

# The Daily Tar Heel

dailytarheel.com

Friday, November 4, 2016

## ‘IT’S OURS, IT’S THE PLACE’

By Celia McRae  
Staff Writer

All of UNC’s green grass, flower beds and shady trees are maintained by about 80 people from Grounds Services.

UNC’s campus is divided into zones and a crew is dedicated to each zone, groundskeeper David Brannigan said. Brannigan and his crew cover the zone that encompasses Polk Place, stretching from Hamilton Hall to Peabody Hall.

“We don’t really have a typical day because things like President Obama’s visit get sprung on us and then there are other seasonal dynamics, and of course there are things like football games on the weekend,” he said.

Although groundskeepers and maintenance workers don’t always have typical days, there is a general routine that starts with coming to campus at 6 a.m., Brannigan said.

“We come on campus real early partly for safety reasons so that we see anything that might have occurred overnight, limbs falling, stuff like that,” he said. “In winter, snow and

ice, and this time of year leaves actually, surprisingly can be quite dangerous when they’re very dry they’re slick and when they’re wet they’re very slick.”

Anna Wu, associate vice chancellor for facilities services, said beautification of the campus is very important in maintaining UNC’s image.

“Admissions will always tell you that our landscape and our campus is probably in the top 10 of what, you know, attracts new students and people to come to any campus,” she said.

A major

part of campus beautification is the seasonal work done by the workers, Brannigan said.

“A certain seasonal imperative is pruning at the right time of year and fertilizing, things like that so just a general sort of horticultural maintenance throughout the year depending on seasonal and natural requirements,” he said.

“And then there are other things like, you know, we have other dynamics like graduation is a big window for the University to show itself off to the parents and everything.”

Wu said Grounds Services takes environmental considerations into account.

“A lot of the mulch that we use on campus comes from our recycling or grinding of landscaped materials,” Wu said. “We have kind of like a big tub grinder out at Carolina North and we take all those limbs and leaf material and we create our own mulch.”

Mark Moon,

grounds supervisor and interim director for the grounds department, said another way the University is environmentally conscious is in the irrigation systems used on campus.

“Some of our irrigation systems are supplied by well water,” he said. “For example, the Smith Center, that’s on well water.”

Irrigation systems are on a computerized program that controls when watering is necessary Moon said.

“There’s no use to run the irrigation system when it’s raining so much, when Mother Nature is supplying water for us,” he said. “We were kind of lucky this summer — in July we got 11 inches of rain.”

Wu said through ground-keeping, Facilities Services wants to give students a good memory of their University.

“The Old Well, South Building, it’s ours, it’s the place, it’s amazing to me how year round people will stop and take photographs,” she said. “It’s a pretty focused area that is one of our points of pride.”

university  
@dailytarheel.com

DTH/ZITA VOROS

## SOUTHERN PART OF HEAVEN

King of the Hill: The Campus Y was my first home at UNC

By Kyle Underhill  
Staff Writer

*The UNC campus is consistently listed as one of the best in the nation — Forbes named it one of America’s Most Beautiful College Campuses. But what’s the most beautiful place in the Southern part of heaven? We’re asking Swerve writers to write about their favorite places on campus. And we’re asking you, UNC students, to read their essays and to vote for your favorite place, bracket style, via the DTH Swerve Twitter account. This week: Campus Y vs. Hinton James.*

The first time I went to the Campus Y — the recognizable pink building close to Memorial Hall, across from the Old Well — I was in my junior year of high school. I was there for the UNC Catalyst Conference — an annual conference hosted by UNC students that brings together 100 high school students to learn about social



DTH/ALEX KORMANN

The Campus Y is UNC’s center for social justice. Dozens of committees for various social causes organize in the building.

justice. Catalyst is one of 30 committees at the Campus Y that focus on various social and environmental justice issues.

While I was in high school, I was often singled out for my passion for social justice.

The weekend that I spent at The Campus Y during the Catalyst Conference assured me that I wasn’t alone.

I met other people who had the same interests and passions that I had, and I learned new things about

social justice and activism. I reaffirmed my passion for activism, and I even learned about gender-neutral language, a concept that seemed new and radical to me at the time.

The Campus Y is a unique institution. It was started in 1963 when members of UNC’s YMCA and YWCA joined forces to create an organization without the problematic traits of their parent organizations.

The history of the Campus Y reflects the history of social movements in the American South. It has fought against injustices like segregation, gender inequality and world hunger.

