



## Susan Gaca, Resident and Artist

This is an attempt to capture the remarkable journey of resident Susan Gaca, one of CM's in-house artists.



Susan has been interested in art in many forms since childhood and got her formal art education at Carnegie Tech (now Carnegie Mellon) in Pittsburgh. In 1973, she illustrated a book called *Three Rivers Cookbook*, which was so well received that it is now in the Southern Living Community Cookbook Hall of Fame. The royalties from this book have been donated to children's charities.

You have all seen the mural "All Things Carolina" that decorates the entryway near the Welcome Center. This was a collaboration done with Bill Davis and Margaret Zircher. A jigsaw puzzle of the mural was made and is on sale at the CM Gift Shop, Lighthouse Gift Shop, the North Carolina Museum of History in Raleigh and the North Carolina Museum of Art. To date 3,000 jigsaw puzzles have been sold and the money donated

to UNC-TV.

Other paintings with Susan's fingerprints on them include "Rue de Paris on a Rainy Day," hanging in the Auditorium, done with Margaret Zircher, as well as a copy of Manet's *A Bar at the Folies-Bergère* (actually our pub) with wines served here and faces of CM folks cleverly included. Granddaughter Lacey Hall assisted with this painting.

*Downton Abbey*: Where do we start!? Susan had long had the idea for a series of pictures that would capture the attention of the viewer completely. With advice from Carol and Charlie Lehman, she was encouraged to do a photo array of the long-running *Downton Abbey* (sort of an *Upstairs Downstairs* on steroids). Susan didn't know a whole lot of folks at the time but with advice and encouragement from friends, took the first step. A photographer friend agreed to do the pictures. Costumes? No problem. Barbara Hardin contacted Playmakers and arranged the loan of all costumes necessary. Your reporter wasn't there, but I'll bet there wasn't much arm-twisting necessary to get the local "hams" among us to pose.... By the way, these classic pictures still hang in the upper hallway near the Art Studio. How appropriate.

When asked why she does all this, Susan replied, "I thoroughly enjoy every minute of it!"

- Paul Richardson

## Thanks for the Memories!

This month marks my last month as editor of the Meadowlark. I have had a great time keeping up with the life at Carolina Meadows on a daily basis! It has been a wonderful experience. Thank you to everyone who has contributed to the *Meadowlark* these past two years as writers, proofreaders and distributors. Special thanks to Joanne Cotter who has been both my right and left hands these 24 months! Also, thanks to Judith Pulley who really is the life behind the Meadowlark. She does the hardest job of all by making the layout work every single month.

There is a song in *The Sound of Music* that has lyrics that say, "Somewhere in my youth or childhood, I must have done something good." That must be true of me because Judith Pulley actually volunteered to take over the Meadowlark editing, along with Mary Jo Doherty, beginning in June. You will now send your articles and questions to them at [yellup310@gmail.com](mailto:yellup310@gmail.com).

Thanks again!

- Pat Mandell

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## President's Message

### Old Ideas Come Around!

It's always nice to try something new – even if it's old! Take the Rabbit, Rabbit Day idea. The 100-year old superstition is to say “rabbit, rabbit” the first thing in the morning on the first day of the month and it will bring good luck for the entire month. And here at CM it also calls women to gather at the **Marketplace at 5 pm** on the **first day of the month** for a ladies only social time. BYOB and make new friends. Over 100 attended on April 1!

The recent Lobby Social Hour was also a big success, reminiscent of when we met in the lobby to socialize during dining renovations. We are changing the Lobby Social Hour to the **second Wednesday of each month from 5:15 to 6:15 beginning May 8**. There will be expanded seating and more room for all. Scott Schillin will be at the keyboard. Appetizers are free and lobby bar service is available for resident charge. Please wear your name tag. It helps when meeting someone new or an acquaintance's name slips your mind.

### Terrific Month for the Gift and Remembrance Fund!

Just in the last month, we received a substantial donation specifically targeted for employee scholarships. The donation came from the grateful family of a former resident to acknowledge the exceptional care from the staff at Carolina Meadows.

A meaningful and important donation came from a resident who wished to thank the Park volunteers for helping to make the Carolina Meadows campus so beautiful.

We also received donations to honor one of our residents on his birthday, and several donations in memory of residents who have recently died.

In other words, donations to the Gift and Remembrance fund come in all different sizes and shapes and provide an opportunity for the donors to say thank you for a wonderful variety of reasons. We live in such a giving and grateful community.

- The Gift and Remembrance Committee

These two socializing hours have been enthusiastically received. If you have a suggestion on how we can become an even more welcoming community, please let me know.

Our Annual **CORA fundraising drive** begins **May 9**. This is one of our four RA sanctioned fundraisers. The Cora Food Panty provides food to more than 5,000 Chatham County families. That was over 500,000 meals in 2018! Let's all participate by giving generously to help our neighbors. You can also donate from your dining account. Details will be in your mailbox in early May.

We will be electing officers for 2019-2020 at our May RA meeting. The Nominating Committee has announced its slate with Michael Cotter recommended to replace outgoing secretary Eleanor Morris who will have served two years. Prior to voting, nominations from the floor will be accepted, but remember that you must have prior permission from the resident you nominate from the floor.

- Sam Ligon

#### THE MEADOWLARK

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of Carolina Meadows,  
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### June, July, August Issue Deadline

Copy for the June, July, August *Meadowlark* must be submitted by **Sunday, May 12**, to Judith Pulley <yellup310@gmail.com>. Articles should be submitted as email attachments in MS Word format. Images should be sent in JPG format and should not be embedded in articles. Please call Judith at (919) 967-5487 if you have any questions.

#### Carolina Meadows Census As of March 31, 2019

Number of Residents	Occupancy Level
<b>Independent Living:</b>	
625	96%
<b>Assisted Living</b>	
66	78%
<b>The Pines*:</b>	
57	73%*
<b>Total on campus:</b>	
748	91%
<b>EA Program:</b>	
88	
<b>Total Residents: 836</b>	
*Includes temporary admission of IL and AL residents.	

## NEWS (Continued from page 1)

### Board Listening Post To Meet

The *Board Listening Post* presents an opportunity for residents to meet individually and privately with resident members of the Carolina Meadows Board of Directors. Its next meeting will be held on **Wednesday, May 1, from 10:30 am until noon in the Board Room at the Club Center.**

The purpose is to enable residents to bring their suggestions, concerns or questions to the attention of the Board. You talk, and the Directors will listen. Each participating resident will have ten minutes to spend privately with two resident Directors. If you wish to participate, please phone Pickett Guthrie at (919) 929-1926.

### Carolina Meadows Author

Bob Huddleston has received word that his new novel, *Love and War: A Father and Son in Two World Wars*, will soon be published by Austin Macauley Publishers.

*Love and War* is a historical novel that covers the first half of the twentieth century, the most deadly and destructive of recorded history: The Great War of 1914-1918, the rise of Adolf Hitler and the Third Reich, the Second World War and the defeat of Nazi Germany. Caught up in these historic events are Fred Brown, an American hero of the Great War, his son Ernest, a hero of World War II, and their European wives.

