

a publication of
The Daily Tar Heel
March 16th, 2012



Carolina's
FINEST
ANNUAL AWARDS



our 16th
annual awards
issue chosen
by YOU, the
readers of
the DTH

CAROLINA'S FINEST
AWARD

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NCAA Brackets inside

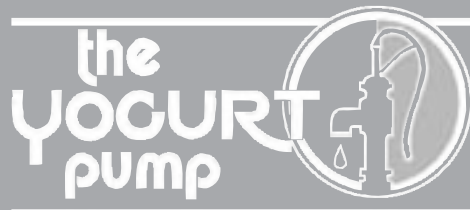


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Favorite Triangle radio station Winner: Pulse 102.5 FM

This station of Top-40 hits is aimed at young women, and Carolina has many of those, so it is no wonder the Curtis Media-owned frequency moved up from the number three slot in last year's contest. Much Gaga to you.

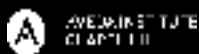
Also: WQDR 94.7, 100.7 The River



Best CUAB event of the year Winner: Gingerbread Houses

This event held in the Great Hall last December as exams were getting underway was a yummy stress-break hit.

**Also: Dan Savage, Travis Porter
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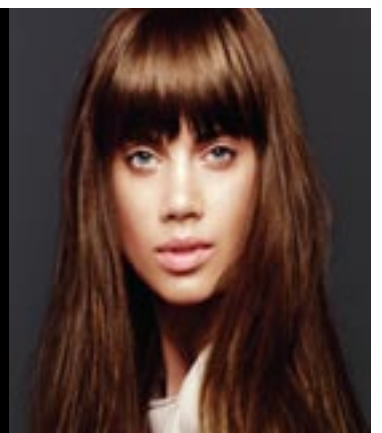
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Favorite local band Winner: Mipso Trio

The two-year-old band was profiled a year ago in DTH Diversions, which described it as a whimsical bluegrass threesome comprising Joseph Terrell on guitar and vocals, Jacob Sharp on mandolin and Wood Robinson on double bass. See them tomorrow night at the – ugh – Duke Coffee House in Durham.

Also: Mandolin Orange

Best live local performance Winner: Mipso Trio's performance at Cat's Cradle

The popular band with UNC roots made its Cradle debut Jan. 14. The group returns to the Cradle for its CD release party performance on April 14.

Also: Jeff Mangum, Memorial Hall Jan. 30

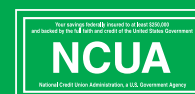
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Quirkiest roommate habit

Winner: Culturing yogurt under a lamp

In case you want to emulate, this comes from our friends at Wikipedia: Dairy yogurt is produced using a culture of *Lactobacillus delbrueckii* subsp. *bulgaricus* and *Streptococcus salivarius* subsp. *thermophilus* bacteria. In addition, other lactobacilli and bifidobacteria are also sometimes added during or after culturing yogurt. The milk is first heated to about 80 °C (176 °F) to kill any undesirable bacteria and to denature the milk proteins so that they set together rather than form curds. The milk is then cooled to about 45 °C (112 °F). The bacteria culture is added, and the temperature is maintained for 4 to 7 hours to allow fermentation.

Also: telling me every time she goes somewhere, keeps nail clippings, locks door to brush teeth, runs naked into suitemates' room at their request, popcorn for breakfast, leaving one sock in the bathroom for months, sleeps with a hairdryer to stay warm in winter, sexilation, wears a Snuggly the wrong way all day, sleeps with the covers over her neck so she doesn't get bitten by a vampire, waking up at 6 EVERY morning, hisses in her cave.

Best place to catch a nap

Winner: Graham Memorial

The building, completed in 1931, is named for Edward Kidder Graham, who served as Carolina's President from 1914 to 1918. Originally the University's student union and a home to The Daily Tar Heel, this building was renovated between in 1998 to house the Johnston Center for Undergraduate Excellence.

Also: The Undergrad Library – which explains why it does not make the “best place to study” list.

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Best professor Winner: Daniel Gitterman, Associate Professor of Public Policy

"I think it's great," Gitterman told CF. He teaches PLCY 101, a large seminar with about 250 first and second year students each semester. "I just really enjoy being part of their introduction to Carolina." Gitterman has received the Tanner Award for Excellence in Undergraduate Teaching and the John L. Sanders Award for

Excellence in Undergraduate Teaching and Service at Carolina. His research interests include: the American welfare state and politics of social policy, and the political economy of globalization and labor standards. So take a class with this guy.