The Campus Y’s executive board is led by UNC students who are elected every year. In addition to its 30 committees, the Campus Y also houses other organizations that help UNC students engage with social justice and community service, including the Bonner

Leaders Program, CUBE, the Global Gap Year Fellowship and the Global Engagement Fellowship.

To put it frankly, they help students do a lot of really cool and important work.

As a high school student, spending time at the Campus Y gave me hope. I started to believe that in college, I would be able to find communities of people who care as much about making positive change as I do.

Now that I am a sophomore at UNC and a co-chair for a subcommittee in Catalyst, I know this to be true.

The Campus Y is one of the most fun, engaging and important places on campus. Whether you are interested in making the world a better place, becoming a student leader or simply enjoying some coffee and conversation, the Campus Y will welcome you with open arms.

Just like it did for me.

@KyleUnderhill  
swerve@dailytarheel.com

## King of the Hill: Hinton James was an unlikely but important match

By Maggie Mouat  
Staff Writer

*The UNC campus is consistently listed as one of the best in the nation — Forbes named it one of America’s Most Beautiful College Campuses. But what’s the most beautiful place in the Southern part of heaven? We’re asking Swerve writers to write about their favorite places on campus. And we’re asking you, UNC students, to read their essays and to vote for your favorite place, bracket style, via the DTH Swerve Twitter account. This week: Campus Y vs. Hinton James.*

Hinton James and I were an unlikely match — when applying for first-year housing, it was my last choice.

But the housing gods decided it was meant to be. So there I was, move-in day, waving goodbye to my parents from my fourth floor room.

Little did I know memories would blossom in those walls, and the people I met there over the course of the year would

become my lifelong friends.

As awkward as I was on the first encounter, my suitemates soon learned I’m notorious for busting out the moves when any type of music is put on.

At 2 a.m. one late night, in a tired attempt to wake ourselves up to keep studying for finals, my roommate and I had a “High School Musical” dance-off with one of our suitemates acting as the judge.

Soon, we were throwing ourselves on the floor, worming it out. Before we knew it, we heard a knock at the door.

Turns out the guy underneath us didn’t appreciate the constant thumping and “High School Musical” tunes coming from above him when he needed to get up for an 8 a.m.

Another time, in celebration of finishing a hard week, the suite began bopping to old middle school tunes.

Things started getting loud, and I thought it would be a great idea to put the speaker in my baggy sweatpants.

Then, a knock came at the



DTH/ALEX KORMANN

Hinton James is the largest of the first-year dorms on South Campus. It’s close to the Smith Center and the business school.

door. Lo and behold, an RA came in due to a complaint.

She walked in, saw the speakers in my pants, barely stifled a laugh and asked us to quiet down before she left.

When I came to HoJo, I only knew my roommate.

By the end of the year, the entire suite became some of my closest friends at college.

For reasons that I could never explain, we were brought together so we could be there for her when she needed a shoulder to cry on the most.

On a particularly stressful day, we were alone in the middle of her room eating Reese’s Peanut Butter Cups and drinking milk, taking turns ranting about life when all of a sudden she started sobbing.

Partially choking on the milk and partially triggered by being upset, she threw up on me while I was hugging her.

Instead of freaking out like I normally would, I just continued to hug her and told her everything was going to be OK.

If that doesn’t show how stressed out we were and how good of a bond we have, I don’t know what will.

Hundreds of great, sad and strange memories happened in the rooms of Hinton James that we will carry for the rest of our lives.

Hinton James and I were an unlikely match. But I will forever be grateful that the worst residence hall at UNC gave me some of my fondest memories.

@maggs mouat  
swerve@dailytarheel.com



## HOMECOMING 2016 STAFF

**JANE WESTER**  
EDITOR-IN-CHIEF

**DANNY NETT**  
ONLINE MANAGING EDITOR

**ALEX KORMANN**  
PHOTO EDITOR

**C JACKSON COWART**  
SPORTS EDITOR

**HANNAH SMOOT**  
MANAGING EDITOR

**ZITA VOROS**  
DESIGN & GRAPHICS EDITOR

**SARAH DWYER**  
PHOTO EDITOR

**COURTNEY JACOBS**  
COPY CHIEF

**JOSÉ VALLE**  
VISUAL MANAGING EDITOR

**ACY JACKSON**  
UNIVERSITY EDITOR

**SARAH VASSELLO**  
SWERVE DIRECTOR

**ELLIE SCIALABBA**  
COPY CHIEF

Sara Kiley Watson, Maggie Mouat, Blake Richardson, Jeremy Vernon, Krupa Kaneria, Ivy Ingle, Celia McRae, Kiley Underhill, Joseph Held, Madeleine Fraley, Cailyn Derickson, Sofia Edelman, Jamie Gwaltney, Rachel Jones, Jenni Ciesielski

