

RALEIGH DOWNTOWNER™

VOLUME 2 ISSUE 9

RALEIGH'S GUIDE TO WHAT'S DOWNTOWN

FREE



Downtown Dogs



AROUND TOWN

Were you seen in Downtown?



FASHION FOR 2

Fall attire for Raleigh's hot mamas



DOGS & DOGS

Where to take your pooch in Raleigh

In this issue we pay homage to Urban Dogs. Owners treat them like children, and in return they receive unconditional love. Read about where you can go to pamper your pet, share a meal, learn about storm fears and food, dog parks and more.

Watch for our next issue on where to shop inside the beltline and downtown for Fall Fashions.

COMING ISSUES

November: Shopping Guide
December: Holiday Issue
January: Arts in Downtown
February: Valentine's Day

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COVER STORY

Living Downtown With Urban Dogs

Raleigh is pet-friendly, a fact I found somewhat surprising until I researched the matter. You just have to look to find.

By Fred Benton
(with the help of research assistant Pearl)



Based on 2005 statistics there are 7,440 licensed dogs in Raleigh: a big market! And for the urban dog-guardian, the streets are wide-open to dogs on a lead, so Rover can saunter down the new Fayetteville Street or the cobbled streets of City Market and be as welcome as any human citizen and visitor.

Lilly's Pizza, Five Points. Frankly, just about any restaurant with outdoor seating with an entrance not through the restaurant is fair game for dining doggies. Just ask.

One of the cornerstones of pet-friendliness is having access to top-drawer medical resources. And Raleigh has those in abundance from the cutting edge Animal Rehabilitation and Wellness Hospital which draws a national clientele to numerous holistic vets and, of course, the School of Veterinary Medicine at NCSU, one of the finest schools of its kind in the USA.

Now, let me introduce you to my best friend, Pearl, a saucy, happy female wheaten terrier/chow mix that I'm pleased to say was a "pound pup." She came into my life three years ago, and my interest in dog-friendly events and travel was spawned with my adoption of her.

Is it human ego that leads us to "humanize" the animals around us? Or in the

A few new friends enjoying the no-leash freedom at Oakwood Dog Park.



midst of a fast-paced society, in which friendships and lovers are made and lost with the click of a keyboard, are we lonely for unconditional love, a love that's expressed in total adoration whether we look like we just stepped out of a dryer or a stretch limo? Dogs give us that—and we long to repay that devotion, not with just a life, but a lifestyle.



Pearl gets pampered with a massage from Sue King, who specializes in therapeutic massage for dogs and cats.

Traveling with our dogs is a hot trend—and major hotel chains are cashing in on it, catering to their four-legged clientele. It isn't hard to believe that 25% of Travelocity's clients travel with their pets. And one of downtown Raleigh's most palatial hotels, the Sheraton Raleigh, is a virtual pets paradise where dogs from Great Danes to miniature poodles are treated with special dishes, sleeping beds and other amenities. But at home, does Poochey needs a massage? Companion Chi to the rescue! How about a gourmet treat or gourmet meals straight from the freezer to the microwave? NoFo is here! Religious counseling? Pet Chaplain, Rob Gierka is on the job! Need a professional doggy-sitter, one who even reads fairy tales to your adored Fifi? Enter Sue Dwyer, fairy godmother to mutts and pedigrees, giver of tail-wagging tales.

I called pet chaplain Rob Gierka, pre-

Continued on Page 3

tending to be planning my Pearl's nuptials. Will he perform the ceremony? With alacrity Gierka said yes. I decided to push the envelope and inquire about pre-wedding counseling. Gierka took such a request in his stride. Only when he asked what I, as Pearl's guardian, expected to get out of such counseling did I cave and confess my pretense. Gierka, who is also a hospital chaplain, was disappointed that a wedding wasn't in the offing but I mollified him with the idea that I might be interested in getting Pearl baptized. Not such an offbeat notion, as it happens. Gierka believes that our canine friends are God-given and hence, God-loved. But Rob's main mission is to be with families experiencing the loss of a pet—a heavy time especially when we are feeling very guilty about putting our best friend to sleep. More vets should know about him.

So with all our loved ones we should make the most of our time together. And walking with your dog is a great bonding tool. Pearl enjoys shopping with me at Seaboard Imports and Red Pin, both upscale home decorating stores that welcome well-behaved dogs on leashes. Both Seaboard Imports and Red Pin, as they have several times before, will be hosting a dog gala at their shops to benefit the SPCA of Wake County. You can contact these stores or the SPCA for details about this mid-September event.

There are loads of walking trails throughout the city as well as state parks, including the Fairgrounds Flea Market, that are a sure lure for hikers and their pets. I noticed online there's a Raleigh-based group called the Trail Hounds that has formed an organization based on dog owners who enjoy walking with their dogs. And they do it together as a group through a series of scheduled walks both in the city and beyond the city limits.

The notion of a dog park where dogs can romp with their guardians unleashed was foreign to me until the past fall on a trip to Black Mountain, NC. The owner of the Black Mountain Inn, a charming pet-friendly hotel, told me about a dog park where dogs could play with one another without leashes. A friend and I took Pearl to this dog park, not knowing what to expect. I was nervous. Pearl loves people but I wasn't quite sure how she would behave with other dogs. This is a common fear even among the most ardent dog park enthusiasts. But Pearl loved it! I wanted to duplicate the experience for her here at home but when I first went online there was only one dog park listed for Raleigh.

Raleigh's first legal unleashed dog park opened in 2003 at Millbrook Exchange Park located on Spring Forest Road, close to the intersection of Spring Forest and Rainwater Road. I, along with a friend, decided to give Pearl a special romp on a July Saturday and to Millbrook we went. Pearl was a bit skittish at first, but soon she was bounding between numerous picnic tables. She did, I admit, get into a near-fight but a few commands and the employment of the leash-and-drag strategy averted a scene. There is a relatively small area accorded to dogs with special needs (small or elderly).

If you live city-center or inside the bellline then the dog park at Oakwood is much closer. The Oakwood Park Unleashed Dog Park, located within Oakwood Park at 910 Brookside Drive, just north of Oakwood Cemetery, is an impressive expanse of tree-shaded, mulch-covered center-city acreage, dotted with chairs and the occasional picnic table. It's smaller than the Millbrook facility. Here, too, Pearl enjoyed herself thoroughly. And the people were welcoming and easy targets for conversation. Parking is right at the dog park gate entrance with, I noticed, restroom facilities close by. The main entrance to the dog park has two gates, one that leads into the main canine gathering place and another, to the side, that leads to a large fenced area for young, small or elderly dogs.



Abby lounging downtown on the patio of her fifth floor condo, where canine roommates are becoming more and more popular.

After Pearl behaved so well at Oakwood, I decided to give her a special treat: a massage! Pearl turned out to be putty in the hands of Sue King who operates a business called Companion Chi: it's therapeutic massage for dogs (and cats). A dog-guardian may view the process as either a way to calm and relax, loosen tight muscles of their dog or use it as a holistic approach to determining any problem areas (or blocked energy). Apparently Pearl's Chakras were open full-throttle. Sue can bring in a massage table but most dogs view this as "vet," which makes them nervous. Instead, Sue got down on the rug with Pearl, used the pendulum over Pearl's body (the swirl and direction of the pendulum detects receptor points that regulate the flow of life force energy or Chi). Then Sue began to rub Pearl's ears, stroking her head, and by this time Pearl was slowly melting into the rug, blissful and relaxed as can be. Sue began her business in 2003, has over 1000 hours of animal body work training and is currently working on her HTA (Healing Touch for Animals) Practitioner Certification.

A final thought on a dog's life in the capital city: I've discovered so many dog-lovers who treat their "best friends" as little kings and queens. I've wondered why, then, don't we better ensure our dog's safety. The city of Raleigh offers a tremendous resource with Raleigh Animal Control. If, God-forbid, your dog or cat goes missing Raleigh Animal Control can help. If you've had your dog or cat properly licensed the information on that license can tell the finder what

your best friend cannot: how to get home! So, the ultimate way to pamper your dog is to make sure it wears a license tag.

RESOURCES

- Sue Dwyer, pet-sitter and storyteller, 848-6482
- Pet Chaplain, Rob Gierka, 757-7375 or etchaplain.com
- Sue King, Companion Chi, 244-1264
- Dog Lost? See a dog being mistreated? First step, Raleigh Animal Control, 831-6311
- Animal Rehabilitation and Wellness Hospital, 861-5868
- Fido isn't minding his P's and Q's? Sylvie's K9 Solutions, for behavioral issues, 779-3813
- NoFo, a fantasyland for inveterate shoppers, but also an excellent source for tasty gourmet treats for you—and for your best friend, 821-1240
- Wake County Animal Care, Control and Adoption Center, 250-1475
- Seaboard Imports, to find out more information regarding mid-September SPCA fundraiser, 838-8244

Fred Benton, long-time food editor of Spectator magazine, began his journalism career writing a self-syndicated food column, "Food Forum," that appeared in 35 daily newspapers in NC, SC, and GA, and also in the Boston Herald American. He has served on a number of juried panels of culinary competitions and was a food expert on "The Donna Mason Show." From there he launched his own radio shows, "Food Forum" and "BetterLiving." He interviewed many high-profile food celebrities including the late Julia Child, the late Craig Claiborne, Paul Prudhomme, Emeril Lagasse and Patricia Wells. As a freelance writer Benton's articles have appeared, locally, in TasteFull Magazine, Wilmington Coast magazine, Homeowning Today magazine, Living It Up magazine and City magazine. He was a restaurant reviewer for Citysearch.com. Benton currently hosts "CookBookRadio" and "BetterLivingNews Radio" on Christian Radio Broadcasting, WCKB-AM radio.

*In Memorial ~ Marty Mayer ~ 1938-2006
I write these words about a man who made a tremendous impact on the Triangle dining scene for two decades, meaning if you own a restaurant that's been in business for more than five years you most likely knew and appreciated Marty Mayer. Marty, who succumbed to cancer in August, was a cherished friend of mine. When I was food editor of Spectator magazine it was to Marty I most often turned to find out industry news and gossip. Later, when I hosted "Food Forum" on WDNC-620AM I prevailed upon Marty to do a regular segment on the show, featuring restaurant news. His interest in the local industry was born from his 13 years as original publisher of the Triangle Dining Guide, a coupon book that was a passport to saving a few dollars when dining out at a variety of eateries from deli to haute cuisine.*

Later he became a realtor specializing in restaurant real estate, first working with Kimball & Co., then Best Commercial.