Also: Jeannie Loeb, Psychology; C.J. Skender; Kenan-Flagler Business

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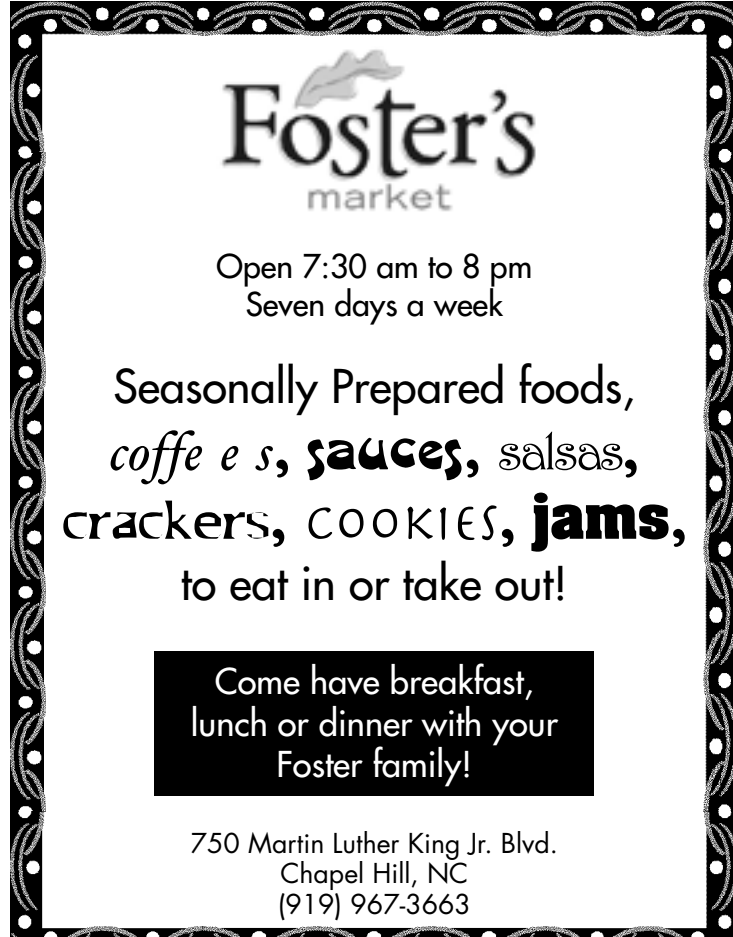
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Must-take class Winner: WMST 101

An interdisciplinary exploration of the intersections of gender, race, class, and sexuality in American society and internationally. Topics include work; sexuality; gender relations, and images of women in literature, art, and science; and the history of feminist movements. Course readings are drawn from the humanities and the social sciences. Totally sounds like a must take.

Also: EDUC 441, Education in American Society; DRAM 135, Acting for non-majors (so you don't want to make a career of it, but you feel like it could be a plus for your social life. I think this is how Jon Hamm got started).



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Favorite place to eat on campus

Winner: Alpine Bagel

Maybe – maybe – the Wendy’s coming to the Carolina Union building will displace Alpine someday as the clear #1 pick in this category. But for now, just give me a Camper on an everything and I’m happy.

Also: Chick-fil-A, Med Deli

Favorite study spot

Winner: Davis Library

You like the first floor. You like the second floor. You like the sixth and eighth floors. You like the lounges, the couches and the stacks. You really like Davis, opened in 1984 to honor filthy rich Texas oilman Walter Royal Davis, who was born in Elizabeth City.

Also: Graham Memorial, Student Union

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Best male to female ratio Winner: "This is really sexist and gross."

I think we agree. Or do we? CF can see it both ways, as we're sure can both major sexes of our readership.

Also: Goodfellows, He's Not Here

Favorite new hangout Winner: Sweet Frog

The newest addition to the frozen yogurt scene downtown has been open for about a minute yet easily rose to the top of this category. With a self-serve model paid for by the ounce and a ton of flavors, this place may stick where others have folded. Good views of Franklin Street and being open until midnight on the weekends can't hurt.

Also: Pulse, The Thrill



Best meal after midnight

Winner: Qdoba

It looks like crossing the intimidating expanse of Columbia Street after midnight has finally been solved as Qdoba takes home this prize after being in the mix for years.

Also: [B]Ski's, Cosmic Cantina

Best place for a microbrew

Winner: Carolina Brewery

The Carolina Brewery on West Franklin Street was actually the first micro-brewery to open in Chapel Hill as a couple of piles of contaminated dirt slowed the Top of the Hill project around the same time. So here's to CB, which brews some tasty beers and has good food at decent prices. Also now down 15-501 on the way to Pittsboro for all you Chatham County types.

Also: Top of the Hill, Milltown

Best theme night

Winner: Country Night at East End Martini Bar

Finally the Scene is breaking out of the 80s or 90s nights. And East End is a full-service restaurant now. Good move.

Also: Redneck Night at The Thrill (Were you just joking with us? Is this real?).

Cleanest bar bathroom

Winner: Top of the Hill

Does the extra alcohol content of the microbrews enhance the bathroom experience? Can no one nudge ToH out of this category, ever? What if some enterprising bar owner just made it their life's goal to win this category just once. We think ToH has won it every year it's been open and we've been asking the fine readers of CF.

Also: Kildare's, R&R Grill

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Best bar staff Winner: Goodfellows

The vibe is cool, it's clean, the drink specials are popular, it's unpretentious and it's underground. And the bar staff is apparently smiling.

Also: Top of the Hill, R&R Grill

Best place for a mixed drink Winner: Top of the Hill

Clearly, there is the beer. But ToH sports a fine variety of bourbons and whiskey brands and don't take your whole wallet and ring finger to pay for a shot.