STAFF WRITERS/ASSISTANT EDITORS

**PRODUCTION MANAGER:**  
Stacy Wynn

**BUSINESS AND ADVERTISING:**  
Betsy O'Donovan, director/general manager; Rebecca Dickenson, advertising director; Lisa Reichle, business manager

**CUSTOMER SERVICE:**  
Neecole Bostick, Johnny Conheeny, Alexa Papadopoulos

**DISPLAY ADVERTISING:**

Payton Collier, Madison Call, Lindsey Sullivan, Claire Burns, Mary Louise Bolt, Sam Yoo, Ellie Dannenberg, Kevin Rosato, John Collier, Hannah Burnette, Kate Fleming, Hunter Davis, Ali Stephens, Caroline Maygod, Kathleen Van Gorp

**STUDENT PRODUCTION MANAGER:**  
Dylan Tastet

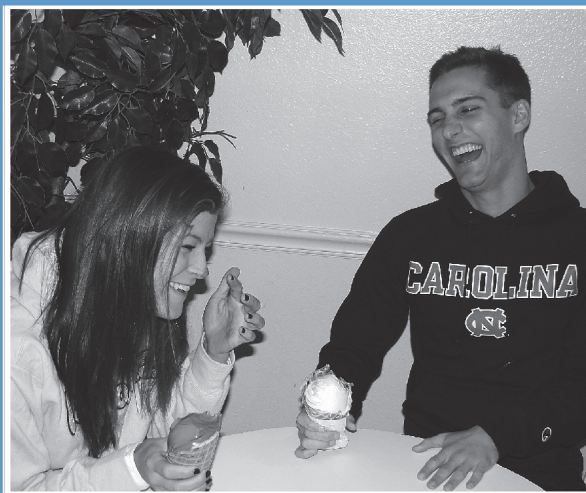
**MARKETING TEAM:**

Julia Meder, Joe Daley, Vanessa May, Erin O'Rourke, Lauren Hong, Pavle Jeremic

HOMECOMING 2016 is published by the DTH Media Corp., a nonprofit North Carolina corporation. Advertisers should call 962-1163 between 8:30 a.m. and 5 p.m., Monday to Friday.

Editorial questions should be directed to 962-0245  
Office and Mail: 151 E. Rosemary St., Chapel Hill, NC 27514

# GO HEELS!



A Tar Heel tradition since 1982

Monday - Thursday 11:30am - 11:00pm  
Friday - Saturday 11:30am - 11:30pm  
Sunday 12:00pm - 11:00pm

**the YOGURT pump**

Downtown Chapel Hill

942-PUMP

106 W. Franklin St.  
(Next to He's Not Here)

[www.yogurtpump.com](http://www.yogurtpump.com)

### UNC alumni recall their favorite Chapel Hill restaurants.

By Sara Kiley Watson  
Staff Writer

They say you are what you eat. In college, this may be especially true. For these UNC alumni, the places where they loved to eat back in the day still stick out — whether it was 67 years ago or seven.

Restaurants on Franklin Street have come and gone, but the memories of great meals with old friends will last forever.

#### Turner Vinson, class of 1949

"There weren't many restaurants when I was in Chapel Hill," he said. "We ate at Lenoir Hall most of the time."

"There were a few restaurants downtown, a drug store, it's not like it is now."

#### Don Crane, class of 1956

"You know, my favorite restaurant was our dining hall at the Phi Gam house."

#### Ray Respass, class of 1965

"There was a place called Rathskeller that was really good, in the porthole. I can remember they had the greatest iced tea at Rathskeller, all the bread you



DTH/SARA KILEY WATSON

Many alumni remember Time Out, known for its chicken cheddar biscuits, on Franklin Street.

could eat, always good service and a good place to hang out — the food was really good."

#### Harvey Watson, class of 1979

"My favorite restaurant in Chapel Hill was the Rathskeller. The reason it was my favorite is I not only went there when I was a student at UNC, but I also went there when I was in high school with my high school girlfriend. When we'd go out on dates, we'd go to the Rathskeller and order a large pizza. We would sit in a part of the Rathskeller called the cave and in the cave it literally had the

sidewalk of Franklin Street right above it. You could see people walking over the restaurant while you were eating."