Bob hopes that the first "reading" will be at Carolina Meadows, perhaps in late summer or early fall.

### New Residents

**Evelyn Cima, 2-303**

**Last Residence:** Chapel Hill, NC

**Interests:** Nature walks

**Joseph Cima, 2-303**

**Last Residence:** Chapel Hill, NC

**Interests:** Walking, reading

**Sophia Petrusz, 3-105**

**Last Residence:** Chapel Hill, NC

**Interests:** History, music, languages, volunteering

### IN MEMORIAM

Rene Luberoff 5-107  
03-30-2019

Constance Freeman V-374  
04-06-2019

Mary Andrews V-262  
04-07-2019

Howard Harper P-242  
04-12-2019

Robert Laport V-335  
04-14-2019

## TALK

### Carolina Meadows University (CMU) Serendipitous Saturday: CMU Takes Us Beyond the Known Universe

Carolina Meadows University (CMU) is pleased to be able to host popular local science educator Harry Dammers, for one of his "command performance" talks, "The Search for Extraterrestrial Intelligence" on **Saturday, May 4.**

Harry summarizes the course as follows: "SETI: Is anybody out there? Are we alone? We've been searching for more than a half century. ET hasn't yet picked up the phone. So, what's up with that?"

Harry is a retired high school science teacher, relocated from Florida to Cary, where he is a very popular regular lecturer in life-long learning programs in the area. One of his students remarked: "I never knew oxygen could be so interesting." He has offered this lecture as a "bonus" after his science course is complete and the students have finished their exams. They keep asking for more.

All Serendipitous Saturdays are offered in the **Lecture Hall from 10 to 11:30 am.**

### Carolina Meadows University (CMU): "Is Democracy at Risk in a Post-Truth World?"

CMU will finish our "Spring Semester" with the last of three sessions on the important and timely topic of "Democracy at Risk," presented by CMU's own Dr. Judith Pulley. More than a dozen books addressing this issue have been published recently, and three periodicals have devoted their entire issue to the topic.

In the first two lectures in the series, Dr. Pulley put this question into a global and historical perspective and explored the phenomenon of "fake news." The series will end on **Monday, May 6.**

Watch this space next month for announcements of our upcoming "Summer Session."

All CMU Courses are presented in the **Auditorium (unless announced otherwise) on Mondays from 1-2:30 pm.**

- CMU Steering Committee

### Mahjong

Meets every **Tuesday afternoon at 1:15 pm in the Game Room.** We've just added a third mahjong set for the third table.



## World Affairs

World Affairs meets on **Fridays at 10:30 am in the Auditorium** (unless otherwise noted). The programs for May are:

**May 3:** Wayne Lee, "The Global History of Warfare"

Wayne Lee is the Dowd Distinguished Professor and Chair of the Curriculum in Peace, War and Defense at UNC. Professor Lee teaches military history from a full global perspective but specializes in early modern military history with a particular focus on North America and the Atlantic world.

**May 10:** Allen Parnell, "Local Government and Housing Discrimination"

Allen Parnell earned his PhD in demography at UNC. After working at Duke and the UNC Population Center he and his wife founded the Cedar Grove Institute for Sustainable Communities, a nonprofit that helps litigate in fair housing, discrimination, redevelopment, and other causes.

**May 17:** George Lankevich, "NATO and America, A Love Story"

NATO has been much in the news because President Trump has questioned both its value and its finances. Yet the alliance remains the bedrock of American foreign policy. NATO's enduring meaning is the subject of Professor Lankevich's lecture.

**May 24:** Edward Balleisen, *Fraud: An American History from Barnum to Madoff*

Dr. Edward Balleisen, professor of history at Duke will discuss his latest book, which emphasizes the enduring connections between capitalist innovation and business fraud and the frequently ineffectual efforts of private organizations and state agencies to curb the worst economic deceptions.

## Women's Luncheon Tuesday, May 14

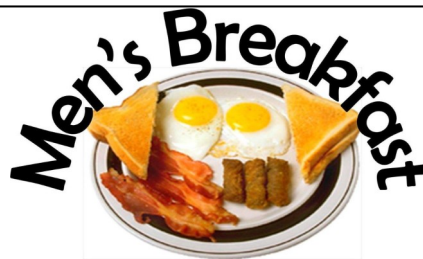
Joe Dittmar, a survivor of the September 11, 2001 attack on the World Trade Center, will talk about his experience that day and insights from it at the gathering of the CM Women's Luncheon Group.

Mr. Dittmar is a 40-year veteran of the insurance industry, and is currently serving as Director of Underwriting for Swyfft Insurance. In his career he has held senior management positions at a number of major insurance companies. On September 11, 2001, he was attending a meeting of 54 insurance executives on the 105<sup>th</sup>

floor of Two World Trade Center. His talk, "Lessons Learned from a Date with Destiny: A Historic and Inspirational View of 9/11/01" will include his experiences that day and his insights from being one of only seven survivors of that meeting.

Lunch is served at **noon in the Private Dining Room**. For reservations contact Jody Hite (919) 370-7171, or <jody@carolinameadows.net> after May 1. Space is limited; early reservations are recommended. If you have dietary restrictions or need to cancel a reservation, notify Jody before May 9 to avoid a meal charge to your account.

- Margaret Lospinuso



The Men's Breakfast Group meets at **8:30 am** on the third Wednesday of each month (except July, August and December) in the **Private Dining Room**. Following a buffet breakfast, a speaker, either a Carolina Meadows resident or an outside expert, speaks for about 45 minutes followed by questions. **Please wear your name tag.**

The speaker for our **Wednesday, May 15** meeting will be David Moreau, a CM resident who will talk to us about his experiences in restoring the Florida Everglades. David served as an expert on the Everglades Restoration Plan, the largest federal program ever undertaken. Come listen to his experiences in draining, managing and restoring this natural wonder.

## Philosophy Group

Challenge your mind! Express your opinion! Come to one of the next Philosophy Group meetings to talk about interesting subjects. There is normally a short optional reading to raise questions.

Meetings are in the **Lecture Hall at 11 am the first and third Tuesdays of the month**. At the next meeting, on **Tuesday, May 7**, we will discuss "Why vote?" If there is only one chance in several million that your vote will change the outcome, why vote? Do we have a civic/moral duty to vote? Why?

We also will meet **Tuesday, May 21**, to discuss "Moral Luck." If A and B act in the same way, and A's actions have terrible consequences, but B's do not, should we blame A and not B? Does this make sense? What is the point of blaming or feeling guilty?

Contact Marlene Appley <MarleneBAppley@gmail.com> or Tony Armer <bontona@gmail.com> for links to short videos on the topics.

- Tony Armer

## Iceland in January: Why Would You Do That?

A presentation by Dixie Spiegel on **Friday, May 17 in the Auditorium at 7:30 pm.**

Come along with Dixie Spiegel as she visits frozen waterfalls and steaming geysers, snowshoes across unbroken snow, rides Icelandic horses and snowmobiles, and eats cod cod cod. See where the oldest parliament in the world met in 930 and where the tectonic plates clash. Walk under a glacier and into a lava tube. Keep your eyes open for the aurora borealis. Bring a sweater.