Also: R&R Grill, Goodfellows

Favorite place to people watch Winner: The Pit

The Pit at UNC is, without question, the center of campus society. It's the free speech zone where students talk with their friends, bask on its alternately shaded and sun-drenched steps, buy used books, class rings and lattes all while checking e-mail from wireless laptops, and being asked if they have a minute for the environment or 30 seconds to help stop hunger in a third-world nation.

It was also — nearly 50 years ago — the scene of a murder and, more recently, a violent vehicle attack that some labeled terrorism. That's quite a resume for an area that is, essentially, a three-foot-deep, brick-lined rectangle added to campus in the mid-1960s.

Also: Starbucks downtown, Student Union



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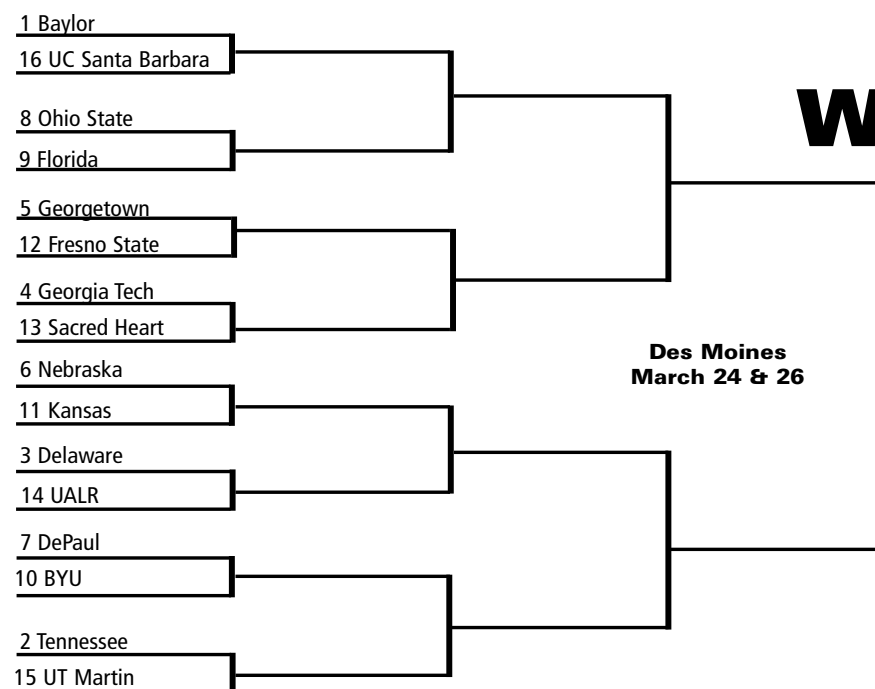
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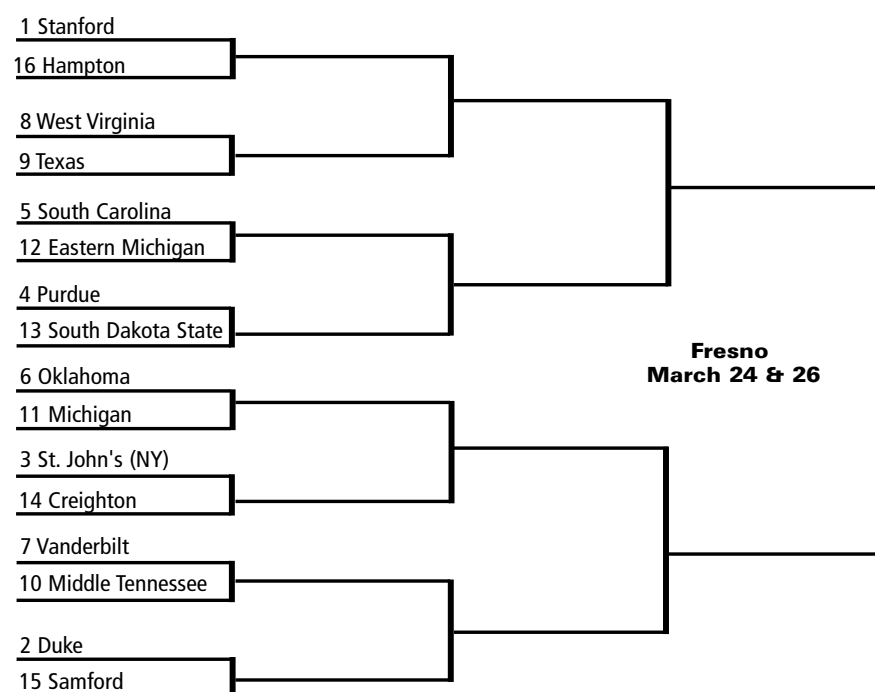
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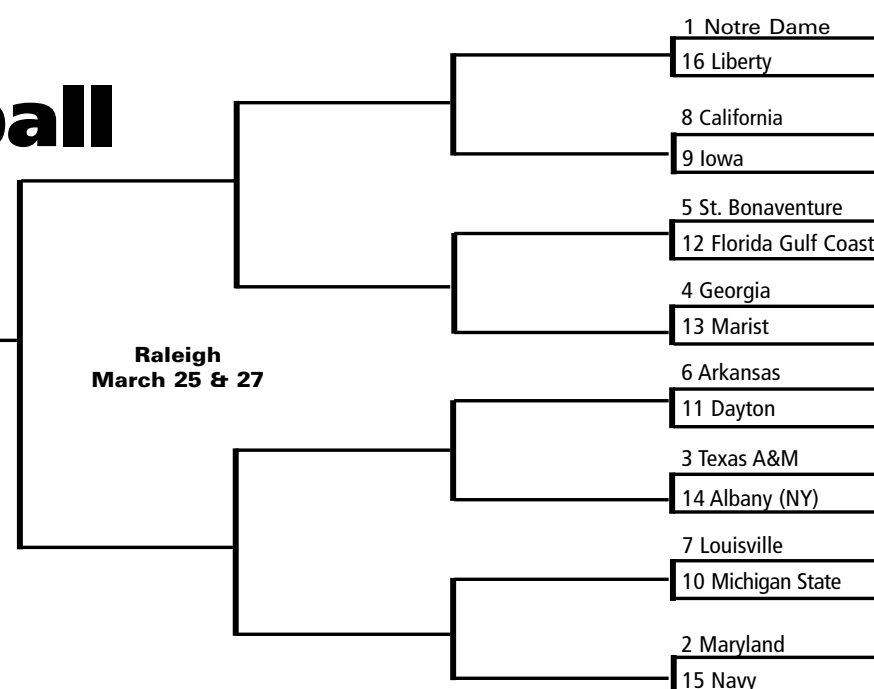


