

TYSON SCORES 1,000



Carrboro High School junior Diamond Tyson was honored last week as the school's first basketball player, male or female, to score 1,000 points in her high school career. Tyson, who averages about 20 points per game, scored her 1,000th point during a game against the N.C. School of Science and Math on Friday, which the Jaguars won, 57-26.

PHOTO BY TED SPAULDING

School Briefs

Nurse of the year

The School Nurse Association of North Carolina named Janice Anderson of Frank Porter Graham Elementary School the 2011 School Nurse of the Year. Anderson has 18 years of school nursing experience, is a registered nurse and holds a master's degree in nursing. She has previously been recognized as the Community Nurse of the Year by the North Carolina Nurses Association.

Parent feedback wanted

Chapel Hill-Carrboro City Schools is inviting parents to share their thoughts in a survey as the district works toward developing a new strategic plan, which will lay out goals for improving student performance. The survey is available through midnight on Jan. 31. Any parent who does not receive an emailed survey may access the survey through the district's website, chccs.k12.nc.us, or request a paper survey by contacting his or her child's school. Results will be shared in March during an invitation-only daylong event.

Community Briefs

Grant to clean Jordan Lake

Clean Jordan Lake has been awarded a \$4,150 grant from the Biogen Idec Foundation to launch its adopt-a-shoreline program. The funds will be used to attract participation from various community organizations and to post signs to recognize the efforts being made at adopted shoreline sections. Clean Jordan Lake has initially identified 10 shoreline sections plagued by chronic littering. To volunteer, visit meetup.com/helpclean-jordanlake or contact Fran DiGiano at grandigiant@cleanjordanlake.org. Hillsborough tour guides The Alliance for Historic Hillsborough is looking for enthusiastic and talented volunteers to serve as tour guides throughout Hillsborough on the second Saturday of the month from 10 a.m. to 2 p.m. Volunteers are needed to give 90-minute guided walking tours to school groups, residents and other visitors of the central Hillsborough rich

and diverse historic district. They also will assist with various thematic tours such as the "Spirits of Hillsborough" Halloween Tour. A background in education is desired but not required. Training workshops are provided for guides. For more information, contact Sarah Parris at 732-7741 or at sarah@historichillborough.org. You can also visit visithillsboroughnc.com to fill out volunteer forms. Free tutoring The Hillsborough Police Department and UNC Habitat will resume free tutoring on Monday. Tutoring sessions are available to youth in Orange County Schools and will take place from 4:30 to 6 p.m. every Monday and Tuesday at the Community Policing Substation at 501 Rainey Ave. Tutoring is offered in every subject except for computers. The police department and UNC Habitat began offering the free tutoring in 2008. For more information or to register, contact Tereasa King at 732-2441, ext. 26.

Heels look for redemption

BY EDDY LANDRETH
Staff Writer

Carolina will attempt to bounce back from a humiliating performance in its last game, a 90-57 loss to Florida State in Tallahassee. "The embarrassing part is how they kicked our tails in every part of the game," said point guard Kendall Marshall, who, along with most of his teammates, played his worst game of the season. "There is nothing we did better than them," Marshall said. "That in itself is truly embarrassing." The Tar Heels fell to No. 8 in both national polls on Monday. They will begin their drive to become a more consistent, better basketball team and finish first in the regular-season standings tonight at 9 at Virginia Tech. "I don't think it needs much elaboration," coach Roy Williams said. "We've got to have great practices. I mean, we're not going to go up and beat Virginia Tech just because we lost on Saturday. "People say, 'Oh, they're going to bounce back.' It makes no difference. We could go up there and play well and still not be successful.

We've just got to do a heck of a lot better job." Perhaps, but after what happened on Saturday, it is really quite difficult to imagine the Tar Heels (15-3, 2-1 in the ACC) not playing better basketball tonight. "We had no answers for them on the court," Williams said. "I had no answers for them on the sideline. I did the worst job of coaching the team that I have ever done, the worst job of preparing the team to play that I've ever done. I've got to do a heck of a lot better than that." The first thing this team is going to have to do is become more physical. From here on out, teams are going to do their best to push Carolina around to see if the Tar Heels will complain to the refs or respond, which they failed to do at Florida State. UNC had been playing excellent defense in its previous games,

but everything fell apart against the Seminoles. FSU guard Deividas Dulkys and his game-high 32 points was the biggest issue for which UNC had no answer. He went 12 of 14 from the field and eight of 10 from 3-point range. Offensively, UNC did something that has been rare this season. The Tar Heels tried to go one-on-one under pressure instead of moving the ball for the best possible shot. Marshall committed a season-high seven turnovers. There is simply a level of physical play Carolina has to establish as a baseline from which it will not waver night-in and night-out. Senior Tyler Zeller played hard and productively against FSU, but he did not get much help. Virginia Tech (11-6, 0-3) has had its own troubles this season, but regardless of what has happened with other opponents, the Hokies usually give Carolina a tough game. Coach Seth Greenberg's backcourts are what usually give the Tar Heels the most trouble. Keeping Virginia Tech's guards out of the lane has been the biggest challenge for UNC in the past.

School Lunch Menus

FRIDAY 1/20

Elementary: Chicken Nuggets, Beefaroni, Garden Salad, Tater Tots, Cucumber Cup w/Dip, Banana, Fresh Apple
Middle and High School: Penne Pasta w/Italian Meat Sauce, Garlic Bread, Steamed Broccoli, Baked Turkey Corn Dog w/Baked Beans

MONDAY 1/23

Elementary: Cheese MAXX Sticks w/Sauce, Meatball Sub, Chicken Fajita Salad, Steamed Broccoli, Baked Sweet Potato, Rosy Applesauce, Orange Smiles
Middle and High School: Bean & Cheese or Chicken and Cheese

Burrito w/Ranch Potato Wedges, Chicken Tenders, Glazed Carrots, Oven Fries
TUESDAY 1/24
Elementary: Vegetable Lasagna w/ Garlic Bread, BBQ Chicken Sandwich, Spinach Salad, Southwest Black Beans, Carrot & Broccoli Cup, Pineapple Cup, Raisins
Middle and High School: Beef & Cheese or Bean & Cheese Burrito w/Seasoned Black Eyed Peas, Buffalo Chicken Poppers w/ Tater Tots
WEDNESDAY 1/25
Elementary: Chicken Pot Pie, Cheese Pizza, Bagel w/Yogurt & Peanut Butter, Seasoned Green

Beans, Tossed Salad, Banana, Fruited Jell-o
Middle and High School: Meatloaf, Mashed Potatoes w/Gravy, Wheat Roll, Seasoned Turnip Greens, Bacon Cheeseburger w/Oven Fries
THURSDAY 1/26
Elementary: Pollo Guisado con Arroz, Hamburger, Fruit & Cheese Plate/Yogurt, Baked Beans, Mixed Vegetable, Blueberry-Peach Crumble, Fruit Cocktail
Middle and High School: Toasted Ham & Cheese w/Tomato Soup, Sesame Chicken, Oriental Brown Rice, Peach Crumble, Baked Sweet Potato



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