## Mental Health Awareness Presentation

Our mental health affects how we feel, think and act. Good mental health is essential to our wellbeing. So why are so many people, especially older adults, reluctant to seek mental health services? Please join us in the **Auditorium on Tuesday, May 7, 3-4pm**, for a brief presentation about mental health awareness, followed by a Q&A discussion led by Kathy Rinehart, Licensed Clinical Social Worker. Ms. Rinehart is a psychotherapist with SevenHill Associates and she has over 20 years of experience working and collaborating with individuals in their effort to reach life goals. She is also an adjunct professor in the School of Social Work at North Carolina State University.

## ARTS

### Meadowsingers Concert Wednesday, May 8 at 4 pm

On the afternoon of **May 8 in the Auditorium**, you are invited to take a journey with our singers all the way from "North Carolina is My Home" to "Cross the Wide Missouri," ending up somewhere "Over the Rainbow." On the way, we will be making stops for "Simple Gifts" with the Shakers, an extended visit with the Beatles for a medley of their songs, a brief stop with one of the numbers from "Hamilton," the Broadway show, as well as touching Puerto Rico with "America" from West Side Story.

Come to listen to other numbers as well. It's at our usual time for MeadowSingers to entertain you, at **four o'clock on a Wednesday**

**day afternoon, this time on the eighth of May, 2019.** We look forward to seeing you there.

- Rex Tucker

### Music Appreciation: Fairways Gallery on Fridays at 11 am

May 3 Tchaikovsky Violin Concerto

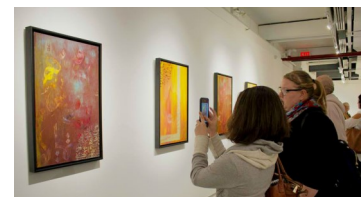
May 10 Brahms Violin Concerto

May 17 Monteverdi 1610 Vespers

May 24 Wagner Ring without Words

May 31 Elgar Enigma Variations

### Art Gallery Exchange



Artists, please mark your calendars. The Art Guild's gallery exchange of resident's artwork in the Club Center is **Saturday, June 1**. We welcome anyone who wishes to exhibit her/his original work – no matter when it was created. Bring your art pieces to the Board Room between **10 am and 1 pm on Saturday, June 1**. Call me, Bev Milton, (919)967-1254 or Susan Durfee (919)942-6655 if you have any questions.

## New Books Added to Library Collection

Check the New Book Acquisitions on a Library sidebar on *Meadow-Life* for a complete listing of new books added to the Library each week.

### Fiction

*The Island of Sea Women* by Lisa See

*Instructions for a Funeral* by David Means

*The Promise of Elsewhere* by Brad Leithauser

*The Malta Exchange* by Steve Berry

*Cherokee America* by Margaret Verble

*Celtic Empire* by Clive Cussler

*Severance* by Ling Ma

*We Must Be Brave* by Frances Liardet

*A Friend Is a Gift You Give Yourself* by William Boyle

*Before She Knew Him* by Peter Swanson

*Mission Critical* by Mark Greaney

*Paris in the Present Tense* by Mark Helprin

*Territory of Light* by Yuko Tsushima

*Bangkok Wakes to Rain* by Pitchaya Sudbanthad

### Large Print

*Lady Cop Makes Trouble* by Amy Stewart

*The Letter Writer* by Dan Fesperman

*His Final Battle* by Joseph Leiyveld

*Dark Chocolate Demise* by Jenn McKinlay

### Mystery

*The American Agent* by Jacqueline Winspear

*Wolf Pack* by C. J. Box

*As Long As We Both Shall Live* by JoAnn Chaney

*Cemetery Road* by Greg Iles

## Biography/Biography Collection

*Code Name: Lise* by Larry Loftis

*Solitary* by Albert Woodfox

## New DVDs

*Mary Poppins Returns*, 2018, PG.

Emily Blunt and Lin-Manuel Miranda in this Disney musical sequel.

*If Beale Street Could Talk*, 2018, R. Academy Award winning Barry Jenkins directed this "beautiful film."

*Vice*, 2018, PG. Christian Bale was nominated for "Best Actor" for his portrayal of VP Dick Cheney.

*On the Basis of Sex*, 2018, PG. This film tells the story of Ruth Bader Ginsburg.

*Film Stars Don't Die in Liverpool*,

2017, R. This May-December romance is based on the true story of the relationship of Gloria Grahame and a 28-year-old man.

*Shoplifters*, 2018, R (foreign-subtitles). Suspenseful and funny Korean film about a loosely-formed household that survives on the thievery of a father-son team.

*At Eternity's Gate*, 2018, PG-13. Willem Dafoe plays painter Vincent Van Gogh.

*Stan & Ollie*, 2018, PG. Steve Coogan and John C. Reilly play Stan and Ollie on their final 1953 tour.

*The Last Resort*, (Documentary). About 1970s Miami Beach, home to the largest cluster of Jewish retirees in the country.

*Citizen Kane*, NR. 75<sup>th</sup> Anniversary Edition of this highly-rated Orson Welles' film.

*Paper Clips* (Documentary).

Touching story of a small Tennessee town that decided to teach their middle-school students about the Holocaust by depicting the 6 million Jews by six million paper clips. Their project ultimately led to the creation of a memorial site with an original boxcar from the Holocaust.

*My Cousin Vinny*, R. A newly minted lawyer from the city (Joe Pesci) tries to defend his city cousin, who is being tried for murder in a small southern town.

### Harvard Beats Yale

(Documentary), "The most famous football game in Ivy League history - the 1968 Harvard-Yale game - is brought to life in this exhilarating documentary."

*Saving Private Ryan*, 1998, R. This classic World War II drama tells the story of US soldiers who try to save a fellow soldier, paratrooper Private Ryan, who is behind enemy lines.

- Andrea Miller

## Meadows in Motion

Spring is upon us—I hope you share my excitement as the campus' beauty comes to life over the next couple of weeks. We are so fortunate to have a beautiful 166-acre campus with walking trails, gardens and tons of outdoor amenities. I look forward to seeing you around campus in one of the serene hideaways soon! Below, please find a few important updates on campus happenings:

**Birchtree:** This month we plan to host prospective residents for informational luncheons to learn more about the details of our campus' newest neighborhood. The early response to these 40 homes has been tremendous, with more than 88 households scheduled to attend an event to learn more. The newest building concept adds an additional variety to the villas and apartment homes by combining the best of both designs into the convenience and beauty of a "hybrid home." Invitations to the informational luncheons are for those on the Carolina Meadows Ready List.