#### Todd Jordan, class of 1987 undergrad and 1996 dental school

"If I go back and think about hanging out with my buddies, we'd like to go to Time Out. That was a great weekend place — cheap food, fun times."

#### Lisa Rivers, class of 1992

"My favorite restaurant was the Rathskeller of course. It was between that and

Spanky's, but I'm gonna have to go with the Rathskeller."

#### Kasey Munson, class of 2009

"The only place I remember going a lot, is that place, that conveyer belt sushi place Kurama. I really liked Goodfellows for bars, that's probably my favorite bar. The only memories I have associated with them is going there with my friends, nothing in particular. It was a long time ago. I like Med Deli too — used to go there for lunch a lot. But I really like Kurama."

@skileyy  
city@dailytarheel.com

**the pink pearl**  
A Lisa Perry Signature Store

presents for you

**NOVEMBER 5-6**  
IN HONOR OF LILLY'S BIRTHDAY

\$200 spend  
NECK PILLOW &  
EYE MASK SET

\$500 spend  
TRAVEL JEWELRY SET  
and gift above

\$800 spend  
GARMENT BAG  
and gifts above

\$1,400 spend  
CARRY-ON  
SUITCASE  
and gifts above

1800 E FRANKLIN ST., CHAPEL HILL, NC 27514 // 919.272.4784



Patio Dining Available • Free WIFI  
Get It To Go! Gourmet Coffee  
Pure Squeezed OJ • Benedicts  
Omelettes • Waffles • Pancakes

**CARY**  
1104 Ledsome Lane  
(On Walnut Street off US 1)  
919-322-4344

**CHAPEL HILL**  
1101 Environ Way  
919-537-8488

Both locations open 7am - 2:30pm, 7 Days a week

[www.facebook.com/eggandichapelhill](http://www.facebook.com/eggandichapelhill)  
@EggandI\_CH

# BLACKFRIDAY EXPLOSION

**FRI. NOV 25, 2016**  
ENTIRE STORE DISCOUNTED UP TO

# 50%

**HL High Life**  
SMOKE SHOP

**HIGHLIFESMOKES.COM**  
CVS PLAZA - 137 E. FRANKLIN ST  
CHAPEL HILL, NC 27514 - (919) 967-3666



# How do you celebrate a big athletics win?

Compiled by Daily Tar Heel staff writer Krupa Kaneria

Nothing brings together Tar Heels more than watching our sports teams dominate. We asked students: what's your favorite way to celebrate?

**Ahmad Atieh**  
Sophomore



"I like to get together with friends and cheer and sing the fight song and everyone is wearing their Carolina gear."

**Molly Kusilka**  
Sophomore



"We normally go to Sup Dogs, and then we will go back to someone's place to hang out."

**Megan Adkins**  
Sophomore



"We go to Franklin and eat. I'll go with my boyfriend and his big group of guy friends, and we go eat and hang out."

**Lindsay Voy**  
Sophomore



"I just like going to Franklin with everyone, and it's fun to celebrate in a big group."

**Carley Cook**  
First-year



"I like to hang out with my friends and talk about how superior UNC sports are."

**Sydney Johnson**  
First-year



"I go to Sup Dogs with my friends."

## Georgia Tech's triple-option poses threat to Tar Heel defense

### UNC will take on the Yellow Jackets at 12:30 p.m. Saturday.

By Blake Richardson  
Assistant Sports Editor

Returning from a bye week, the No. 21 North Carolina football team will take on Georgia Tech at 12:30 p.m. on Saturday. With two sizzling offenses going head to head, it looks like a shootout is brewing.

#### How do they play?

Georgia Tech runs a triple-option offense that aims to distract defenders with an abundance of movement. Once a defender turns away, the Yellow Jackets strike — choosing who should run the ball based on where the holes lie in the moment. This way, rushers and receivers can skate by undetected.

That offense has translated to success on the ground, with the Yellow Jackets totaling 1,981 rushing yards this season. Only Clemson and Boston College held Georgia Tech to fewer than 200 yards. The Yellow Jackets catch teams by surprise in the passing game, too, averaging 18.5 yards per catch. Georgia Tech ranks No. 40 in total defense, holding teams to 376.6 total yards per game. But the Yellow Jackets struggle to keep opponents out of the end zone, giving up an average of 23.5 points per game. And Georgia Tech has allowed over 30 points in three of the last four games.