2012 NCAA Women's Basketball Tournament

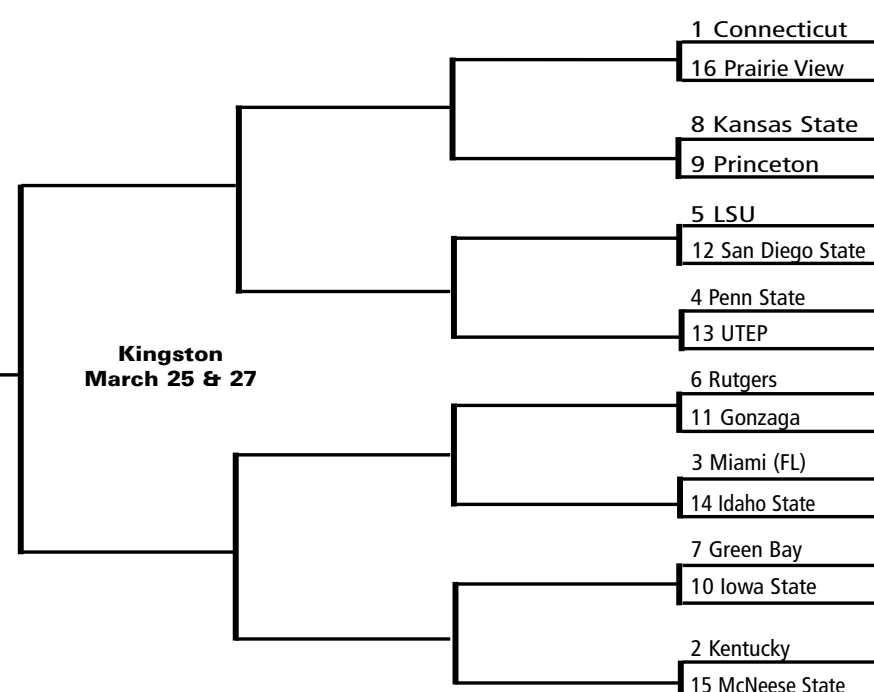
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Favorite Carolina sports moment Winner: Winning the 2009 Men's Basketball Championship

From the DTH, April 7, 2009

DETROIT — It all started when they decided to come back.

Four players declining the riches of the NBA motivated to make one more run at history. One more run at a national title. And everything that happened this season — the expectations the No. 1 rankings the blowout wins — pointed toward this one signature moment.

Senior Mike Copeland wildly flung the ball into the air. Players jumped up and down in jubilation amid a blizzard of confetti. Tyler Hansbrough hugged coach Roy Williams as explosions rang throughout Ford Field.

They did it.

Hmmmm, has a familiar ring to it.

Also: 2010 Music City bowl win (Well, gonna be a while for another of those).

Best PE class Winner: Walking

We hear the written exam is the killer. Bring back the swim test!

Also: Beginning Jogging, Aerobics



Favorite intramural sport Winner: Soccer

Not only do you say you like it, according to Justin Ford, director of intramural sports, there were 447 indoor and outdoor intramural soccer teams this year totaling 4,225 participants. A total of 6,955 UNC students have so far

participated in some intramural activity this school year. Soccer, as you may have guessed, is the number one sport.

