

# FARMERS' MARKET

## What's at Market?

### Check out the Year-Round Farmers' Market:

Tulips, daffodils, irises, lettuce, hydroponic basil, chard, spring onions, pac choy, flour, onions, garlic, arugula, beets, broccoli, brussels sprouts, cabbage, carrots, cauliflower, collards, fresh herbs, kale, leeks, mustard greens, salad greens, spinach, sweet potatoes, turnips, turnip greens, winter squashes, pecans, herb and vegetable starters, NEW chicken-sausage, maple sausage, smoked ham, smoked ham hocks, liverwurst, lamb, bacon, chicken, eggs, cow's milk cheeses, breads, doughnuts, tortes, pies, cakes, jams, and relishes

## Recipe of the Week

### Braised Baby Bok Choy with Celery and Ginger from Kelly Clark, Market Staff and Volunteer

**Ingredients**  
8 clusters baby bok choy,\* thoroughly washed and leaving the cluster intact\*\*  
1 Tablespoon olive oil  
1 1/2 Tablespoon fresh ginger, peeled and shaved with a vegetable peeler  
1/2 cup celery, very thinly sliced on the diagonal  
1/2 cup onion,\* thinly sliced  
2 cups vegetable stock  
1 Tablespoon soy sauce

### Procedure

In a pan large enough to hold the bok choy in one layer, heat the olive oil over medium. Add the celery and onion and cook for several minutes. Add the ginger and cook until the ginger becomes fragrant. Add the vegetable stock, bring to a boil, then simmer for 5 minutes. Add the baby bok choy clusters in a single layer. Simmer over medium low heat for 5 minutes, then turn the clusters over. Simmer for another 5 minutes, then turn again. Simmer for another 5 minutes, turn and sprinkle soy sauce over the bok choy. Serve hot. \*Ingredients Available at Market

## School Briefs

### BRMA workshop

The Chapel Hill-Carrboro City Schools Blue Ribbon Mentor Advocate will hold a workshop, "Education as a Family Goal," on Monday from 6 to 8 p.m. in the cafeteria at Smith Middle School.

The workshop will cover such topics as how to help children with school assignments, how to set goals for the future and how to help children apply for college and financial aid, and will be given in both Spanish and English. Child care will be provided.

### CHS winter sports awards

The Carrboro High School Winter Sports Ceremony will be held on Wednesday at 7:30 p.m. in the Carrboro High gym. Each winter team will be recognized and team awards and senior gifts will be presented.

### CHHS sports awards

The Chapel Hill High School Winter Sports Awards Ceremony will be held March 18 at 7 p.m. in the Hanes Auditorium at Chapel Hill High. To submit pictures for the sports

awards slide show or for more information, contact Hue Marlatt at hmarlattdg@gmail.com

### Japanese writing contest

Three Carrboro High School students won awards in the North Carolina Japanese High School Essay Contest.

Ryan Chavis won first place in Level II, Alexander Taylor won third place in Level I and Issac Bryant won third place in Level II.

The contest allows students to submit essays in Japanese in any of four different levels of language use.

### Celebration of Earth and Sky

Volunteers are needed for the Celebration of Earth and Sky, which will be held April 19 from 1 to 5 p.m. at the Carrboro Century Center.

To volunteer or for more information, contact Chapel Hill High School earth and environmental science teacher Ron Greenburg at rgreenburg@chccs.k12.nc.us or 929-2106, ext. 1119. Knott receives award

Stephanie Knott, assistant superintendent for community re-

lations for Chapel Hill-Carrboro City Schools, has been named the Campaign Leader of the Year for Orange County by Triangle United Way for the second year in a row.

The honor recognizes the strong support shown by the school district to the United Way. The award will be presented on March 19 at the Chairman's Award Reception in Cary.

### CHHS band students honored

Seven Chapel Hill High School band students were named to the All-District Band and four others were named to the All-Central Region Jazz Band.

Students named to the All-District Band were: Sara Aratake, sixth-chair clarinet, 9-10 wind ensemble; Nick Powers, 16th-chair clarinet, 9-12 symphonic band; Yiying Li, 19th-chair clarinet, 9-12 symphonic band; Rebecca Clemens, seventh-chair trombone, 9-12 symphonic band; Audrey Baron, sixth-chair trumpet, 11-12 wind ensemble; Eric Lang, second-chair tuba, 11-12 wind ensemble; and Robert Susick, third-chair snare, 11-12 wind ensemble.