#### Who stands out?

Redshirt senior quarterback Justin Thomas has captained the Yellow Jackets' offense with ease. Thomas has racked up 1,024 yards through the air this season, but the redshirt senior also utilizes his speed.

He is the team's leading rusher, with 479 yards and five touchdowns on 4.9 yards per carry. Thomas alone is a challenge to contain. Supported by a stable of running backs that string together solid carries, Thomas is at the helm of an unpredictable attack.

#### What's their biggest weakness?

Georgia Tech has struggled defensively as of late, giving up 559 yards to Duke and 407 to Pittsburgh. As the Yellow Jackets enter Saturday trying to recover from a defensive funk, UNC has the opportunity to capitalize on this slump and do some damage offensively. With strong rushing and passing games, North Carolina's offense poses a double threat that could exploit Georgia Tech's defensive weaknesses. It

helps the Yellow Jackets that UNC will be playing without star wide receiver Mack Hollins, who is out for the season after breaking his collarbone against Miami. But between Mitch Trubisky, Elijah Hood, T.J. Logan and Ryan Switzer, the Tar Heels have enough offensive weapons to pressure Georgia Tech on Saturday.

#### Why could they win?

So far, Georgia Tech has obliterated defenses with the triple-option — averaging 458.5 yards per game on offense. The Tar Heels are already trying to tackle weaknesses on defense. And if UNC's defense cannot make key stops against the triple-option, capturing a win will

fall on the offense's shoulders. Last year, North Carolina pulled away with a 38-31 win because the UNC offense answered Georgia Tech's scoring. But if the Tar Heels cannot match the Yellow Jackets' aggressive offensive pace this time, Georgia Tech could pull an upset on homecoming weekend. @rblakerich sports@dailytarheel.com



# fall in love WITH MILL HOUSE

We've got hundreds of houses, apartments, and condos to suit most any need and budget.



## Mill House properties

SALES | RENTALS | PROPERTY MANAGEMENT

millhouseproperties.com 919.968.7226



# JOHNNY

1983

# T-SHIRT

THE CAROLINA STORE

Chapel Hill, NC

## Homecoming 2016

Bring in this ad to receive 25% off ONE item!

This Homecoming 2016 discount coupon is valid until 11/30/16. Valid in retail store location only.

johnnytshirt.com facebook.com/JohnnyTshirt twitter.com/JohnnyTshirt instagram/JohnnyTshirt

### ORANGE COUNTY ARTISTS GUILD • 83 ARTISTS • OCAGNC.ORG • NOVEMBER 5-6 & 12-13


# 22

## ANNUAL OPEN STUDIO TOUR

# 22ND

PLAN YOUR TOUR AT OCAGNC.ORG

# OCAG

 @OCAG.NC  @OCAGNC



# 3 other UNC sports to watch this weekend

**By Jeremy Vernon**  
Assistant Sports Editor

While a lot of the focus will be on the North Carolina football team when it takes on Georgia Tech at 12:30 p.m. on Saturday, three other UNC teams will also be competing in Chapel Hill over the weekend.

Here's what to know for each matchup.

**Women's tennis**  
Kitty Harrison Invitational (all day today through Sunday)

North Carolina will be without its top-three singles players — Hayley Carter, Sara Daavettila and Jessie Aney — who are currently competing in the ITA National Individual Indoor Championship in Flushing Meadows, New York. But the rest of the team will host the 13th annual Kitty Harrison Invitational from today until

Sunday at Cone-Kenfield Tennis Center.

Over the past couple years, the Kitty Harrison Invitational has been an opportunity for those who don't see much playing time to compete against other schools.

Last season, Cassandra Vazquez, Chloe Ouellet-Pizer and Marika Akkerman all picked up singles victories in the invitational. The trio will look to have similar success this weekend.

This will also be a chance for a pair of first-years — Alexa Graham and Makenna Jones — to show what they're made of. Both players were ranked in the top-10 of the class of 2016.

**Men's basketball**  
Exhibition vs. UNC-Pembroke (tonight at 7:30 p.m.)

UNC kicks off the regular season on Nov. 11 at Tulane,

but tonight's game against UNC-Pembroke will be the first chance this season for fans to see the Tar Heels in action against another team.

