

Briefs

Mt. Carmel breakfast

Country ham, sausage, bacon, eggs, grits, gravy and stewed apples are among the items on the menu for Mount Carmel Baptist Church's annual County Breakfast (motto: "A Breakfast Grandma Would Be Proud Of") on Saturday from 7:30 to 11:30 a.m. The all-you-can-eat meal costs \$10 for adults and \$5 for children under 12.

ChathamArts reception

ChathamArts will present a reception on Feb. 26 for Darryl Hunt, an activist who was exonerated after 19 years in prison for a rape and murder he did not commit, and Adam Zucker, whose film *Greensboro: Closer to the Truth* examines the outcome of the Greensboro Massacre, when five people were killed by Nazis and Klansmen during a daylight rally

The reception will be held from 6:30 to 8:30 p.m. at The Inn at Celebrity Dairy. Tickets are \$45 and there is a 40-person guest limit. Reservations must be made by Tuesday.

For tickets or location information, visit [chathamarts.org/sustainablecinema/feb262011-ticket.html](http://chathamarts.org/sustainablecinema/feb262011-ticket.html)

Summer camp registration

Registration for Chapel Hill Parks & Recreation summer camps has begun for Chapel Hill residents. Registration begins Monday for other Orange County residents and Feb. 21 for non-residents.

Visit [townofchapelhill.org/register](http://townofchapelhill.org/register) or visit one of the following locations between 8:30 a.m. and 5 p.m. Monday through Friday: Parks and Recreation Administrative Office (200 Plant Road), Chapel Hill Community Center (120 S. Estes Drive), Hargraves Community Center (216 N. Roberson St.) or Homestead Aquatic Center (300 Northern Park Drive).

Rabies clinics scheduled

Orange County's Animal Services Department has scheduled its \$10 rabies vaccination clinics for 2011.

Animal Services will offer one-year vaccinations at 10 scheduled clinics between February and October. The first is Feb. 17 from 1 to 4 p.m. at the Animal Services Center at 1601 Eubanks Road in Chapel Hill.

Dogs must be on leashes and cats must be in individual carriers. Animals that may be nervous or unsettled should be kept inside a vehicle for their vaccination.

Spay Neuter Day

To combat pet overpopulation in Orange County, the Animal Services Department is celebrating "Spay Neuter Day USA" on Feb. 22.

In recognition, Animal Services, with assistance from the Department of Social Services (DSS), has partnered with the Pet Overpopulation Patrol of North Carolina to offer free spay and neuter surgeries to pets of households that receive services from DSS.

For information on Spay Neuter Day USA, or to find out whether you qualify to receive services, call Sarah Fallin at 942-7387, ext. 224.

Paws4Ever opening

Paws4Ever, a pet adoption and training advocacy group, seeks donations and volunteers as it prepares to open its new resale store in Hillsborough on John Earl Street, next door to My Secret Closet and Lulu's Reduz.

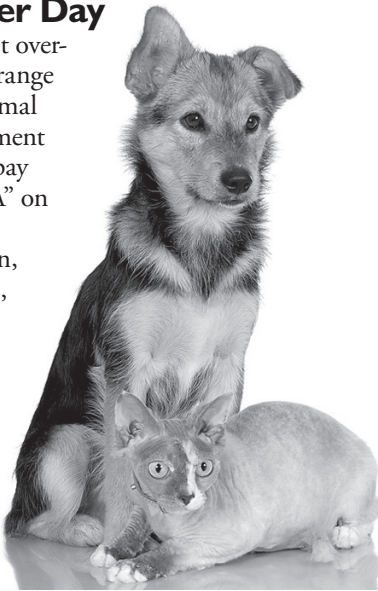
The store's grand opening is scheduled for Saturday from 10 a.m. to 4 p.m.