Marty was an affable soul, quick-witted and always had a joke. To waitresses, old and young, pretty and not so, he was a lovable and outrageous flirt, all in good fun, never offensive. When we went together to check out a new dining room he always carefully perused the menu to see if his wife, Sharon, would like the food selections. And at idle moments he would scribble a poem on the back of the menu or on a napkin. Marty lived his life to the fullest, was a jazz and blues buff and was proud of his friendship with comedian Richard Lewis. Marty will be missed by so many. He is survived by his wife, Sharon, 3 children, 4 grandchildren and 3 sisters. ~ Fred Benton

Help...My Dog Is Afraid of Storms!



By Colleen Paige

Does your pooch bury his head into your side every time it thunders out?

Does he dive under the bed whenever

rain starts to fall?

From your point of view, this may seem like cute and endearing behavior, but it's a sign that your dog is terrified of storms. Some owners are willing to simply put up with symptoms of storm phobias like hiding, trembling, whining, drooling, and pacing. In more severe cases, however, panicking dogs have been known to chew furniture, tear drapes, break windows, and more during thunderstorms. In either case, the behavior is a sign of a terrified, unhappy dog.

CAUSES

Storm phobias are one of the most common behavioral problems dog owners face, but their cause is not entirely clear. Behaviorists are not yet sure what part of the storm frightens dogs most, whether they're reacting to lightning flashes, the sound of thunder, wind blowing around the house, or the sound of rain on the roof.

Some dogs even start to pace and whine half an hour or more before a storm. They may be reacting to a sudden drop in air pressure or the electrical charge of the air.

NATURE OR NURTURE?

An article in the July/August 2001 issue of the Journal of the American Animal Hospital Association describes an Internet survey of the owners of storm-phobic dogs. The authors discovered that some breeds may be predisposed to a fear of storms. Herding dogs, such as collies and German shepherds, and hounds, such as beagles and basset hounds, seem to be more likely to develop a storm phobia than other dogs. The phobia is also common in sporting and working breeds.

The study suggests that this tendency may be explained in terms of the dogs' genetics. For example, herding dogs have been bred to react quickly to stimuli, such as a calf wandering away from the herd, but not to be aggressive. It could be that herding dogs have a strong reaction to the startling noises and flashes of a storm, but they repress any aggressive response to it, causing anxiety.

The JAAHA study also showed that rescued dogs—dogs adopted from shelters or rescue organizations—may also be more likely to develop storm phobias. The article suggested that these dogs are more likely to have had unpleasant, scary experiences prior to

being adopted. They may have been abused or abandoned by a former owner, or they may not have been well socialized or exposed to a wide variety of sights and sounds. These kinds of early-life experiences can make dogs more anxious and prone to all kinds of phobias.



Storm phobias are one of the most common behavioral problems dog owners face

WHAT TO DO

Your best bet for helping your pup overcome his thunderstorm fears is to talk to your veterinarian. He can help you develop a program to gradually retrain your scared-y dog by gradually, gently helping him adjust to storms through behavior modification. Technically called "systematic desensitization," this involves exposing the storm-phobic dog to some gentle reminders of a thunderstorm, such as a very soft tape recording of thunder or a flashing light, and rewarding the dog with lots of treats, attention, and other positive reinforcement only if there's no evidence of anxiety.

Over time, the intensity of the stimulus is increased, and only calm behavior rewarded. You should get professional guidance, either from a veterinarian or a veterinary behavior specialist, before you begin this process, however. If you introduce frightening stimuli too quickly or don't see signs of fear your dog may be showing, you could possibly end up making the phobia worse.

If gentle, patient retraining doesn't help your pooch, there are some prescriptions that can. Your veterinarian can prescribe one of several anti-anxiety or antidepressant medications to help your dog remain calm during storms.

There are also natural supplements on the market that purport to have a calming effect on nervous or high-strung dogs.

Products such as Pet Naturals of Vermont's Calming Formula are sold online and in pet specialty retail stores. They contain key herbal ingredients that can have a calming, soothing effect on your jittery pooch.

You can also make sure your dog has a warm, safe "den" to retreat to when the weather gets to scary. You can try padding a crate with blankets or clearing a space underneath your bed. Just make sure that it's somewhere your pup can get out of whenever he wants. A panicked dog can do a lot of damage to his crate and himself if he's confined.

Most important, though, is that you treat your dog gently and kindly when he is afraid. Don't cuddle and reassure him, because that will reward his scared-y-dog behavior, but definitely don't punish him for it either. Instead, just be calm and provide him with a safe, familiar place where he can feel secure and ride out the storm.

Known as the Animal Whisperer for her work with wolves, bears, lions and tigers, Colleen has worked with and rescued many wild and endangered animals, helping to re-home and revamp their emotional health after the trauma and travel of leaving the only homes they ever knew – public and backyard zoos. She has single handedly rescued hundreds of wild and domestic dogs and cats over the last 20 years, finding medical care and homes to animals that would otherwise have been euthanized. Colleen, formerly from Los Angeles, who now resides in Seattle, is the daughter of Emmy Award winning actor Robert Paige and actress JoAnne Ludden. For a decade now, Colleen has been offering in-home animal behavior consultations and dog training on a national level. Although Colleen has always worked with animals, she is also a former Paramedic and spent 6 years rescuing people and pets from car accidents in Los Angeles. You can read more about Colleen at colleenpaige.com.

Colleen is also the founder of National Dog Day, with it's first celebration this past August 26th. The purpose of this holiday is to raise needed funds for public awareness about the plight of dogs in our country, and with the hopes of being a catalyst for the adoption of 10,000 dogs on that day across the nation. For information about organization a local National Dog Day celebration, visit their website at www.nationaldogday.com.

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What's in the Kitchen for Fido?



By Colleen Paige

Many people spend countless hours in the kitchen preparing succulent meals for their dog that their own family wouldn't be lucky enough to be served. While pooch gets goose liver pate and sautéed truffles, the kids and husband get leftover macaroni!

This is not typical for most dogs, however. Most dogs are called to their bowl day in and day out, thinking that they'll notice a new, encouraging twinkle in the eye of their server who just might have decided that today is the day they will eat caviar. Unfortunately the only difference today is that the food has been doused with warm water, as if the owner expects the dog to shout, "Gravy! Yes! Rich, thick, hearty gravy with subtle undertones of rosemary and garlic!" Once again, poor Fido is left at the bowl with perpetual faith that tomorrow will bring a different menu.

Poor quality dog food can be the sole cause of behavior problems, illness and allergies. Just as its important for humans to incorporate a healthy diet into their lifestyle, its also important for dogs to eat high-quality food, because on the whole, dogs eat virtually the same thing, day in and day out. Today, we're learning more and more about the dangers of poor quality dog food and dog food that is primarily filler, sugar, and chemicals.

Many dogs suffer from corn and wheat allergies, which cause long-term chronic illnesses, infections, behavior problems and intestinal distress. Corn and wheat also create a sugar high in your dog. Sugar in dog food affects the way your dog learns. It also affects your dog's mood and energy levels. In addition to corn and wheat, many dog foods also contain sugars such as corn syrup. A sugar high can cause a dog

to be very hyper and unfocused. A dog must be focused in order to learn. Many dogs are believed to have a form of ADHD (Attention Deficit Hyperactivity Disorder) but not much research has been done about this disorder in dogs, and owners continue to think that their dogs are just misbehaved and uncooperative.



What would your dog prepare if he could cook for himself?

It's common for dogs to have an energy cycle that gives them more energy in the morning and evening, with the afternoon hours left for sleeping and resting. A couple of hours after a dog ingests sugar, he will experience a sugar low. This sugar low will make him sleepy, lethargic, moody, irritable, and will often give him a feeling of malaise. Another symptom of a sugar low is hunger as in the case of the dog who eats only in the morning and the evening and is left alone during the day. A hungry dog exhibits behavior problems and attention disorders as a direct result of frustration and a lack of proper nutrition.

This starts a cycle—the owner becomes angry with a dog for not paying attention, then the dog subsequently becomes more hyper because of the stress caused by the owners anger. It's a very difficult problem to deal with for all involved. Your dog was not bred to eat sugar, wheat and corn but to eat proteins, fats and vegetables.

Corn, wheat and sugar are not the only components of dog food that one must be wary of. The USDA does not regulate the by-products that go into dog food; therefore, most people have no idea that the food they're feeding their pet can actually be detrimental to his health. The by-products included in dog food contain the following; steril-

ized cancerous tumors, brain matter, intestines, lung tissue, beaks, eyes, tongue, etc.

There are also many unnecessary chemical preservatives in dog food. Three chemical preservatives you'll likely find in dog food are BHA, BHT, and Ethoxyquin. Human food contains BHA and BHT, however we don't eat food containing these chemicals day in and day out for 15 years. It's one thing to have an occasional snack containing these chemical preservatives; it's another thing to ingest them with every meal. BHA and BHT have been proven to cause cancerous tumors. Most people are horrified to learn this and not only start to focus more attention on their dogs diet, but their own as well.

Ethoxyquin was first used as a rubber stabilizer in the 1950s. It has also been used as a pesticide and insecticide. Originally it was used to preserve alfalfa clover and grasses for livestock feed. Since dog food falls under the same category as feed, it has been a common preservative in dog food. Ethoxyquin is only used as a preservative for humans, to promote color retention in paprika and ground chili pepper with a maximum concentration of 100 ppm (parts per million).

People who worked with Ethoxyquin in the rubber industry, seemed to show a dramatic rise in the occurrence of liver/kidney damage, cancerous skin lesions, hives, allergies, loss of hair, blindness, leukemia, fetal abnormalities and chronic gastrointestinal distresses. Studies indicate that in 2003, three out of four dogs have or will have cancer by middle age. This rising threat to our pets has to be stopped and public awareness must be stressed. Why take chances, when there are all natural preservative alternatives such as vitamin E or ascorbic acid, more commonly known as, vitamin C?