There are several questions the team will need to answer before the latter half of the season. Chief among those is how UNC will replace junior wing Theo Pinson, who is out indefinitely after breaking a bone in his right foot in mid-October.

Head Coach Roy Williams has said senior Nate Britt or sophomore Kenny Williams could slide into his place in the starting lineup, and the Tar Heels might have a better idea who the best option is after tonight's game.

The exhibition will also showcase North Carolina's group of first-years, who will play their first game inside the Smith Center. Forward Tony Bradley and guards Brandon Robinson, Shea Rush and Seventh Woods will likely see a fair amount

of playing time against UNC-Pembroke, and they could use the game as a chance to earn more minutes once the regular season begins.

**Men's soccer**  
ACC Tournament quarterfinal (Sunday at 1 p.m.)

Arguably the most successful fall sports team at UNC has been the men's soccer team.

The Tar Heels have an 11-2-3 (5-1-2 ACC) record and are currently ranked No. 4 in the country. UNC won the ACC Coastal Division in the regular season and is the No. 1 seed in the ACC Tournament.

North Carolina will take on the eighth-seed Boston College — whom the Tar Heels defeated 5-0 back on Sept. 23 — at Fetzner Field on Sunday.

The Tar Heels breezed past the Eagles during the regular



TFW YOU FIND HOUSING WITH LBP BEFORE EVERYONE ELSE



919.401.9300  
WWW.LOUISEBECKPROPERTIES.COM

# Can't get into the game? Stay winning on Franklin Street

**If the Dome is full and you're not 21, go to Franklin Street.**

**By Joseph Held**  
Staff Writer

When a ping of an email brings the news that you have not been randomly selected in the basketball lottery or a security guard tells you that the student section is full, the search for a place to watch UNC's sporting events becomes a top priority.

It doesn't matter that the Dean Dome holds 21,750 people — one of the smallest in its league, by the way. It doesn't matter that Kenan

Stadium holds 63,000 people. The only thing that matters is seeing the Tar Heels doing what they do best — crushing their competition in every variety of sport.

Many restaurants offer prime real estate to watch the game, like Top of the Hill and Spanky's.

But some students — namely students under 21 years old — face limitations.

Sup Dogs is a popular alternative for UNC sport fans rejected from games, especially for students under 21.

The Franklin Street restaurant appeals to first-year Alessandro Uribe-Rheinbolt.

"There's a TV and you don't have to be in a bar," he said.

*"If I'm with my parents, I'll go to TOPO. If not, I'll go to Spanky's."*

**Taylor Boole**  
Sophomore

Sophomore Taylor Boole said where he goes depends on who he is with.

"If I'm with my parents, I'll go to TOPO," he said. "If not, I'll go to Spanky's."

First-year Elizabeth Looney said she watches the game on a TV in her residence hall with her suit-mates.

"My friends are there," she said, which saves her the long walk to Franklin Street.

Senior Daniel Tompkins said that he and his friend

Matt Brinsmead stay home for football games. However, for basketball games, they like to go to a bar on Franklin Street.

"For March Madness, we were at He's Not," Tompkins said.

Unfortunately, the rejection from UNC sporting events is inevitable, but students can easily find alternative spaces to cheer for the Tar Heels.

@cjheld  
swerve@dailytarheel.com



A Community of Medical, Therapeutic and Integrative Practices

# Treating You the Way You Want to Be Treated



**ChapelHILL Primary Care**  
Partners In Personalized Care

**Prompt**

- Committed to on-time appointments

**Convenient**

- Free parking; 1st floor access
- On-site lab

**Responsive Care**

- Mutual Respect
- Straight-up talk

**Engaged Providers**

- Compassionate listening
- Experienced and knowledgeable
- More time spent on your care

**Inviting Office**

- Attentive and friendly staff
- Comfortable surroundings
- No hospital-affiliated fees



Erin Burnette, FNP Allison Valentine, MD Paul Dunn, RN, MSN

ChapelHillPrimaryCare.com



**TIMA**  
Triangle Integrative Medicine Associates

**Holistic Approach**

- Integrates Western and complementary medicine
- Mindfulness-based techniques

**Range of Disciplines**

- Allergy immunotherapy
- Aquatic and music therapies
- Reiki and massage therapy

**Results-Oriented**

- Safe, effective treatment plans
- Tailored to your unique needs

**Flexible**

- Works with your existing care team
- Includes internal medicine and nephrology consults

**Qualified Provider**

- Board certified doctor with years of experience
- A balanced combination of gold-standard and specialty training