Also: Flag football, softball

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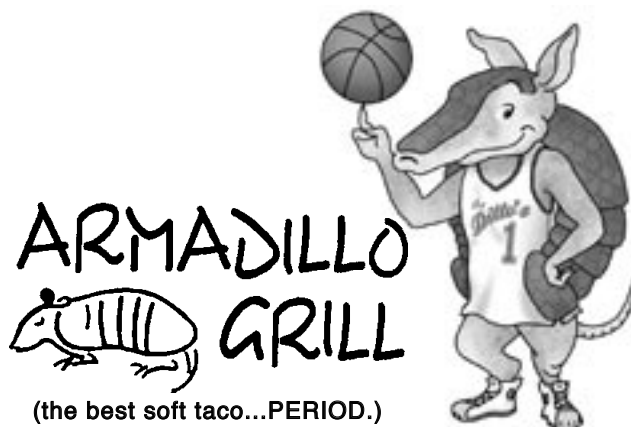
Favorite male athlete Winner: Tyler Zeller

The 7-foot senior from Washington, Ind., has produced stellar numbers this year including being named ACC Player of the Year. He is the only Tar Heel to start all 34 games, playing more than 27 minutes and averaging more than 16 points and 9 rebounds per contest. Besides being on the last UNC national championship team in 2009, he shares a name with another popular UNC Tyler who returned for his senior season that year and led his team to the national title. See where we're going with this?

Also: Any other men's basketball player you could name



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Favorite female athlete Winner: Candace Wood

Candace is a 5-11 junior from Charlotte playing for the women's basketball team, which experienced a rough year and was left out of the NCAA tournament. Daughter of Tar Heel men's great Al Wood, she missed her first two seasons with knee injuries, coming back last year to appear in 18 games. She has played more than expected this year because of injuries to teammates, turning into the team's leading 3-point threat.

Also: Rebecca Crabb, soccer; Chay Shegog, basketball

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Best place to live Winner: Chapel Ridge

Chapel Ridge is huge – 180 units that can house up to 544 residents – but also hugely popular with its inhabitants, far outpacing the competition in this category to repeat as winner.

It boasts individual beds and baths for each resident, a convenient MLK location with good bus service, and it is virtually a playground with a fitness center, basketball court, sand volleyball court, swimming pool and barbecue grills. “It starts with fantastic residents, great employees and privacy that students deserve,” said William Drummond, general manager.



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WARNING!

Procrastinators: If You Still Have Neck and Back Pain Because You Have Been Hoping and Praying It Would Go Away, But it Won't Or The Treatment You Tried Didn't Work, READ THIS!

Dear Procrastinator:

I know you've got enough stuff going on in your life right now that it's a real chore dealing with your back pain. Your job...your kids...your house...the yard work...even your car can be giving you enough problems to drive you right up the wall. And the pressure of trying to find the time in your busy schedule to find out what's been causing your back pain can be too much. But what's the alternative? Who's going to do all those things when the pain gets so bad you can't do them anymore?

Because here's the key...your back hurts because some- thing is wrong. Maybe it's something small, and maybe it isn't. How are you to know? And if you're just trying to cover up the pain with drugs, that's not the answer, because pain pills don't really fix anything. They just cover up what's really wrong while it just gets worse. Is that what you want?

Do You Know That There Have Been HUGE Changes In Treating Back Pain In The Last Few Years?

Yep, that's right, there are new ways to get rid of back pain now that didn't exist a few short years ago. Some are space-age, like cold laser therapy, and non-surgical spinal decompression. And the new Progressive Rehab™ available at HealthSource Chiropractic, is getting outstanding results.

Well, a friend of mine named Tom thought he just had "normal" back pain too. It would come and go over the years, and Tom would just take some pain pills, rest a day or two, and go back at it like nothing was wrong. This went on for years. Then it happened. Tom just woke up one day and could hardly move. His back was killing him. And, his calf was going numb and his thigh felt like someone was punching him. So we went to his medical doctor, who gave him pain pills and steroids. It didn't work this time...at all.

He called me. He came into HealthSource. We exam- ined him, took some films and found the problem. Tom had a big disc herniation (slipped disc) and two more bulged discs. He had a problem—a BIG problem.

My name is Dr. Werness, D.C., and fortunately, we see this all the time. We gave him modern Progressive Rehab™ and got him back to his normal self again. And the important thing here is that we didn't just cover up his problem, we stabilized the damaged discs so that he could now really do the things he wanted to do.

Truth be told, Tom didn't know he had such a bad problem, a problem that many people would have gotten surgery for. And surgery on the spine can be dangerous. Now we know that Progressive Rehab™ works great for many, many people, but you don't know that yet, do you?

**So HealthSource is Offering a
Community Service Screening**

This is simple. We want to give all of you with pain who have been sitting on the fence about what to do a good reason to finally do something. The details are on the coupon below. We're not promising a cure or claiming to be superior, we simply like to believe that our clinic is built on helping people feel better.

**5 Reasons Why You Should Crawl Over
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- 1) Procrastinator Special – \$189
- 2) Same Day Appointments
- 3) Progressive Rehab™
- 4) We File Insurance For You
- 5) Free Massage For the First 7 Callers

Pick up the phone and call us now. Find out what's causing your pain and see how easy it is to get rid of it. Isn't it about time? We can help.