The reason that most dog food companies don't preserve their food with vitamin E or C is because these natural preservatives don't hold up as long to prevent oxidation and spoilage. Large manufacturers of dog food, like the brands you see at the supermarket, distribute huge quantities of dog food all over the world. This food often sits for long periods of time on store shelves or in warehouses where extreme temperatures can alter the quality of the product. Smaller all natural pet food manufacturers produce smaller quantities of food than commercial pet food companies do, therefore, their product is much more likely to stay fresh until sold. Buying dog food that is preserved with mixed Tocopherols (a form of Vitamin E) and letting it sit on the shelf for six months will definitely compromise the nutritional value and palatability of the food, so its best to use the food right away.

Practically any food you choose from a neighborhood pet food store will be safe for your pooch. Ask the employee there to recommend a food void of corn, wheat, soy, added sugar, BHT, BHA, Ethoxyquin and By-Products. Your dog will love you for it! ■RD

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Some Urban Dogs Even Get Their Own Birthday Parties

Complete with party hats, birthday cake, dog cookies and party guests, this downtown pooch had his own birthday party at La Di Dogs in Cameron Village. According to the shop owner, they host lots of dog parties, both in the store and in homes. Too Pampered? Not if you ask their owners, who love spoiling their canine children.




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As Summer Cools Down, Conditioning Heats Up In Carolina

Carolina Hurricanes Training Camp Begins Sept. 14



By Dave Pond

Unofficially, the Hurricanes' defense of the Stanley Cup is underway.

Led by captain and 2006 Selke Award winner Rod Brind'Amour, eight members of the Carolina Hurricanes took part in conditioning drills and pickup hockey Tuesday morning at the RecZone - the team's official practice facility in Raleigh.

"Hockey players no longer have the luxury of coming to camp to get in shape, so all workouts are important," Carolina Hurricanes strength and conditioning coach Peter Friesen said. "But the month of August is especially important for a hockey player - we believe that it should be the hardest dry-land period of the entire year.

"If you're not able to do an extensive practice of stops and starts by the beginning of training camp, two things will occur - you will either pull a muscle or you will get left behind."

At this time last season, the NHL lockout had ended and Carolina was just one of the 29 teams chasing Tampa Bay as the Lightning defended their 2003-04 title. But this year, the Hurricanes have become the hunted, and know that each night they take the ice, they'll see the best that the opposition has to offer.

"We have to be ready right out of the gate and realize that we're going to get everyone's best game," Carolina center Kevyn Adams said. "We're not going to sneak up on teams anymore." Adams, a Hurricanes alternate captain and member of the team's "energy line" alongside Craig Adams and Chad LaRose, said that although the summer was short, it allowed the boys in red a chance to rest, recover and get ready for the 2006-07 season.

"I think that for us right now, part of it was getting

healthy this summer," he said. "A lot of us were banged up, so a big part of the time off has just been spent recuperating. It was short, but now we're back and it's time to get going."

One player who will get a late start on the action is Cory Stillman, who underwent shoulder surgery last week and will be out of action for three to four months. Adams said that the Hurricanes will rely on a number of players to make up for the loss of their alternate captain.

"The biggest way is for each guy to chip in a little bit more, rather than asking one guy to carry the whole load," he said. "You can't replace a Cory



2006 U.S. Olympian Erik Cole was one of eight Hurricanes players who laced up the skates and joined Carolina head trainer Peter Friesen for a conditioning workout Tuesday at the RecZone

Stillman, but you can rally together and different guys will step up on different nights to help replace what he brings to the ice.

"I think one of the special things about last year was that even though guys had great individual seasons, we never relied on one guy," Adams said. "We had portions of the season where we missed guys for long periods of time, but we always picked each other up. Everyone did their own part."

Alongside Adams and Brind'Amour Tuesday morning were Erik Cole, Frank Kaberle and Glen Wesley, all members of Carolina's championship team of a season ago. They were joined by prospect Kevin Estrada as well as forwards Jesse Boulerice and Shane Willis, who each signed on for a second tour of duty with Carolina this off-season.

"We're excited to get the chance to come back and play in what my family refers to as our home town," said Willis, a former 20-goal scorer with Carolina who spent last season playing overseas. "A lot of these guys are coming off their Stanley Cup win, and it's great to be able to come out and skate with them and work on getting mentally and physically prepared for the new season."

Buoyed by the franchise's first championship, season ticket sales are up 60% as the Hurricanes' 2006-07 training camp approaches. There's no building better to play in than a packed-to-the-rafters RBC Center, Adams said.

"Our building is incredible when it gets rockin', and to have that momentum going and fans chomping to get the season underway is just great," he said. "I think that having success as a team and a franchise goes a lot deeper than one season or winning the Cup. I think what happened is that you saw our fans buying in to how great hockey can be and what it's all about.

"It's what we want as players - we wanted to build something here where people get excited and fill the building every night. Now we have the chance to do that - that's where it starts, and now we have to hold up our end of the bargain as well."

The Carolina Hurricanes will open their 2006-07 regular season on Oct. 4 at the RBC Center against the Buffalo Sabres. For information regarding Hurricanes ticket packages, please call 1-866-NHL-CANES or visit their website at www.CarolinaHurricanes.com. ■RD



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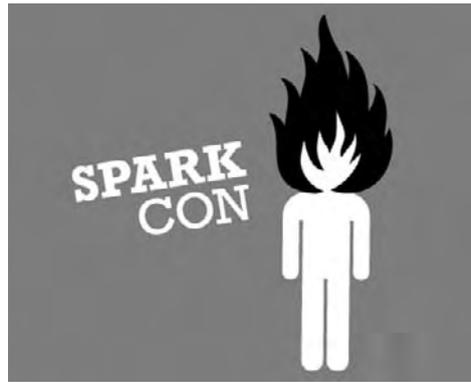
SparkCon, Creativity Conference for the Triangle

Designbox, a collaborative team of independent creative professionals based in Raleigh, NC, announces the Triangle's first conference focused on improving our creative climate. Spark Con will be held September 14 -17 in various locations around the Triangle, with downtown Raleigh as home base this year.

Learning from visionaries like Richard Florida, Designbox recognized that a truly creative environment is comprised of many complementary influences requiring recognition and nurturing.

Spark Con will also celebrate local creative talent through showcases and events at venues throughout the Triangle. The conference will bring people together to spark new ideas in business, art, technology, culture, and music (hence the reference some are making to SXSW, South by Southwest, the hugely popular conference held in Austin, Texas). Spark Con will be held at various venues in downtown Raleigh from September 14th to 17th.

"What most people misunderstand about a thriving scene is that there is no one influence that makes it happen," said Aly Khalifa, a founding member of Designbox in a released statement. "There is a whole ecosystem that needs to be work together to support



a creative environment...if we can do it, this place will be spectacular and become the 'Creative Hub of the South'."

Events & Speakers During SparkCon

Events during Spark Con include workshops on music, art, fashion, technology, business, gallery tours, concerts, and independent movie premieres. Speakers include Inc. Entrepreneur of the Year Ping Fu who is the CEO of innovative 3D software company Geomagic as well as Marshall Brain, founder of HowStuffWorks.com.

Other speakers include museum and art gallery inno-

vators such as Bill Thelen of Lump Gallery, Arthur Gordon of Irregardless Cafe, and Linda Dallas artist and writer.

From laboratory tours to fashion shows, the conference will feature those who are using creativity in vital and novel ways. There will be a street painting festival in Moore Square, concerts at Kings and the Lincoln Theatre (including World Party and Tres Chicas), and a celebration with the Carolina Roller Girls hockey team. A body art show may prove interesting with some of our more conservative officials, but we're guessing it will be one of the more popular events planned.

The three-day event will hopefully foster more creative thinking, not only in local art and music, but also in the minds of business owners and city planners. Perhaps all involved will leave the conference with a newfound understanding of how each segment can help the other and vice versa. A busier, more diverse (and more creative) downtown will benefit all those involved, especially those of us lucky enough to watch it all happen.

For more information, visit the SparkCon website at SparkCon.com or call DesignBox at 919.834.3552 to learn how to get involved. **■RD**

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Raleigh City Museum

“Remembering Hurricane Fran”

By Kenneth Peters, Museum Educator

Hurricanes have menaced North Carolina's vulnerable coastline for hundreds, maybe even thousands, of years. While these huge storms usually save their worst fury for cities and towns along the shore, they sometimes retain enough energy to cause havoc hundreds of miles inland.

One such storm made landfall on October 15, 1954 at the North Carolina-South Carolina border. Named 'Hazel' by the National Weather Bureau, the cyclone came onshore with winds estimated at 140 miles per hour. Moving north after devastating the coastal communities of Long Beach and Southport, it plowed through eastern North Carolina before reaching the Virginia border by mid afternoon.

Forty-two years after Hazel left its mark on the area, another storm would join its ranks and cause severe damage to Raleigh. Hurricane Fran made landfall at the mouth of the Cape Fear River at 9 p.m. on September 5, 1996. Ranked as a Category 3 storm, with winds of 115 miles per hour, Fran marched into central North Carolina in the early hours of September 6, bringing with it high winds (78 mph clocked at Raleigh-Durham Airport) and a nine-inch rainfall.

When Raleigh residents came out of their battered homes at dawn they found a city under water, devoid of many trees and without electrical power. Property damage from Hurricane Fran was estimated at \$5 billion in North Carolina alone, with 24 deaths in the state. The storm provided Raleigh's citizens with a night few would ever forget, and bested Hurricane Hazel as Wake County's greatest natural disaster.

The Raleigh City Museum is open Tuesdays-Fridays from 10am to 4pm and Saturdays from 1pm to 4pm at 220 Fayetteville Street. For more info, call 832-3775 or www.raleighcitymuseum.org. ■RD

All images courtesy Raleigh City Museum



The view along many other streets across Raleigh following the destructive fury of Hurricane Fran in 1996



Despite its name, Calm Winds Court was no match for the power Hurricane Fran unleashed on the Triangle.