(Continued on p. 7, "Meadows")

## Music at the Meadows In the Auditorium

### Gospel Jubilators, Gospel

Using "only the instruments God gave them," Durham's Gospel Jubilators have kept the jubilee tradition alive for the more than forty years since John P. Conner formed the ensemble in 1972. They perform a cappella music with purity and style, hearkening back to the golden age of gospel in the '30s and '40s and to its African American roots. Now in their second generation, they were featured in the North Carolina Symphony's "Blue Skies and Golden Sands" production at Meymandi Concert Hall in 2009, and at the opening ceremonies for the North Carolina Museum of Art's grand reopening of its East Building in 2010, as well as at a number of other prestigious events. **Tuesday, May 14, 7:30 pm.**

### Triangle Winds, Modern

The Triangle Wind Ensemble, based in Cary, comprises many of

the area's most talented wind and percussion instrumentalists. Their repertoire includes transcriptions of orchestral classics, original compositions for wind band, and popular medleys and arrangements, as well as patriotic music for special occasions.

Now celebrating its twentieth anniversary, the Ensemble gives concerts throughout North Carolina, partners with high school and university ensembles, and performs for community and senior residential audiences such as ours. **Tuesday, May 28, 7:30 pm.**

### Ben Maxwell and Jacob Wang, Classical

We welcome Benjamin Maxwell, Cellist with the New England Conservatory of Music, and Jacob Wang, Pianist with the University of Michigan, for a return concert at Carolina Meadows. It promises to be a unique opportunity to hear young musicians perfecting their art. **Friday, May 31, 7:30 pm.**

- Norm Miller

## Football Fatalities and Catastrophic Injuries

The second edition of *Football Fatalities and Catastrophic Injuries, 1931-2016* by Frederick O. Mueller and Robert C. Cantu, has been published by the Carolina Academic Press and a copy has been placed in the Carolina Meadows Library. The book covers 86 years of fatalities and catastrophic injuries in youth, high school, college, and professional football. It also includes chapters on the medical aspects of football brain and spine injuries, chronic traumatic encephalopathy (CTE), medical aspects of football cardiac and envi-

ronmental conditions, the history of the National Center for Catastrophic Sport Injury Research, and risk management strategies for football.

Fred Mueller is a Carolina Meadows resident and Bob Cantu is an internationally known neurosurgeon from Boston, MA.

(Continued from p. 6, "Meadows")

**Resident Satisfaction:** Thank you to those who completed a resident satisfaction and engagement survey. We expect to receive results from the survey by the end of May and will schedule a Town Hall meeting to share an overview of the results in the months following. We appreciate your feedback!

**Dining:** We hope you have noticed the new menus in the Pub and Courtyard dining rooms. A key feature is the expansion of daily specials. The base menu items are made up of top sellers from previous months, with five additional daily specials added to create some adventure and variety. An additional enhancement is the availability of beer and wine service in the Marketplace during dinner hours. We hope you enjoy these new additions!

**Employee Engagement:** Similar to the resident satisfaction and engagement survey you recently completed, this month we will also be engaging our staff to hear about their experience and overall satisfaction. Recruiting and retaining the best staff is a key strategic objective and critical to our ability to deliver an exceptional resident experience. We look forward to sharing an overview of these results with residents and staff soon.

- Ben Cornthwaite, COO and  
Executive Vice President

## Sharing Stories from Our Lives

**3 pm Game Room, Tuesday, May 7**

Topic: "Someone Special in My Life"

Bring a treasured or interesting possession or photo that has meaning for you, and a story attached.

Everyone is welcome...you can just come and enjoy listening to your neighbors' stories and get to know them better. Or better yet, share one of your own.

Contact Vivienne Jacobson, the group's facilitator, at (919) 968-9664, if you have any questions. No registration required. Hope to see you there!

## Art in Bloom at Carolina Meadows

Calling all floral designers, fans of Art in Bloom at the NC Museum of Art, and art-and-nature enthusiasts of all stripes. It's time for Art in Bloom 2019 at Carolina Meadows. If you have ever felt inspired by the floral interpretations on display at an Art in Bloom event and would enjoy the challenge and fun of creating something like that yourself, you will soon have that opportunity. Plans for Art in Bloom 2019 at Carolina Meadows are underway, and all residents are invited to participate.

Some residents will remember similar previous special events. "Art and Nature," a popular special event in 2012, featured imaginative displays that included not only flowers, but also a wide range of fruits and vegetables—even okra. In 2015, we held our first "Art in Bloom." French Impressionism provided the theme, and mounted photographic reproductions of the selected paintings were exhibited with their floral interpretations.

This year the theme is American Art. Find your inspiration in a

painting by an American artist. Participants may choose from a selection of photographic reproductions that will be available in Jody Hite's office in the Club Center.

You are cordially invited to sign up in the Activities notebook for this fun event, which will be held on **June 11-12**. On these two days, the flower arrangements—and pictures of their companion paintings—will be displayed in the Lobby of the Carolina Meadows Club Center for all to enjoy. To create an arrangement, you may use flowers, fruits, greenery and even vegetables from your garden or grocery stores. Let imagination be your guide.

**Sign up in the Activities notebook throughout the month of May** in order to receive additional information and to select a mounted reproduction of a painting by an American artist to serve as your inspiration. This is not a contest and there will be no judging. Our focus is on combining flowers and other natural materials and works of art as a way to celebrate their beauties and pleasures.

## Display Cabinet

The Display Cabinet will sparkle with a collection of crystal during the month of May. Many pieces are precious family items, passed down for generations. Others are from travels abroad – some new, some old but all treasured by some of our residents.

Always, we encourage anyone with a collection of handwork or crafts to contact the display committee to exhibit in future months. Call Betty Lindsay (919) 942-4479.  
- Betty Lindsay

## D-Day Reference Material



On **June 6**, we will be celebrating the seventy fifth anniversary of D-Day, the masterful attack against the German defenses along the Normandy beaches. In preparation, the CM Library has agreed to add additional books on

## AIM Art In the Meadows

May Artists of the Month – Thursday morning watercolor class participants.

Artists & Photographers – It's been said your art is not finished until it is exhibited. Volunteer to be an "Artist of the Month!" Recent works not necessary. Repeat exhibitors welcome. Sign up sheet on art studio bulletin board, or contact Margaret Zircher (919) 967-1102 <zircher@me.com> for more information.

Sketch Book "Review" – **Wednesday, May 8, 10 am in the Art Studio.** Artists meet to share and discuss sketch book entries and project ideas. No theme for May. No sign up required – just come. For more information, contact Margaret Zircher.

Artist Collaboration & Workshop - **Every Wednesday, all day.**

Art Studio Schedule - Come paint or create when room not in use.

If you would like a schedule emailed to you monthly, send Margaret Zircher an email <zircher@me.com> with subject "Send Studio Calendar." Otherwise, the calendar can be found on the art studio bulletin board calendar, and on <<https://meadowlife.org/activities/art-guildgallery-exhibit>>

the subject to our shelves. Please check them out:

*D-Day* by Stephen Ambrose  
*The Dead and Those About to Die* by John C. McManus

*Fields of War: Battle of Normandy* by Robert Mueller  
*D-Day Normandy Landing Beaches: Battlefield Guide* by Tonie Holt and Valami Holt

*D-Day Through German Eyes* by Holger Eckhertz



## Films for May Shows start at 7:15 pm in the Auditorium

Besides free popcorn, we are offering another incentive: If you wish to talk about the movie you have just seen, come down front during the credits and we'll talk about it. YOU are choosing the movie. There is a box on the table in back into which you can put your recommendations. However, be advised that if it is not available on Netflix or in our library, does not have subtitles, or if it has been shown recently, we will not show it.