Sincerely,
Dr. Christian Werness

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**Community Service
Screening**

**That Costs You Absolutely
NOTHING!**

Whether or not you feel pain right now let our team of doctors find out for sure with a 19- point, detailed service screening (a \$189 value) that'll identify even the smallest of problems. We'll even throw in the X-rays if we feel you need them. The best part—it's at no cost to you. Just bring in this coupon, and we'll take care of the rest.

P.S. Be one of the first 7 callers to receive a FREE Stress Buster Massage!

Schedule by 3/30/2012

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Best place to stock up on Carolina gear Winner: Johnny T-Shirt

It's very close – verrrry close – every year in this category, and there are a ton of places to get UNC gear, but JTS with its little store on Franklin Street remains the favorite of our readers. It also has everything on its website at johnnytshirt.com, and that has probably given it the edge. Here's counting down to April 2.

Also: UNC Student Stores

Best lunch bargain Winner: Sutton's

Does anyone even go to Sutton's for prescriptions? Would it not make better business sense to turn the pharmacy into a new counter for lunch business, what with the Walgreens popping up all over town? Because the only thing that should keep you away from a Sutton's best-lunch bargain is waiting in line – I mean, if you don't have time, like a busy student. Whatever. We're going.

Also: Cosmic Cantina, Bandidos

Best restaurant to impress a first date Winner: Top of the Hill

Top O really has it going on, what with the Back Bar, the Great Room, the patio, the great beers and mixed drinks and cleanest bathroom. But it also has the atmosphere just right for that first date. And no worries about busting the budget either – nothing on this menu your date could order just to send you to the ATM.

Also: 411 West



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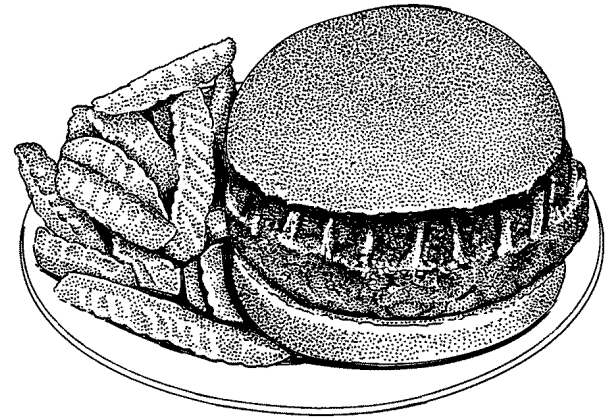
Summer School at Carolina.

summer.unc.edu

Best burger Winner: Buns

Nobody has won this award twice in row, except Buns. There are many fine burger joints over which to argue based on our individual tastes, so we'll let the Yelpers say it: Hands down, best burger I've had in Chapel Hill; Ohhhhhh, I wish we had one of these in Raleigh; Juicy, complete burgers with old school fries; Great burgers and very friendly service ... overall a great experience.

And apparently they have something called a veggie burger, that people seem to like to eat.



Also: Spanky's, Sutton's



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Best place to watch a game on TV Winner: Four Corners

No matter what the name is or who owns it, the bank of bar TVs viewable from the 2-decker seating is a classic Chapel Hill venue for home and away game watching. Could not score the lower levels for less than half-a-thousand for Dook from the scalpers at the post office? Just slide into Four Cs and actually enjoy an adult beverage with your viewing. When is the Dean Dome gonna catch up with the Kenan Blue Zone anyway?

Also: Kildare's, Top of the Hill



Best restaurant for a healthy meal Winner: Med Deli

Jamil Kadoura emigrated from the Middle East to the United States and opened Mediterranean Deli in 1992 on West Franklin Street. It was relatively unknown to undergrads until he leased a spot in Lenoir a few years ago, and his fans followed the food downtown. They do a great catering job (CF has first-hand knowledge) and now have a banquet room for parties and events.

Also: Panera, Evos



Favorite place for a frozen treat

Winner: Yogurt Pump

So YoPo has always won this category as others have come and gone, but the competition was the closest ever this year because of the newcomer below. Still, the charm of YoPo's around-the-corner kitsch gives it a cooler edge to its new competitor, and its rotating mix of signature flavors is still as unique as it comes, including tasty treats as low as 10 calories per ounce. Oh yeah, in business here since 1982. Thirty years. 'Nuff said.

Also: Sweet Frog



Favorite place for a caffeine fix

Winner: The Daily Grind Espresso Cafe

After years of clawing its way up the backs of the chains, the DG won this year's poll by being, well, just cooler than the others, let's face it. Located just off The Pit in the center of campus between Student Stores and the Undergrad, nobody whips up a better latte than the DG barristas.

