Community

MLK HONORS

Lifelong Northside resident Velma Perry is honored by Lillian Lee at the 27th annual University/ Community Martin Luther King Jr. Memorial Banquet on Sunday. Lee presented roses to Perry, 92, on behalf of the Martin Luther King Jr. University/ Community Planning Corporation in honor of Perry's more than 70 years of service in the community.

PHOTO BY ALICIA



HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with The Carrboro Citizen to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to yourhealth@unc.edu

This week we respond to a question about emailing your

Dear HOUSE Calls, I took a picture of my partner's wound on his leg and emailed it to his doctor and asked what we should do. He prescribed an antibiotic. Is this the wave of the future? Can doctors bill for this type of consultation?

This is a hot topic. There are issues of billing, communication, correct diagnosis, liability and access. There are business models for this. There are insurance codes for telephone consultation. These are usually reimbursed at very low levels and by very few insurance companies. In our medical system, physicians make a living by seeing patients. There are capitated or single-payer systems where physicians make money for not seeing patients. Those systems have other challenges, but would make this sort of consultation quite reasonable from a financial

perspective. This is no different from telephone medicine. We generally feel if a problem can be managed in about a minute or so, a telephone call is a reasonable approach. But if a patient needs 15 minutes of our time, a visit is important to us from a scheduling and financial perspective. Regarding communication, telephone medicine is generally preferable to email medicine for making a diagnosis. Two-way communication is much better this way, and we can detect discomfort or distress that is hard to pick up by email. For quick questions, email avoids phone tag. In this case, we would want to know: Is the wound warm? Is there any pus? Is the leg swollen, painful? Any fever? These questions help us to make the correct diagnosis. In this case, and many cases, a picture is worth a thousand words, but to see and touch the wound is worth 10,000 more. What if it is not infected? What if the antibiotic is unnecessary and

your partner has a severe reaction? The treating physician has the same liability for delay in diagnosis or misdiagnosis in the event of a complication. On the upside, we all believe that access to care should be convenient and affordable but with careful attention to quality. This type of consultation is so easy in this day and age. We should note that we are especially fond of this type of consultation in conjunction with further dialogue and an office visit. Perhaps you get a picture of that rash at its worst and come in the next day for an office visit. Many of these issues are not new, and we have been dealing with the same issues in regards to the telephone for a long time. The challenges and opportunities are evolving.

HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.

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Community Calendar

THURSDAY IAN 19 Lunchbox Series — Presents the

Onyx Club Boys. Carrboro Century Center, I2pm Free

Movie Showing — Call to Life: Facing the Mass Extinction to be shown as part of Earth First series, Internationalist Books, 7pm Free

Drew Smith — To lecture on "Setting New Career Paths." Seymour Center, 2:30pm Free

FRIDAY JAN 20

Contra Dance — Sponsored by The Carolina Song and Dance Association with music by Ken Kolodner and Company. Carrboro Century Center, workshop 7:30pm/dancing 8pm \$8 csda-dance.org

Art Exhibit — Carrboro Branch Library presents In The Spirit with photographic images of the community, featuring artists Sheldon Becker and David Otto. Continues through March 27. Carrboro Branch Library, 969-3006

Painting the Town — Django Haskins writes, sings and performs in a work based on his new book about traveling in a band and songs based on those experiences. Continues through Jan. 21. Gerrard Hall, 8pm

SATURDAY IAN 21

Gustafer Yellowgold — A family show featuring Gustafer, a small, yellow, cone-headed fellow who came to Earth from the Sun, and his friends. The ArtsCenter, I am artscenterlive.

Computer Class — Internet/Web Basics. Carrboro Cybrary, 10am Free 918-7387

Chamber Music — "Les Amies Harmoniques." United Church of Chapel Hill, 4pm Donations requested for Music Outreach Program unitedchurch.org

Foreclosure Forum — Foreclosure Prevention Forum will provide information and access to attorneys. University United Methodist Church, 150 E. Franklin St., 11am-1pm Free Ann@disputeredesign.com

Swing Dance — Sponsored by Triangle Swing Dance with local band Countdown Quartet. Carrboro Century Center, lesson 7pm/dance 8-11pm \$12 triangleswingdance.org

Movie Matinee — Family movie matinee at Orange County Main Library, Hillsborough. 2pm Free Call 245-2525 for movie title

AAUW — Ann Seng and Ann Markowitz will discuss The Women of Hull House. Carolina Room, Carol Woods Retirement Center, 10am

Dance Class — The Flowjo is

offering a weekend of free dance classes ranging from hula-hooping and belly-dancing to juggling and drumming. The Flowjo, 100B Brewer Lane, Free theflowjo.com

SUNDAY JAN 22

Women's Voices Chorus — To present "America the Beautiful Mosaic." United Methodist Church, 150 East Franklin St., 3pm \$15/adults, \$5/ students womensvoiceschorus.org

Family Bingo — Carrboro Century Center, 2:30pm \$3 918-7364

Roger Harris — To present a virtual tour of the Amazon rainforest followed by a hands-on experience with his collection of artifacts collected over 20 years. Chicle Language Institute, IOI E. Weaver St., 3rd floor, 5pm Free chi-cle.com