Caveat: Occasionally the scheduled movie does not arrive or there is something wrong with the DVD, so it is always wise to check *Meadow-Life* or the bulletin board on Friday or Saturday.

### May 4 *The Longest Ride* (2015)

2 hours, 8 minutes – PG 13

Lolita Davidavich, Britt Robertson, Alan Alda, and an appearance by our own Naomi Eckhaus! Told via concurrent stories that ultimately converge, this adaptation of the Nicholas Sparks novel follows an old man consoled by reminiscences of his late wife as he's trapped after a car crash, and a young couple falling in love in a nearby town.

### May 11 *Vice* (2018)

2 hours, 12 minutes – PG 13

Christian Bale, Amy Adams, Steve Carrell, Sam Rockwell

Focusing on his powerful two-term tenure as second in command to US President George W. Bush, this biographical drama chronicles the long and controversial political career of Dick Cheney.

### May 18 *Leave Her to Heaven* (1946)

1 hour, 50 minutes – Not Rated

This 1946 Academy Award winner stars Gene Tierney as Ellen Berent,

a woman who bedazzles writer Richard Harland (Cornel Wilde) when the two meet on a train.

Their courtship is sweet and swift, leading to a hasty marriage, but sadness displaces the joy when a series of tragedies befalls the couple. Could these horrid events have anything to do with Ellen's burgeoning and all-consuming jealousy?

### May 25 *Of Gods and Men* (2010)

2 hours, 3 minutes – PG 13

French with English subtitles

A group of French Trappist monks making their home in the Algerian mountains have ample reason to believe they're in danger. But their assumption that there can be common ground between Islam and Christianity leads them to remain at the monastery.

## Mother's Day Concert with the Blame It On My Youth Jazz Orchestra

2:30 pm Auditorium  
Sunday, May 12

The Blame It On My Youth Jazz Orchestra is a premier youth jazz orchestra offering committed young musicians the opportunity to make music with some of the best teen players in the area. This audition-based orchestra consists of horns, winds, strings and rhythm section, and is open to students in sixth-twelfth grades.

BIOMY, under the musical direction of Erich Lieth and Matt DiDonna, performs for public community events in a range of jazz and popular styles, including scripted and improvised solos. This organization uses jazz music to teach excellence in musicianship, performance and conducting. Additional information is available at [www.BIOMY.org](http://www.BIOMY.org).

## Tuesday at the Movies

2 pm Auditorium

Tuesday, May 14

### *Bringing Up Baby*

1938 – Not Rated – 1 hour, 42 minutes

Love runs wild for a hapless scientist and an unstoppable heiress in Howard Hawks' classic screwball comedy that ranks high on the American Film Institute's list of the funniest Hollywood films ever made.

## Reminder to Readers

Book Sale in Auditorium

Tuesday, April 30, 2-7 pm

Wednesday, May 1, 9 am – 7 pm

Thursday, May 2, 9-11 am

Proceeds go to purchase books and DVDs for CM Library

It will be a Whale of a Sale!

## Musical Recitals

Piano Recital featuring students of Sara Zaleta

3 pm Auditorium  
Saturday, May 4

Piano Recital featuring students of Erich Lieth

3 pm Auditorium  
Sunday, May 5

Piano Recital

2 pm Auditorium  
Saturday, May 11

Piano Recital featuring students of Kim Philpott

10 am Auditorium  
Saturday, May 18

Harp Recital featuring students of Leigh Stringfellow

2 pm Auditorium  
Saturday, May 18

Piano Recital featuring students from Harmony Music Studios

1 pm Auditorium  
Sunday, May 19

## MET Opera on Demand

*The Pearl Fishers* (from Jan 2016)

**1 pm Auditorium**

**Wednesday, May 22**

**2 hours, 15 minutes**

Bizet's rarely heard opera returned to the Met for the first time in a century on New Year's Eve 2015, in Penny Woolcock's acclaimed new production. Star soprano Diana Damrau sings Leïla, the virgin priestess at the center of the story. Matthew Polenzani and Mariusz Kwiecien are Nadir and Zurga, rivals for Leïla's love, who have sworn to renounce her to protect their friendship—and who get to sing one of opera's most celebrated duets, "Au fond du temple saint." Nicolas Testé is the high priest Nourabad and Gianandrea Noseda conducts Bizet's supremely romantic score.

## Jewelry Design and Repair

**1 – 4 pm Art Studio**

**Monday, May 6, and Tuesday, May 21**

For all experienced jewelry makers, open classes are \$10 per afternoon.

Jewelry repairs may be dropped off at any time between **1-3 pm** on the scheduled monthly open classes.

If you would like to have a beginner's session, please contact Eva directly at (919) 797-0289.

### Save the Date!

### Bronze Voices

**7:30 pm Auditorium  
Tuesday, June 3**

The hand bell choir from United Church of Chapel Hill. Come out and hear the many voices of hand bells and learn about their history.

# ACTIVITIES

## Memorial Day

On **Monday, May 27**, please join us in the **Auditorium at 11 am** to celebrate the beginning of summer and to reflect on the lives and contributions of the service members in our lives who have given their all. Wear your Poppies proudly, or should they be Forget Me Nots? Who's got the answer to that conundrum?



*Arlington National Cemetery*

Unlike Veterans Day, which traces its origin directly to the signing of the Armistice agreement with Germany on November 11, 11 am, 1918, there is still some confusion about the precise date and location of the first Decoration Day (Memorial Day) celebration and about the proper flowers to be used to commemorate the event. When browsing through official records you will find only ambiguous statements about the origin of that celebration.

What we do know, however, is that people on both the Union and Confederate sides of the Civil War felt a similar need to unite in

remembering the sacrifices made by the men and women who died in that conflict.

It may be of more than academic interest to try to resolve these confusing views. But the truth is, we have, over the years as a nation, joined in the common purpose to give thanks to those who have made the ultimate sacrifice in fighting for what they believed in and for what has become

our United States. As memories of the US Civil War become more nuanced and less divisive, there are more recent tales of military heroism that capture our imagination. For instance: The daring helicopter raid on Osama bin Laden's home by Seal Team 6, in Abbottabad, Pakistan. Yes, he of 9/11/2001 fame.

As I write this article, Richard E. Cole just passed away at age 103. He was the last member of the daring Doolittle's Raiders, who launched an incredible raid from the US Carrier Hornet to prove to the Japanese that the US could launch an airborne attack on Tokyo on April 18, 1942.

It's time to celebrate that and to give thanks to those who have contributed to the prowess and freedom of our nation.

- Peter Baer, *Patriotic Celebrations*

## Restaurant Review: Oishii at Timberlyne

Oishii is an "okay" enough place to visit after a movie at the nearby theater or just because you have some free time and curiosity about the long-running restaurant.