Students named to the All-Central Region Jazz Band students were: Alex Smith, second-chair alto saxophone, B Band; Langston Harris, first-chair trumpet, B Band; Rebecca Clemens, third-chair trombone, B Band; and Patrick Dear, guitar, A Band.

### ArtsCenter teacher workshops

The ArtsCenter will host free classroom teacher workshops March 24 and April 21 from 3:30 to 5 p.m.

The March workshop, "Writing and Reading with Rhythm," will focus on moving literacy goals into the realms of sound and rhythm. The April workshop, "Integrating the Arts into Math," will focus on games, chants, music and rhythm as avenues for exploring mathematical concepts.

To register, email your name, school, grade level, phone number, email address and workshop you will attend to artsineducation@artscenterlive.org at least one week prior to the start of the workshop. For more information, contact Tracy Thomas at 929-2787, ext. 400.



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## SUPER CROSSWORD ILL HUMOR

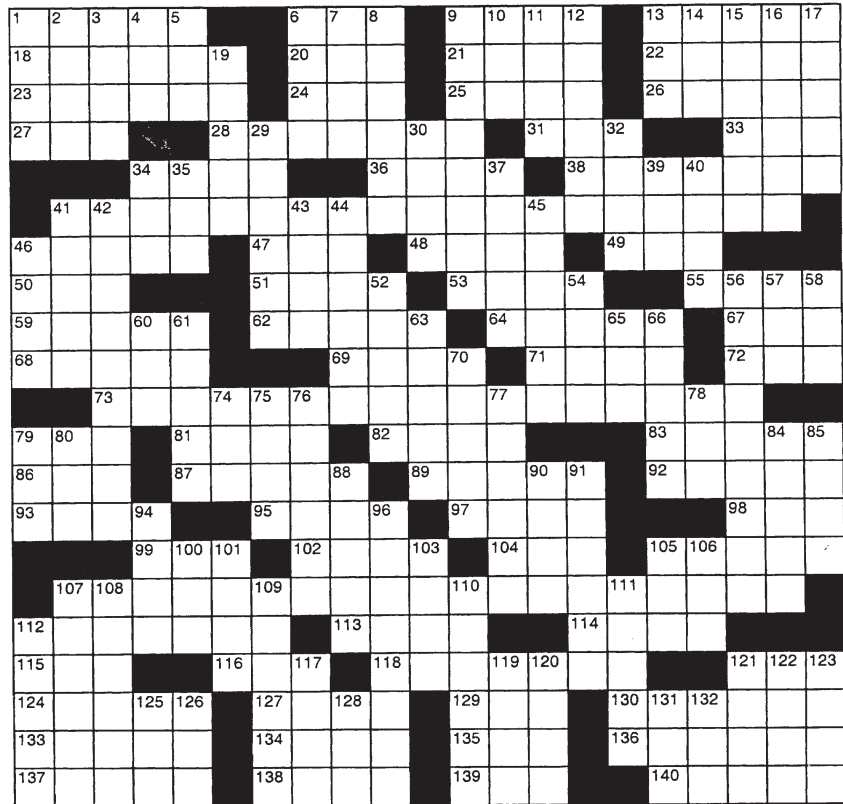
**ACROSS**  
1 Monty Python's Michael  
6 Dail choice  
9 Gear teeth  
13 Film pterodactyl  
18 Porthos' pal  
20 Team scream  
21 Well-ventilated  
22 Felony  
23 Start of a remark  
24 Funnyman Phillips  
25 Deep purple  
26 Confused  
27 Faux —  
28 Vince of "Ben Casey"  
31 Small shots  
33 PC key  
34 "Rosanna" rockers  
36 Couple  
38 Part of HOMES  
41 Part 2 of remark  
46 Minnesota city  
47 Alias initials  
48 Heavy metal instrument?  
49 Child welfare org.  
50 Mil. unit  
51 Say it isn't so

**DOWN**  
53 Labyrinth  
55 Relax  
59 Gentle as —  
62 Abhorrence  
64 A Barbary State  
67 "Norma —" (79 film)  
68 Buccaneers' head-quarters  
69 Actress lone  
71 Football's Swann  
72 Woodsman's tool  
73 Part 3 of remark  
79 — Mahal  
81 Alley Oop's love  
82 Out-of-this-world org.  
83 Invasions  
86 President Bush was one  
87 Overture  
89 Macho type  
92 Roast host  
93 Circus sight  
95 Ter of "Tootsie"  
97 — majesty  
98 Canterbury quaff  
99 Hoagy  
102 Wordsworth work  
104 ABA member