Claude Monet, Water Lilies, 1914-17, Fine Arts Museums of San Francisco

Monet

IN NORMANDY

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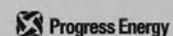
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Ask Scarlet: Advice on Life in Raleigh



Ask Scarlet your questions about life, dating, relationships, and just about anything else. Need help? Email your questions in confidence to: scarlet@raleighdowntowner.com.

Dear Scarlet:

I have a problem. The good news is that I am finally dating a guy with money who actually spends some on me! The bad news is that he works all the time and we just don't hang out enough, so I'm left at home with my dog Nikki watching Seinfeld reruns. He's a nice guy and I would like to settle down. Money and work ethic are a good thing and I have done a lot worse with guys I have dated in the past. But if I am looking at someone that is never going to be home, is this how I want to spend my life? Your thoughts...

Signed

Too much TV and Nikki time

Dear Nikki's Best Friend:

Does your boyfriend know that one of your selection criteria is you found a guy who spends money on you? If I were responding to a gentle reader, I would simply say you have to ask yourself how do you want to spend your life? Is your goal a guy who spends money on you? Or is your goal a guy who spends time with you? The two do not have to be mutually exclusive. People show affection in different ways - by sharing time, giving gifts, praising, touching and doing things for the other person. Do you two speak the same language of love? Is he a

giver of things and compliments and you a desirer of time and gifts? In essence, is there a misunderstanding or mismatch in your love languages? Don't stop here with the questions; dig deeper. When there are gripes about a partner, it is best to ask if something else is really going on? Do you love him enough so that you understand his imperfection (lack of time with you) and will not resent it. Do you have a sense that he is not avoiding home life by extending those hours? You have started on the right foot. You obviously know it will not change and you are asking these questions at the right time - before you settle down.

Regardless of the answers to these deep questions, there is one thing for sure. Get out of the house and stop waiting around for your guy. Use this time to develop friendships, learn, play, or exercise. In addition to helping the time pass more quickly and quelling your resentment of his lack of time with you, you are putting into practice one of the best southern ways to catch a man: outrun him!

Dear Scarlet:

I was recently transplanted with a bank. At a departmental meeting, I asked, "Who is Commodore?" Due to that comment, I think I was overlooked for promotion? Why?

Signed

The only non-VP banker with an MBA

Dear MBA:

It makes perfectly good sense to me. Clearly you are an example of the difference between being smart and being educated. The Canes colors are Scarlet and white and to whom did you send this

letter? When in Rome do as the Romans do. When in Raleigh, care for the Canes. There is not a lady in the bellline that doesn't speak of Brind'Amour, Ward, Staal, Stillman, Williams, Grahame and Commodore while getting a pedicure. Remember, people are issued citations for injuring the personal property of the state when attempting to remove Hurricane jerseys from statues on Union Square. You should not be promoted and maybe you should go back from whence you came. Na na na na, na na na na, hey hey hey, GOOD BYE.

Scarlet:

I have a problem. My new boyfriend lives in one of the high-rise downtown condos and has a telescope that he has been using to scope out the neighbors. It has become a real obsession as he tells me about what he is seeing around town and in other people's condos. I don't know whether to be intrigued or embarrassed. On one hand is this an invasion of privacy or just satisfying our curious nature? Let me know if it's OK and if not, should I be looking for another boyfriend?

Peeping Tonya

Dear Peeping Tonya:

There is only one word that comes out of your letter and hits me between the eyes. It is "just satisfying OUR curious nature." If it is a Freudian slip than you have found your match? I'm not a bit curious and I'd say you'd both need to sell the telescope and pay attention to your own lives for a change.

- Scarlet

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Dressing for Two

Fall Attire for Raleigh's Hot Mamas

By Kelly Hubbard and Alyssa Willard



It's important for women to feel confident about their seasonal wardrobes—especially expectant mothers. A Pea in the Pod® offers an abundance of styles to turn Raleigh's mothers-to-be into hot mamas this fall.

"This season, A Pea in the Pod provides a beautifully executed interpretation of fall fashion with contrasting colors and sleek lines," said Rebecca Matthias, President and Creative Director of the world's largest maternity brands, including A Pea in the Pod. "From sexy jeans to beautiful empire-waist dresses and plush cashmere sweaters, the expectant client is dressed for all occasions and ready for the most stylish nine months of her life."



Black charmeuse and chiffon top with modal lycra tiered mini-skirt and leggings

This season's styles bring focus around the waist and, once again, layers prevail. Tight leggings and short skirts are features this fall. Don't be afraid of the dark—wear a black blouse, skirt and tights together to create a polished, classic look. A Pea in the Pod offers a black charmeuse and chiffon boatneck shirt with tie detail, which looks great with a stretch cotton double-layer skirt over a black cotton leggings.



Ivory smocked jacquard chiffon dress with ivory alpaca cardigan sweater

"This eclectic fall collection incorporates graceful fabrics and feminine blouses with modern straight-leg pants and novelty jackets," said Rebecca. "These clothes speak to the creative and culturally savvy expectant woman."

The boutiques offer exclusive designer labels including Joe's Jeans, Anna Paul, 7 For All Mankind, Danang, AG Adriano Goldschmied and Tibi. Achieve a fashionable fall look by pairing a straight-leg Roxy jean in stretch La Jolla denim, exclu-



Charcoal asymmetric cabled tunic with black skinny jean

sively made for A Pea in the Pod by 7 For All Mankind, with a charcoal mélange wool sweater by Tibi. This asymmetric cabled tunic sweater will warm up any belly bump on a cool fall evening.

Since the fall weather can change in an instant, pairing a dress with a sweater is always a safe bet. Maternal instincts are not necessary to see that an ivory smocked jacquard chiffon dress is a must-have. The ocean blue and light brown detail at the base of the dress adds just the right amount of color. An ivory long-sleeve alpaca cardigan will cover those bare shoulders when there's a slight chill in the air.

A Pea in the Pod is a part of Mothers Work®, the world's largest maternity apparel retailer. Rebecca invested \$10,000 to start the company in

1982; Mothers Work is now a \$600 million publicly traded company. Rebecca describes her experiences as a young mother starting a business in her book *Mothers Work*.

A Pea in the Pod has 35 locations nationwide including flagship boutiques on Madison Avenue, in Beverly Hills and on Oak Street. Celebrity mothers-to-be recently wearing A Pea in the Pod fashions include Britney Spears, Mariska Hargitay and Martha Byrne.

If you are interested in trying a homegrown taste of A Pea in the Pod, a store is located in the upper level of Crabtree Valley Mall, near the Food Court. To find A Pea in the Pod boutique locations, see a celebrity slide show, or shop online, visit www.apeainthepod.com or call 877.273.2763. ■RD

What's Next for Downtown After RWO?

After the hugely successful Raleigh Wide Open event in late July, on the newly re-opened Fayetteville Street, we spoke with the president of the Downtown Raleigh Alliance, Nancy Horman, and Mayor Charles Meeker, about what's next for Downtown Raleigh (yes, including Alive After Five)

RALEIGH DOWNTOWNER: What was the primary purpose of the Raleigh Wide Open event?

NANCY HORMAN: RWO was designed to celebrate the opening of Fayetteville Street after many months of construction.

DOWNTOWNER: Initial (hopeful) predictions for the turnout were at about 20,000 or so. WTVD and the Indy estimated that around 40,000 showed up. What was the official crowd count?

NANCY: The police and I took an aerial photograph (courtesy of the WTVD-11 rooftop camera) at around 8pm, and counted the number of people across Fayetteville Street and multiplied it by the number of rows of people. We came up with approximately 60,000, and that didn't include all the people on the side streets, in the restaurants, or the turnover during the entire event.

DOWNTOWNER: You had mentioned that RWO might even become a regular event?

NANCY: We're looking to see what kind of event we could do several times a year to gather people on Fayetteville Street.

DOWNTOWNER: We read an interesting quote that described the event as "better than the Stanley Cup". We think that might be a bit of a stretch, but people of all walks of life really did enjoy the event.

NANCY: I loved the diversity of the crowd. Every socio-economic level and age group showed up. It was great. It really showed how hungry people of Raleigh are for a community gathering place and Fayetteville Street is that and will continue to be.



Raleigh's Wide Open for meetings and events – including a live broadcast by "Good Morning America." Here, "GMA" star Marisol Castro celebrates the opening of Fayetteville Street with Laurie Okun, sales director for the Raleigh Convention Center; Loren Gold, sales director for the Greater Raleigh Convention and Visitors Bureau; and the capital city's own celebrity chef, Ashley Christensen (Nana's Chophouse, The Raleigh Times Bar).

Photo courtesy Billy Warden, Capstrat

Over the course of the next two years while the Convention Center is being built, you're going to see a lot of new restaurants and new things happening on Fayetteville Street.

DOWNTOWNER: Speaking of Fayetteville Street, a lot of our readers have asked about moving Alive After Five back to its original location from Glenwood South.

NANCY: We're looking and working at moving it back to Fayetteville Street. If Alive After Five does remain on Glenwood South, we'll also do a similar event on Fayetteville Street on a different night.

DOWNTOWNER: What are some other Downtown events coming up in September?

NANCY: The very popular Moore Square Farmer's Market will continue every week, probably until sometime in October depending on the weather. Also in the same area is the Movies at Moore Square series, and on September 15th and 16th is the Street Painting Festival.

Then there's the Ray Price Capital City Bike Rally on September 29th and 30th, which will be produced by the Convention Center.

And the last Alive After Five concerts on Glenwood South are on September 21st and October 5th.

DOWNTOWNER: Any final comments?

NANCY: What I'd like to reiterate is that Raleigh Wide Open really showed how very excited everyone is about what's going on Downtown. This is

just the beginning, not the end. We've opened the Street, the Convention Center is coming and the investment the City made has already paid off.

In a quote to the Downtowner, Mayor Meeker also had the following to say about the success of RWO and what it bodes for the future of Fayetteville Street as well as Downtown:

MAYOR CHARLES MEEKER: The re-opening of Fayetteville Street was the most successful event to occur in decades in our central city, and really was a historic event. People have continued to come downtown to Fayetteville Street to look and walk around. With all the new construction downtown, the city is building the heart of what will be one of the most successful cities of the 21st century.

■RD



Tens of thousands line Fayetteville Street during RWO, making it one of the most popular events ever held downtown.