Also: Caribou Coffee, Starbucks

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**THE Daily Crossword**

Edited by Wayne Robert Williams

SEE ANSWER A, PAGE 23

ACROSS

- 1 Gets under way
7 ___-jongg
10 Units of conduc-
tance
14 Lyndon's run-
ning mate
15 Capital of South
Australia
17 Perfect place
18 Bloody state
19 Who...?
21 ___ you the
clever one!
22 David ___ Roth
23 Auditor's letters
26 Answer to 19A
31 Mil. honor
34 PAU's succes-
sor
35 Anne who lost
her head
36 Similar things
39 Mandible
40 Italian cheese
41 Word for the
Beatles
42 Sun. oration
43 Who...?
47 Forerunner of
CDs
48 "The Name of
the Rose" writer
49 Vietnamese
dress
53 Answer to 43A
57 Be well enough

- for
60 Fix the mosaic
61 More weird
62 Produce pro-
vider
63 Soap unit
64 Newspaper
honchos, briefly
65 Ancient Hebrew
mystic

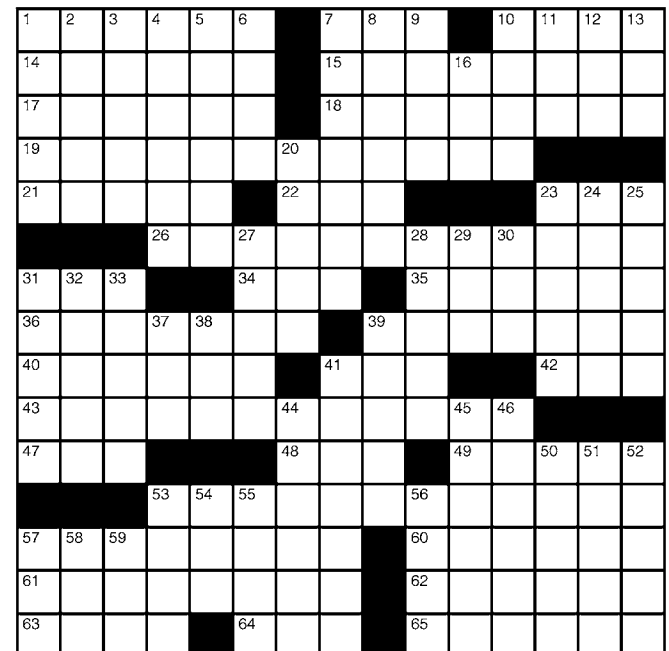
DOWN

- 1 Former
Dolphins' coach
2 Instruct privately
3 Over
4 Rue
5 Wistful
6 Stick around
7 Century plants
8 Pueblo bricks
9 Wife/sister of
Zeus
10 Quite a few
11 Hurry!
12 GI's garb
13 His: Fr.
16 P.E. Trudeau's
party
20 Earthenware
vessels
23 Singer Laine
and others
24 Golfer Stewart
25 "Lou Grant" star
Ed
27 Link up with the

- internet
28 Addis ___, Eth.
29 Pledge
30 Mass vestment
31 Tom's "Splash"
co-star
32 Nose around
33 "The Stranger"
author
37 Fall behind
38 Lennon's Yoko

- 39 Esau's brother
41 Agents
44 Sat on eggs
45 Cutting rays
46 State gambling
games
50 Clear frost
51 Songwriter
Harold
52 Grenoble's
department

- 53 Delight
54 Marching word
55 Mayberry kid
56 Egg on
57 TV watchdog
agcy.
58 Period
59 Mouse-spotter's
cry

**THE Daily Crossword**

Edited by Wayne Robert Williams

SEE ANSWER B, PAGE 23

ACROSS

- 1 Vogue rival,
briefly
6 Use indigo
9 Cranky charac-
ter
14 "Entertaining
Mr. Sloane"
playwright
15 Conger
16 Unworldly
17 Euphemistic
oath
18 Gobbled up
19 Lock of hair
20 Start of a quip
23 Copy
25 Little tyke
26 Dog's first
name
27 Medal metal
29 Biblical doubter
32 Table tyrant
35 Thai or
Malaysian
37 Stringed instru-
ment
38 Historical peri-
od
39 Part 2 of quip
43 "For ___ a jolly
good..."
44 Boffo review
45 Ship's lowest
deck
46 Museum dis-
play

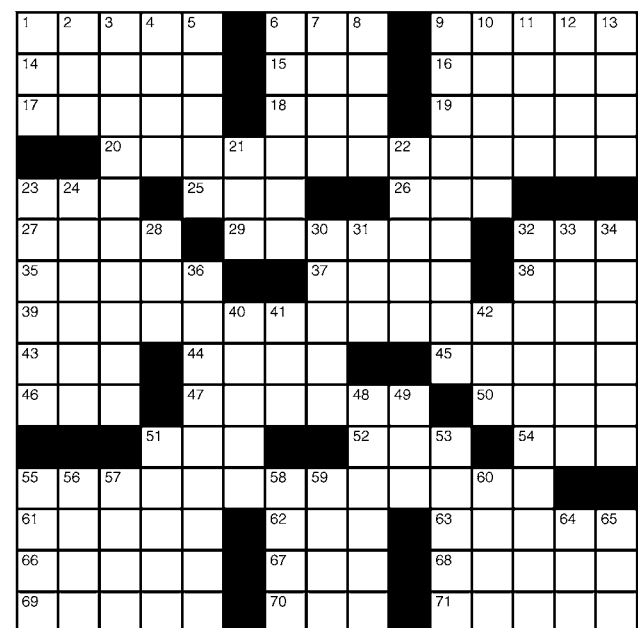
- 47 Lifting devices
50 Function
51 Man with a title
52 USSR jet
54 Mack or
Williams
55 End of quip
61 Buzzy places
62 Torrid
63 Horn sounds
66 French farewell
67 Pres. Lincoln
68 Insect stage
69 Fuses metal
70 Angler's
requirement
71 Upright