Information on volunteering at the store and the type of items needed can be found at [paws4ever.org/page/ReSaleStore](http://paws4ever.org/page/ReSaleStore)

Earth Day festival

Chapel Hill Parks & Recreation will present the Earth Action Day Festival, a celebration for sustainable living, on April 9 from noon to 5 p.m. at Southern Community Park. The festival will feature live entertainment, interactive activities for all ages and plenty of local food.

Register at [townofchapelhill.org/earthday](http://townofchapelhill.org/earthday) to host an exhibit at the festival. The application deadline is March 10. The entry fee for nonprofits and artists is \$40 and \$75 for commercial organizations. Local artists are encouraged to apply to sell their art.



HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with *The Carrboro Citizen* to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to [yourhealth@unc.edu](mailto:yourhealth@unc.edu)



This week we respond to questions about changing physicians and dealing with chigger bites.

Dear *HOUSE Calls*, I've been seeing a primary-care doctor for fibromyalgia. While I know my doctor is smart, I'm not entirely satisfied. What is the proper protocol to see another doctor in the same practice?

That's a tough question. We would encourage you to first see your doctor and discuss your concerns. Do you feel like he or she is not listening or appreciating your values, or is he or she just not putting together a diagnosis or treatment plan in a way that is satisfying to you? Doctors vary in personality and approach. If you have a lot invested in your relationship, though, we hate to see you give that up lightly. Could you merely say, "Dr. Jones, I feel like it would help me to get a second opinion"? If you are feeling like the problem is an irreconcilable mismatch in style,

you might want to try to address this by telling your doctor what your concerns are.

When we see a new patient who was unsatisfied with another doctor, we try to find out what the problem was and set mutual expectations. You can certainly make an appointment with a new doctor. You might see a doctor for a sinus infection, for instance, find that her style is what you are looking for, and ask if she is accepting new patients and would see you for your next follow-up. But you may find that the new doctor wants to continue to follow the old doctor's plan if you don't address your concerns head on. Good luck.

Dear *HOUSE Calls*, I went to a campfire the other night and I'm pretty sure I got chiggers. That night, I put bug spray on my arms but I forgot my legs. Over the following days, I became incredibly itchy all over, especially on my legs. I have

*little bumps all over my legs, and all I can do is scratch. I tried a bath and calamine lotion but I'm not getting any relief. What do you recommend?*

Oh, wow, that makes us itch to hear about it. The good news is that the itching will go away. We really like ice and cold compresses for this kind of problem. Over-the-counter antihistamines (e.g., diphenhydramine or cetirizine) can really help. A strong prescription steroid cream, like triamcinalone, can also be a huge benefit. If your itching is really bad, your doctor can prescribe prednisone, a potent anti-inflammatory pill. Hope you feel better soon, and don't forget the legs next time (we're sure you won't).

*HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.*

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**The ArtsCenter**  
For more information or to order tickets call 929-2787 x201 or go to [artscenterlive.org](http://artscenterlive.org)  
ArtSchool registration now open!

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**TODD SNIDER** • THU 3/17

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**TRANSACTORS-THE LOVE SHOW** • SAT 2/12  
**ONESONG PRODUCTIONS: The February 48** • SUN 2/13  
**NC COMEDY ARTS FESTIVAL** • THU-SUN 2/17 thru 19

**CHILDREN & FAMILY SUPER FUN SHOWS:**  
**THE OWL & THE TURTLE** • SAT 2/12 11am  
**ARTS CAMP REGISTRATION OPENS TO THE PUBLIC FEB. 14**

**facebook** **TICKETS ON SALE NOW!** **YouTube**

SUPER CROSSWORD AROMANCE

**ACROSS**

1 Tower town  
5 Ditch  
9 Married Mile.  
12 "— Life" ('66 hit)  
17 Acted like grandma  
18 Sils solo  
19 Tam material  
20 Sit in on a class  
21 Actor Alex  
22 "Aida" river  
23 "Meter" leader  
24 Actress Rivera  
25 Throb  
26 Loser to DDE  
27 Author Christie  
29 Stirrup site  
30 Riddle: Part 1  
36 Gridiron position  
37 Z — zebra  
38 Present for pop  
39 Dutch export  
42 Ms. Silkwood  
44 Wine variety  
50 Sought office  
51 Famed caravel