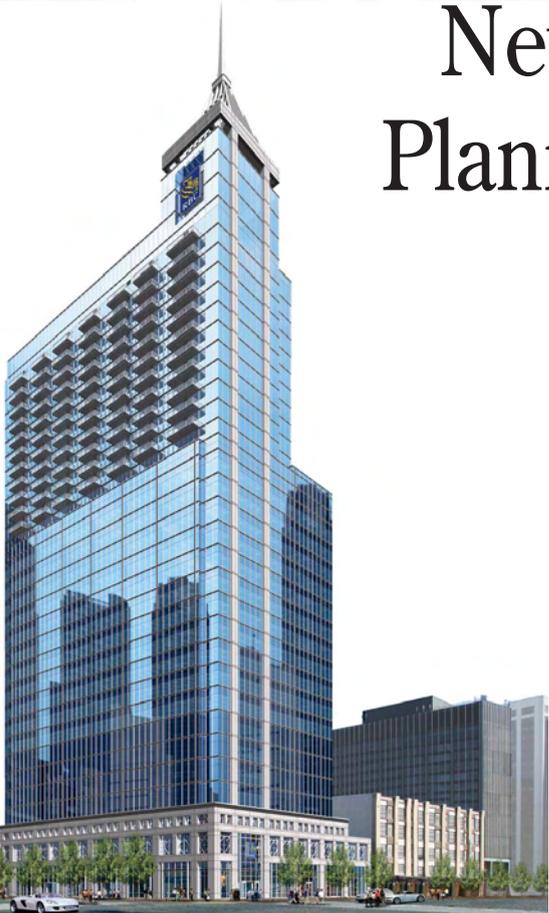
Photo courtesy The Raleigh Chronicle



Mayor Charles Meeker speaking to the crowd announcing the re-opening of Fayetteville Street to traffic.

Photo courtesy The Raleigh Chronicle

New RBC Headquarters Planned To Be the Tallest High-Rise in Raleigh



The Highwoods / RBC Mixed-Use Tower will be located on a 0.83-acre parcel of land at the corners of Wilmington, Martin and Fayetteville Streets. Preliminary plans have the tower at 31-32 stories tall (approximately 400 feet to 538 feet counting a 111 foot spire, making it the tallest tallest high-rise in Raleigh once completed). It will house approximately 733,000 gross square feet and consist of vertically integrated mixed-use:

- Ten floors of office space (275,000 square feet),
- Eleven floors of residential condos (around 200,000 square feet) with the outside skin becoming floor to ceiling glass,
- Eight floors of parking, and
- Approximately 17,000 square feet of street-level retail space.

The planned anchor tenant will be the U.S. corporate headquarters of RBC Centura. Groundbreaking is planned for October of this year, and scheduled completion some time in 2008.

Preliminary image courtesy of RBC Centura, Highwoods Properties and Cooper-Carry Architects

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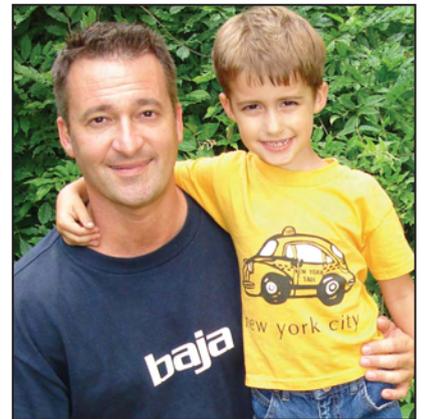
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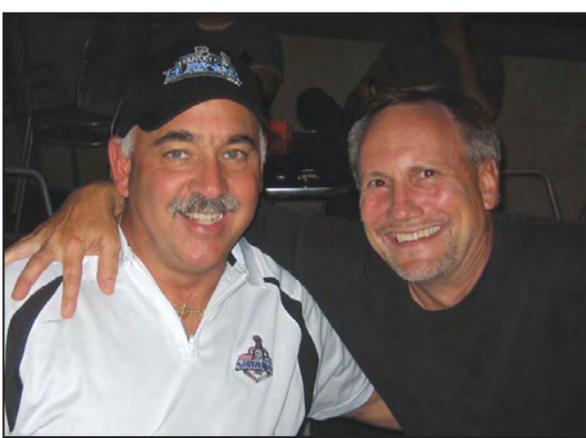
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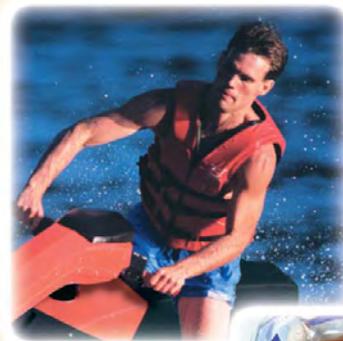
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New Raleigh Christmas Parade This Year

RALEIGH CHRISTMAS PARADE

The 2006 Raleigh Christmas Parade, presented by the Greater Raleigh Merchants Association and sponsored by WRAL-TV, will follow a new route this year, parade organizers announced today. Scheduled for Saturday, Nov. 18, the parade - in its 62nd year - will utilize a new section of Fayetteville Street between Morgan and Davie streets.

"With the opening of Fayetteville Street, the City of Raleigh has officially approved a new parade route that's reminiscent of the Raleigh Christmas Parade's early years," said John Odom, executive director of the Greater Raleigh Merchants Association (GRMA). "Fayetteville Street was last used for the parade in 1974. We're excited to announce this route change, as well as tell the community about new aspects of the parade that will happen for the first time this year."

According to Odom, an after-parade festival will be held in Moore Square and will feature local bands, pony rides and other entertainment for the kids, food from local restaurants, and a special fair presented by the State Farmers Market.

GRMA is also releasing the first-ever "Have a Jolly Raleigh Christmas" CD with holiday music recorded by local and regional bands. The CD will feature original music, as well as holiday favorites, and will go on sale in October throughout the greater Raleigh area.



Photos from last year's popular GMRA Raleigh Christmas parade. The 2006 parade proves to be an even bigger event, with more floats, participants, spectators and a new parade route down the recently opened Fayetteville Street mall.

Presented by GRMA and title sponsor WRAL-TV, the Raleigh Christmas Parade is the biggest parade between Richmond and Atlanta and is the largest single day event in Raleigh. It draws an estimated 50,000 spectators from across the state to downtown Raleigh and is viewed by more than 250,000 through local television and radio coverage. Other sponsors of this year's parade are KB Home and WakeMed.

The Raleigh Christmas Parade will begin at 9:30 a.m. on Nov. 18, with a rain date set for Sunday, Nov. 19. The official parade route will start on

Hillsborough Street at St. Mary's Street. The procession of marching bands, specialty vehicles, performing groups and professional floats from local businesses and organizations will turn right on Salisbury Street, left on Morgan Street and right on Fayetteville Street, ending at Fayetteville and Davie. A downloadable map can be viewed at <www.grma.org/parademapp/>.

For more information about the Raleigh Christmas Parade or to sponsor a float, please contact GRMA at 919-420-0120.

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| 5 510 Glenwood | 13 The Cotton Mill | 21 New Bern Place | 29 West (pre-sales) |
| 6 610 Hillsborough | 14 Dawson on Morgan | 22 North Street (coming) | 30 West Lane |
| 7 The Atrium | 15 Founder's Row | 23 Palladium Plaza | 31 The Quorum |
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LONG RUNNING EVENTS

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www.raleighcitymuseum.com
220 Fayetteville Street Mall
(919) 832-3775

SEPTEMBER 1-30 HEARTBREAKTHROUGH, AN EXHIBITION OF TEXTILE WORKS

Opening Reception: First Friday Gallery Walk, September 1, 6-10pm HEARTBREAKTHROUGH, a fiber installation by Claire Marie Burdulis will open in ArtSpace's Lobby on September 1, 2006 and will continue through September 30, 2006. Meet the artists at the First Friday Gallery Walk, September 1, 6-10pm. Admission is free.
www.artspacenc.org
919-821-2787

SEPTEMBER 1 - 30 SECRET LIFE OF TREES: LANDSCAPES BY LEE HEINEN

Cleveland artist Lee Heinen's work is in a highly personal-Realist style, using sweeping

strokes and vivid hues which clearly lean toward modern Expressionism. Lee paints recognizable trees, but intermingles abstraction with real appearances.

The Collectors Gallery is in the historic City Market at 323 Blake Street in downtown Raleigh. Hours are Monday - Saturday, 11 am - 4 pm and First Fridays, 6 - 9 pm. For more information call 919.828.6500 or go to www.thecollectorsgallery.com

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Thursday September 21
Party on the Moon

Thursday, October 5
Cowboy Mouth

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The Music Man
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THE WATERFRONT

CONCERT SERIES

Raleigh Parks and Recreation is pleased to announce the beginning of the 2006 Waterfront Concert Series. Lake Wheeler, 6404 Lake Wheeler Road, and Lake Johnson, 4601 Avenet Ferry Road, will again play host to the

waterfront concerts. This years schedule will feature all types of music from Traditional Bluegrass to Latin Jazz, Beach Music, Top 40's and more. Concert tickets are only \$6 each and go on sale two weeks prior to the concert, Children five and under are free and seniors 62 and over are \$4. Tickets may be purchased at either Lake Wheeler or Lake Johnson. Chairs will be provided on the open deck area at the Waterfront Program Centers on a first come first serve basis. Personal coolers and picnics are allowed but privately purchased alcohol is not permitted. Beer and wine sales will be available. For more information please contact Lake Johnson at 233-2121 or Lake Wheeler at 662-5704
http://tinyurl.com/tzsk5

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OCTOBER 7, 6-8PM

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Saturday, September 9

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FRIDAY, SEPTEMBER 1ST

The Pour House
Snatches of Pink
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\$5/\$7 10pm show

The Brewery
Annuals, Farewell, Vaya,
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Blue Martini
Skeeter Brandon

Raleigh Music Hall
Travis Keyes

Napper Tandy's

Rewind (Ladies free, guys \$5)

Kings
A Rooster For The Masses,
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SATURDAY, SEPTEMBER 2ND