DOWN

- 1 \$-due mail
2 Bruins' great
3 Superlatively
majestic
4 Fluttery flyer
5 Beginning
6 Lack
7 Abominable
snowman
8 Hgt.
9 Become
informed about
10 Broadcasted
again
11 Deuterium dis-
coverer
12 Fine spray
13 Baja buck

- 21 Caste mark
22 Muse of lyric
poetry
23 First name in
mysteries
24 More deluxe
28 Smidge
30 Mary Kate or
Ashley
31 Tight-mouthed
32 Hi!
33 Baltimore play-
er
34 Panted
36 Daffodil
40 Wait around
41 One of the
Gabors
42 Slip up
48 Overacted
49 Drink slowly
51 Risk a ticket
53 Clark of "The
Misfits"

- 55 Annual melt
56 Conceal
57 Heinous
58 Singe
59 Knight of the
road
60 Eye drop
64 Letters for
pipes
65 Had a session



breakfast,
**where
everybody
knows
your
name.**



Ye Olde
waffle shoppe

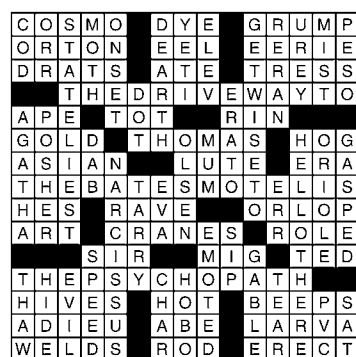
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ANSWER A



ANSWER B



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Tuesday

Mexican Beer Bottles
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Imported
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Friday

Fishbowl Margarita
\$5.50 (Rocks Only)
Pitcher of Mexican Beer
\$6.25

Sat. & Sunday

Pitcher of Domestic
\$5.50
Pitcher of Mexican Beer
\$6.25
Pitcher of Microbrews
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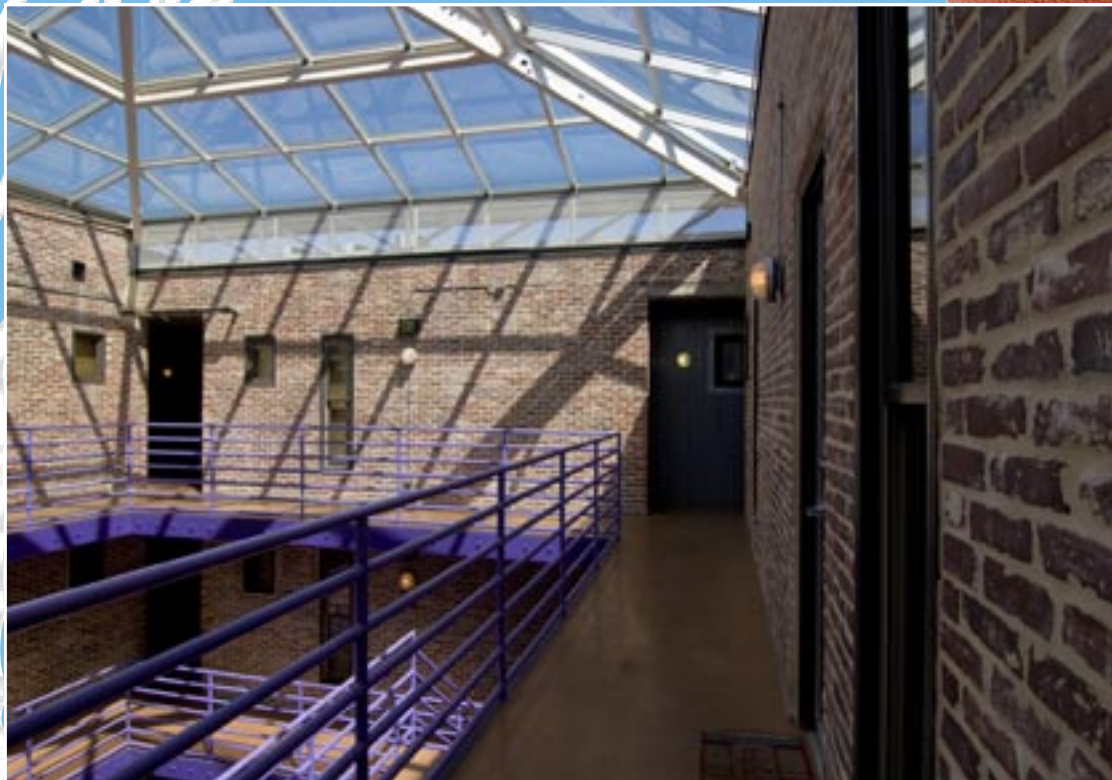
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