**DOWN**

52 Om, for instance  
53 Actress Joanne  
54 ABA member  
55 Skater Hughes  
56 Come out of one's shell  
57 Dutch export  
58 Sharif role  
60 22 Across  
61 Internet feature  
62 Riddle: Part 2  
63 Permit  
68 Grows light  
69 Studio  
73 Word with camp or tree  
76 "— Rolling Stone" ('65 hit)  
77 Groundwork  
79 Before, to Byron  
80 Mackie or Marley  
81 Wobble  
83 Add a lane  
84 It may be white  
85 Tiltmouse kin  
87 Emulate Elle  
88 — Castro  
90 "— vous plait"

91 Joyce's land  
92 Implore  
93 Answer to riddle  
104 "Exodus" protagonist  
105 Plaza Hotel kid  
106 Get a galley going  
107 Marineland performer  
108 Kanga's creator  
111 Construct  
112 Crow's toe  
114 TV's "Mad — You"  
115 Celebrity  
116 Mispickel and galena  
117 Costa —  
118 Rampal's instrument  
119 — apso  
120 Draft agcy.  
121 Dentist's directive  
122 French bean?

**DOWN**

1 Doggy  
2 Restless  
3 Left the Union  
4 Fuss and feathers  
5 A Lennon  
6 — setter  
7 West's "Diamond —"  
8 — kwon do  
9 Drilling site?  
10 Club creed  
11 Yale or Root  
12 Tic: — -toe  
13 "What?"  
14 "Farewell, Francois!"  
15 Big guy  
16 Austere  
17 Close the curtains  
19 Cart  
26 Postfix  
27 Exiled dictator  
28 Mary of "Dodswoth"  
31 Claire or Balin  
32 Big revolver?  
33 Lost  
34 "The Ramayana" heroine  
35 Barbie's boyfriend  
39 Austrian city  
40 Solemn statement  
41 "Wait — Dark" ('67 film)  
42 Ballet company  
43 Santa —, CA  
44 Smith or Page  
45 Like Machu Picchu  
46 Utmost  
47 Bizarre  
48 Nest , egg  
49 Zombie base  
51 Debra of "Love Me Tender"  
52 Bisect  
53 Splayed  
55 Use coupons  
56 Shampoo ingredient  
57 Middle Eastern airline  
59 Electrical measure  
60 Librarian Melvil  
61 "The Addams Family" actor  
62 Pindaric poetry  
66 St. — fire  
67 Savanna sounds  
68 Startled cry  
69 Vestige  
70 Dubuque denizen  
71 Game fish lake  
72 Intense  
73 English channel?  
74 Fireworks reaction  
75 Kimono cummerbund  
76 Peepster protector  
77 Senator from Delaware  
78 Humorist George  
81 Stowe gear  
82 Bisect  
83 Sported  
86 Civil War initials  
87 Pixie and Dixie  
88 Charge  
89 Vile  
91 Road curves  
92 Luxurion car  
93 Veronica of "Hill Street Blues"  
94 Maestro Leinsdorf  
95 Novelist Cathier  
96 St. — fire  
97 Savanna sounds  
98 Startled cry  
99 Vestige  
100 Dubuque denizen  
101 Game fish lake  
102 Intense  
103 Behind schedule  
109 Mil. base  
110 Homeric character  
112 — Magnon  
113 Back talk  
114 Sternward

**CitizenCryptoquote** By Martin Brody

For example, YAPHCVAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc... Apostrophes, punctuation, the length and formation of the words are all hints.