Blue Martini
Josh Preslar

Napper Tandy's
Seven & the Deadly's - \$5

The Pour House
Death & Taxes w/ Wrenn
Mangum
\$6 6pm doors 11pm show

The Brewery
Embracing Goodbye, Breaking
the Girl, Narallis

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SUNDAY, SEPTEMBER 3RD

Blue Martini
Open Blues Jam

The Pour House
Crave & Blanco Diablo
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The Brewery
4 pm Matinee: Hundred Year
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10 pm Night Show: Hip Hop -
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MONDAY, SEPTEMBER 4TH

Blue Martini
Grant Haze

TUESDAY, SEPTEMBER 5TH

Blue Martini
Open Mic

The Brewery
Forward All, Mike Borgia, The
Stock Market Crash

Blue Martini
Mike Matthews

Amra's
Big Rick and the Bombers
Blues Band

The Pour House
Gary Hoey
\$10 10pm show

Continued on Page 20



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TUESDAY, SEPTEMBER 5TH (CONTINUED)

The Brewery
Keeping the Promise, Of Graves and Gods, Death Do Us Part, Left to Vanish

Lincoln Theatre
Supersuckers w/ Eddie Spagetti 7pm doors

THURSDAY, SEPTEMBER 7TH
April & George
Tan'go-phil'l-a

Greenwood South
Alive After 5 5-10pm

Nana's Chophouse
Jill and Mark featured in Cougar and Tigerbeat

Amra's
Loose Canon Swing Quartet with Lady Jaisun

Blue Martini
Big Rick

The Pour House
Outformation
\$8 adv / \$10 door 10pm show

The Brewery
Too Late the Hero

Kings
Damn Fine Coffee

Lincoln Theatre
Inflowential w/ H2O Median Of (Jl)/ King Fuvi 9pm doors

FRIDAY, SEPTEMBER 8TH

Amra's
Carol Ingbretsen Swing Quartet

Nana's Chophouse
Cougar

Blue Martini
Chop Shop

The Pour House
Early show: Rachael Sage & Kyler England
\$8 adv / \$10 door 7pm show
Late show: PM Dawn w/ Johanna Stahley
\$10 adv / \$12 door, 10pm show

Napper Tandy's

Suicide Blonde (Ladies free, guys \$5)

The Brewery
The Mile After

Lincoln Theatre
Who's Bad Michael J. Tribute
9pm doors

Kings
Engineers w/o Borders Benefit
Featuring: Overproof + more
Free Lily's Pizza From 9-11pm

Raleigh Music Hall
Sexual Circus Promo Party

SATURDAY, SEPTEMBER 9TH

Raleigh Vineyard
FLEAU with Alisa Turner.
(Electronica, Trip-Hop), 7:30 p.m., Raleigh Vineyard, 6894 Litchford Road, Raleigh, 790-9001. Tickets \$2 at the door. www.fleaumusic.com

Amra's
Josh Prasler Blues Band

Blue Martini
Oysterfest w/ Sugar & Crush (outside) & Mo Jones (inside)

The Pour House
5 gallon pale w/ Kinetic
\$6 10 pm show

The Brewery
Kill Whitney Dead, Jonin

Napper Tandy's
Oyster Fest (\$5 cover)

Raleigh Music Hall
Nathan Asher and the Infantry w/ American Aquarium

Kings
Parklife

Lincoln Theatre
Squeezetoy (Farewell Show)
9pm doors

Moore Square
Saturday Movies in Moore Square, Dusk (around 8:30pm)
Mission Impossible 3

SATURDAY, SEPTEMBER 9 & 10

Raleigh City Museum
The Actors Comedy Lab and the Raleigh City Museum Present "Cosmic Memos," featuring the works of two NC women poets, Patsy Clarke and

Ann Thompson. This collection of poetry runs the gamut from comic whimsy to serious introspection. Performances will take place at the Raleigh City Museum on Saturday, September 9 at 8pm and Sunday, September 10 at 3pm. Admission is FREE

SUNDAY, SEPTEMBER 10TH

Amra's
Adrian Duke Blues Band

Blue Martini
Open Blues Jam

April & George
Golden on the Green Wine Tasting

The Pour House
Early show: the sunday roots series featuring:
David Mead w/ Bill West
\$8 adv / \$10 door 7pm show

Napper Tandy's
Venomiss Toad

The Brewery
10 pm - Silver Anjewel Hip Hop Show

MONDAY, SEPTEMBER 11TH

Blue Martini
Grant Haze

Kings
Strung Up, Direct Control, Double Negative, Street Sharks, Cross Law

TUESDAY, SEPTEMBER 12TH

Blue Martini
Open Mic

The Pour House
Elemental Harmonics
\$FREE!! 10pm show

Lincoln Theatre
Rev. Horton Heat 8:30pm doors

WEDNESDAY, SEPTEMBER 13TH

Amra's
The Nuggs with John Orlando (Blues Night)

Blue Martini
Big Rick

The Pour House
Gongzilla & Dirty5thirty
Mug night!!
\$6 10 pm show

Moore Square Farmers Market

THURSDAY, SEPTEMBER 14TH

Amra's
Adrian Duke Quartet

Blue Martini
The Blue Healer

Exploris Museum
Katrina Fundraiser

Will Kimbrough w/ Big Blue Hearts
\$10 adv / \$12 door 8pm show

The Brewery
Cartwright, more

Lincoln Theatre
Nonpoint 7pm doors

Kings
Darkmeat, People Under The Bridge

FRIDAY, SEPTEMBER 15TH

Nana's Chophouse
Steve Hobbs and friends

Amra's
Cafe' Mars Quartet with Steve Baker

Blue Martini
The Heaters

Caitlin Cary & Thad Cockrell
\$8 adv / \$10 door 10pm show

The Brewery
Mr Blackwell, Zero 4

Raleigh Music Hall
A Good Look With LTJ Bukem & MC Conrad, Daniel & Proto J

Lincoln Theatre
Spark Con Presents World Party 7pm doors W/ American Aquarium, Tres Chicas, Stratocruiser 9pm doors

Kings
Goner, The Greatest Hits, Electric Sunshine

FRIDAY, SEPTEMBER 15TH -

SATURDAY, 16TH
Moore Square
2006 Raleigh Street Painting Festival

FRIDAY, SEPTEMBER 15TH -

SUNDAY, OCTOBER 22ND

Broadway Performance of The Lion King

SATURDAY, SEPTEMBER 16TH

NC Museum of Natural Sciences
BugFest 9am-9pm

5th Annual Crafter's Flea Market
Features pottery, jewelry, handmade soap, handcrafted tiles, wearable art, clothing, fabric, beads and much more
509 N. West St. (Ornamenta parking lot)
8am until 2pm

Amra's
Cathy Gelb Swing Quartet

Blue Martini
West Street Band

The Pour House
Pink Floydian Slip
\$8 adv / \$10 door 10pm show

Lincoln Theatre
Little Brother w/ Joe Scudda, Chaundon Legacy. The Away Team & more 9pm doors

Napper Tandy's
Soul Kitchen (\$5 cover)

Raleigh Music Hall
Latonia Hargrove

The Brewery
Avenue, 6 Inch Voices, The New Me

Kings
Rollergirls Post Bout Party!

SUNDAY, SEPTEMBER 17TH

Amra's
Skeeter Brandon Blues Band

Blue Martini
Open Blues Jam

The Pour House
Yesterday's Gravy
\$FREE!! 10pm show

The Brewery
4 pm: Red Letter Philosophy, more
10 pm: LEGACY's "Any Given Sunday"

MONDAY, SEPTEMBER 18TH

Nana's Chophouse
Louis Dressner

Continued on Page 21

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Blue Martini
Grant Haze

The Pour House
Dave Alvin & the Guilty Men
\$15 adv / \$15 door 8pm show

TUESDAY, SEPTEMBER 19TH
Blue Martini
Open Mic

The Pour House
Lovewhip
\$FREE!! 10pm show

Lincoln Theatre
Mason Jennings 8pm doors

The Brewery
Kingston Falls, Gentlemen
Homicide, 95 Theses

Raleigh Music Hall
The Vints w/ Sherman

WEDNESDAY, SEPTEMBER 20TH
Moore Square
Farmers Market 11 am-2 pm

Amra's
Big Rick and the Bombers
Blues Band

Blue Martini
Grant Haze

The Pour House
The Afrotimove
Mug night!!
\$6 10pm show

Lincoln Theatre
Jay Clifford 7pm doors

The Brewery
33 West, Rude Buddah

2006 Raleigh Hall of Fame
Induction Celebration
Meymandi Hall, Progress
Energy Center
6:30 PM, \$40 per person
www.raleighhalloffame.org
The Raleigh Hall of Fame will
honor the achievements of
twelve Raleigh citizens and two
non-profit groups who believe
that service to this community
is the best work in life.

