards given

Carrboro Elementary School celebrated Second Quarter Awards on Jan. 18.

Students in grades K-2 met in the school's auditorium to recognize both individual and class-wide special achievements during the second quarter of the school year. An assembly for students in grades 3-5 followed.

Individual awards were given to students who exhibited the character trait of kindness, as well as to students who reached personal educational achievement goals.

In addition, one student from grades K-2 and two students from grades 3-5 were recognized as Presidential Fitness Award winners.

Classes were recognized with special awards, including Playground Peacemakers, Hallway Heroes, Cafeteria Champions and Cleanest Classroom. A special "sneaker" award was given to the classrooms with the best effort in physical education.

Students who won the National PTA Reflections Competition were also recognized. Those students' entries will continue on to the district-level competition.

To conclude the assembly, students in the dual-language program performed traditional Spanish dances for their fellow students and teachers.

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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INSIDE COMMUNITY RADIO

by DJ Doctor Tofu



WCOM LP FM 103.5 is a 100 watt FM station serving the Chapel Hill - Carrboro Community. Each week we present a brief view of the goings-on in the "100 watt wonder".

High Lonesome Radio Hour" Saturdays 3-4PM

Format: Bluegrass, Old Time, and Americana music, artist interviews and in-studio guests.

DJ Jonathan James is an avid mandolin player and live music fan. He once traveled to all 50 state fairs to judge pie baking contests for Crisco Shortening.

David Bellin (DJ Doctor Tofu) is the host of Carrboro Live! each Thursday 7-8pm. He can be reached by email at WCOM@David-Bellin.com or via the station website: www.CommunityRadio.coop.

Super Crossword STEP SAVER

ACROSS	1 Costa del —	4 Shed	9 Giant legend	12 European capital	18 Important numero	19 First name in aviation	21 Word with jacket or soup	22 January stool	23 Start of a remark by	25 Jurassic giant	27 Powerful beasts	28 Fancy fabric	30 Goes down-hill fast?	31 Summer hrs.	32 Neighbor of Nev.	35 Barnyard butter	37 When pigs fly, to	40 Part 2 of remark	50 Flamingo dancer's shout	51 Use a colander	52 Rage	53 Supermarket section	54 Novelist Radcliffe	55 Like some light fixtures	58 Adriatic seaport	61 Capp's "— Abner"	62 Sample the soufflé	64 Minnesota twins?	65 Gen. — Robt. —	66 Skater Midori	67 Exchange	70 Camping equipment	72 A bad figure?	73 Fabric suffix	74 Mayberry aunt	76 Part 3 of remark	79 Misjudge	80 Rocky hill	81 Pianist	82 Swing around	83 Periodic table info	85 "My — True Love" ('54 song)	86 Tabula —	87 D-Day craft	88 Herbert Hoover, for one	92 Cookbook phrase	93 "Suspect" star	94 Agitated	98 Cry's partner	99 Actress Berger	101 Palindromic title	103 Lenya or Lehmann	104 — premium	105 End of remark	111 Judge	112 Copley or Hatcher	113 Room for improve-ment?	114 Drink like a dachshund	117 Imminent	119 "— Gay"	123 Presque —, ME	127 Simple, to Sherlock	131 Speaker of the remark	134 Acid	135 Tell it like it is!	136 Provokes	137 A mean Amin	138 Micawber portrayer	139 Author Wallace	140 Indian state	141 Damone or Dana	DOWN	1 Rotund wrestling?	2 Black vessel	3 Chris of The	4 Brit. fliers	5 Rob Roy's uncle	6 Basilica features	7 Director Kazan	8 Cheerful song	9 — Locka, FL	10 '62 Torna- does hit	11 It may be small	12 Tenant	13 Lyricist Gershwin	14 Dallas coll.	15 Roc or robin	16 Burden	17 Heron's home	20 Do a mechanic's job	24 Machu Picchu native	26 Sty cry	29 Eggy beverage	33 One of the Jacksons	34 Apollo's instrument	36 In the thick of	38 TV's "The Courtship of — Father"	39 Nutritional abbr.	40 Gravy	41 Forearm	42 Itches	43 Middle of a game?	44 Hasten	45 Entomolo-gist's	100 Designer concern	46 Delies a dictator	47 More obsequious	48 Susann or Steinbeck	49 Cordage	56 Deceives	57 Actress Parsons	59 "Hi, Ho!"	60 Adjust a timer	63 Poetic monogram	68 Islamic deity	69 Bel —	71 Cubbins' container?	74 Alley cat?	75 Verdi hero	77 Amulet motif	78 Fish	79 WWII area	80 It may be eaten or drunk	81 Penny — beginning	84 With prudence	89 Cry of surprise	90 Self	91 Around the	94 "Martha the Mouth"	95 — Gatos, CA	96 Catchall abbr.	97 Forest father	100 Designer Lapidus	102 "Alice's Restaurant" star	106 Court sport	107 Leave out	108 Is for two	109 Sapporo spy	110 "Time's Arrow" author	114 Table extender	115 "— Need" ('67 song)	116 Pedigreed pooch	118 Vex	120 Geraldine Chaplin's mom	121 Mr. Diamond	122 Affirmative votes	124 Hood's weapon	125 City near Stockton	126 Really big	128 Bad beginning	129 Antiquity, in antiquity	130 Evergreen tree	132 Lingerie item	133 The end?
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