**"Fitness"**

Z Q H B T K O Z R K S T I Q  
W I K Z N U W R K A T . X Z  
E B K U P X Q I R T B , W R T  
W I K B I T P C K O L N U E J N S T  
X N O T W K P K Z C R T U W R T  
C K W W N D I Z Z T K B W Q O P .  
W R T ' W U N U T I Z - W T S T U  
I Q P K Z K U P C T P Q U ' I L U Q C  
C R T B T I R T R T V L W R T N W .  
- T O O T U P T E T U T B T W  
*Find the answer in the puzzle answer section.*

**Weekly SUDOKU**

by Linda Thistle

		7		4	8			
	8			2	9	7		
9			6					5
8				5	1			
	7			1			6	
	4	2	3					8
	5			3			2	
2					1			9
		1	4			5		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★**

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

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Calendar

**THURSDAY FEB 10 Lunchbox Concert** — Presents Hindugrass. Carrboro Century Center, 12pm Free  
**Black Watch Performance** — Presented by the National Theatre of Scotland through Feb. 13. Memorial Hall, 7:30pm carolinaperformingarts.org

**FRIDAY FEB 11 Computer Class** — Microsoft Word Basics. Chapel Hill Public Library, 8:15am Free 968-2780

**ArtWalk** — Dedicated to lovers of all kinds including dance, art and music. University Mall, 6-8pm universitymallnc.com  
**Sacrificial Poets** — The ArtsCenter, 7pm \$5 artscenter-live.org

**SATURDAY FEB 12 The Owl and The Turtle** — Presented by Rags to Riches Theatre for Young Audiences, for PreK-3rd grade. The ArtsCenter, 11am artscenterlive.org  
**Swing Dance** — No partner or experience needed. Carrboro Century Center, Free

lesson a 7:30pm/Dance 8pm triangleswingdance.org  
**Valentine's Dance** — Featuring the Ambassadors Big Band. United Church of Chapel Hill fellowship hall, 7pm Free, with donations supporting the church's music and performing arts ministries ucch@unitedchurch.org

**Country Breakfast** — Mount Carmel Baptist Church, 7:30-11:30am adults/\$10, children/\$5 mcbaptistchurch@bellsouth.net

**FAN Event** — Presented by Carl Theodore, Neurofeedback: How It Can Help Children with ADHD, ASD and Other Disorders. Orange United Methodist Church, 9:30-11:30am Free

**Walking Tour** — Of the Old Chapel Hill Cemetery. Tours leave from the gazebo, 10am 942-7818

**SUNDAY FEB 13 Still Living, Still Loving** — Workshop on dating and relationships after age 50, with speakers Emily Gordon, Rita Berman and Wally Friedman. Chapel Hill Public Library, 3pm 967-2780

**Audubon Society** — Bird Walk at Kerr Lake field trip led by Tom Driscoll, bring sturdy shoes, warm clothing and lunch. Meet at Mardi Gras Bowling Alley, 8am-3pm rsvp to spttdrdsnk@yahoo.com

**Walking Tour** — Of Franklin Street entitled "Walk This Way! Fact and Folklore Tours of Chapel Hill." Departs from the Horace Williams House, 2pm \$5 942-7818

**The February 48** — Presented by One Song Productions. The ArtsCenter, 7pm artscenterlive.org

**MONDAY FEB 14 Time Out** — Love will be the subject of this St. Valentine's Day Show. WCOM 103.5FM, 5pm

**Wednesday Feb 16 Letter Writing Night** — To send birthday cards to political prisoners. Internationalist Books 7pm

**Blues at the Crossroads** — The Robert Johnson Centennial Concert. Memorial Hall, 7:30pm carolinaperformingarts.org

**THURSDAY FEB 17 LGBT Event** — Healthcare power of attorney clinic. Van Hecke-Wettach Hall, UNC campus, Room 5042, 6pm sponge@email.unc.edu

**Cinema Review** — Dr. Kimball King, Prof. Emeritus, will lecture on "The Silver Screen: How Hollywood Impacts Our Society and Vice Versa." Seymour Center, 2:30pm Free 968-2070