Don't get your expectations too high; its value rests in its proximity to the movie house and the promise of a lazy day with a movie and a meal. The interior is as bland as its surroundings. You'll never imagine you're anywhere but at "just a place" to fill a free day.

The interior is bleak enough with maroon walls and dark tables and chairs alongside a bar. But there it is: the right place at the right time. It follows that the food is as unexceptional as it is convenient.

How do you like your grease? You might conclude that grease is a main ingredient, so plentiful on our plates. We have plenty of samples as in the pork and vegetable dish under a cover of crispy rice.

The shrimp and vegetable choice, likewise, comes with salad greens, all of small inspiration and flavor. An order of shrimp is sautéed and is served over broccoli along with snap peas and carrots. It, too, is a veritable bouquet of shiny fats.

Aside from the noise level in only a half-filled restaurant, you may be unsurprised that the check rests on the table throughout the entire meal, either forgotten upon taking our order or else a reminder that it is the worst and last to come.

We can't always win, so enjoy! Hey, Oishii means "delicious," or so I'm told.

- Dorothy Mahan

## Community Outreach Corner

Thanks to everyone who donated to the Habitat for Humanity goods drive! Big congratulations to the three employees who have become US Citizens. All are members of our housekeeping team - Ana Cartagena and Wendy Solorzano in the Pines and Bertha Moreno in the Fairways. Two of them attended citizenship classes led by residents as part of our initiative with the Chatham Literacy Council.

The Community Outreach Committee will be hosting an **Incontinence Awareness and Goods Drive from April 29 to May 3**. During this drive, there will be a table staffed in the Lobby during lunch where residents and employees can leave donations of adult pull-ups to benefit the Council on Aging. The Health and Wellness Committee is also co-sponsoring a **Medical Update-Extra on April 30** titled "Incontinence is an Individual Problem but a Community Challenge." It will be held at **2 pm in the Lecture Hall on April 30**.

### **April 26-May 10 - Senior Games**

All residents! Come demonstrate your skills. Consider participating in the Chatham County Council on Aging's Senior Games & Silver Arts, a wellness and prevention program that seeks to keep the body, mind, and spirit fit while also fostering enjoyment with friends, family, spectators and volunteers. Seniors 50 or older are eligible to participate. Carolina Meadows is one of several games sponsors. For more information and a list of the sports and arts involved, contact Liz Lahti, Chatham Senior Games Local Coordinator, (919) 542-4512, ext. 228 or <liz.lahti@chathamcoa.org> You

can check the Council website <<http://chathamcouncilonaging.org/activities/seniorgames/>>. Please contact Abbie or Alan Tom, (919) 933-8972, with questions.

### **May 9-18 - CORA Drive**

The Chatham Outreach Alliance (CORA) provides food to those within our community who are in need. Last year, we donated over \$41,000. CORA also welcomes volunteers (stocking shelves, helping shoppers, etc.). For more information, visit their newly-designed website. And please continue the Carolina Meadows tradition and donate generously during the CORA Drive in May. <<https://www.corafoodpantry.org/>>

### **June 5 - Auditorium - Rise Against Hunger Returns!**

Save the date! Our partnership with Rise Against Hunger continues! We are holding another Rise Against Hunger event on **Wednesday, June 5 in the Auditorium**. There will be two shifts, and all are welcome to volunteer. More details will be coming in the sign-up book.

A reminder that the schools need volunteers. Lunch Buddies are needed in Chatham County. Buddies provide students in grades K-5 a positive one-to-one relationship with a caring adult for support, attention and friendship by enjoying lunch together. For more information contact Shirille Lee, Student Support Specialist/Youth FIRST at Communities in Schools in Chatham - <[shirille@cisatham.org](mailto:shirille@cisatham.org)> or (919)633-0116 ext. 404

Chapel Hill-Carrboro City Schools are looking for school reading partners to read with individual students. Contact Jenny Walters for more information <[srp@chccs.k12.nc.us](mailto:srp@chccs.k12.nc.us)> or (919) 967-8211, ext. 28336. -Judy Jones

## Community Gardens

One of the mysteries of gardening at Carolina Meadows is how to grow tomatoes successfully. In recent years, the soil in the raised beds has become infected with a wilt that appears to carry over from year to year. Tomato wilt cannot be treated; plants gradually die.

One traditional response is to rotate where tomatoes are planted from one year to the next, thus giving the wilt-infected soil a chance to rest. However, in our small plots, crop rotation is very hard to do. Some gardeners have quit trying to grow tomatoes, even giving up gardening entirely due to their problems with growing tomatoes.

Perhaps the best response to

soil infection is to seek tomato varieties that are wilt-resistant. When purchasing tomatoes, look for such a designation on the plant tag or ask a vendor to identify wilt-resistant varieties. Another approach is to seek varieties which have seemed to prosper in our own garden area. Carolina Meadows gardeners have recommended such varieties as Celebrity, Roma, Early Girl, Red Cherry, and, our favorite, Sungold, a yellow tomato that is fast becoming the most popular cherry tomato. Sungolds have a range of flavors – tart to sweet – depending on the shade of yellow when picked.

Best of luck growing tomatoes; you'll need it at CM.

- Margy King and Alan Tom

## Bocce Players Switch To Spring/Summer Schedule

With snowflakes a memory, the arrival of warm spring weather has bocce players switching to playing in the morning. The spring/summer schedule, which began on Monday, April 15, will continue the weekly games on **Mondays, Wednesdays and Fridays at 9 am.**

No previous bocce experience is necessary. Current players are happy to teach the simple rules to newcomers to the game. We are hoping that more residents will come out and join the fun.

For more information, contact Tom Kelley at (919) 240-4132 or email: <newsynight@aol.com>.

## Celebrate National Nurses Week May 6-12

We would like to invite **any Carolina Meadows resident who was/is a nurse** to join our Carolina Meadows nursing staff at a cookout on **Friday, May 10, from 11 am to 1 pm in the Fairways Parking Lot.** Please contact Jody Hite (919) 370-7171, **by Monday, May 6**, if you would like to join us for lunch.

- Kathy Norman, Pines Administrator

## Woodturning Demonstration

Woodturning is the craft of making various objects – bowls, platters, vases, candy containers, bottle stoppers, candle holders, chalices and others by shaping wood that spins on a lathe with sharp tools, called gouges.

On **Wednesday, May 8 (10:30 am – noon)**, Stephan Moll, a hobby woodturner from Chapel Hill, will demonstrate in the **Carolina Meadows woodturning shop** the various steps that lead from a tree trunk to a beautiful finished bowl. The goal of this 1.5-

hour event is not to make the participant into a woodturner but rather to share with any interested person the joy of working with wood and creating something out of wood. Stephan will discuss how to choose and get suitable wood, and how to prepare it for the lathe. He will demonstrate on the lathe the process of woodturning, sanding and finishing a piece.

Everybody is welcome – the interested non-woodworking person as well as the hobby woodworker – really anybody interested in learning something about wood and woodturning.

- Bob Rich

## Cookie Sale Fundraiser at The Green

Join the Green Residents at their next Cookie Sale Fundraiser on **Thursday, May 16 from 2:30 to 3:30 pm in the Fairways Activity Room.**

Just \$1.00 gets you a bag of three cookies and proceeds will benefit local organizations. Limit 4 bags per person.