MONDAY JAN 23

Parent Minutes — Legacy Academy offers a presentation on Potty Training. 515 East Winmore St., 11:30am-1pm legacyacademy.com

Adult Book Group — To discuss Half the Sky by N.D. Kristof and Sheryl WuDunn. Chapel Hill Public Library, 7pm Free 968-2780

Gerald Horne — Hosts a writer's discussion forum. Hitchcock Multipurpose Room, Sonia Havnes Stone Center, 6:30pm Free 962-9001

Bird Club — Monthly meeting with speakers John Dole and Will Cook. Binkley Baptist Church, 1712 Willow

Time Out — With host Bill Hendrickson and guest Ken Otterbourg. WCOM 103.5fm 5pm

TUESDAY JAN 24

Drive, 7:30pm Free

WellnessExpo — An alternative medicine health fair. Carrboro Century Center, 5:30-7:30pm Free 918-7392

Chamber Meeting — Chapel Hill-Carrboro Chamber of Commerce Annual Meeting. The Sheraton Chapel Hill Hotel, I am carolinachamber. org/events

WEDNESDAY JAN 25

Lollipop Series — Rags to Riches Theatre presents Another Strand in the Web for ages 3-5 Carrboro Century Center, 10:30-11:30am \$3 918-7364

THURSDAY JAN 26 C-PILO Fundraiser — Carolina Public Interest Law Organization

to hold a benefit and auction with proceeds given to law students doing public interest work. Top of the Hill's Great Room, 7pm \$12/15 unc.edu/

Lunchbox Series — Presents Steph Stewart and Tim Stambaugh. Carrboro Century Center, 12pm

Friends of Downtown — Meeting with a presentation by Chapel Hill Town Manager Roger Stancil. The Franklin Hotel, 10am Free

FRIDAY JAN 27

Zumba Jam — Zumba fuses Latin and international rhythms dance into a fitness program. Carrboro Century Center, 7:30-9pm \$3 918-7364

Art Opening — Reception for "Finding Light," the works of 22 local artists. Show continues through Feb. 19. Hillsborough Gallery of Arts, 121 N. Churton St., 6-9pm hillsboroughgallery.com

Dance Benefit — Zumba benefit for We Build People, a program that makes scholarships for YMCA membership and programs available to families in Orange and Chatham County. YMCA, 980 Martin Luther King Blvd., 6-8pm \$10 442-9622

Dr. Nortin M. Hadler — Tospeak on "Rethinking Aging: Growing Old and Living Well in an Overtreated Society." Seymour Center, 11:30am Free

SATURDAY JAN 28

Computer Class — Email Basics. Carrboro Cybrary, 10am Free Registration required 918-7387

Mark Twain Now — One-man show featuring Paul Newell. The ArtsCenter, 8pm artscenterlive.org

ONGOING

Cancer Support — Support groups at Cornucopia Cancer Support Center for cancer patients and their families. Cancersupport4u.org

Cancer Support — Support groups and wellness programs sponsored by N.C. Cancer Hospital. unclineberger.org/patient/support/ supportgroup.asp

Send your Community Calendar submissions to calendar@carrborocitizen.com



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The ArtsCenter

For more information or to order tickets call 929-2787 x201 or go to artscenterlive.org ArtSchool registration now open!

CONCERTS:

SHANA TUCKER HINDUGRASS EXPERIENCE • FRI JAN 20 HYMNS FROM THE GATHERING CHURCH CD RELEASE CONCERT • FRI JAN 27 EXTREME GUITAR DUO FEAT. KEITH KNIGHT & DON ALDER • SUN FEB 2 WANDA JACKSON • FRI FEB 10

> IOHN MCCUTCHEON • FRI FFB 24 NC PERCUSSIVE DANCE REVUE • SAT FEB 25

SCYTHIAN • THU MAR 15 THE BOXCARS • FRI MAR 16

MOUNTAIN HEART • SAT MAR 17 LUNASA • FRI MAR 23

LEO KOTTKE • TUE MAR 27 DARRELL SCOTT • SAT MAR 31

ARTSCENTER STAGE:

POETRY SLAM WITH THE SACRIFICIAL POETS • SAT JAN 21 MARK TWAIN NOW • SAT JAN 28 TRANSACTORS IMPROV: FOR FAMILIES! • SAT FEB 4 AT 6 PM EDDIE BRILL (COMEDY PERFORMANCE) • SAT FEB 4 AT 7:30 & 9:30 PM

THE MONTI'S 4TH ANNUAL HIPPO AWARDS • THU FEB 9 TRANSACTORS IMPROV: THE LOVE SHOW • SAT FEB 11

SUPERFUN FAMILY SHOWS:

GUSTAFER YELLOWGOLD'S SHOW • SAT JAN 21 AT 11AM PUSS IN BOOTS • SAT FEB 25 AT 11AM

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Citizen **Cryptoquote** By Martin Brody For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc.. Apostrophes, punctuation, the length and formation of the words are all hints **Never Too Late**

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Weekly **SUDOKU**

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging **★★★** HOO BOY!

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