**The Glass Menagerie** — Presented by CHHS through Feb. 19. Hanes Auditorium, 7:30pm \$3

**CH Philharmonia** — Presenting "A Wintry Mix." Hill Hall Auditorium, UNC campus, 8pm Free

**Lunchbox Concert** — SAD Magazine with Andrew Snee and Robert Graham. Carrboro Century Center, 12pm Free

**Ongoing Cancer Support** — Support groups at Cornucopia House for cancer patients and their families. cornucopiahouse.org

**Cancer Support** — Support groups and wellness programs sponsored by N.C. Cancer Hospital. undineberger.org/patient/support/supportgroup.asp

**Compassionate Friends** — Free self-help support for all adults grieving the loss of a child or sibling. Evergreen United Methodist Church, third Mondays 7-8:30pm 967-3221 chapelhilltcf.org



ILLUSTRATION BY PHIL BLANK

Send your Community Calendar submissions to calendar@carrborocitizen.com

SPOTLIGHT



**THE GLASS MENAGERIE**  
Chapel Hill High School will present Tennessee Williams' *The Glass Menagerie* on Feb. 17, 18 and 19. Students Nora Burgard and Morgan Grobin will direct.  
The Glass Menagerie is presented through the memory of narrator Tom Wingfield, who recounts the time he spent living with his mother and sister and why he left them.  
Tom's guilt is a major source of conflict in the play. The action is driven by Amanda, Tom's faded Southern-belle mother with a feeble grasp on reality, and Laura, his crippled and painfully shy sister.  
Laura lives in a world of glass animals, and Tom feels that by leaving he ruined her and left her heartbroken.  
The shows will begin at 7:30 p.m. at Hanes Auditorium. All tickets are \$3 at the door. The production is rated PG.

FLORA CALENDAR

**FEB. 11 Nocturnal Adventure** — Come listen and look for signs of screech, barred and great horned owls, see live owls up close, learn why owls are so important to the environment and what you can do to help protect them, pre-registration required. Piedmont Wildlife Center, 7-9pm 489-0900

**FEB. 12 Piper-Cox Open House** — Join the docent and guide for a tour of this historic house and learn about pioneer life in the early 1800s. Eno River State Park, Few's Ford Access, 2-4pm

**FEB. 13 Few's Ford Grist Mill Hike** — A guided hike to and talk about the mill and its importance to the community, registration required. Eno River State Park, 2pm 383-1686

**Holden's Mill Hike** — Hike about five miles to visit the remnants of Holden Mill on the Eno. Meet at the Piper Cox Museum parking lot, 2pm

**FEB. 18 Great Backyard Bird Count** — An annual four-day event that engages birdwatchers of all ages in counting birds to create a real-time snapshot of where the birds are across the continent. Feb. 18-21 birdsources.org/gbbc

**FEB. 19 Birdwatching** — Practice your birding skills with an expert, participants must be at least 12 years old, registration required. Eno River State Park, 9am 383-1686

**Evergreens at Occoneechee** — Join the Occoneechee ranger for a short hike to look at the "evergreens" in the park, registration required. Occoneechee Mountain, 11am 383-1686

**Bird Box Building** — Build a box nest for your home and help attract bluebirds, chickadees and wrens to your backyard, ages 5 and up accompanied by an adult, registration required. Little River Regional Park, 2pm \$5 732-5505

SPOTLIGHT



**THE LOVE SHOW**  
Transactors Improv presents *The Love Show*, the company's annual celebration of the joys and tortures of romantic love. This completely improvised two-act is based on audience suggestions and features the tradition of every cast member kissing every other cast member during the performance. Act One is short, standalone scenes; Act Two is a unified, multi-scene piece titled "Dating on Earth." Showtime is 8 p.m., Feb. 12. Advance tickets are \$14 (\$12 for ArtsClub Members and \$7 for students). Day-of tickets are \$16 (\$9 for students). For more information, call 929-2787 or visit artscenterlive.org

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