Julie McGregor, MD

TriangleIntegrative.com



**ACUPUNCTURE**  
BALANCED HEALTH

**Personalized Plans**

- A combined Eastern/Western approach to treatment
- Takes the time to address your concerns
- Focused on helping you feel your best

**Overall Wellness**

- A feeling of physical renewal
- Relief from chronic pain and discomfort
- Better balance between physical and emotional health

**Range of Treatments**

- Fatigue, anxiety and depression
- Menstrual disorders, infertility and menopause

**Knowledgeable Providers**

- Specialists in Eastern and Western medicine
- Renowned research scholars in specific fields

**Pleasant Environment**

- Compassionate listener and understanding staff
- No hospital-affiliated fees



Wunian Chen, MD, LAC Helen Wang, PhD, LAC Cholena Erickson, LAC, O.M.D.

AcupunctureBalancedHealth.com



Chapel Hill Doctors  
Healthcare Center  
A Community of Trusted Professionals

#TreatingPatientsRight

55 Vilcom Center Drive • Suite 110 • Chapel Hill, NC 27514  
(919) 752-4622 • ChapelHillDoctors.com



# How did the phrase ‘Tar Heel’ start?

**By Madeleine Fraley**  
Staff Writer

*This story is part of a series of stories looking into different parts of UNC’s long history and how life at the University has changed over time.*

UNC’s identity and symbol — the Tar Heel — originated before the University was even founded.

Before it became what UNC students called themselves, it was what North Carolinians called themselves. The term has evolved since its creation — and it wasn’t always shouted proudly.

The term “Tar Heel” came to be used as a name for the poor white and black naval store workers in the mid-19th century, who, due to working with waterproofing-materials such as rosin and tar, walked around with tar on their heels.

Because many of the people working in the naval

stores at this time were enslaved, being called a “Tar Heel” was something derogatory, history professor Harry Watson said.

“Calling someone a Tar Heel meant that they were like a slave,” Watson said. “It was an insult about class and an insult about race.”

During the Civil War, Virginia soldiers would pick fights with North Carolina soldiers by calling them Tar Heels, Watson said. But toward the middle of the war, this shifted.

While addressing the North Carolina troops, North Carolina Gov. Zebulon Vance addressed them not as “fellow soldiers,” but as “fellow Tar Heels.”

“That gave it a respectability, and it became one of those derogatory terms that people embrace,” Watson said.

“Tar Heel” became more commonly used by North Carolinians after this, and was used with pride, said


Cecelia Moore, UNC campus historian.

“This is one of those terms that North Carolinians then just turned around to use as a point of pride,” she said. “They rejected it as a derogatory term.”

UNC adopted the term in the 1890s, a few decades after the end of the Civil War. When UNC began competing in intercollegiate sports with baseball and football in the late 19th century, they called themselves the “Tar Heels,” Nick Graham, university archivist said.

The late 19th century was when UNC adopted its blue and white colors, Graham said, connecting the colors with the Tar Heel symbol.

Rameses became UNC’s mascot in 1924, Moore said, when one of the head cheerleaders decided the Tar Heels needed a mascot. Favorite football player of the time, Jack Merritt, was known as the “Battering Ram,” so the ram was named



UNC adopted the controversial and unique Tar Heel symbol a few decades after the Civil War.

UNC’s mascot.

Graham said it was interesting that UNC has a unique symbol in the Tar Heel— unlike other schools

that only have animal mascots.

“This one is distinctive to North Carolina and is applied to all North

Carolinians, so it’s a natural symbol for the University to adopt,” he said.


[university@dailytarheel.com](mailto:university@dailytarheel.com)

## What is your most interesting UNC fact?

Compiled by staff writer Ivy Ingle


**UNC-Chapel Hill is nearly 250 years old, and during all those years, some pretty fascinating adventures have either happened on campus or involved the UNC community. Staff writer Ivy Ingle asked students: “What is the most interesting thing you know about UNC?”**

**Andrew Robinson**  
First-year




*“I’ve heard that there are libraries here that have hidden floors that no one’s supposed to know about, and there’s very mysterious books on those floors.”*

**Brandon Cosgrove**  
Sophomore



*“There’s a lot of really fantastic performances and music and theater especially, like the Playmakers Repertory (Company) does great stuff.”*

**Jack Clayton**  
Junior




*“James K. Polk, the eleventh president of the United States of America, went to Chapel Hill.”*

