

Carrboro FARMERS' MARKET

locally grown  nationally known

SATURDAY MARKET: 8 a.m. - Noon

What's at the market?

Check out what's at the Carrboro Year-Round Farmers' Market ...

Just to name a few ... Carrots, collards, turnips, beets, sweet potato, chard, kale, spinach, hydroponic bibb lettuce, pachoy, arugula, savoy cabbage, mustard greens, butternut squash, broccoli, acorn squash, red kale, cauliflower, radishes, rosemary starters, pansy starters, baked goods (including vegan and gluten free options), breads, jams, wines, grass fed beef, pastured pork, pastured chicken, grass fed lamb, buffalo, sausage, chorizo, ground bison, raw milk cheeses, smoked mozerella, goat cheese, jams, jellies, pottery, hats, rugs, and more!



Recipe of the week

A NEW TAKE ON COLLARDS

Ingredients

- 2 bunches of collards
- _ medium yellow onion (sliced julienne)
- 6 cloves of garlic (minced)
- 1 tin of anchovies
- 4 tablespoons of apple cider vinegar
- _ cup water
- salt and pepper to taste

Procedure

Rinse collards thoroughly and remove stems. Saut  onion in a large skillet with lid or stock pot until tender over medium heat. Add garlic and 1 tin of anchovies (minced). Saut  with onions briefly. Tear collards into medium sized pieces and add to the pot and mix with the other ingredients. Turn the heat down to medium-low. Add the vinegar and _ cup water. Salt and pepper to taste. Keep in mind the anchovies add a lot of salt, so be careful not to over salt. Stir occasionally; make sure that all the liquid doesn't boil off in the pot. Add more water if needed. Continue to cook down the greens until its ready to eat.

Total cooking time: 15 minutes

*Available at Market



FLORA FROM PAGE 1

of the smaller sparrow species was responsible for this nest. Hopefully, the accompanying photographs are enough for proper identification of either or both by a *Citizen* reader.

The lower nest drew our attention to the burgundy color of the rose stems securing it. Sure signs of spring are the deepening colors of the previous year's stem growth on many species of trees and shrubs. Like the Carolina rose, Sourwood, *Oxydendron arboreum*, and Silky Dogwood, *Cornus amomum*, turn burgundy red. The yellow green stems of streamside willows are easy to spot at long distances. The polished yellow-green branch tips of the common sweetgum, *Liquidambar styraciflua*, are subtler, but well worth a closer look. On your walks, be alert for other tree and shrub stem colors during these late-winter weeks.

Swollen buds are another sign of approaching spring. We observed that the tiny round flower buds of spicebush, *Lindera benzoin*, are quite swollen, a prelude to clusters of little yellow flowers that cast a yellow glow across floodplain forests in March before leaves emerge. More noticeable are the swelling red buds of Red Maple, *Acer rubrum*. The ef-



PHOTO BY KEN MOORE

Thorny red stems of Carolina Rose secure a bird nest two feet above the ground.

fect will be spectacular in mid-February when those maple flowers are viewed against the blue sky.

If you don't already regularly enjoy outdoor walks, begin them now during this warm spell to see how many other signs of spring you can find. Don't let the cold weather that will surely return keep you inside. Even in bitter cold, you will discover that these true signs of spring are hardly persistent.

RECENTLY FROM PAGE 1

"We toured a sustainable-housing development (Pacifica) that includes solar panels for energy and collecting rain water," Sloan said.

"We modeled a building after Smith Middle School, the most green-friendly building in Chapel Hill," Hertzberg said, mentioning the light-reflecting roof.

"We've all become a lot more conscious in our everyday lives," Hitt said.

Greenberg initiated the Celebration of Earth and Sky several years ago but this is the first time the venue has been away from the school. He hopes that by being held in Car-

rboro's center, more community members will see the students' work and initiate dialog with them.

"This gives high school students a chance to talk to people about their work and meet experts in the field and maybe sign on with a professional for service learning hours," Greenberg said. "There are careers that students can go on to that involve sustainability." This teacher is exposing them to that possibility.

Meet the students and see some clever ideas. The suggested admission price of \$2 will go to Students United for a Responsible Global Environment.

Contact Valarie Schwartz at 923-3746 or valariekays@mac.com

Annual Agricultural Summit Feb. 12

The 10th Annual Orange County Agricultural Summit will be held Tuesday, from 9 a.m. to 1 p.m., at the Orange Enterprises Building on Valley Forge Road in Hillsborough.

The summit will provide agricultural producers in Orange County and surrounding counties with strategies for preserving their farms during a time of agricultural transition. In addition, guest speaker Rep. David Price will discuss the Farm Bill, the drought and other agricultural issues.