**DOWN**  
105 Teach on the side  
107 Part 4 of remark  
112 Deprive (of)  
113 Wooden strip  
114 Olympic event  
115 Flight  
116 Tasty tuber  
118 Proposition  
121 Carol opener  
123 JVC competitor  
124 Inevitable activity  
127 Hungarian sheepdog  
129 Shaq's pack  
130 End of remark  
133 Daybreak  
134 Toast topper  
135 Periman or Palillo  
136 Bostonian, for one  
137 "The Brando — Story" ('98 film)  
138 So. state  
139 Still  
140 Self-confidence

**DOWN**  
5 Zilch  
6 Make coffee  
7 "Rama — Ding Dong"  
8 Legendary athlete Jim  
9 Pepper  
10 Vinegar's partner  
11 Chow  
12 Token  
13 JVC  
14 Terrier's tidbit  
15 Win over  
16 Audrey Tautou role  
17 Peachy-keen  
19 Take care of  
29 EI —, AR  
30 Tapered seam  
32 Cut a circle  
34 Decimal base  
35 Two — kind  
37 Morocco's capital  
39 Cable channel  
40 Thickening agent  
41 Writer Rogers St. Johns  
42 Thingumbob  
43 Got by, with "out"

**DOWN**  
44 Disappear  
45 Lapis —  
46 Part of Q.E.D.  
52 Canadian territory  
54 "Only Time" singer  
56 Destroy  
57 Getz's instrument  
58 Fairway accessory  
60 Speedometer abbr.  
61 "Blue —" ('77 hit)  
63 Blabby bird  
65 Business abbr.  
66 — drum  
70 One of the Fords  
74 Weasel word?  
75 First name in fashion  
76 Finger food  
77 Composer Jean-Philippe  
78 "Platoon" setting  
79 Guinhouse  
80 Chicken — king  
84 Apollo's isle  
85 Soothsayer  
88 Witty  
90 Vno center  
91 Irritate  
94 Punta del  
96 Link  
100 Actress Thurman  
101 Bunch of birds  
103 "Pyramus and Thisbe," e.g.  
106 Playground game  
106 Luau instrument  
107 Confederation  
108 January stoat  
109 Earl Grey's place  
110 William Sydney Porter  
111 Man of the cloth?  
112 Great time  
117 Stubbom sort  
119 Autobot  
120 Be bombastic  
121 "Kon- —"  
122 Summer-time treats  
123 "Sister Act" extra  
126 Scholastic abbr.  
128 Deighton or Dawson  
131 "The Belis" monogram  
132 — Cat



## CitizenCryptoquote By Martin Brody

For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc.. Apostrophes, punctuation, the length and formation of the words are all hints.

### "Relatives"

Y F T S W C P Y F X Y N R C U Z  
D W O E Y E O T M X Q R N D R Z C W Y  
W C T W M S N W W P, S O Y W M  
E T Z G T K Y X C P V W D R C T X K F  
W Y F T E ' Z N R M T. E X E T N D P W  
Q T Q S T E Z W M W C T M X Q R N D  
J E W B O G O C P T E Y F T Z X Q T  
E W W M. - " R N N O Z R W C Z "

Find the answer in the puzzle answer section.

## Weekly SUDOKU

by Linda Thistle

	7				5	4	3	
9		2	4					1
	5		8	6			9	
3		6		9				8
	4			1	2	7		
7			6		3	4		
		1	2		3			5
5		7			9	6		
	9			7			8	3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★**

★ Moderate ★★ Challenging  
★★★ HOO BOY!

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## PETS OF THE WEEK



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### ORANGE COUNTY ANIMAL SERVICES — Meet Samara!

This super cute lab mix is around 6 months old and still isn't quite sure of herself. She's a shy baby who has come around a lot at the shelter, but still needs a calm and gentle home to build her confidence! In return, you'll have a loyal companion for life! Visit Orange County's Animal Shelter, 1081 MLK Jr. Blvd, Chapel Hill or call 967-7383. You can also see her online at www.co.orange.nc.us/animalservices/adoption.asp