**Nishanth Shah**  
Junior



*“I know they always say this in tours, my friend’s a tour guide, she told me one of the trees has like been anchored to a rope for like a hundred years.”*



**Victoria Snow and Samantha Houston**  
Juniors




*“To me, I think that UNC being the first public university is really cool.”*

**YOUR HOME IN THE HEART OF CHAPEL HILL**

On-site Dining, Flexible Meal Plans
State-of-the-art Fitness Center
Affordable & Comparable to On Campus
Walk to Class and Live on Franklin Street



**NOW LEASING FOR FALL 2017**



**granville**  
TOWERS  
The Place To Be at UNC

DOWNTOWN CHAPEL HILL • (800)332-3113 • [GRANVILLETOWERS.COM](http://GRANVILLETOWERS.COM)

**FIRE UP TO BEAT GA TECH!**



**Brixx**  
wood fired pizza

WOOD FIRED PIZZA  
PASTAS & SALADS  
24 CRAFT DRAFTS  
WINES BY THE GLASS  
OPEN LATE NIGHT!

**VISIT OUR 5 TRIANGLE LOCATIONS:**

- CHAPEL HILL
- RALEIGH
- CARY

**BUY 1 PIZZA, GET 1 FREE**  
SUNDAY-THURSDAY  
501 MEADOWMONT VILLAGE CIR  
919-929-1942

**Brixx**  
wood fired pizza

Must present coupon. Dine-in only. Limit one per table. Not valid with other coupons, specials or offers. Item of lesser value is free.  
Expires 12/31/16.

**WWW.BRIXXPIZZA.COM**


**FOOD for ALL**



*Lecture Series*

**THE GLOBAL SHIFT TO ULTRA-PROCESSED FOODS: HEALTH, IMPACT, & POLICY**  
Mon, Nov 7, 3:30-4:30PM  
Genome Sciences Building, Room G200

Dr. Carlos Monteiro is a world-renowned nutrition expert and professor of Nutrition and Public Health at the University of Sao Paulo, Brazil and head of the University’s Centre for Epidemiological Studies in Health and Nutrition. His lecture will address the global shift from minimally processed to ultra-processed foods, the effects of consumption, and the implications on national policies and dietary guidelines.

*Co-sponsored by UNC’s Department of Nutrition, the Institute for the Study of the Americas, and the Food for All pan-university academic theme.*



**foodforall.web.unc.edu**  
  **@uncfoodforall**



Chapel Hill has a new address. And it's everything.



Residential apartments, office & retail space come together to create a vibrant mixed-use environment in the heart of Chapel Hill.

**We're now accepting reservations for 2017! Live at the best square in the Triangle.**

Email [CarolinaSquare#nwrliving.com](mailto:CarolinaSquare#nwrliving.com) to get more information.

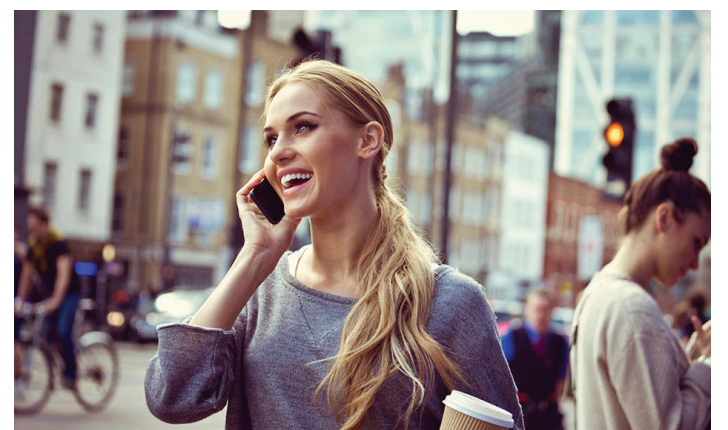


CAROLINA  
SQUARE

[www.LiveCarolinaSquare.com](http://www.LiveCarolinaSquare.com)

OPENING 2017!

Live | Work | Play



NEXTGEN CLIMATE

VOTE LIKE  
THE WHOLE WORLD  
DEPENDS ON IT.  
BECAUSE IT DOES.

Join NextGen Climate and millions  
of students voting on November 8th

**Find your polling place: [NextGenClimate.org/vote](http://NextGenClimate.org/vote).**

Paid for by NextGen Climate Action Committee; <http://nextgenclimate.org>;  
not authorized by any candidate or candidate's committee.