THURSDAY, SEPTEMBER 21ST
Glenwood South
Alive After 5 5-10pm
Party on the Moon

Amra's
Thomas Taylor Swing Quartet
with Special Guest

Lincoln Theatre
Karl Denson Trio 8 Pm Doors

Blue Martini
Prime Rib Blues Band

Raleigh Music Hall
Saunter

Napper Tandy's
Grass Cats (no cover)

FRIDAY, SEPTEMBER 22ND
Amra's
Count Down Quartet

Blue Martini
Robbie Reid

Nana's Chophouse

Cougar

The Pour House
Brooks Wood Band - CD
Release Party
w/ Big City Reverie
\$5 10pm show

The Brewery
Stifling Neglect, Dead
Thoughts Memory, Life Ruiner,
Cast the First Stone, Emmure

Lincoln Theatre
Cartel 7pm doors

Napper Tandy's
Cafe Mars (Ladies free, guys
\$5)

Kings
Parker, Tres Bien, Tiger Thief

SATURDAY, SEPTEMBER 23RD
Amra's
Laura Ridgeway Swing Quartet
featuring Elmer Gibson

Blue Martini
Voodoo Flute

The Pour House
Early show: Mary Gauthier &
Slaid Cleaves
\$15 adv / \$15 door 6pm show
Late show: Kashmir - Tribute
to Led Zeppelin
\$8 adv / \$10 door 10pm show

Lincoln Theatre
David Alan Coe 7:30pm

Napper Tandy's
U-Phonik
Historic Trolley Tours

The Brewery
Boxbomb, Only Midnight,
more

Kings
Benefit For Twisted Tower
Dire Scott, Doors At 6:30pm
7pm Blackwatch
8pm Viper
9pm Dreamscapes Of The
Perverse
10pm Blatant Dissaray
11pm Twisted Tower Dire
12am Widow

Raleigh Music Hall
Ward Williams (formerly of
Jump Little Children)

SUNDAY, SEPTEMBER 24TH
Amra's
Big Rick Blues Band

Blue Martini
Open Blues Jam

The Pour House
The Sunday Roots series
Featuring:
Dale Watson & His Lonestars
w/ Matt Stillwell
\$10 adv / \$12 door 7pm show

Lincoln Theatre
Queen Of The Triangle 9pm
doors

The Brewery
10 pm Show: Hip Hop
Open Mic

MONDAY, SEPTEMBER 25TH
Blue Martini
Grant Haze

The Pour House
Local Showcase Showdown
Bands to be announced
\$2 8pm show

Lincoln Theatre
Rehab 9pm doors

TUESDAY, SEPTEMBER 26TH
Blue Martini
Open Mic

The Pour House
Naked Emperor
\$FREE!! 10pm show

WEDNESDAY, SEPTEMBER 27TH
Amra's
Big Rick and the Bombers
Blues Band

Blue Martini
Tad Walters

The Pour House
The Codetalkers
Mug night!!
\$6 adv / \$8 door 10pm show

Moore Square
Farmers Market 11 am-2 pm

Lincoln Theatre
Railroad Earthu 9pm doors

Kings
Maple Stave, If I Had A Hifi

THURSDAY, SEPTEMBER 28TH
Amra's
Kathy Gelb Swing Quartet

Blue Martini
Chop Shop

Lincoln Theatre
Beenie Man 9pm doors

Depot Block Party

**THURSDAY - SATURDAY,
SEPTEMBER 28TH-30TH**
The Pour House
Sparklefest
\$TBD 9pm Thu, 8pm Fri & Sat

FRIDAY, SEPTEMBER 29TH
Nana's Chophouse
Countdown Quartet

Amra's
Cafe' Mars Quartet with Steve
Baker

Blue Martini
Fat Daddy Band

Lincoln Theatre
Jam Pain Society 9pm doors

Napper Tandy's
Ultraviolet (Ladies free, guys
\$5)

SATURDAY, SEPTEMBER 30TH
Amra's
Jim Ketch Swing Quartet

Lincoln Theatre
Monsters Of Mock (Tribute
Festival) 3pm doors

Napper Tandy's
Rich Emily Band (\$5 cover)

Pieces of the Past Saturday
Program Series: "Raleigh
Sports Memories." Using the
new exhibit "The Thrill of
Victory: Sports & Recreation in
Raleigh" as a backdrop,
Museum Educator Ken Peters
will moderate an open forum
discussion that recalls visitors'
sports memories in Raleigh.
A.E. Finley Foundation, FREE!

SUNDAY, OCTOBER 1ST
7th Annual Second Empire 5K
Classic

THURSDAY, OCTOBER 5TH
April & George
Tan'go-phil'-i-a

**RALEIGH CITY MUSEUM
ANNOUNCEMENTS**
September Volunteer
Opportunities
Visitor Services (Front Desk)

Needs:
Saturday, September 2: one vol-
unteer needed 1-4 pm.
Saturday, September 9: one vol-
unteer needed 1-4 pm.
Saturday, September 16: one
volunteer needed 1-4 pm.
Saturday, September 23: one
volunteer needed 1-4 pm.
Saturday, September 30: one
volunteer needed 1-4 pm.

EVENT WEBSITES

Looking for more stuff to do?
We recommend these sites:
www.downtownraleigh.com
www.visitraleigh.com
www.citysearch.com
www.zspotlight.com
www.raleighnow.com

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FB ON 1/2 ACRE

Updates in 2004 include appliances and vanities, surface countertops in kitchen and solidities, and vinyl. Large master with sitting area and walk-in closet. Deep lot. \$569,900. 1008C.

RE/MAX Capital Realty
Mary Edna Williams, 256-4201

CHARM OF YESTERYEAR

Renovated home. Kit open to fam. rm & formals. Wrap around porch and in-ground pool. 5BR, 5BA. In-law suite on lower level w/full ba, kit and living quarters. \$895,000. 2307L

RE/MAX Capital Realty
Mary Edna Williams, 256-4201

MORDECAI RENOVATION

Charming interior, hardwoods, formals. Huge eat in kitchen. Fenced yard. Convenient to Seaboard & Blount St revitalization. \$189,900. 1515C RE/MAX Capital Realty

Mary Edna Williams, 256-4201

PRIME COMMERCIAL

Triangular shaped 2.98 acre property w/road frontage on Capital Blvd. Just N of 1540. Survey available. Zoned highway district 1, call for allowed uses. RE/MAX Capital Realty

Mary Edna Williams, 256-4201

UPSCALE DOWNTOWN LIVING

Much sought after 5th fl., 1 br plus den. Upgrades incl, bamboo flrs, SS appl, refrigerator & W/D convey. 2 parking spaces. Ammen incl pool, fitness center, grill & comm. Ctr.\$289,900 618N, RE/MAX Capital Realty. Mary Edna

Williams, 256-4201

HOME IN BUDLEIGH

Radiates charm and character on large .40 corner lot. Needs a little TLC Stone ext. and stone FP in LR, DR and Breakfast/family rooms, basement, detached garage and storage bldg. \$559,900. Mary Edna Williams RE/MAX Capital Realty 256-4201



HISTORIC OAKWOOD

Originally built in 1891 as the blacksmith's house and workshop. This house has it all - a wrap-around porch, a side-facing deck, a brick courtyard and an ornate wall. Add a garage & expand the house into the large fenced back yard with side alley access for cars and kids. 2518 SF. 4BR. 2BA. \$425,000. www.peterrumsey.com Peter at Prudential. 919-971-4118.



FIVE POINTS FABULOUS

602 Harvey St. Light and bright and reno-

vated throughout - new kitchen with stainless steel appliances and granite counter-tops, 3 new full baths, bright sunroom, hardwoods, new windows, electrical, plumbing, high efficiency HVAC. Enjoy the outdoors on a large landscaped corner lot with patio, deck, waterfall, and shed. Great neighbors and fabulous block parties. Walk to Underwood Elementary and Roanoke Park. 3 or 4 BR. 3 BA. 2343 square feet. \$534,000. Peter Rumsey 919.971.4118 and Debra Smith 919.349.0918, Prudential Carolinas. www.peterrumsey.com or www.debrasmith.com



HISTORIC GLENWOOD-BROOKLYN

What a view! Fantastic restoration on a quiet dead end street with a view of the downtown skyline. Walk to Glenwood South. Private, landscaped fenced yard with deck and fountain. Front porches and rear sunrooms up and down. 9.5 foot ceilings, two decorative fireplaces, walk up attic, partial basement/workshop, built-ins, updated kitchen and real master suite.. 2823 SF. 4BR. 3BA. \$675,000. 919-971-4118. www.peterrumsey.com

OFFICE CONDO FOR LEASE

1000 foot office space off Six Forks. Features 3 offices and full kitchen and full bath. Skylights, new carpeting, flooring. 1

year lease. \$895/month. 363-7380



1629 STANNARD - INMAN PARK

4070 sf, with 500 sf unfinished, 5 bedrooms, 4 and 1/2 baths. Parade of Homes silver winner w/ perfect score with tons of builder upgrades. Crown molding, granite counter tops, hardwoods. Circular drive, security system, black iron fenced-in yard, oversized 2 car garage; unfinished 3rd floor w/ permanent hardwood stairs and roughed in bath. Perfect location with easy access to 1440,Crabtree and North Hills. \$746,700.00 Offered by Doro Taylor Realty 919-868-6399.

CAMERON VILLAGE CONDO

Offered at \$150k, two bedroom corner condo in Cameron Village at 833 Bryan Street. Hardwood floors and lots of light make this cute condo perfect for you. Nicely renovated kitchen with a new fridge and heat and cool system in 2005. Located at the corner of Wade Avenue, before you get to St. Mary's Street and Bryan Street that feeds over to Nichols St, you can commute everywhere. Please contact Lisa or Ann-Cabell at the Glenwood Agency to see this property. (919) 828-0077. One dedicated parking space and lots of visitor

Continued on Page 24

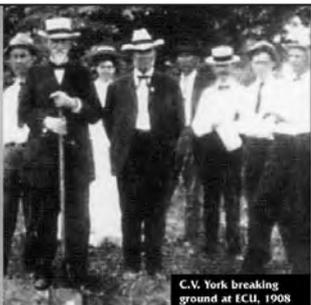
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Glenwood South
708 Glenwood Avenue
Raleigh, NC

www.dorotaylor.com



Doro Taylor - Broker in Charge

Brooks Turner - Associate Broker

Art by Tony Morris



Page 24

options, what a way to get downtown or into your first place.

919 SAINT MARY'S STREET - TOWNHOUSE FOR SALE

One bedroom, One bathroom approximately 700 square foot condo. A real find in the Cameron Village - tucked back from the street and tree line. Entrance is through the rear of the building, but, the front door faces the courtyard. Upgraded kitchen, nice hardwood floors both up and down... master bathroom has a new ceramic tile floor. Lots of extras in this perfect location. Call for more information and to see this rare one bedroom opportunity so close to shopping and restaurants. Seller can close quickly if necessary. (919) 828-0077 Glenwood Agency Real Estate. \$127,000

RENTAL AT COTTON MILL HISTORIC CONDOS

Cotton Mill- Beautiful two bedroom condo located in trendy the Cotton Mill - located in Downtown Raleigh. Hardwood Floors and 13 ft ceilings provide a large room perfect for entertaining, exposed wood beams and exposed columns with huge walk in closets perfect for storage, enormous shower, fantastic open bedroom with loft office to the side, huge windows allow fantastic natural light, walk to clubs and restaurants! Available at \$1800/month - top floor. Contact Lisa at The Glenwood Agency Real Estate Company for more information and applications (919) 828-0077.

GREAT DOWNTOWN RENTAL OPPORTUNITIES!