## CORA Annual Drive: May 9 – 18

More than 9,000 individual Chatham County residents received food from CORA last year. Thousands of children were hungry and thousands of families experienced the anxiety of not having enough money to buy food.

Appeal letters and more information will be in your mailbox. Please read the material and respond with a generous donation.

Also, once again, you can contribute up to \$50 from your dining account.

PS: Why not consider contributing from your IRA?



## Spring Bird Count

Join Birders @ CM and Steve Graves to walk the Carolina Meadows campus counting birds on **Sunday, May 12**. Gather in the **Club Center Lobby at 8 am**.

Steve began counting birds on this property before Carolina Meadows was built. The spring visitors pass through or nest on our campus. Past counts have included such species as warbler, tanager, oriole, vireo, swallow, and thrush. We use (and provide data to) the checklist provided by the Chapel Hill Bird Club (CHBC). The CHBC maintains the checklist of all the birds ever recorded in a bird count in Orange, Chatham and Durham counties from 1975 to the present with species frequency designations for every week of the year. Data on changes in populations of birds are indicators in research about changes in pollution, climate, habitat loss, migration, etc. Please join this annual spring citizen science event.

No experience is required. Bring binoculars if you have them and a hat for sun protection. Participate as long as you can. Golf carts are welcome. For more information, visit Birders @ CM in the Hobbies section of the Activities Tab on *MeadowLife*.

Contact Margaret Scott (919) 929-1281 or <mt\_scott@mindspring.com> to sign up for this activity.

- Margaret Scott and Margaret Wainwright

## May Social Hour

Join us for another Social Hour on **Wednesday, May 8 at 5:15 pm in the Club Center lobby** (following the MeadowSingers Spring Concert). Scott Schillin will be back to entertain us with his outstanding piano music. We will also have bar service, including non-alcoholic beverages (billed to your account), along with free appetizers.

Seize the opportunity to socialize informally **on the second Wednesday of each month** with drinks, appetizers, and Scott's unique piano music.

- Sam Ligon

## Golf Report

There is great news about the golf course. The greens, with the exception of #4, which was done last year, will all be redone with the same zoysia as is on #4. Greens 7 and 9 must be redone entirely in order to provide better drainage.

To do this, the course behind buildings 1, 2, and 3 (holes 7-9) will be closed shortly after Memorial Day for about a month. Holes 1-6 will remain open for about two weeks and then be closed as those greens will have the current sod removed and replaced. In all, there will be about a 4-5 week interruption in being able to use the entire course. We may be able to use temporary greens on holes 1-6, however. We'll keep you posted as to whether that will be feasible.

- Gus Conley

## Genealogy Meeting

The interest in our kinships from yesteryear continues. Bring your family history and share with others. Read the letters; tell your favorite stories of your ancestors; and relate your sources and contacts. Come to the meeting with your ideas and suggestions for future meetings, along with pen and paper to record important source information. **Tuesday, May 7 at 2 pm in the Board Room.**

- Ruth Muller

## May Activities

### Sign up in the sign-up book:

**Durham Bulls vs. Lehigh Valley Iron Pigs**

**Wednesday, May 15**

Deadline: **Thursday, May 2**

Cost: approx. \$31 per person

Load: **6 pm**

**Funky Lunch Bus! to TBD**

**Wednesday, May 15**

Deadline: **Monday, May 13**

Cost: approx. \$8.00 per person

Load: **11 am**

**Jordan Lake Boat Tour**

**Thursday, May 23**

Deadline: **Monday, May 20**

Cost: \$33 per person

Load: **10:15 am**

**NC Museum of History – North Carolina and the Space Race**

**Wednesday, May 29**

Deadline: **Thursday, May 23**

Cost: \$18 per person + lunch at Amedeo's Load: **10:45 am**

**The Raleigh Ringers 2019**

**Spring Concert**

**Sunday, June 2**

Deadline: **Wednesday, May 15**

Cost: approx. \$41 per person

Load: **2 pm**

**Durham Bulls vs. Toledo**

**Mudhens**

**Tuesday, June 11**

Deadline: **Tuesday, May 22**

Cost: approx. \$31 per person

Load: **6 pm**

**Speed Friending – A new way to meet people at CM**

**2 pm, Game Room, Fri., May 17**

Whether you have been at CM for many years or only a few months, it can be difficult to meet people unless someone introduces you. You may want to get to know someone better whom you have

(Continued on p. 14, "Speed")

## Wellness Corner

All exercise classes will be **cancelled Monday, May 27** in observance of Memorial Day.

Good luck to all Chatham County Senior Games participants. Reminder: CM will host the men's **Bocce event on Wednesday, May 1 at 9 am**. Spectators are welcome!

The Wellness Department is excited to announce the arrival of the new HUR strength training equipment. On **Monday, May 13, beginning at noon and all day Wednesday, May 15 (8am-6pm) the Exercise Room equipment area will not be accessible**. All classes will be held as scheduled. The Exercise room entrance doors will be closed. Please enter from the café or apartment side entrance. We apologize for the inconvenience.

**Cardio Fit** held on **Mondays, from 4:30 to 5pm in the Exercise Studio**. This is a low impact, jazzercise style, aerobic dance class. Enjoy easy to follow dance routines. No registration needed.

Join us as we celebrate **National Senior Health and Fitness Day on Wednesday, May 29**. The indoor walking track and a golf station will be set up in the **Auditorium from 9 am to noon**. All participants will be entered to win a basket from Fresh Market. There will be a reception spotlighting the new HUR equipment in the **Exercise Room from 3-4 pm** with punch and light refreshments.

**Register in the Wellness Book for the following classes that are located in the Exercise Studio.**

**Awareness Through Movement®: Improve Your Walking Posture, Balance, and Speed. Mondays, 10:45 – 11:45 am, May 13 – July 8.** Cost is \$40 for series. The

key to masterful walking is in the spine, shoulders, and pelvis. When these body parts move in a well-coordinated way, amazing improvements will happen in your walking posture, balance, and speed. You must be able to get up and down from, as well as lie comfortably, on the floor.

**Nia Moving to Heal** is ideal for people who are just starting with exercise and want a fun, joyful way to get active. We spend 30 minutes up dancing on the floor and 15 minutes moving in a chair. 8-week series **May 1-June 19, 11:30 am-12:15 pm**. Cost is \$30 for series.

(Continued from p. 13, "Speed")

seen in one of your classes or volunteer activities, or find some folks with common interests. Your Wellbeing & Engagement committee is offering a guaranteed fun experience on **Friday, May 17 at 2 pm**. Try this enjoyable "getting-to-know-you game" yourself or bring a friend or neighbor so you can both expand your connections here in our Carolina Meadows home. Please sign up in the Activities Sign-up Book.