IN SEASON

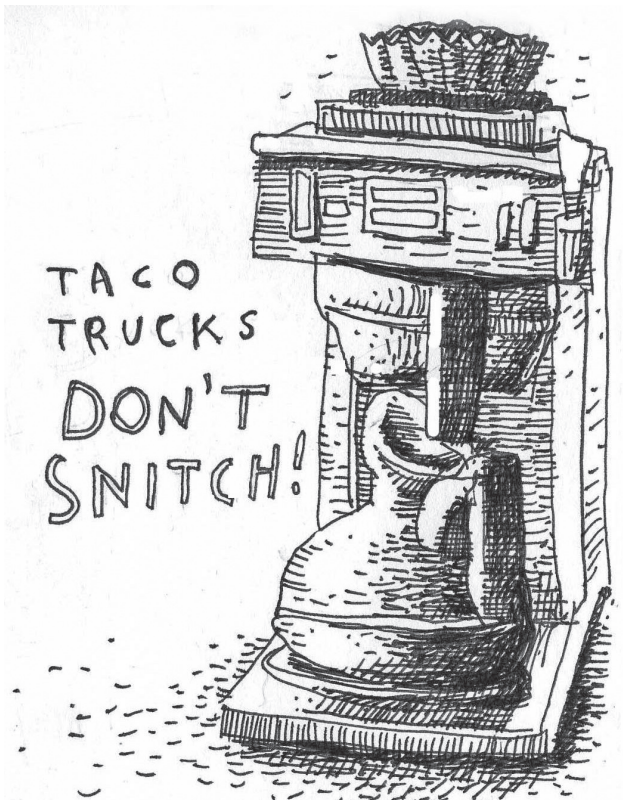


ILLUSTRATION BY PHIL BLANK



PHOTO BY VALARIE SCHWARTZ

Chapel Hill High School science teacher Rob Greenberg, center, guides students (left to right) Jess Hitt, Natalie Archer, Louisa Sloan and Andrew Hertzberg through their project for the Celebration of Earth and Sky this Sunday at Carrboro Century Center.



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IT HAD BEEN THOUGHT THAT PREMEDITATED
USE OF TOOLS TO ACCOMPLISH A TASK
WAS RESTRICTED TO HUMANS AND THE
SMALLER, MORE AGILE CHIMPANZEES...



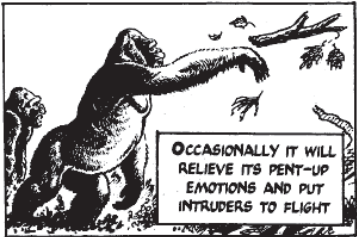
BUT RECENTLY IN A SANCTUARY A YOUNG
GORILLA WAS BEEN SMASHING PALM NUTS
BETWEEN ROCKS USING THE "HAMMER AND
ANVIL" TECHNIQUE, CONSIDERED AMONG THE
MOST COMPLEX TOOL-USE BEHAVIOR



THE ANIMAL STARTED
CRACKING NUTS
SPONTANEOUSLY AND
WAS NOT INFLUENCED
BY MAN



GORILLAS IN THE PAST HAVE BEEN
OBSERVED USING SIMPLE TOOLS, LIKE
USING A STICK TO TEST THE DEPTH OF
WATER IN A POND OR USING A SMALL
TREE TRUNK TO MAKE A BRIDGE



RESEARCHERS SAY THIS BEHAVIOR MEANS
THAT GORILLAS HAVE A HIGHER LEVEL OF
UNDERSTANDING OF THEIR ENVIRONMENT
THAN WE THOUGHT



SCIENTISTS BELIEVE WE HAVE MUCH TO
LEARN ABOUT WHAT GORILLAS CAN DO,
AND WHAT THAT SAYS ABOUT EVOLUTION

puzzle solutions

EGOS	ASKEW	ARA	TULIP
COMA	RAINED	BOB	OPERA
HAITIMONGER	OMANRIVER		
OTTER	EVALUATE	ENE	
	EASE	LIME	NEVILLE
ETON	HAM	LAND	DEDE
GAP	BORIC	TOA	ROMPS
ATALAOS	FORWORDS	LAITY	
DELAY	FREE	ADE	STARE
	HORA	GETA	LEE
	PERUELLIS	SWEDEN	LOW
MRS	VIA	ELIE	SLOE
RITAS	MBA	IDEA	INANE
IMAGO	BELIZEMR	POSTMAN	
ABABA	LOS	SALVE	IVY
	RIDE	PETS	BEE
	VANGOGH	REEL	DRAG
SOL	PRESENCE	SHEBA	
CUBASTEAK	SUDANCHAIRS		
OCEAN	STE	EROICA	SNAP
WHEAL	SHE	ENDOW	TESS

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