Several rental properties are available in the Downtown area from \$750 to \$2,000 per month. Please email cabell@anncabell.com for more info at The Glenwood Agency. Governors Square - 1 bedroom @ \$750 per month. Byrum Condos - 1 bedroom @ \$900 per month. Park Devereux condo - 2 bedroom @ \$1,400 per month. Paramount off Glenwood - 2 bedroom @ \$1,650 per month. Dawson on Morgan - 3 bedroom @ \$2,000 per month

LEASE A LUXURY CONDO - HEART OF DOWNTOWN RALEIGH

510 Glenwood #410- Stunning two bedroom, 2 Bath Condo located in the heart of the city! Beautiful skyline view of Glenwood South and Downtown Raleigh. Secured garage parking space and secured entry! Solid surface countertops, extra large master closet, penthouse level overlooking the trendy Glenwood South area. This condo is a MUST SEE and wonderful place to rent to be in the heart of it all. Call Ann-Cabell at TGA. \$ 1,600 per month. The Glenwood Agency 828-0077

PENTHOUSE CONDO!

The Dawson- Dynamic PENTHOUSE 3 bedroom plus den condo at The Dawson on Morgan - Warehouse Location in Downtown Raleigh with beautiful views of the skyline. 3,000 square foot home with large balcony perfect for summer entertaining, gourmet kitchen complete with Monogram GE Stainless Steel

appliances and custom cherry cabinetry and beautiful hardwood floors throughout, enormous walk-in closets perfect for storage, two secured parking spaces and secured building entry. Restaurant at base of building - walk to everything in the Downtown area. Offered at \$760,000 by Realtor Ann-Cabell Baum Andersen, TGA. 919-828-0077 www.thedawson.com

\$95,900 ONE BEDROOM

Just Inside the Beltline - Atlantic Place Condominiums. Atlantic Place- 1 bedrooms property available at the corner of Six Forks and Atlantic Avenue, just down from the new North Hills! This condo has 9ft ceilings, double walls, crown molding, maple cabinetry and

a beautiful outside balcony. Grilling area on site and ample parking for visitors. Easy to North Hills and Downtown Raleigh! Contact real estate agent Ann-Cabell at (919) 828-0219 with the Glenwood Agency to see!

CAMERON VILLAGE AREA CONDOMINIUM FOR SALE

833 Bryan St just off Wade Avenue at St. Mary's Street. Incredible 2 bedroom, 1.5 bath townhome in Cameron Village area has beautiful hardwood floors and feels open and bright. Awesome back open area. Looks like its new and well kept - new refrigerator in 2005. Dining room opens to large living room. Tile master bathroom tub shower. HVAC was replaced with new unit in 2005. Shop in the

ONE BEDROOM CONDO AVAILABLE \$250K - RALEIGH'S DOWNTOWN

Walk everywhere Downtown from this beautiful one bedroom condo with hardwood floors, stainless appliances, granite counter tops, 10 foot tall ceilings, wash/dry and fridge all included. One secured parking space on site with public parking area just across the street. Call the Glenwood Agency @ (919) 828-0077 for showings, pre-approval information and move into the urban lifestyle, now. A must see - live what everyone's talking about.

Traded in my morning traffic
and spilled coffee —
Found a new commute
watching the sun rise
over the city.



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Amra's Named One of Top 5 Hottest New Nightlife Destinations

MSN City Guides and Citysearch have named Amra's, located in the heart of Raleigh's entertainment districts, as one of the hottest new bars in the nation.

Since opening in March, Amra's has already established itself as the place to be for a comfortable and classy nightlife experience, enhanced by the live jazz and swing entertainment that can be found there every evening.

Brothers Brian and Alex Amra have always dreamed of opening a bar on Glenwood that would offer a sophisticated atmosphere, excellent service and nightly entertainment rivaling that which is typically only found in the larger cities across the United States.

By offering an extensive cigar and spirits selection and an unmatched 1920's and 30's décor

complete with deep leather chairs and understated lighting they have made this dream come true. "We have been able to attract a number of notable jazz and swing musicians, to the extreme pleasure of our guests," said Alex Amra. "In addition, the guest feedback concerning the service, selection and atmosphere at Amra's has been very positive. It is an honor that these things have also allowed us to be recognized by MSN City Guide and Citysearch along with bars and clubs in major cities including New York, San Francisco, Boston and Los Angeles."

To view the MSN City Guide and Citysearch Hottest New & Notable Nightlife list, go to <http://local.msn.com/special/newnightlife.asp>. For more information about Amra's Raleigh, visit amrasraleigh.com.

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Fresh from Moore Square Farmer's

Every Wednesday, Raleigh chefs demo seasonal dishes using items sold at the Moore Square Farmers Market. Demos take from 11am to 1:30pm (market hours are 11am to 2pm).

- Sept 6 - Steve Pexton, Riviera Mediterranean Resto & Lounge
- Sept 13 - Jason Smith, 18 Seaboard
- Sept 20 - David Mao, Duck and Dumpling
- Sept 27 - Jay Beaver, Frazier's

The Moore Square Farmers Market, a program of the Downtown Raleigh Alliance, is located in downtown Raleigh's charming Moore Square Park, at the intersection of Blount and Martin Streets. Parking is located behind City Market on Martin and Person Streets, or across the street at the Moore Square Park Deck. For more information on getting around downtown visit www.GoDowntownRaleigh.com. Every Wednesday from 11am to 2pm.

Recently, Sarig Agasi of Zely & Ritz prepared the following recipe for gazpacho at the Farmer's Market and was kind enough to share it with us:

SUMMER GAZPACHO

Ingredients

- 12 large heirloom tomatoes
- 1 leek
- 1 English cucumber or other seedless variety
- 1 sweet pepper - anycolor
- 2 Tbl salt - real salt, sea salt or kosher salt - not course
- 2 tsp black pepper - freshly ground
- 1/2 cup sherry vinegar
- 12 leaves of fresh basil

Preparation

1. Cut, core and dice tomatoes.
2. Peel and dice leek
3. Scrape seeds from cucumber and dice, keep skin on.
4. Take out all seeds and dice pepper.
5. Mix all the above ingredients in a large stainless steel bowl.
6. Add salt and pepper
7. Addsherry vinegar and cover with plastic wrap.
8. Marinate vegetables in refrigerator overnight.
9. Add fresh basil leaves just before blending well in blender.

To Serve

Serve cold and garnish with cucumber slivers and a few sliced floating cherry tomatoes.

A little about Sarig and Zely & Ritz



After a few years in North Raleigh, Sarig decided to move to the more trendy and popular downtown area with a new concept that was more casual and had a

much greater selection of dishes to choose from. In 2004, Chef Sarig and Nancy teamed up with local technology entrepreneur and long time customer Richard Holcomb to create Zely & Ritz.

Chef Sarig's food is "innovative French with Mediterranean and Middle Eastern flavors." He calls it French because he uses classical French techniques but you could just as easily call it New American with regional influences since so much of the ingredients are local to North Carolina.

In case you're wondering, he name Zely & Ritz is a combination of four family names: Zehava, Beverly, Rachel, and Itzhak.

Zely & Ritz can be found at www.zelyandritz.com

New Life Breathed Into Downtown's Oldest District

If the last time you stepped foot into downtown's Moore Square Art District was fifteen, ten, even three years ago, it's time to give it another look. With tremendous media attention focused on downtown due to the re-opening of Fayetteville St. and the recent success of the Carolina Hurricanes, a group of youthful business owners, operators, and managers in Raleigh have turned their sights to Moore Square.

Downtown Raleigh Alliance (DRA), city officials, and the Parks and Recreation Department, The Moore Square Art District (MSAD) Alliance pushed to host Movies in the Park so something was happening every weekend in Moore Square. "We are extremely excited about the success of the movies this summer. Several of the weekends have seen around five hundred or more visitors who have come to enjoy first run movies in a park setting. Because we start the movies at sunset business owners are enjoying increased foot traffic and many customers are dining in their establishments before they go catch a movie", claims Pete Pagano, the owner/operator of Tir Na Nog Irish Pub.



chance to experience cultural advancement in downtown.

Another way to experience the artistic endeavors downtown is to spend a Friday night at Moore Square's First Friday gallery walk. On the first Friday of each month, the galleries extend their hours in order to show off the new work by local, national and international artists, conduct demonstrations, and provide entertainment and refreshments for all ages. Patrons can expect to see a range of styles from traditional to modern art. Award winning restaurants in the area range from American fare to high end fine dining and many also display artist's works to compliment the galleries in the

neighborhood. Sarah Powers, Executive Director of Visual Art Exchange says "First Fridays are among the top cultural events in the Triangle. It's a great excuse to come downtown and enjoy what Moore Square's galleries, shops and restaurants have to offer. The bands in City Market and the charm of the neighborhood create a wonderful, festive atmosphere."

The Moore Square Art District Alliance will be hosting an open house during the weekend of September 15-16. For more information about this and other events happening in the Moore Square Art District please visit the website at www.MooreSquareDistrict.com or contact Daniel Whittaker at 919-844-5959 ext. 105.

"When the announcements of a massive summer concert series, a new Convention Center, a new hotel and the renovation of Fayetteville St. were made, we decided that Moore Square not only needed to piggy-back off of the attention but it needed to make a statement that expressed the unique feeling you get when you set foot in our district", states Daniel Whittaker, the Business Developer for Rum Runners USA whose headquarters are located in City Market. "Pete Pagano, the owner of Tir Na Nog, and myself sat down and started to discuss what could be done to not only draw attention to the area but to draw the businesses together as an Alliance. We formulated a plan, went out and hand picked some of the most aggressive and enthusiastic young professionals, and started the process of creating a non-profit organization dedicated to growing Moore Square."

For those looking for great local fruits, vegetables, cheeses, baked goods, and ice cream, the DRA has helped to launch the Moore Square Farmers Market. The market is open every Wednesday (during the warm months) from 11am-2pm and has seating for lunch and live music.

From an arts perspective, Moore Square is still leading the way with its countless galleries and art related events including First Friday gallery walk, the Street Painting Festival, Artsposure, gallery walks, and this year's SparkCon. The purpose of these events is to showcase the artistic talent in the Triangle region while allowing Raleigh residents the

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