- Karen Monaco and Kris Snyder, Wellbeing & Engagement Committee



For Mother's (and Children who need to acknowledge their Mother), the Gift Shop now has:

- TAGUA Ecuadorian Jewelry – fair trade with bold designs and colors – a great match for a colorful Spring wardrobe
- Sterling Silver Earrings
- European Dark Chocolate candy bars (regular and sugar-free)
- **And, the 2019 Voices (\$5 including tax) – perfect for a quiet afternoon of reflection on family and friends**

Also new to the shop:

- Night Lights – switched, battery operated - perfect in a closet or bedside for that emergency trip at night
- New Wild Hare Design Bistro Towels
- Coming May 7 - 2019 Resident Directories (\$5 which can be charged to your CM Account)

**The Carolina Meadows Gift Shop – here for YOUR convenience**

## May 2019 Meadowlark

DAY	DATE	TIME	EVENT	LOC	PAGE
April	26	All day	Senior Games (through May 10)		11
	30	2:00 PM	"Incontinence is an Individual Problem"	LH	11
May Wed	1	9:00 AM	CM Hosts Men's Bocce Event (Bocce Court)	BC	14
		9:00 AM	Book Sale (to 7 PM)	AUD	9
		10:30 AM	*Board Listening Post	BR	3
		11:30 AM	Nia Moving to Heal (weekly through June 19)	ES	14
		All day	Artist Collaboration & Workshop (every Wednesday)	AS	8
		All day	Incontinence Goods Drive (through May 3)	CCL	11
Thurs	2	9:00 AM	Book Sale (to 11 AM)	AUD	NA
		1:30 PM	Residents Council Meeting	BR	NA
Fri	3	10:30 AM	World Affairs: "The Global History of Warfare"	AUD	4
		11:00 AM	Music Appreciation: Tchaikovsky Violin Concerto	FG	5
Sat	4	10:00 AM	"The Search for Extra-Terrestrial Intelligence"	LH	3
		3:00 PM	Piano Recital: Students of Sara Zaleta	AUD	9
		7:15 PM	Saturday Film: <i>The Longest Ride</i>	AUD	9
Sun	5	3:00 PM	Piano Recital: Students of Erich Lieth	AUD	9
Mon	6	9:00 AM	Bocce (Mondays, Wednesdays, Fridays) Bocce Court	BC	12
		1:00 PM	CMU: "Is Democracy at Risk in a Post-Truth World?"	AUD	3
		1:00 PM	Jewelry Design and Repair	AS	10
		4:30 PM	Cardio Fit (every Monday)	ES	14
Tues	7	11:00 AM	Philosophy Group: "Why vote?"	LH	4
		1:15 PM	Mahjong (every Tuesday)	GR	3
		2:00 PM	Genealogy Meeting	BR	13
		3:00 PM	Sharing Stories: "Someone Special in My Life"	GR	7
		3:00 PM	Mental Health Awareness Program	AUD	5
Wed	8	10:00 AM	Sketch Book "Review"	AS	8
		10:30 AM	Woodworking Demonstration (Wood Shop)	WS	12
		4:00 PM	Meadowsingers' Concert	AUD	5
		5:15 PM	May Social Hour	CCL	13
Thurs	9	All day	CORA Drive (through May 18)		11
		1:30 PM	Residents Association Meeting	AUD	NA
Fri	10	10:30 AM	World Affairs: "Local Government & Housing Discrim."	AUD	4
		11:00 AM	Music Appreciation: Brahms Violin Concerto	FG	5
		11:00 AM	*Nurses Cookout (Fairways Parking Lot)		12
Sat	11	2:00 PM	Piano Recital	AUD	9
		7:15 PM	Saturday Film: <i>Vice</i>	AUD	9
Sun	12	8:00 AM	Spring Bird Count	CCL	13
		2:30 PM	Blame It On My Youth Jazz Orchestra	AUD	9
Mon	13	10:45 AM	Awareness Through Movement (weekly through July 8)	ES	14

## May 2019 Meadowlark

Tues	14	12:00 PM	*Women's Luncheon: "Lessons Learned..."	PDR	4
		2:00 PM	Tuesday Movie: <i>Bringing Up Baby</i>	AUD	9
		7:30 PM	Music @ Meadows: Gospel Jubilators	AUD	7
Wed	15	8:30 AM	*Men's Breakfast: "Restoring the Florida Everglades"	PDR	4
		11:00 AM	*Funky Lunch Bunch	CCL	13
		6:00 PM	*Durham Bulls vs. Lehigh Valley Iron Pigs	CCL	13
Thurs	16	2:30 PM	Cookie Sale Fundraiser (Fairways Activities Room)	FAR	12
Fri	17	10:30 AM	World Affairs: "NATO and America, A Love Story"	AUD	4
		11:00 AM	Music Appreciation: Monteverdi <i>1610 Vespers</i>	FG	5
		2:00 PM	Speed Friending	GR	13
		7:30 PM	"Iceland in January: Why Would You Do That?"	AUD	5
Sat	18	10:00 AM	Piano Recital: Students of Kim Philpott	AUD	9
		2:00 PM	Harp Recital: Students of Leigh Stringfellow	AUD	9
		7:15 PM	Saturday Film: <i>Leave Her to Heaven</i>	AUD	9
Sun	19	1:00 PM	Piano Recital: Harmony Music Studios	AUD	9
Tues	21	11:00 AM	Philosophy Group: "Moral Luck"	LH	4
		1:00 PM	Jewelry Design and Repair	AS	10
Wed	22	1:00 PM	MET Opera: <i>The Pearl Fishers</i>	AUD	10
Thurs	23	10:15 AM	*Jordan Lake Boat Tour	CCL	13
Fri	24	10:30 AM	World Affairs: <i>Fraud: An American History...</i>	AUD	4
		11:00 AM	Music Appreciation: Wagner Ring without Words	FG	5
Sat	25	7:15 PM	Saturday Film: <i>Of Gods and Men</i>	AUD	9
Mon	27	11:00 AM	Memorial Day	AUD	10
Tues	28	7:30 PM	Music @ Meadows: Triangle Winds Ensemble	AUD	7
Wed	29	9:00 AM	Senior Health and Fitness Day: Walking and Golf station	AUD	14
		10:45 AM	*NC Museum of History	CCL	13
		3:00 PM	New HUR Equipment opening	ER	14
Fri	31	11:00 AM	Music Appreciation: Elgar <i>Enigma Variations</i>	FG	5
		7:30 PM	Music @ Meadows: Ben Maxwell and Jacob Wang	AUD	7
<b>June</b>					
Sat	1	10:00 AM	Art Gallery Exchange	AG	5
Sun	2	2:00 PM	*The Raleigh Ringers	CCL	13
Tues	11	6:00 PM	*Durham Bulls vs. Toledo Mudhens	CCL	13

\*Requires sign-up

AS: Art Studio      AUD: Auditorium  
 CCRR: Club Center Rec. Room  
 DR: Dining Room    ES: Exercise Studio  
 FLR: Fairways Living Room

BR: Board Room  
 CRAC: Conf. Rm., Activity Ctr.  
 FC: Fitness Center  
 GR: Game Room

CCL: Club Center Lobby  
 CYD: Courtyard  
 FG: Fairways Gallery  
 AG: Art Gallery